

# LIGHTHOUSENOW PROGRESS BULLETIN

BRIDGEWATER,  
NOVA SCOTIA, CANADA

\$2.17+HST  
Publication # 40031078

shining a light on the progress of our south shore

138th Year • No. 53

## Loss of Bridgewater doctor leaves more patients waiting in ER

*New physicians to arrive on the South Shore this summer*

By **EMMA SMITH**  
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The sudden retirement of one of Bridgewater's longest-serving family doctors will put a strain on the hospital's emergency department, says South Shore Health.

After 45 years, Dr. Karamchand Gandhi recently announced he was immediately closing his practice due to health reasons.

"Retirement was not my father's desire," said Dr. Gandhi's son Rajiv Gandhi in an email. "Other than his grandchildren, there is nothing he loves more than his practice and tending to his patients. His decision to stop was intended to allow him to focus fully on his health."

A handful of new doctors are expected to be moving to the South Shore this summer, but the next six to eight months are going to be tough, said Theresa Hawkesworth, director of communications and patient relations.

"We know people are getting anxious and they are concerned. We understand that, and we are doing everything we can to try and get the physicians here as quickly as possible."

Bridgewater has struggled with a lack of family doctors for years, a problem that spreads right across rural Nova Scotia.

"There are a number of people still in the area that don't have access to a physician or a nurse practitioner, and that is a concern because we know how that can contribute to someone's health," said Ms Hawkesworth.

Many of Dr. Gandhi's patients will have to visit walk-in clinics in Bridgewater and Chester or travel to Tantallon, which has shorter wait times but means a longer commute.

For others, the emergency room is the only option. South Shore Health has spent the last couple of years trying to attract doctors to the region. They've focused on creating collaborative care with the opening of Bridgewater Family Health Centre earlier this year, and have worked with community committees to make sure new doctors are settling in.

See *DOCTOR*, A2



Bridgewater Interchurch Food Bank coordinator Gloria Hubley.

GAYLE WILSON PHOTO

## "It helps people who actually need the help."

*Campaign helps food bank get back on its feet*

By **GAYLE WILSON**  
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While there is always a need for contributions, Bridgewater's Interchurch Food Bank is not nearly as starved for donations as it was in the fall, thanks to a media campaign in October that helped raise awareness.

A \$6,000 cash injection from the 100 Men South Shore group weeks ago also helped put the food bank's finances back at approximately the same level as last Christmas. Last week, volunteers at the food bank on Churchill Street were busy handing out grocery bags brimming with tins and loaves to wait-

ing families and individuals. There were also various packages of toys for the children for Christmas.

"At the end of October, our bank account was down about \$23,000," explained the food bank's coordinator, Gloria Hubley, comparing this fall to the fall of a year ago. After the food bank went public and made presentations to the town and municipal councils, the media jumped on board with regular broadcasts on radio and television.

"It made the national news" Ms Hubley added in an interview.

The injection of cash has levelled up the bank account again.

"Right now, I would say we're about where we were this time last year," said Ms Hubley.

The food bank can't afford to be complacent, however. She pointed out that the food bank helps more than 7,000 individuals a year.

According to statistics from Feed Nova Scotia, a charitable organization that collects food and distributes it to more than 150 food banks and meal programs throughout the province, 19,664 Nova Scotians received food aid this year. The group, which also conducts research and awareness programs, notes that nearly 30 per cent of those were children.

Although the overall figure is down 9.6 per cent from last year, since 2008 the increase has been 16.3 per cent.

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BÉATRICE SCHULER PHOTO

## CHRISTMAS HAMPERS

Volunteers recently helped pack Salvation Army Christmas hampers to be delivered by 143 Construction Engineering Flight members. Pictured are, from left, James Cheeseman, Tate Vachon and Nathaniel Butt.

# Threats against woman net suspended sentence, probation

By **KEITH CORCORAN**  
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A Halifax man received a suspended sentence and was placed on two years' probation for threatening a woman and breaching his court-ordered conditions.

During previous court proceedings, Jeffrey Brian Slauenwhite, 33, pleaded guilty to two counts of failing to comply with the conditions of an undertaking and two charges of uttering threats. He was sentenced in Bridgewater provincial court on December 16.

The offences occurred between October and November 2013.

A woman contacted police saying her ex-boyfriend made death threats to her via text message in October 2013, Crown prosecutor Matt Kennedy said, reading the facts into the court record. The man was arrested and later released on an undertaking to abstain from communicating with the woman and to stay away from her residence and place of employment. The undertaking was issued by Halifax police on November 18, 2013.

Five days later, RCMP in the Chester area were contacted in the early morning hours by the woman, who said the man, identified as Mr. Slauenwhite, showed up at her home "intoxicated and had threatened to slit her throat with a knife," Mr. Kennedy told the court. Mr. Slauenwhite was later arrested and released, again with conditions attached.

"That second undertaking was issued on behalf of [another police officer who] was not yet aware of the

undertaking that had previously been issued," Mr. Kennedy said.

Later that same day, November 23, Lunenburg County RCMP were notified that Mr. Slauenwhite was back at her home "knocking on the window trying to get [her] to come to the door," Mr. Kennedy explained.

Mr. Slauenwhite left the property when instructed, but later, during a social media conversation with another individual, indicated he would come to the woman's residence and "gut her like a pig."

Conditions of Mr. Slauenwhite's probation include being of good behaviour, and having no contact with the woman in question. He must successfully complete any counselling as directed, including obtaining professional help for substance abuse, anger management and spousal partner violence intervention.

He was also sentenced to pay \$400 in fines.

"I wasn't in the right state of mind," Mr. Slauenwhite commented, adding an apology when asked by Judge Paul Scovil if he had anything to say to the court concerning the matters.

Mr. Slauenwhite's lawyer, Franceen Romney, said her client and the woman were involved in a romantic relationship and both engaged in substance abuse.

Mr. Slauenwhite had been "drinking quite heavily" during the time period of the offences, Ms Romney indicated.

"It's no excuse," she said. "He's plead guilty."

She said Mr. Slauenwhite is remorseful, has taken responsibility for his actions and has attended treatment in Halifax.

# Halifax man accused of trafficking cocaine

A Halifax man returns to Bridgewater provincial court in the new year to answer to a drug trafficking charge.

Jamin Matthew Church, 27, is charged with one count of possessing cocaine for the purpose of trafficking under the Controlled Drugs and Substances Act.

The charge stems from what police say was a targeted traffic stop August 28 when a vehicle was stopped just before 7 p.m. on Highway 103 in the Chester Basin area.

In a news release issued at the time by Lunenburg County RCMP, authorities said a quantity of cocaine was seized and a 27-year-old man was arrested.

Mr. Church is scheduled to appear in court again on January 14.

## THE COURT REPORT

■ **Sentenced for mischief.** A Queens County teen was put on probation for breaking a vehicle window two months ago. **Cody Wade Weagle**, 18, of Brooklyn, was sentenced during Bridgewater provincial court December 17 on a single count of property mischief. Two people told Bridgewater police about an incident where the accused smashed out the passengerside window of a vehicle in a fast-food restaurant parking lot. Crown attorney Michelle MacDonald said there were "domestic undertones" to the offence. As part of his probation, Mr. Weagle must keep the peace and be good behaviour and undergo any counselling or assessment as ordered, including professional help for anger management. He was also ordered to pay \$40 to cover the cost of the broken window and to stay away from two individuals.

■ **Guilty of three charges.** Stealing a smartphone and not showing up for court earned a Queens County man a penalty that included more than a year's worth of probation. **Christian Kevin Emino**, 21, pleaded guilty December 17 in Bridgewater provincial court to single counts of theft, failing to comply with a probation order and failing to comply with appearance notice or promise to appear. The court heard that Mr. Emino stole an iPhone 5 from the Bridgewater Mall in November 2013 and then didn't show up to court after being issued a promise to appear. He had also been sentenced in March to probation with conditions on other charges, but justice officials had difficulty contacting him. Judge Jim Burrill handed down a suspended sentence with 15 months' probation and orders for Mr. Emino to stay away from the Bell Aliant store in the mall and make resititution to the outlet in the amount of \$729.

■ **Assaulted wife.** It's a year of probation for a Bridgewater man who pleaded guilty to assaulting his spouse. **Nicholas Robert Veinot**, 34, received a suspended sentence and was ordered to complete any counselling or assessment as ordered including professional help for anger management, substance abuse and for spousal partner violence intervention. Police were summoned during the mid-afternoon to a Bridgewater residence in September. The court heard that the accused and a woman got into a struggle in the residence, and at one point Mr. Veinot tackled the woman and placed her in a headlock. The couple are still together and are working on their relationship, Mr. Veinot's lawyer, Cathy Benton, said during the proceedings. Judge Jim Burrill indicated to Mr. Veinot that no matter what disagreements one might have with a spouse, it can never become physical in nature.

■ **Failed breathalyser.** A Hebbs Cross man admitted December 23 in Bridgewater provincial court to registering breathalyser readings that exceeded the legal limit. **Barry Emerson Stewart**, 53, pleaded guilty to the impaired driving charge. He was sentenced to pay \$1,950 in fines and was banned from driving in Canada for one year. The offence occurred in the Hebbs Cross area in November.

## Loss of doctor leaves more patients waiting in ER

DOCTOR from A1

Ms Hawkesworth said the hard work is starting to pay off. In Chester, two new physicians will start seeing patients in the new year, and another will join them in the summer. Bridgewater and New Germany will also each gain a doctor by the summer.

But in the meantime, the loss of Dr. Gandhi is being

felt by the community.

"I think it has a huge impact on [patients]," said Ms Hawkesworth. "They have a relationship with the physician. They trust the physician. That's certainly a loss for those patients."

South Shore Health says people can visit the Doctors Nova Scotia website for clinic information or call 811 for health advice and information.

It's easy to subscribe by phone, fax, mail or e-mail

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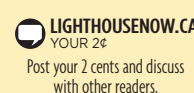
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We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.





# MODL revists streetlight issue

*Council attempts to make process more transparent*

By **EMMA SMITH**

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The Municipality of Lunenburg is once again looking at its streetlight policy to make the process of adding and removing lights more transparent.

In September 2013, Councillor Frank Fawson requested that a handful of lights near his Dayspring house be removed. They were, and residents weren't happy.

At a December 16 meeting of the committee of the whole, council directed staff to amend part of that policy to better include residents. The amendment requires that council be notified of the proposed change before it's followed through on.

This, councillors say, will give residents adequate opportunity to have their voices heard.

"It seems like a little thing, but it's not a little thing," said Councillor Donald Zwicker during the meeting. "If they want street lights, they've asked for street lights. They don't want them removed."

MODL's streetlight

policy states that in larger matters, where there are many street lights, a petition must be signed by residents. But section seven, which deals with exemptions to that process, allows a councillor to bypass resident input and go directly to the director of engineering on smaller changes.

That's what Councillor Fawson did in 2013, causing a backlash in council

and prompting discussion of an amendment. It's a routine procedure, but one that Councillor Claudette Garland said is about accountability.

"I don't want to see any councillor have the power to add or remove street lights on their own," she said at the meeting. "I want to see it resident-driven. The public consultation on every other little thing we do is out there — openness, transparency. I want to see the same thing here."

But for Councillor John Veinot, the issue is about common sense and isn't worth discussing.

"To me, this is just a waste of air time," he said. "There are policies here that have worked for years and years and years."

Although there was much debate at the December 16 meeting, most councillors agreed that future changes to street lights should come from residents, not councillors.

"Even though we as councillors are still residents, we have a responsibility to the residents not to have personal interest when we do anything, whether it be street lights or what-

ever," said Councillor Garland. Councillor Fawson opposed the direction to staff, saying that residents in his area want a petition for every change, big or small.

Council hasn't approved these amendments; it has just set them in motion. Staff will return to council in January with a draft of the amended policy.

**"I don't want to see any councillor have the power to add or remove street lights on their own."**

**Claudette Garland**  
Municipality of Lunenburg Councillor

**"It helps people who actually need the help."**

*CAMPAIGN from A1*

Bridgewater, New Germany, Lunenburg and Mahone Bay all have food banks. Bridgewater's is open Tuesdays and Fridays, 1:00 p.m. to 3:30 p.m., every week, while New Germany's and Mahone Bay's food banks are open twice a month. Lunenburg's is open once a month. If more food were donated, the food banks could be open to those in need more often, said Ms Hubley.

Twice a week, the Nova Scotia Food Aid truck trundles up to Bridgewater's food bank with bulk contributions from corporate sponsors, such as grocery stores, and individuals. About 10 people volunteer their time to receive and distribute the donations at the food bank. Ms Hubley, who has been with the centre for 15 years, estimates she puts in about 750 hours of her time every year.

Occasionally, if he's on hand when the food truck arrives, Steve Stevens will help out as well. Mr. Stevens has been coming to the food bank as a recipient for about four or five years.

Speaking through teary eyes, struggling to retain his composure, he explained that his wife recently lost her job and he can't work since two car accidents in his twenties left him with a broken neck and injured back that cause occasional paralysis in his foot. He is also diabetic and takes a mixture of medications for his conditions, including painkillers and muscle relaxants. He

sometimes has trouble focusing, which means most jobs are out of reach for the Grade 12 graduate.

He's no longer allowed to drive because of his disabilities, so his transportation is mostly by bicycle.

"I'm the one who goes out no matter what type of weather. I get out on my bike year-round."

With two children to support, he said the government assistance he receives is not enough to pay the rent, power and phone bills, let alone pay for a vehicle.

"I'm not here because I want a handout," he said, speaking to LighthouseNOW at the food bank last week. "I need it, plain and simple."

His thoughts were echoed by a 26-year-old single mother of two children who was

also at the Bridgewater food bank last week and gave her name simply as Justine. She receives about \$1,100 in government assistance each month through welfare and child support, which must cover rent, food and medicine for her and her two children, a three year old and an eight year old. With her grandmother providing most of their family support, there is only about \$180 left over each month for medicine and other items for the children — not nearly enough to cover the child care that would allow her to get a job.

Of the food bank, she said, "It helps people who actually need the help."

**"We're about where we were this time last year."**

**Gloria Hubley**  
Food bank coordinator

# Judge sentences residents on separate impaired driving-related incidents

*Four men, one woman plead guilty to failing the breathalyser*

By **KEITH CORCORAN**  
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 @NewsmanKeith

Five Lunenburg County residents were sentenced to fines and driving bans as a result of separate and unrelated impaired driving incidents.

Four men and one woman entered guilty pleas to failing the breathalyser during Bridgewater provincial court proceedings on December 17.

Justin Mitchell Taylor, 21, of Bridgewater was sentenced to \$1,820 in fines and was prohibited from driving anywhere in Canada for one year after

police arrested an intoxicated man in August for operating a dirt bike on a fast-food restaurant property in Bridgewater. Mr. Taylor registered a pair of breathalyser readings of 170 milligrams of alcohol in 100 millilitres of blood. The legal limit is 80.

The court also heard that the driver made a couple of attempts to leave the area when police intervened. Mr. Taylor also pleaded guilty to one count of resisting or wilfully obstructing a public officer or peace officer in the execution of their duty.

Police pulled over a vehicle one evening in September travelling on Highway 103 in the Blockhouse area. Authorities were informed about a vehicle seen crossing the yellow line, the court heard.

The driver of the vehicle in question, Andrea Colleen Elliott, 55, of Hemford, later registered breath readings over the legal limit. She was sentenced to a one year driving prohibition and ordered to pay \$1,300 in fines.

Gordon Walter Tufts, 52, of Pleasantville was sentenced to nearly \$2,000 in fines after he registered breathalyser readings nearly three times the legal limit in September. The pair of readings of 250 milligrams of alcohol in 100 millilitres of blood suggested significant impairment, provincial court

judge Jim Burrill said during the proceedings.

Police observed a truck jump a curb and drive over a concrete parking lot barrier in Bridgewater around 4:30 p.m. on September 27.

The police detected alcohol on Mr. Tufts' breath after the truck was pulled over. The driver told officers he'd consumed a couple of beers, the court heard.

Authorities in the Mahone Bay area on October 18 pulled over a vehicle felt to be going more than the posted speed limit. Barry Edward Heisler, 50, of Mahone Bay registered breathalyser readings of 110 and 100, the court heard. He was sentenced to pay \$1,300 in fines in relation to the case.

Another Mahone Bay resident, Mark Cory Meisner, 35, told the court that he "shouldn't have gotten behind the wheel" one night in November when he travelled to pick up

his spouse in Cookville.

A westbound vehicle stopped short of an Oakhill Road area police checkpoint before reversing its travel, Crown attorney Michelle MacDonald explained during proceedings. Police went after the vehicle, believing its driver was trying to avoid the checkpoint.

"The vehicle was driving at a fast speed as the patrol vehicle [the officer] was travelling approximately 100 km/h in order to close the distance between himself and the vehicle," Ms MacDonald explained.

The driver eventually pulled over and the officer noticed the odour of alcohol and the driver's red, glassy eyes after approaching the vehicle. Mr. Meisner later registered two breathalyser readings of 130.

He was sentenced to a one year driving ban and was ordered to pay \$1,300 in fines.

"I just shouldn't have gotten behind the wheel that night," he said when asked by the judge if he had anything to say about the circumstances.

**"I just shouldn't have gotten behind the wheel that night."**

**Mark Cory Meisner**  
Guilty of failing the breathalyser

# Rhodes Corner relatives face drug-related charges

A pair of Rhodes Corner men will be back in front of a judge in January in response to multiple drug-related charges.

Dylan Charles Savoury, 19, is charged under the Controlled Drugs and Substance Act with single counts of possession for the purpose of trafficking and production of a substance. He's also charged under the Criminal Code for unauthorized possession of a prohibited weapon or restricted weapon.

James Savoury, 34, faces two counts of possession for the purpose of trafficking and one count of production of a substance.

The men are related, police said.

Dylan is scheduled to appear again in Bridgewater provincial court on January 21, while James' next appearance is slated for January 28.

The charges stem from a drug seizure and the dismantling of an indoor grow-op at a Dayspring-area property a couple of months ago.

Law enforcement, including a specialized integrated police unit, executed a search warrant at a Bolivar Road property on October 29.

Cannabis oil, prescription pills, cocaine powder and processed marijuana, along with a prohibited weapon, were seized, police said in a news release issued at the time.



# COMMENT



## TO THE EDITOR

# Promoting intellectual freedom is our responsibility

**D**ear Sony, So you were hacked. This attack on your intellectual property has been very damaging to you and has put your company in a precarious position with a lot of money at stake. During these difficult times, please accept our best wishes. We stand beside you and will vigorously defend your right to protect and secure your intellectual property. Moreover, we will fight tirelessly to nurture the integrity of your hard-earned copyright. Protecting your creative efforts is essential to your health as a successful knowledge company, so we understand your need to protect your work.

While it is understandable that you have decided to lock the shop down, cancel the release of "The Interview" and, most recently, stop public visits to your studios, may we suggest that there is a bigger, more important principle at stake here that needs your attention?

Robust democracies such as yours and ours depend on the protection of intellectual property. Without a diligent defence of copyright it is difficult to build wealth and prosperity in a competitive economy. That said, there is a more important principle of a healthy democratic society that, in our view, is suffering from your understandable but regrettable reaction to pull up the drawbridge and shutter the windows.

The principle we consider most important is intellectual freedom, and it's at risk. As a small public library on Nova Scotia's South Shore, we do not have

much clout or voice, but we take very seriously our responsibility to "guarantee and facilitate access to all expressions of knowledge and intellectual activity, including those which some elements of society may consider to be unconventional, unpopular or unacceptable," as laid out in the Canadian Library Association position statement on intellectual freedom.

To this end, may we suggest you take a deep breath and move forward with a leap of faith in the direction of promoting intellectual freedom? Do exactly the opposite of what these perpetrators want you to do. Do what public libraries do — share.

Let people everywhere download the movie for free during the holidays. If you are prepared to take the financial hit already, what do you have to lose? Let people gather in movie theatres and watch it free, or, in the true spirit of the holiday season, let moviegoers exchange a donation to a local food bank or animal shelter for watching the film. If you cannot find theatres that will show it, give the film to us, and we will do it.

As a truly democratic institution, we will open our public spaces for you. Promoting intellectual freedom is our responsibility and our pleasure. 'Tis the season to share, Sony. Just give us the word.

Season's Greetings,

Troy Myers

Chief Librarian

South Shore Public Libraries

## Why are you here?

**W**hy are you here?" is the question I asked women who were arriving for a Thursday-evening program at Harbour House. Women and their children were coming to share a meal, leave the kids with child and youth workers in the playroom and have some fun.

One woman I spoke with has been attending programs and groups at Harbour House for three years. She keeps coming for the support and sharing with other women who understand what she is talking about. She continues to come because she is always learning new skills, often from others in the group.

"I value the groups. They help keep me going. I have learned a lot and know I have more to learn. I'm learning from others, too."

Another woman said it gives her comfort to know she could come, even if she doesn't. It gives her hope. A woman who was a resident at Harbour House 25 years ago began attending support groups at the house about four years ago. It is a place to meet new people and use her creativity on craft projects, and it also gets her out of the house. "Everyone needs people," she said.

A new resident was attending her first group. She felt safe, not trapped, and was making new friends.

A person does not have to be resident at Harbour House to receive services or participate in programs. We serve more women in the community than the number who live with us. The house conducts a daytime support group for ex-residents and community members. It is a way to keep in touch and continue to feel supported after they have moved out. The evening dinner and fun group was new last spring, and

it has been such a success that it may be expanded in the new year to two evenings.

Harbour House also has outreach offices in nine locations throughout Lunenburg and Queens counties. Many women need support where they are, rather than uprooting themselves and their children to come live at the house. Our child and youth workers facilitate girls' groups at two schools each semester and give grade-appropriate presentations at any school as requested. These sessions include topics of healthy relationships, boundaries, respect and bullying. The child and youth workers also work with children on an individual basis and with parents to enhance parenting skills.

Harbour House is grateful to the United Way Lunenburg County for its generous support of our outreach programs. We could not offer so many women a place to feel safe and be heard without them. We are also grateful to all the individuals and organizations who open their hearts and wallets to Harbour House during this season of giving.

"I came because my husband was abusive. I belonged to groups and lost interest, but here I look forward to coming and being with the group. I am getting more educated about abuse and sharing with others. I see my own situation in a new light."

Another member replied, "I like it here. I feel comfortable, like people like me. I like it. I like to be here."

KATHERINE MCCARRON

Executive Director,  
Harbour House

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Letters must be signed with the writer's name, address, telephone number and e-mail address, if applicable, should verification be necessary. We will publish the writer's name and home community. Anonymous letters are not accepted.

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## LIGHTHOUSENOW PROGRESS BULLETIN

The NEW LighthouseNOW Progress Bulletin was established in November 2014 and now replaces The Lunenburg County Progress Bulletin (2011), Bridgewater Bulletin (est. 1887) and Lunenburg Progress Enterprise (est. 1876) LighthouseNOW Progress Bulletin is a locally owned independent newspaper published every Wednesday by LighthouseNOW.

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and the LighthouseNOW LOG  
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## TO THE EDITOR

## Twinning is not the answer

**R**egarding Bruce Hetherington's letter regarding the twinning of the 103 highway ("Twin the 103 Now," December 17, A5), I would first like to express my condolences for the loss of his son. I, too, lost a family member to what seems to be a senseless traffic fatality. As well, I have had the unfortunate duty of being first on scene for many such incidents.

I have lived, worked or at least travelled through each province across Canada and have travelled many highways such as the Trans-Canada, 401 in Ontario and all roads across Atlantic Canada. In a former profession, I was professionally trained in defensive driving and, as such, I can assure you that although the condition of the present highways certainly contributes to accidents and indeed, death, the colossal waste of money being spent on twinning highways is not the answer. Please consider the twinning of the 101 highway out of Windsor. Lives are still lost on that road. In my opinion, the problem rests with a combination of poor, reckless driving and worsening roads conditions.

The answers to driver problems are self-evident:

1. Do the speed limit and reduce your speed in bad weather.
2. Leave at least one car-length between you and the car in front for every ten kilometers per hour. If you're doing 100 kph, leave 10 car-lengths between you, and give even more distance in bad weather.
3. Report the licence plate number of any reckless driving you witness. How many times have you been travelling the 103 while the road is cloaked in fog or covered in slush or heavy rain and some idiot is so close to you from behind it's frightening, and then they illegally pass you even though the passing lane is in sight just ahead?

The province needs to increase police presence on the major highways, install photo radar and develop zero tolerance for infractions such as speeding, phone

and texting use and following too closely. Yes, following too close is against the law. Also, are you aware that during the 2011 Blackberry outage accident rates in areas like the Arab Emirates dropped by over 40 per cent? The province also needs to post signs, as other provinces do, explaining the facts about zero tolerance clearly, along with the penalty I can expect should I choose to break the rules.

The province must also fix the present highways not twin them. Perhaps build additional passing lanes or third lanes. They must slope the roads from the centre line to shed water. Repave the ruts in the highway, which are caused by poor construction originally and then having overweight trucks travelling on overheated tarmac. The result leads to water buildup in those ruts and, of course, hydroplaning. It's far from rocket science. Add speed to this condition and you have a lethal combination.

Finally, the province must increase public transit and commit to the development of that service for at least five years. I think we'd agree that the cost for such a service would be minuscule compared to the construction cost and ongoing expense of paving paradise. Not to mention, it would reduce our carbon footprint, create long-term employment, aid tourist access from Yarmouth for visitors who prefer to travel without a car and answer the needs of people who can't, or choose not to, have a personal vehicle yet need to reach communities for shopping and health care.

I'm afraid that we will continue to be a slave to the personal vehicle and spend the money we should spend on another solution on the smooth black ribbon laid for those vehicles. Instead of twinning the highway, we need to take a broader view of the problem and its answers.

**DAVID PENNEY**  
Lunenburg

## Our democratic rights have eroded

**A**t one extreme of representation, every citizen is his or her own representative and we have direct democracy. At the other extreme, there is only one representative for all citizens and we have dictatorship.

Because the number of electors represented by each MP has slipped from 2,000 at Confederation to more than 78,000 today, representation of our democratic rights in trusteeship through MPs has moved almost 40 times closer to dictatorship.

Because first-past-the-post and multi-party elections have resulted in MPs being elected with an average of less than 24 per cent support of the electorate, our democratic rights in advocacy — in having someone speak for our sentiments — has eroded dangerously close to dictatorship.

These two factual and quantitative realities are at the heart of the democratic deficit and are the reason why "majority" governments are now formed with the agreement of about 18 per cent of the electorate. They are why our politics are dominated by special interests, political parties and money.

If people matter less and less to the structure of our system, eventually people don't matter. The correction of this problem involves a massive amount of new representatives.

Fiddling with the number and distribution of MPs as trustees of our democratic rights gets into constitutional waters, but there is no valid constitutional argument to be made against having better representation by advocates of public opinion. Analysis shows this idea to be not only constitutional but also simple, democratically powerful and cost-effective.

**DENIS FALVEY**  
Rose Bay

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# Concerns raised about insurance for firefighters

*Deputy minister says thousands have no coverage*

By **JONATHAN WADDELL**  
news@lighthouseNOW.ca  
@LHNOWnews

Duff Montgomerie, deputy minister for the Department of Labour and Advanced Education, told the legislature's

human resources committee that 2,000 firefighters in the province have no insurance coverage, but his statement is being met with skepticism.

Chrissy Matheson, spokesperson for the department, confirmed that Mr. Montgomerie meant no coverage under either

Workers' Compensation or private insurers.

However, several people interviewed for this story doubt those numbers.

"The numbers don't add up," said Rod Nielson, president of the Fire Services Association of Nova Scotia.

Short of surveying each department in the province, he said the number would be impossible to determine.

Ms Matheson admitted that her department has no idea how many volunteer fire departments insure members through private insurers. She suggested that the Department of Municipal Affairs would know that number.

Tracy Barrow, media relations advisor for DMA, said the department does not keep those statistics.

"I think there's a big misconception out there," said Jim Wentzell, chief administrative officer for Mahone Bay.

Mahone Bay uses private insurance, as do the seven departments within the Municipality of the District of Chester. The Town of Lunenburg uses Workers' Compensation, but the Municipality of Lunenburg was unable to provide information when contacted.

According to Kip Cosgrove, Canadian regional manager for Volunteer Fire Insurance Service Canada (VFIS), volunteer firefighters would be best served by having coverage through both Workers' Compensation and private insurance, allowing each program to cover the deficiencies of the other.

"The best value would be to have a combination of the programs," said Mr. Cosgrove.

It's a point that Mr. Nielson agrees with.

Private insurers such as VFIS, said Mr. Cosgrove, tend to provide wider coverage, covering firefighters not only when they're training or at an emergency but also on parade or during fundraising activities. In fact, some departments can opt to have members covered 24 hours a day, including during off-duty periods.

Workers' Compensation tends to do better with the "longevity of claims," said Mr. Cosgrove. If a member is hurt and receives a long-term benefit, private insurers tend to limit the number of years during which the benefit can be received. VFIS pays for only 10 years, whereas most Workers' Compensation claims pay out until the recipient is 65. That benefits younger members more than older members, Mr. Cosgrove pointed out.

VFIS is one of very few insurance

products, along with McKee Employee Benefits Administration (MEBA) and SSQ, that covers firefighters. Cosgrove counts 2,100 fire departments across Canada as VFIS clientele, including approximately 230 departments in Nova Scotia.

According to Robert MacLeod, an insurance broker in Halifax who sells the VFIS program as well as SSQ, having Workers' Compensation coverage can reduce premiums for private insurance.

**"It's the only province in the country that allows the municipality ... or I guess the fire department if you want to call it that, to opt out of Workers' [Compensation]."**

**Kip Cosgrove**

Canadian Regional Manager for Volunteer Fire Insurance Service Canada

"It's best to have both, and you enjoy quite a savings on your premium because of that overlap," said Mr. MacLeod.

About 25 per cent of his clients have both.

Mr. MacLeod also said that coverage in the province is not standardized. In some cases he deals with a municipality or fire commission, in others he deals with a county or directly with a fire chief.

This patchwork approach isn't the only thing that sets Nova Scotia apart. According to Mr. Cosgrove, every other province in Canada requires municipalities to cover volunteer firefighters under workers' compensation acts. Nova Scotia does not, which Mr. Cosgrove called "bizarre."

"It's the only province in the country that allows the municipality ... or I guess the fire department if you want to call it that, to opt out of Workers' [Compensation]," said Mr. Cosgrove.

Ms Matheson explained that giving employers, the municipalities, an option has always been an historical element of the Workers' Compensation Act, preserved through various amendments.

Ms Matheson said that no one has argued for an amendment to the act that would change this.



ROBERT HIRTLE PHOTO

## HOLIDAY "SPIRITS"

Cindy Sangster, right, and Hilary Scott of Ironworks Distillery in Lunenburg delivered the company's own special brand of holiday cheer to patrons during a special Christmas-themed edition of the weekly farmers' market held in Hubbards December 13.

## Quiet Christmas for firefighters

It was a quieter week, with Lunenburg County firefighters answering 27 calls for service from Monday, December 22, to Sunday, December 28. Fifteen of these calls were medicals.

Lunenburg firefighters responded to a sighting of black smoke in Fauxburg at 12:08 p.m., December 22. Blockhouse firefighters were dispatched to stand by at their station with their mini-pumper in case they were needed, due to the location of the fire. However, Blockhouse was later cancelled as it was a controlled burn. That evening, at 7:05 p.m., Bridgewater firefighters responded to a fire alarm sounding on Dominion Street.

On December 23 at 3:52 p.m., Northfield firefighters responded to a possible chimney fire in Upper Northfield. New Ross firefighters responded to assist the RCMP at 4:25 p.m. in Harriston. At 6:10 p.m. that evening, Blockhouse firefighters responded to a fire in a pit in Maitland. It was a controlled burn. Chester firefighters were dispatched to a vehicle on its roof in Leminster, Hants County, at 8:17 p.m. They were quickly cancelled as the call was in Windsor's fire district. Bridgewater firefighters responded to a flue fire on Starr Street at 8:26 p.m.

On December 25 at 12:03 p.m., Western Shore firefighters responded to a single-vehicle accident in Martins Point. At 7:42 p.m. that evening, Tri District firefighters responded to power lines sparking in New Elm.

On December 28 at 2:42 p.m., Chester Basin firefighters responded to a possible house fire in Chester Basin. In other news, congratulations go to the Bridgewater fire department on the recent arrival of a three-quarter-ton, four-wheel-drive light rescue vehicle.

This unit is a 2015 Ford F-250. There is lots of space in the back to store equipment. This truck will be used for medical calls, traffic control and to transport equipment. This truck replaces an

older unit and will join Bridgewater's fleet of six trucks consisting of three engines, a heavy rescue and two light rescues. They also have an aerial ladder and a boat.

Fire departments have switched to an upgraded radio system called TMR2 within the last month. TMR1 was out for many years and the need for improvements prompted the switch to TMR2. The new system has improved functionality with enhanced clarity

of voice transmission, system redundancy, interoperability and additional radio features for some agencies.

Another important service that fire departments provide is responding to downed power lines and trees on fire. During storms, these calls can be numerous, especially if the wind is high. During Hurricane Arthur in July, many of these calls came in. Often, power lines will ignite trees. Fire departments respond and make sure the scene is secure until Nova Scotia Power arrives, especially if there is a hazard to life or property.

Fire departments often respond to calls of trees down if they are blocking roads or on homes. During high winds and heavy rains, fire departments are often kept busy not only with these calls but also with flooded basements.

You may reach Evan Dahl by e-mail at evandahl10@hotmail.com, by phone at 902-298-9496 or via the Dahl Dispatch Facebook page.



**EVAN DAHL**

*Dahl Dispatch*



VALÉRIE LEDUC PHOTO

## SOUNDS OF THE SEASON

Laura Perry performed during a recent band concert at Bridgewater High School.



# Turkey drive freezers stuffed full of good will

Number of birds up 20 per cent

By **GAYLE WILSON**  
news@lighthouseNOW.ca  
@LHNOWnews

Curtis Swinimer isn't your average appliance salesman. For the past 20 Christmases, the owner and manager of the Bridgewater Hometown Sears store has been focused

**“Over the years, the generosity of the people of Lunenburg County has continued to shine through.”**

**Curtis Swinimer**  
Share the Spirit

on stuffing the freezers he has for sale rather than on sending them out the door with customers.

Mr. Swinimer has been a key player in the Share the Spirit campaign, in which donors drop off frozen turkeys at Sears to be distributed to underprivileged individuals and families through the Salvation Army with the assistance of the 14 Airfield Engineering Squadron of Bridgewater.

The program started in 1994 with just two turkeys, but this year the program saw 170 turkeys go to deserving Lunenburg County residents, surpassing its goal of 135 birds. The contributions also included \$270 in cash and \$500 worth of grocery store gift cards.

“Right from day one we tagged it Share the Spirit,” explained Mr. Swinimer. “Christmas is about giving and sharing, and as a locally owned company we truly believe in giving back to the community.”

It all started when Family Children Services approached Sears to help with a Christmas dinner for underprivileged people in one of the community halls. Mr. Swinimer began looking more into pover-

ty levels. “I was surprised to discover just how many families in Lunenburg County were underprivileged,” he admitted.

Mr. Swinimer realized that the underprivileged often are a silent, if not invisible, segment of the population.

“We don't cross paths. They don't come into this store. They're not in the grocery stores,” he said.

However, their sheer numbers have proved challenging for food banks and other organizations. They struggle to keep up with the demand, especially at Christmastime, when holiday treats become a further luxury many simply cannot afford.

The more he thought about it, the more it was a no brainer that he and Sears could easily help out with a turkey drive.

“After all, we have the freezers. God knows we have plenty of freezers,” he chuckled, adding that there were other resources the store could offer as well.

“We have easy access for the public, convenient hours, exposure to the public and resources to publicize it as well.”

Every November, Mr. Swinimer sends out notices to get the drive into gear. This year, because of new government regulations prohibiting unsolicited e-mail marketing, he asked the Bridgewater Chamber of Commerce to get the message out to its members. It worked in his favour; corporate sponsorships are up because of it. He's also started using social media such as Facebook to advertise the cause.

With the turkeys in, it was up to the Salvation Army and the 14th Airfield Engineering Squadron to work out the logistics of delivery.

With about 20 per cent more turkeys than they aimed for this year, and 168 more turkeys than when they first started, Mr. Swinimer is pleased with the accomplishments of Share the Spirit.

“Over the years, the generosity of the people of Lunenburg County has continued to shine through.”



BÉATRICE SCHULER PHOTO

## A CHRISTMAS CAROL

Liam Smith was among the Small World Learning Centre kids who went carolling in Bridgewater on December 18.



## REASON FOR THE SEASON

A group of volunteers held a live nativity at a Willeville barn on December 20 to remind everyone that the birth of Jesus Christ is the reason for the Christmas holiday. Here Mary and Joseph, played by Erin and Jeff Whiting, watch over their newborn as wise men bow before the Christ child.

PAULA LEVY PHOTO

## Winter sportfishing season opens

Anglers will have more locations to enjoy sportfishing throughout the province when the winter season opens January 1, as more lakes are open for brook trout, chain pickerel or perch.

Freshwater lakes open for winter will give anglers a chance to fish for brook, brown or rainbow trout; white or yellow perch; and chain pickerel. The bag limit for trout is two fish per day, except in the Cape Breton Highlands management area, where anglers can keep 10 fish per day. The daily bag limit for perch and chain pickerel is 25.

“Sportfishing is one of the most popular outdoor activities in Nova Scotia, with about \$56 million in revenue,” said Keith Colwell, Minister of Fisheries and Aquaculture. “I encourage all ages to get out and enjoy the winter sportfishing season and remind all anglers about the importance of safety when winter fishing from shore, in boats or through the ice.”

A general fishing licence is required to winter fish and can be purchased at Department of Natural Resources offices. Licences are valid until March 31, 2015, and cost \$26.73. Anglers

may also purchase one-day licences at a reduced rate.

Anglers can take advantage of the annual winter sportfishing weekend, February 14 and 15, when residents and non-residents can fish in open winter sportfishing areas without a general fishing licence.

Sucker Lake in Lunenburg County is open for rainbow and brook trout with a bag limit of two fish per day.

For more information, visit <http://novascotia.ca/fish/programs-and-services/industry-support-services/inland-fisheries/>.



## NEW YEAR'S DAY LEVEES IN THE TOWN OF LUNENBURG

# 2015

Residents of Lunenburg and area are cordially invited to attend New Year's Day Levees in Lunenburg on Thursday, January 1, 2015. New residents to the area are especially welcome as these are excellent opportunities to meet and greet your fellow neighbours, get to know them a little better and exchange best wishes for the New Year.

The Levee schedule is as follows:

12:00 p.m. – Hosted by the Town of Lunenburg, District #1 and #2 Fire Commission and the Lunenburg Fire Department at the Lunenburg and District Fire Hall, 25 Medway Street.

1:00 p.m. – Hosted by the Royal Canadian Legion Branch #23 at the Legion Club, Duke Street

In the event of inclement weather, the Levees will be held on Friday, January 2, 2015 at the same times and places.



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Day	Time	High	Low
Wed., December 31	high	6.9 ft.	4:13 a.m.
	low	1.6 ft.	11:18 a.m.
	high	5.9 ft.	4:59 p.m.
	low	2.3 ft.	11:30 p.m.
Thurs., January 1	high	6.9 ft.	5:15 a.m.
	low	1.3 ft.	12:12 p.m.
	high	6.2 ft.	6:06 p.m.
	low	2.3 ft.	11:30 p.m.
Fri., January 2	low	2.3 ft.	12:27 a.m.
	high	6.9 ft.	6:11 a.m.
	low	1.3 ft.	1:02 p.m.
	high	6.2 ft.	7:01 p.m.
Sat., January 3	low	2.3 ft.	1:19 a.m.
	high	6.9 ft.	7:03 a.m.
	low	1.3 ft.	1:50 p.m.
	high	6.2 ft.	7:50 p.m.
Sun., January 4	low	2.0 ft.	2:07 a.m.
	high	6.9 ft.	7:50 a.m.
	low	1.0 ft.	2:36 p.m.
	high	6.2 ft.	8:34 p.m.
Mon., January 5	low	2.3 ft.	2:51 a.m.
	high	6.9 ft.	8:32 a.m.
	low	1.0 ft.	3:18 p.m.
	high	6.2 ft.	9:15 p.m.
Tues., January 6	low	2.3 ft.	3:32 a.m.
	high	6.6 ft.	9:09 a.m.
	low	1.3 ft.	3:56 p.m.
	high	6.2 ft.	9:52 p.m.
Wed., January 7	low	2.3 ft.	4:09 a.m.
	high	6.6 ft.	9:43 a.m.
	low	1.3 ft.	4:28 p.m.
	high	6.2 ft.	10:26 p.m.

Level of accuracy may be affected by weather patterns and circumstances.

**Wishing Everyone a Healthy and Happy 2015 as we all work towards a Stronger Nova Scotia.**

**Suzanne Lohnes-Croft**

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# 2014: The Year in Photos



KEITH CORCORAN PHOTO

A firefighter eyes a vessel at the port of Bridgewater that was taking on water. First responders summoned to the former government wharf on March 10 noticed what they believed to be a fuel slick in the LaHave River near the large boat. Nova Scotia's Environment Department was notified of the incident.



KEITH CORCORAN PHOTO

Above: Lunenburg County RCMP Cst. Shaun Coady accepts an envelope of thank-you and condolence letters from New Ross Consolidated School students.



KEITH CORCORAN PHOTO

Right: Weather conditions are believed to have factored in the collapse of a bridge on the Branch LaHave side of Bruhm Road, north of Bridgewater. Nova Scotia Department of Transportation and Infrastructure Renewal crews block a section of the strip.



BÉATRICE SCHULER PHOTO

Terilyn Connors is pictured with her daughter Milo Connors at the New Germany Remembrance Day ceremony on November 11.



LEENA ALI PHOTO

Strong winds from post-tropical storm Arthur caused a tree to fall on a home in Petite Riviere. Crews were on the scene for about three hours after receiving the call around 1:30 p.m. July 5. No one was injured.



KEITH CORCORAN PHOTO

Firefighters from volunteer brigades in Hemford, North Queens, New Germany and the Midville district work an August 13 structure fire off the Murray Veinot Road. The blaze tore through the Hemford building and levelled the structure.



BÉATRICE SCHULER PHOTO

Dylan Conrad, left, and Kyle Wagner do front somersaults as part of the Dynamo Gym Club's June 2 public performance at Bridgewater High School.



BÉATRICE SCHULER PHOTO

Spencer Cook and Alana House enter the Bridgewater High School prom on June 24 as onlookers take photos.





BÉATRICE SCHULER PHOTO

Evelyn Ernst is up to her knees in cranberries during harvest time at the Terra Beata farm in Heckmans Island.



BÉATRICE SCHULER PHOTO

A culvert that gave way beneath the Bruhm Road during recent flooding washed up near Vernon Bolivar's property on Lower Branch Road in December.



BÉATRICE SCHULER PHOTO

Bert One-Breath Milberg performed as part of the Acadian First Nation Pow Wow at the Gold River Mawimi Grounds from September 12 to 14.



BÉATRICE SCHULER PHOTO

New Germany Rural High School's soccer team hosted and won the Division 3 boys' regional soccer championship in October. Pictured are Bailey Weagle and keeper Nathan Minnick.



BÉATRICE SCHULER PHOTO

Chris Anderson raises his arms during the Superhero Dash fundraising run at Centre scolaire de la Rive-Sud in Cookville on September 21. Also pictured from left are Kasia Kowalski; Lynette Hubley, in back; Eric Lindsay, in back; Audalie Deschamps; Sandra Eagle-Cross, in back; and Taylor Johnson.



PETER ZWICKER PHOTO

Gilbert Delorme tosses a puck to a fan during a Montreal Canadiens alumni hockey game on March 21 at the Lunenburg County Lifestyle Centre.





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hello@lighthouseNOW.ca     



# Lyme disease patients say they're not getting needed treatment

*Group collecting names of Nova Scotians to present to minister*

By **PAULA LEVY**  
 paula.levy@lighthouseNOW.ca  
 @LunenburgCoLife

Three people in Lunenburg County are collecting names of Nova Scotians who believe they have Lyme disease but are not getting any medical treatment.

Conquerall Mills resident Donna West is meeting with Health Minister Leo Glavine in January to present this list in hopes that the Nova Scotia government will start to get the patients the help they need.

Ms West's symptoms began in April 2013. Initially, she thought it was rheumatoid arthritis but an osteopath suggested she get tested for Lyme disease.

"I started looking into the symptoms for Lyme and then I remembered having this large bruise on my back at the same time my symptoms started," said Ms West. Since she did not have the bull's-eye rash associated with a Lyme disease infection, Ms West initially wasn't tested or treated for Lyme disease.

According to the Public Health Agency of Canada, initial symptoms differ from person to person, making Lyme disease difficult to diagnose. Some people may have no symptoms at all, while others may suffer severe symptoms, but not for weeks after the bite.

Ms West said eventually her doctor did test her for Lyme disease. She also had a second test, but the tests came back negative both times.

Even though the tests were negative, Ms West's symptoms began to worsen one month after she believes she was infected. She was prescribed a three-week course of antibiotics, but she had an adverse reaction to the treatment and was unable to continue. She then sought treatment from an herbalist. But that was costing in excess of \$1,000 a month.

In October, Ms West decided to go to British Columbia to see a naturopath who is known across Canada for his treatment of Lyme disease. This naturopath has confirmed her diagnosis, and she hopes that she will be able to be treated soon. But this treatment will have to be at her own expense.

To find others just like her, Ms West started a Lyme disease support group in June. She said the majority of people who attend the meetings are not receiving any

medical treatment. Through this group, she met Lynn McCarron of Mahone Bay, who has also been battling Lyme disease. Over a year ago, Ms McCarron went to the doctor with a tick bite. But instead of prescribing the antibiotics immediately, the doctor told her to wait three weeks and return to be tested.

Three weeks after the bite, she had the first blood test. While waiting for that result, Ms McCarron started to experience symptoms of Lyme disease.

"It took a while for the results, so, in the meantime, I was buzzing around seeing any doctor that would see me because my symptoms were getting pretty severe," said Ms McCarron, noting that the initial test proved negative.

Today the Public Health Agency of Canada recognizes that lab results may not always detect Lyme disease in its early stages. It also states that blood tests are clearer when the disease is further along, but all lab tests have a margin of error which is why "Lyme disease should be diagnosed by a doctor clinically first and foremost. Results of lab tests can be used as supportive evidence."

Eventually, Ms McCarron was diagnosed clinically but was referred to an infectious disease specialist. Ms McCarron said the doctor prescribed her a three-week course of antibiotics. She said that within a week after finishing the medication, all of her symptoms returned.

"If you've been bitten and come in with a bite, then it's pretty straightforward and easy to treat. But if you missed the boat and the Lyme has become integrated into your system, then there isn't a doctor that wants to know that because there is nothing they can do about it that they know of," said Ms McCarron.

She said there are doctors that have successfully treated Lyme with a longer course of antibiotics, but doctors in Nova Scotia aren't able to offer that treatment. Ms McCarron said until she can get treat-

**What:** Lyme disease support group  
**Where:** Bridgewater Superstore Community Room  
**When:** January 26 at 7 p.m.  
**Info:** westmr@eastlink.ca or call 902 530-6181



PAULA LEVY PHOTO

Conquerall Mills resident Donna West is currently collecting names of Nova Scotians with Lyme disease who are not getting medical help. She will be meeting with Health Minister Leo Glavine to advocate for these patients.

ment from the medical community, she's under the care of a herbalist and feels this is the only way she is able to function.

Ms McCarron will join Ms West at the meeting with the health minister in Janu-

ary. Lunenburg Rob Murray, a member of the Canadian Lyme Disease Foundation, CanLyme, will also be present.

To add your name to this list, contact Ms West at westmr@eastlink.ca or call

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# Fixed route preferred

## Public transportation committee submits petition

By **PAULA LEVY**  
 paula.levy@lighthouseNOW.ca  
 @LunenburgCoLife

Citizens for public transit presented a petition to Mahone Bay council last week.

Chris Heide brought the petition forward that contained 1,436 signatures collected over a three-month period. The petition is in support of a fixed-route public transit system for Lunenburg County.

"It's quite an impressive document, all the more so because these signatures weren't gathered through social media. These were gathered by members of the board going to local markets, stores, community college, offices, restaurants and on the streets," said Mr. Heide.

The volunteer organization has been researching and advocating for public transit since 2006.

"What we have been arguing for for many years ... is

for a fixed route public transit option for the people of Lunenburg County," said Mr. Heide.

Councillor Lynn Hennigar asked Mr. Heide if his group had ever considered the dilemma that municipal governments find themselves in.

"We have a significantly organized group that wants fixed route transportation and we have a government that won't fund it," said Councillor Hennigar. "I go back and forth between what's the right choice to make as a government official here."

Mr. Heide said revenues for a public transportation system come from a variety of sources, and the province will definitely have to be one of those sources.

"We can't do it without the province," added Mr. Heide.

Council agreed to accept the petition and forward it to the joint transit committee.

# Dreaming of a green Christmas

## School's green team shares recycling tips for the holidays

By **EMMA SMITH**  
 emma.smith@lighthouseNOW.ca  
 @emmaLHNow

Students from West Northfield Elementary School (WNES) have been urging people to put down the metallic wrapping paper and back away from the artificial Christmas tree.

WNES's Green Team is made up of 20 Grade 5 and 6 students who educate their classmates, teachers and families about taking care of the planet. And this time of year that message is especially important, said teacher John Atherton.

"Christmas day alone is probably one of the worst days for the environment because there's so much packaging and whatnot that goes into it," said Mr. Atherton, who founded the Green Team nine years ago.

But it's also the time of year when people are dreaming more of presents and turkey than recycling. Fifth grader Ella Publicover, who joined the team this year, is intent on changing that.

"It's definitely one of our big times to get people to try and realize that they should change their traditions, I guess," said Ella. "Sometimes they're terrible traditions for the Earth."

When the Green Team started, it was just a handful of kids sorting through garbage at lunch and dropping off blue recycling bins in classrooms.

"We don't even do so much on the recycling [anymore] because it's sort of just a culture in the school. Everybody knows what needs to be done so they just sort of do it," said Mr. Atherton.

Now, the school has expanded its scope. Students spend time tending multiple gardens that yield potatoes, beets, rutabagas and pumpkins. Over 100 pounds of those vegetables ended up on students' plates earlier this month as part of the



CONTRIBUTED PHOTO

West Northfield Elementary School's Green Team in front of a Christmas tree decorated with hand-made ornaments.

school's annual Christmas dinner.

WNES is part of Green Schools Nova Scotia, and in October they received an honourable mention at the Mobius Awards of Environmental Excellence hosted by Resource Recovery Fund Board Nova Scotia.

Earlier this month, members of the Green Team spoke at the school's Christmas concert about easy ways to be green.

"People who have a fake tree, it has probably travelled half-way around the world," said 11 year old Rebecca Snyder, who has been in the group for three years. "For instance, maybe it's from China or something. It goes from plane to boat to truck, and that's causing a lot of pollution."

Both Rebecca and Ella crafted ornaments out of recycled material for the school's Christmas tree. It's a bit more time consuming than buying ornaments at the store, but that's exactly what Ella likes about it.

"It's like you're giving a present. It's quality time," she said. "Since your parents are going to work and you're going to school, it's nice that if you make them at home, you get to do it together."

WNES is a small school with just 130 kids, but Mr. Atherton said teaching his students about the environment has a ripple effect within the community.

"It's really rewarding because I'm constantly having students telling me the stuff they're doing at home, and that's the whole goal of it," he said.

Rebecca already shares recycling tips with her friends and family, but this Christmas morning she's going to be extra diligent.

"I'm going to try this year to sort all of the garbage, even though it might take longer and we might not get all through the presents. It's still worth it," she said.

**2015 CHRISTMAS TREE COLLECTION**

Natural Christmas Trees will be collected on the following dates in the Municipality of Lunenburg and the Towns of Bridgewater and Mahone Bay:

<b>Municipality of Lunenburg</b>	January 12 - 23 (on regular collection day)
<b>Town of Bridgewater</b>	January 5 - 9 (on regular collection day)
<b>Town of Mahone Bay</b>	January 12

Please remove all decorations and ensure your tree is curbside by 7:00 am in the Municipality and 8:00 am in the Towns. **Trees cannot be collected at any other time.**

For more information call (902) 543-2991 or visit [www.communityrecycling.ca](http://www.communityrecycling.ca)

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Citizens Planning Advisory Committee Meeting Notice

**Monday, January 5th, 2015**  
**7:00 pm**

**Council Chambers**  
**151 King Street, Chester**

The Citizens Planning Advisory (CPAC) is appointed by Council to advise on all aspects of the Municipal Plan Review and on specific planning applications. The public may attend and observe all meetings.

For more information, please contact:  
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 902-275-2599

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# MUNICIPALITY OF THE DISTRICT OF CHESTER



## Community Events

If you are a non-profit community group within the Municipality of the District of Chester and would like your event listed FREE-of-charge on this page, please submit a brief description of your event in writing to the Municipality of the District of Chester Recreation & Parks Department by any of the following methods: fax 902-275-3630; mail PO Box 582, Chester, NS B0J 1J0; or email recreation@chester.ca. Submission deadline is 12 noon on the second last Tuesday of each month. For more information call the Recreation Office at 902-275-3490.

### THURSDAY, JANUARY 1

New Year's Levee at the Chester Legion from 11:00 am to 1:00 pm. Everyone 19 years and older welcome.

### SATURDAY, JANUARY 3

Crib Tournament at the Little Red School, Canaan starting 11:00 am. Cost \$20 per team. Cash prizes.

### SUNDAY, JANUARY 4

Crib Tournament at the Forties Community Centre, 1787 Forties Road, New Ross. Doors open 12:00 noon. Registration 12:30 pm. Play starts 1:00 pm. Cost \$20 per team. Canteen available. For more info call 902-689-2147.

### TUESDAY, JANUARY 6

Jam Matinee at the Chester Basin Legion from 2:00 to 4:30 pm featuring Country Music, Vocals, Fiddling and Fun!!! Please: Acoustic Guitars only. Free tea & coffee. Canteen available and 50/50 Draw. For more info call Richard 902-275-4321. Everyone welcome.

### SATURDAY, JANUARY 10

Breakfast at the Chester Legion from 7:30 to 10:30 am. Enjoy eggs (any way you like them), French toast, hash browns, beans, bacon, sausage, toast, coffee/tea and juice.

Country Jamboree at the Little Red School, Canaan from 7:00 to 10:00 pm. 50/50 Raffle Draws. Donation jar at the door. Lunch provided.

### SUNDAY, JANUARY 11

Variety Show at the Forties Community Centre, 1787 Forties Road, New Ross from 1:30 to 4:00 pm. Cost \$5. Ron Muise and Country Sounds, Newfound Country, Cy and the Guys, Jim and Judy Manuel and Country Blue. Sound by Winston Shatford. Canteen available. For more info call 902-689-2612.

### FRIDAY, JANUARY 16

Karaoke at the Chester Legion from 9:00 pm till 12:30 am. Everyone 19 years and older welcome.

### SATURDAY, JANUARY 17

Crib Tournament at the Little Red School, Canaan starting 11:00 am. Cost \$20 per team. Cash prizes.

### SUNDAY, JANUARY 18

Crib Tournament at the Chester Legion starting 1:00 pm.

### SATURDAY, JANUARY 24

Break Up the Winter Blues Fair at Bonny Lea Farm, 5 Collicutt Road, Rte 14 (Windsor Road) from 12:00 to 4:00 pm. Enjoy entertainment, beverages, snacks, games, exhibitors & more!!! Free admission and door prizes. Storm Date: Saturday, January 31. For more info call 902-980-0554.

Bad Intentions will be playing at the Chester Legion starting 9:00 pm. Everyone 19 years and older welcome.

### FRIDAY, JANUARY 30

Karaoke at the Chester Legion from 9:00 pm till 12:30 am. Everyone 19 years and older welcome.

### SATURDAY, JANUARY 31

Crib Tournament at the Little Red School, Canaan starting 11:00 am. Cost \$20 per team. Cash prizes.

MUNICIPALITY OF CHESTER

## CALL FOR VOLUNTEER NOMINATIONS

We want every community group to nominate one volunteer from their group to be recognized at the Municipality of Chester Volunteer Awards Ceremony on **Wednesday, April 15, 2015**. From all the nominations, one individual will be selected to represent the Municipality of Chester at the Provincial Awards Ceremony in Halifax. Nominees must be residents of the Municipality of the District of Chester.

Application forms can be picked up at the Municipality of Chester Recreation & Parks Department, located at 151 King Street, Chester or on our website at: [www.chester.ca](http://www.chester.ca)

For more info call Chad Haughn, Recreation & Parks Director at 275-3490 or email [chaughn@chester.ca](mailto:chaughn@chester.ca).

**Deadline to submit nominations is Friday, February 6, 2015**





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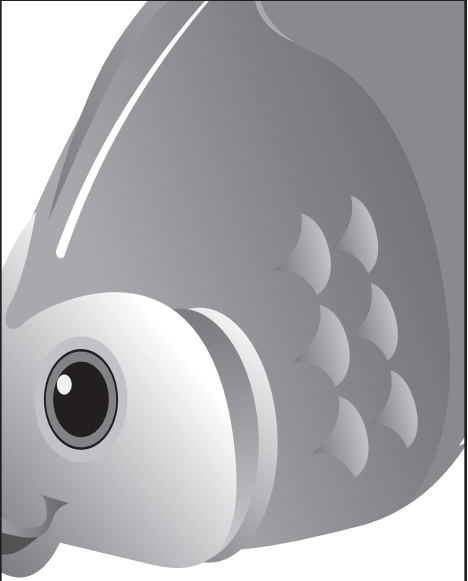
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# LighthouseNOW's Top Feature Stories of 2014

*In no specific order, here are LighthouseNOW's Top 10 feature stories of 2014.*

## Living the monastic life in New Germany

This story explored New Germany's well-kept secret just off Highway 10. We spoke with two monks of the Hermitage of the Annunciation who have made their home there for about 10 years. Father Roman and Father Cassian live their lives according to the teachings of the Orthodox monastery of the Brotherhood of St. Seraphim of Sarov.

Once in a while, the monks will receive retreatants for a day or more – usually international tourists or people from other parts of Canada. The Hermitage of the Annunciation began in Halifax in 1995.

## Who's there?

Members of the Crossed Over Paranormal Society investigated Cindy Sangster's century-old Arbor View Inn Bed and Breakfast in Lunenburg. The team from Liverpool spent four hours at the inn one evening and made some very interesting discoveries.

The society reported their findings, which essentially confirmed what the inn owner already suspected — there was "something or someone" living in the house.

## Love at first flight?

Katie Moreau of Riverport became the subject of international media attention when a chance meeting with a young Irishman on an airplane bound for Dublin resulted in him making a public appeal to find her.

Jamie Kelly of Galway, Ireland, met "Katie from Nova Scotia" on a flight from Barcelona to Dublin. The two chatted during the flight, and Mr. Kelly felt they had made a connection, but was unable to find her after they separated at Irish customs. Ms Moreau said she felt extremely overwhelmed by the attention, not to mention completely surprised.

## Hitchin' a ride

A 21-year-old student made his way home to Lunenburg County one "thumbs up" at a time. Adam Mertens hitchhiked from British Columbia all the way home to Pinehurst in six days.

Mr. Mertens started his cross-country journey in the spring after finishing his term at the University of British Columbia. He was able to hitch 30 rides on his way home, and it was one of the most rewarding adventures he's ever tackled, he told LighthouseNOW.

## Thinking outside the box

This story featured homeowners thinking outside of the box with a unique method of home construction — a thin-shell concrete dome.

Firman Legay spoke to LighthouseNOW about his dome house located in Oakhill. The savings in energy costs are, in part, what prompted Mr. Legay to construct the building. The interior looks like any other house, except for the curved ceilings and outer walls.



FILE PHOTO

Jada Davis tries on her outfit for her Masquerade Birthday Extravaganza. Jada asked the community to make donations to Christmas Daddies instead of purchasing presents.

## Masquerade Ball

Jada Davis of Bridgewater invited the entire community to her ninth birthday celebration in the fall. But she asked her guests to make a donation to Christmas Daddies instead of bringing birthday gifts.

She and her mother, Tara Conrad, organized a masquerade birthday extravaganza and asked for donations toward the charitable organization that provides toys, gifts and necessities to more than 17,000 children in the Maritimes.



BRIAN CAISSIE/RED BULL CONTENT POOL PHOTO

Skateboarder Ryan DeCenzo does a trick in the old Aspotogan resort.

## Skateboarding paradise

An abandoned resort was transformed into a skateboarding paradise this year when a team of skateboarders and photographers ventured to the abandoned Aspotogan Sea Spa near Hubbards. The final product was a 13-minute video produced by Red Bull called "Last Resort: Aspotogan."

The video shows seven skateboarders jumping down stairs, dropping into a large concrete bowl and sliding across the resort's roof. Since the video was filmed, the dream park has been dismantled and local skateboarders are still struggling to find funding for their own permanent park.



FILE PHOTO

Gregg Ernst is pictured lifting his wife and his children on September 5, 1993.



BÉATRICE SCHULER PHOTO

Kevin Veinotte's 500-acre farm includes 350 acres of Forest Stewardship Council (FSC) certified woodland and 17 acres of ponds, wetlands and areas dedicated to wildlife habitat.

## Farm reaps environmental stewardship award

A family from West Northfield won 2014's environmental stewardship award from the Nova Scotia Federation of Agriculture. Kevin Veinotte, his wife Susan and their three teenage sons are seventh- and eighth-generation farmers. The 500-acre farm has been owned by the Veinotte family for the last 170 years.

The award recognizes producers who make land, water and habitat stewardship a significant part of their farm operations.

## Students do the happy dance

Students and staff at Bridgewater High danced like nobody was watching in 2014.

A video of students and staff dancing to the Pharrell Williams hit "Happy" captured school spirit and got thousands of on-line views.

The project was part of a plan to increase school morale and to combat the recent on-line drinking game trend of young people "neknominating" each other.

To create a more positive social media trend, Bridgewater High challenged New Germany Rural High to do its own "happy dance" video.



FILE PHOTO

Bridgewater High School teacher Erin Dunn-Keefe, left, and student Brittany MacNeil created a "Happy" dance video, which had thousands of hits on-line in 2014.





# Boxing Week Event

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## CHRISTMAS CONCERT

Jacob Hull was among the many students who recently performed at one of two Bridgewater Elementary School Christmas concerts.

STACEY COLWELL PHOTO

## Copper wire stolen

Police want to know what became of \$400 worth of copper wire from an Indian Point property.

Lunenburg County RCMP recently issued a news release asking for the public's help identifying the person or people

responsible for stealing the material. Authorities say the wire was taken sometime between September 4 and December 8.

Anyone with information is asked to contact the RCMP or Crimestoppers.

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| Nov 23 – Bernie Maughan, Bridgewater     | Dec 8 – Shirley Mulock, Bridgewater        |
| Nov 24 – Dianna Cuning, Lunenburg        | Dec 9 – Mary Ann Jackson, Conquerall Bank  |
| Nov 25 – Justin MacLellan, Bridgewater   | Dec 10 – Myrtle Williams, Wileville        |
| Nov 26 – Neil Hamm, Danesville           | Dec 11 – Clay Abriel, Mahone Bay           |
| Nov 27 – Leonard Rodenhiser, Dayspring   | Dec 12 – Corey Zinck, Upper Lahave         |
| Nov 28 – Christina Williams, New Germany | Dec 13 – Dianne Slauenwhite, Wentzell Lake |
| Nov 29 – Jaunita Rodenhiser, Dayspring   | Dec 14 – Tracey Lothian, First South       |
| Nov 30 – Jane Dagley, Italy Cross        | Dec 15 – Marilyn Sanford, Bridgewater      |
| Dec 1 – Donald Freeman, Bridgewater      | Dec 16 – Rodney Shupe, Kempt               |
| Dec 2 – Robert Verge, White Point        | Dec 17 – Carolin Rodenhiser, Maitland      |
| Dec 3 – Joan Zinck, Bridgewater          | Dec 18 – Heidi Abriel, Blockhouse          |
| Dec 4 – Sheila Savoury, Spectacle Lake   | Dec 19 – Karen Cleversey, Hebbs Cross      |
| Dec 5 – Judy Klaver, Upper Northfield    | Dec 20 – Dawn Corkum, Pleasantville        |



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# LighthouseNOW's Top News Stories of 2014

From concerns about transparency in municipal government to the Stanley Cup coming to Bridgewater, to a Lunenburg County resident winning millions, here is a brief recap of some of LighthouseNOW's top news stories of 2014 in no particular order.

## South Shore in Motion Cancelled

Organizers of South Shore in Motion called off its 10th annual summer festival after Bridgewater Town Council decided to reject plans for a big rig hill climb based on legal advice and insurance concerns.

South Shore in Motion chairman Darren Wentzell told LighthouseNOW that volunteers are planning a return of the festival, but it won't be in the Town of Bridgewater and will be somewhere in the Municipality of Lunenburg.

## Taxpayers on hook for LCLC's \$3.7-million shortfall

Faced with a rocky financial forecast concerning Lunenburg County Lifestyle Centre capital costs, taxpayers of the partnering municipalities had to reopen their wallets to fork out more money toward the arena, library and pool complex.

The Municipality of Lunenburg and Town of Bridgewater were asked to pay \$1.9 million each through a cash advance or long-term borrowing. The corporation operating the Bridgewater facility said fundraising and other grants fell short of expectations, along with the project cost overrun. All future capital campaign funding and other recovery will be retained by both councils.

## Retired Cop receives conditional discharge

A retired municipal police officer must carry out 15 months of probation as part of a conditional discharge he received after admitting to assaulting his girlfriend and his daughter.

Richard Harry Milbury, 65, of Bridgewater pleaded guilty to two counts of assault. Judge John MacDougall sentenced Mr. Milbury during court proceedings on December 4.

In passing sentence, Judge MacDougall ruled that the conditional discharge, which translates to not having a conviction on record if court-ordered terms are fulfilled, was not contrary to the public interest. Mr. Milbury's taking

steps to get control of his life, the court heard, and he is interested in obtaining employment as a civil constable, a move that could be impeded should he have a criminal record.

## Vets awarded with highest French Honour

Two World War II veterans were honoured this December for their help in liberating France from Nazi control. Both spent years fighting in Europe during the Second World War, and both travelled back to Normandy this summer to mark the 70th anniversary.

Ninety-one-year-old Frank Hammond and 95-year-old Ralph Hebb received the prestigious Knight of the French National Order of the Legion of Honour in front of a large crowd at the Royal Canadian Legion in Bridgewater on December 15.

## Million dollar Man

A 77-year-old retired fisherman from Bell Island made headlines this fall after winning the \$13.8-million Lotto 6/49 draw in October.

At the time, Leon Hirtle told LighthouseNOW he didn't have immediate plans to start spending his winnings but that he intended to help his family and lead a simple life in the coastal home he's shared with two of his brothers for 45 years.

## Nova Scotia Power customers left in the dark

In July, post-tropical storm Arthur left residents all over Lunenburg County coping with widespread and lengthy power outages.

In some areas, residents were left without power for up to six days. Local politicians and residents were frustrated by what they felt was a lack of communication by Nova Scotia Power. The corporation recognized communication problems that surfaced following the storm, indicating that there were issues with on-line outage information and its phone system.

## Sherbrooke Lake conundrum

Sherbrooke Lake has been at the centre of a long-standing debate over who can access it. The Municipality of Lunenburg took a step toward solving the issue by passing an amended terms of reference for setting up an advisory committee this year.



FILE PHOTO

Alex Duckworth is pictured with Canadian Olympic committee president Marcel Aubut during the official announcement of the snowboard team on January 21.

## Duckworth our newest Olympian

Kingsburg's Alex Duckworth earned a spot on Team Canada, placed in the top 10 overall and became the number one half-pipe female in the country.

Back in February, the snowboarder reached the semifinal in the Olympic half-pipe event in Sochi, Russia. Not long after competing in Sochi, Ms Duckworth won her first half-pipe nationals on March 21 in Calgary.

The former Nova Scotia female athlete of the year and Canada Games gold medallist has also been named to Canada Snowboard's half-pipe national team for 2015.

The issue has divided property owners who live around the lake and local residents who want access. The municipality has been trying to figure out how to provide access to the lake since the 1980s. In 2014, it set aside \$40,000 to extend Veinotte Road. Sherbrooke Lake is the second largest lake in Nova Scotia that does not have a public access road.

## Bluenose II

Premier Stephen McNeil wrote to the auditor general's office asking for an investigation into rebuilding Bluenose II. The project was delayed and overbudget. The province recently unveiled the new steering system for Bluenose II after the ship failed steering tests during sea trials back in June.

## MODL legal expenses \$3,000 on code of conduct issues: Fawson

Embattled Municipality of Lunenburg politician Frank Fawson claims taxpayers have forked over roughly \$3,000 in legal bills associated with council's efforts to have the province start a conflict-of-interest inquiry against him and to seek a solicitor's opinion as to whether or not he breached the municipality's code of conduct.

In May, council passed a motion requesting "an inquiry under Section 12 of the Municipal Conflict of Interest Act pertaining to the actions of Councillor Fawson respecting his request to take out street lights in Dayspring; his recent actions respecting fire services; his statements regarding 'openness and transparency of council'; and any other statements made by Councillor Fawson against Mayor [Don] Downe, municipal council as a whole and/or municipal staff."

Council plans to discuss the matter further at a private workshop.



FILE PHOTO

South Shore-St. Margarets MP Gerald Keddy announced he will not seek re-election.

## MP Gerald Keddy won't seek re-election

In May, South Shore-St. Margarets MP Gerald Keddy announced he will not seek re-election. Mr. Keddy was first elected in 1997 and helped his party form the government in 2006 and earn a majority in 2011.

He said the timing of his announcement was made in part to allow time for a proper nomination process for his potential successor.

Mr. Keddy plans to serve out the remainder of his term through October 2015.



FILE PHOTO

Glen Murray carries the Stanley Cup into a July 21 reception at Bridgewater's Best Western Plus Hotel and Convention Centre.

## Stanley Cup comes to Bridgewater

During the summer, hockey's Holy Grail paid a visit to Bridgewater, drawing a crowd of hundreds.

Fans lined up for a chance to get up close with the Stanley Cup at the Best Western Plus Hotel and Convention Centre on July 21, thanks to Bridgewater native and former NHLer Glen Murray. Now a development consultant for the Los Angeles Kings, the 2014 Stanley Cup champions, Mr. Murray used his time with the Stanley Cup to take it back to his hometown.



LIGHTHOUSE NOW PRESENTS

THE 3 MINUTE CITIZEN

POLITICAL PARTIES PLAY A DOMINANT ROLE IN FEDERAL ELECTION CAMPAIGNS. AS A RESULT, PARTIES TEND TO DOMINATE THE BUSINESS OF THE HOUSE OF COMMONS ONCE THE ELECTION IS OVER.

# POLITICAL PARTIES

## PART 3: PARTY IN THE HOUSE

THE LEADER OF THE POLITICAL PARTY THAT WINS THE MOST SEATS IN THE HOUSE OF COMMONS GENERALLY BECOMES THE PRIME MINISTER. IN ORDER TO STAY PRIME MINISTER, THAT LEADER MUST SEEK AND MAINTAIN THE CONFIDENCE OF THE HOUSE. BEFORE THE LEADER DOES THAT, THE PRIME MINISTER CHOOSES SOME ELECTED MEMBERS FROM THE WINNING PARTY TO BECOME CABINET AND FORM GOVERNMENT. EACH MEMBER OF CABINET BECOMES A MINISTER IN CHARGE OF AT LEAST ONE GOVERNMENT DEPARTMENT, SUCH AS HEALTH OR FINANCE.

IN A PERFECT WORLD, PARTY MEMBERS AND VOTERS THAT BROUGHT THE PARTY AND LEADER TO POWER WILL NOW BEGIN TO SEE PARTY POLICIES REFLECTED IN THE WORK OF THE GOVERNMENT.

HOWEVER, BECAUSE OF THE NATURE OF OUR POLITICAL SYSTEM, THE PARTY MACHINE OFTEN BECOMES OBSESSIVE ABOUT HOLDING ON TO POWER ONCE THEY BECOME THE GOVERNMENT, SOMETIMES AT THE EXPENSE OF THE PARTY'S IDEALS AND VALUES.



### THE OFFICIAL OPPOSITION

THE LARGEST PARTY THAT IS NOT A PART OF THE GOVERNMENT BECOMES THE OFFICIAL OPPOSITION. WHILE YOU MIGHT NOT KNOW IT FROM WATCHING QUESTION PERIOD, THEIR FORMAL TITLE IS "HER MAJESTY'S LOYAL OPPOSITION."

THE OPPOSITION'S JOB IS TO EXAMINE AND QUESTION THE ACTIONS OF THE GOVERNMENT IN PARLIAMENT, AND HOLD THE GOVERNMENT ACCOUNTABLE FOR PROMISES MADE DURING THE ELECTION CAMPAIGN.



PARTY LEADERS IN GOVERNMENT AND OPPOSITION DICTATE MUCH OF THE WORK OF THE MPs IN THEIR PARTY. WHILE ALL MPS ARE ELECTED AS A REPRESENTATIVE OF THEIR LOCAL CONSTITUENTS, MOST WIN UNDER THE BANNER OF A POLITICAL PARTY.

THERE ARE A NUMBER OF COMPETING FACTORS MPS MUST BALANCE WHEN DECIDING HOW TO VOTE IN PARLIAMENT - SOMETHING THEY THEMSELVES ADMIT TO BE A CHALLENGE.

IN CANADA'S PARLIAMENT, THE PARTIES USUALLY WIN OUT. OUR PARLIAMENT HAS THE STRICTEST PARTY DISCIPLINE IN THE DEVELOPED WORLD. THAT MEANS MPs ARE LESS LIKELY TO BREAK RANKS WITH THEIR OWN PARTY IN CANADA THAN IN ANY OTHER COMPARABLE COUNTRY.

SOME PEOPLE SAY PARTY DISCIPLINE IS A GOOD THING BECAUSE IT STRENGTHENS THE PARTY'S IMAGE, BUT OTHERS, LIKE FORMER PRIME MINISTER, PIERRE TRUDEAU, HAVE ADMITTED THAT IT REDUCES THE ROLE OF MPs TO "TRAINED SEALS" AND "NOBODIES."

PIERRE TRUDEAU



OUR COUNTRY'S RECORD ON PARTY DISCIPLINE AND THE AMOUNT OF POLARIZATION IN OUR POLITICS IS LEADING SOME PEOPLE TO WONDER IF EXTREME-PARTISANSHIP MIGHT ALSO BE PREVENTING COOPERATION FROM HAPPENING BETWEEN MEMBERS OF DIFFERENT PARTIES WHEN IT MAKES SENSE TO DO SO FOR CANADA.

## NEXT WEEK

THIRTY YEARS AGO, THERE WAS A GAME-CHANGING MOMENT IN CANADIAN POLITICS. WE EXPLAIN WHAT HAPPENED THEN AND WHY IT MATTERS TODAY.



This week in **SPORTS**

# Lunenburg County Hockey League finds first-season success

*Eight teams playing in Bridgewater, Lunenburg*

By **PATRICK HIRTLE**  
news@lighthouseNOW.ca  
@LHNOWnews

Three months, and half a season, into its inaugural campaign, the Lunenburg County Hockey League (LCHL) is thriving.

The eight-team league has four members clubs playing out of Lunenburg, with three other teams playing at the Bridgewater Memorial Arena and another in the Lunenburg County Lifestyle Centre.

The catalyst for the league, a place for adult male and female players to play games in an organized but less-serious environment, emerged from a miniature playoff tournament last spring.

Eric Whynot, who co-ordinated last year's South Shore Spring League event, said he was approached by captains from multiple teams afterward who had enjoyed the level of competition and format, and wanted to see it expanded in 2014-15.

A series of meetings last summer then led to the formation of the league, the drafting of a constitution and the finalizing of a 20-game schedule, allowing teams a taste of league action, while still leaving them plenty of ice time slots to fill with other exhibition games.

At the recent halfway point on the calendar, each team had played at least 10 games, and Mr. Whynot said, despite some growing pains, the league has run smoothly.

"Overall I have been very pleased with everything. There have been a few issues that came up, but each team has strong representatives and we were able to resolve these issues very quickly and effectively," he said.

"The competitiveness on the ice has been great."

Going into the last week of games before the Christmas break, six of the teams were within eight points of each other, meaning there's a strong degree of competitive balance.

"Keeping fun in the game has been the focus, and I think we have accomplished that for the most part," Mr. Whynot said. "We have seen some upsets, and some really great, close games. I anticipate a good race to the championship with realistically four or five teams that have a legitimate chance at winning the league."

Nick Foley, the captain of the team known as District 5 – named after the minor hockey region in a Disney film – said the Lunenburg County Hockey League has provided a venue in which his players can grow and, in some cases, learn the nuances of the game as adults.

"Half of my team hadn't played any



PATRICK HIRTLE PHOTO

PDLR Blues goaltender John Dowe kicks out his left pad to make a save during a recent Lunenburg County Hockey League game.

organized hockey up until last year, including myself," he said.

"It's great to see guys playing and respecting us, being a new team in the area, and respecting each other in the league," Mr. Foley added. "It's a great league and hope it continues in the future."

Mr. Whynot agreed that the LCHL provides a place to play for a wide skill range, something from which he takes a great deal of joy.

"What I am most proud of is that the league allows all skill levels, as well as males and females to play," he said.

"Each team is built very similarly, with players that have played a higher level of hockey, and others that haven't played much more than pond hockey or shinny," he noted. "It's exactly how I envisioned this coming together."

For more information on the Lunenburg County Hockey League, you can visit <http://www.thelchl.com>.

**"What I am most proud of is that the league allows all skill levels, as well as males and females to play."**

**Eric Whynot**  
LCHL President

## HOCKEY STANDINGS

### Nova Scotia Major Midget

Team	GP	W	L	T	SOL	OTL	GF	GA	PTS
Newbridge Academy Gladiators	27	19	4	0	1	3	113	68	42
Halifax McDonalds Major Midget	28	19	8	0	1	0	107	90	39
Cole Harbour Pro Hockey Life Wolfpack	30	19	11	0	0	0	111	76	38
CHARLIE'S PIZZA South Shore Mustangs	30	16	8	0	5	1	87	75	38
Cape Breton West Islanders	31	12	14	0	3	2	95	100	29
Cape Breton Tradesmen	29	12	14	0	2	1	83	97	27
Valley CIBC Wood Gundy Wildcats	28	10	18	0	0	0	86	135	20
Weeks Major Midgets	27	9	17	0	0	1	56	90	19

Standings December 29, 2014.

## BASKETBALL SCORES

### South Shore Men's Recreational League

December 28

#### Avengers 98

Erdet Loshi 27, Anthony Kane 26, Rico Symonds 26, Phil Parker 10, Matt Sarty 7, Mike Hunter 2

#### Internetworking Atlantic 62

Nick Baker 22, Jason Brunt 20, Patty Johnston 7, Steve MacQueen 5, Ziauddin Hamidi 5, Robin Veinotte 3

#### It Gon' Rain 114

Mackenzie Carver 39, Channing Carver 26, Andrew Johnson 12, Steve Zwicker 9, Daniel Uhlman 8, Adam Harnish 8, Mike Zinck 7, Jeremiah Wagner 5

#### Lovett Carpentry 78

Morgan Smith 35, Junior Hyson 24, Hunter Johnston 8, Tyson Broome 3, Kenneth Levy 3, Wayne Pardy 3, Shane Hirtle 2

#### Tune Squad 90

Demar Parsons 31, Robin Grouse 18, Juleous Grant 18, Laytrell Provo 10, Deon Miller 9, Jason MacVane 3, Josh Feltmate 1

#### Panthers 86

Mac Ellis 28, Andrew MacKinnon 20, Justin Massey 13, Jeremy Skidmore 9, Tristan Fancy 6, Jarrett Hubley 4, Ken Wright 3, Chris Myers 3

#### Mug n Anchor 87

Andrew Blanchard 34, Mike Hogue 25, Jason MacVane 16, Chris Kaulback 10, Shea Mayo 2

#### Gators 64

Jordan Brown 22, Ryan Heisler 17, Ryan MacBride 13, Mitchell Wier 8, Shane Guest 2, Ryan Grezaud 2

**LIGHTHOUSENOW**

shining a light on the progress of our south shore



# ARTS & ENTERTAINMENT

## It's All About Her

Breast cancer fundraiser returns for second year

By **ROBERT HIRTLE**  
 robert.hirtle@lighthouseNOW.ca  
 @LunenburgNews

What started out over a quarter century ago as a fundraiser for a local gentlemen's league hockey team has taken a whole new direction.

Back in the late 1980s, Gary Lohnes decided to host a January hockey tournament that included an event to raise money for his own club, the Lohnes' Lumbermen.

"I started out bringing groups in like McGinty and Evans and Doherty and people like that," he recalled. "The event turned away from being a tournament event and became a local event. It was very successful and very well supported."

Several years later, when the Lumbermen disbanded, Mr. Lohnes continued to organize both the tournament and the event, donating the money that was no longer needed for the hockey team to various school groups and sports teams around the county.

"I got those groups involved with helping to sell tickets and, therefore, they reaped the profits from it," he recalled. "Then I took a couple of years off, but I kind of missed doing [it]."

That desire to get back into the fundraising game returned last year, and Mr. Lohnes ultimately decided to take another crack at it, this time in support of breast cancer.

"I don't know why I chose breast cancer. I guess because it's out there and was a very prominent thing at the time, and still is," he explained. "I have a number of very good friends that have dealt with it."

Mr. Lohnes hoped to raise between four and five thousand dollars with the event, which he dubbed "It's All About Her."

Held last year in mid-January, the evening featured the performing talents of Laura Smith and Irish Mythen as well as a silent auction with items donated by various sponsors in the area.

"The sponsors were no problem to get. It was just tremendous support. Every business I went to said yes," he said.

In the end, the evening's festivities

**What:** It's All About Her  
**When:** January 16 and 17 at 7 p.m.  
**Where:** Best Western hotel  
**Info:** <http://www.itsallabouther.ca>



Pictured at last year's All About Her event are, from left, Jennine Crawshaw, who had her ponytail cut for Locks for Love and raised \$1,700, and Sue Hubley and Mary Maloney, who raised \$1,000 and \$3,000 for breast cancer by having their heads shaved.

raised over \$17,000 and what Mr. Lohnes had first intended to be a one-shot deal morphed into an encore that, because of last year's success, is slated to take place over two nights, January 16 and 17, at the Best Western hotel in Cookville.

Ms Mythen will be back for a return engagement and will be joined this year by fellow singer-songwriter Christine Campbell in two unique shows.

Friday's songwriters' circle has the intimate setting of two performers on stage working together to set a tranquil, restful mood in the room, while Satur-

day's show will have each performer do her own set.

One of the highlights of the Saturday show will be a pair of volunteers, Peggy Burgess and Mary Maloney, who have agreed to have their heads shaved that evening in support of the cause.

Mr. Lohnes said that he was amazed by the support the event generated last year and is pleased that every sponsor agreed to return this year.

"But it's not necessarily about the money; it's about raising awareness for breast cancer," he said.

## MARQUEE

### Local photographers exhibit in Halifax

Lunenburg County-based photographers Lynn Ellis and Paul Haresign Williams will exhibit examples of their work at NewPoints Gallery at 1272 Barrington Street in Halifax from January 3 through February 1.

Ms Ellis, who lives in Lunenburg, is a fine arts photographer whose images from a trip to the Omo Valley of Ethiopia made her a category winner in the Julia Margaret Cameron Awards.

Mr. Haresign Williams is a self-taught photographer who spent his professional career as a set and lighting designer, working exclusively for theatres in Toronto and Vancouver.

He and his wife Diana now live in East LaHave, where they have opened Haresign Photo Works.

The opening reception for the NewPoints show will take place January 8 from 6 to 8 p.m.

An artist talk will be held January 11 at 2 p.m.

## Lower Branch composer earns prestigious \$10,000 award

By **EMMA SMITH**  
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 @emmaLHNow

Lucas Oickle learned to arrange music using songs from his favourite video games, like Zelda and Banjo Kazooie. In Grade 9, he'd gather with his friends after school and they'd turn the iconic songs into sheet music to play on their band instruments.

Soon after that, Mr. Oickle was writing his own music, and now the 23-year-old composer is the winner of a prestigious Nova Scotia Talent Trust (NSTT) award for \$10,000.

"It's nice that it's from my home province," said Mr. Oickle, who grew up in Lower Branch and is now completing a master's degree in Vancouver. "It's kind of nice to know that there is that support and confidence when you're trying to ... find a spot in an industry which is fairly competitive."

Mr. Oickle is one of two emerging Nova Scotia artists to receive the 2011 Canada Games Young Artist of Excellence Award, the biggest sum awarded this year. It was given out for the first time in 2013 and will be

awarded each December until 2022.

The award is given to artists with, "the utmost commitment, promise, exceptional technique, talent and the highest achievement of excellence, someone who demonstrates the passion and drive to become a professional Nova Scotia artist," states an NSTT press release.

Mr. Oickle started playing clarinet in Grade 7 and eventually moved on to the saxophone. He completed an undergraduate degree in music at Acadia University.

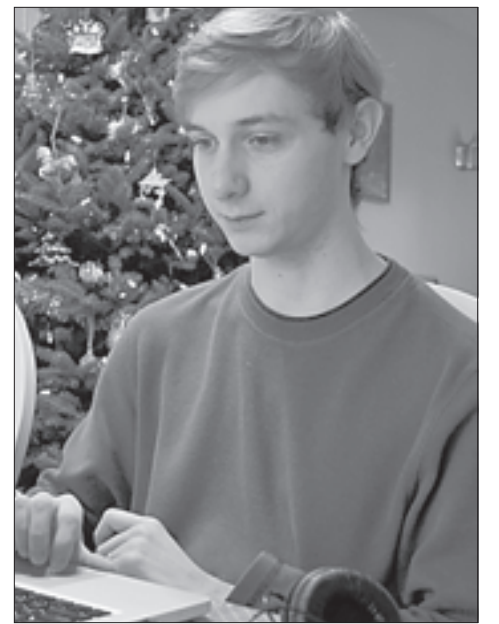
Now, he spends five or 10 or 14 hours a day composing — it all depends on how many projects he has on the go — and these days he has a lot, including a piece he's writing for the Vancouver Symphony Orchestra.

"It's kind of my hobby turned into my degree and then into my master's degree," said Mr. Oickle. "If I can spend the whole day doing it, it's just what I want to be doing."

And when he hears the music that's lived in his head for so long being performed, the long hours are all worth it.

"It's really fun to hear [musicians] interpret it and add themselves into the work, and almost all of the time their suggestions or their ideas will find their way back into my score," he said.

Mr. Oickle spent much of 2014 travel-



EMMA SMITH PHOTO

Lucas Oickle composes on his computer using music notation software.

ling. First he went to Indonesia where he studied gamelan music, and then to Shanghai and Japan.

"I found it very difficult, difficult in a good way, to get the sounds from those countries out of my head," he said.

Those sounds, and others from around the globe, have made their way into his music. He also folds in traditional pop and folk elements.

These layered influences, says Mr. Oickle, helps keep his music relevant, even as classical music suffers from low audience turn-out.

He says it's his job to keep the audience interested.

"There is a very practical element that people pay money for art and it should be worth it," he said. "So you have to make it worth it and you have to make it relevant."

The Nova Scotia Talent Trust presented the \$10,000 awards to Mr. Oickle and contemporary dancer Aliah Schwartz at a December 16 award ceremony in Halifax. The registered charity gave out a total of \$33,000 in award money that night.

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# LIFESTYLES

## A four-point plan to New Year's resolution success

*Identify, decide, commit and strategize*

By **GAYLE WILSON**  
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@LHNOWnews

It's that time of year again when many of us think about New Year's Resolutions, only to shrug it off with the thought we likely won't achieve what we set out to resolve.

However, more and more research is being done into the brain's thought patterns regarding what works and what doesn't in goal attainment. So, there is hope.

Shirley Oickle is a registered social worker living in Cherry Hill who specializes in helping people navigate changes in their lives. In doing so, she divides her time between her private practice, Space to Thrive, and South Shore Health. Ms Oickle recently sat down with LighthouseNOW to discuss her four-point plan for successfully achieving a New Year's resolution.

Actually, forget about "resolution," she believes the more effective word is New Year's "intention."

Regardless, step 1 is to identify. In other words, dig deep to determine your motivation.

"You really need to go into the nuts and bolts of identifying what it is you want and why you want it. What is it going to do?," says Ms. Oickle. "What's it going to get you that you don't have now? It's soul searching and focusing on what you want to achieve."

For example, if someone wants to lose weight, they should ask themselves why first. It might be that they feel they would be more healthy or confident, or generally feel better about themselves.

Step 2 is to make the decision that you're actually going to do what you say.

Ms. Oickle shuns the word "try" in relation to New Year's resolutions or intentions.

"If you don't make that conscious decision, then it's just fluffy and kind of vague. Wishing doesn't get anything. There is no try. You're either doing it or not."

Step 3 is to commit, which should not be confused with decide.

"You have to commit to it - whatever it is you need to be successful - maybe it's your energy, your time, or financial resources."

Quoting from the book "The Answer," by self-described "serial entrepreneur and brain researcher" John Assaraf, she says,

"If you're interested, you'll do what's convenient. If you're committed, you'll do whatever it takes."

Again, if the goal is to lose weight, you may commit to spending more time cooking healthy meals ahead of time, which would limit last-minute trips to fast-food outlets, or commit to spending more money at the grocery store on healthy food choices, notes Ms Oickle.

Step 4 is to plan your strategy for success.

"Anything worth doing is worth hav-



Shirley Oickle is a registered social worker living in Cherry Hill who specializes in helping people navigate changes in their lives. In doing so, she divides her time between her private practice, Space to Thrive, and South Shore Health.

ing some sort of a plan. It increases your chance of success," insists Ms. Oickle.

In developing a plan, a person should undertake a personal analysis of sorts with the open mind of an explorer looking over a landscape, or a scientist conducting data research.

If your goal, for example, is to be on time more often, you might actually time some of the activities you regularly do

so you have empirical knowledge of exactly how long each one takes and can plan your schedule accordingly. Or, you might make notes as to when you tend to turn to unhealthy food choices, in order to develop a strategy to minimize this.

"If you don't know what is causing (the problem), you don't

know how to fix it," she says, adding the four-point plan need not be written in stone, and might very well need to be revisited or tweaked as time goes on.

"People looking to make resolutions don't consider the roadblocks that may get in the way occasionally."

For example, if your intention is to go swimming regularly to stay fit, you should have a backup plan if winter road conditions prohibit you from driving to the pool.

In any case, what happens if one should slip off the rails with a resolution?

The social worker says it's important people "not beat themselves up or think of yourself as a failure" if things don't always go according to plan.

"As human beings we have imperfections and we will make mistakes," she says. Thinking you failed is "self-defeating and it's not going to give you courage to re-evaluate and change the things that weren't working," advises Ms Oickle.

"Instead of looking at what didn't work and where you failed, look at what went well."

## Lunenburg has lifetime of music experience

*Nearing 100, Natalie Corkum still plays church organ on Sundays*

By **PAULA LEVY**  
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@LunenburgCoLife

When Natalie Corkum sits at her piano, a lifetime of experience flows through her fingers and out comes a familiar tune. Without sheet music, the recognizable song has become a bit more sassy. It's Mrs. Corkum's style and she likes it that way.

"I play it the way I want it," she laughed.

The Lunenburg resident is 99 years old. Music has always been a part of her life and that's not likely to ever change.

Mrs. Corkum was raised in a musical family. Her parents were singers and her father played the violin. She began taking piano lessons when she was five years old. By the time she was eight, she could easily accompany her father.

In addition to the piano, Mrs. Corkum can also sing. She joined the junior choir at the Methodist church when she was 10 years old. When she married Hugh Corkum, the former Lunenburg police chief, the 20-year-old joined the Presbyterian church and subsequently, their choir. That's where she's been singing ever since.

"I could sing any part that was needed," remembered Mrs. Corkum, noting that for most of her life she sang soprano. Now she only sings soprano because her voice isn't strong enough to sing alto.

Mrs. Corkum said her favourite carol is "Silent Night," but she would not be able to choose a favourite hymn.

"I know so many hymns I wouldn't know what to tell you is my favourite."

However, playing piano and singing is just a small part of Mrs. Corkum's musical repertoire. Extremely modest, her son Hugh Corkum offered up the information that she can also play pipe and pump organs, violin, accordion, autoharp and mouth organ.

"You name it and she can play it," said Mr. Corkum. "She won't say it, but when she had good eyes and everything, she could sit at the piano for two hours with no music and not play the same

thing twice."

Although Mrs. Corkum can remember the music, she admits that her fingers won't allow her to play certain notes. But that doesn't stop Mrs. Corkum from tickling the ivories daily. On Sunday mornings she wakes up her son by playing the piano. The mother and son go into church early to get ready for the service, and Mrs. Corkum will sit at the organ and play without music for 45 minutes before the service starts.

Playing without music is a talent that Mrs. Corkum had all her life. In her younger years she was often invited to sing-songs in Lunenburg. She never brought music but would

play for the group for hours. When a song was sung that she didn't know, she'd listen and quickly join in. She could even accompany violinists whom she had never met.

Of all the times that Mrs. Corkum played and sang, she never took a dime for her talent. Once someone left her money, but she put it in the church's collection instead.

When she was able, she often took her autoharp and walked to Harbourview Haven and play for the afternoon.

Mrs. Corkum also remembers singing with a young Hank Snow. She said at that time, he was known as Clarence, when he worked as a horse and buggy driver. Her family would hire the teenager for transportation and she would sometimes sit in the front alongside the future country music legend and sing duets on the ride home.

In her younger years, she enjoyed singing solos, duets, trios and quartets. In addition to the church, she also sang solos in the Eastern Star and Rebekah Lodge.

Now every day, when she sits at the same piano that was a wedding gift from her father to her mother in 1913 or 1914, her years melt away and all that is left is a lifetime of musical experience that she will continue to acquire for her remaining years.

"I couldn't live without music," she said.

**"I play it the way I want it."**

**Natalie Corkum**  
Lunenburg



PAULA LEVY PHOTO

Music has always been a part of Natalie Corkum's life. The 99-year-old Lunenburg resident continues to play piano and sing in the church choir.



LIFESTYLES



People and their pets

By Paula Levy paula.levy@lighthouseNOW.ca @LunenburgCoLife



Riley enjoys going for walks around Bridgewater. He and his owner, Paul Ross, are a recognizable pair around town.

**Owner:** Paul Ross of Bridgewater

**Pet:** Riley, 18 months, wolfhound/Lab mix

**His story:** Riley is a kind and loving companion who loves to please. He's only been with the Smith family for two months but already knows many people around Bridgewater. Riley is a little timid at first but warms quickly.



Mabel Robinson of Hubbards has been in business for 69 years. The hairstylist has no plans to retire. Here she puts a roller set in a client's hair.

PAULA LEVY PHOTO

Hairstylist still in business after 69 years

Woman has no plans for retirement

By PAULA LEVY  
paula.levy@lighthouseNOW.ca  
@LunenburgCoLife

Seven years after she was recognized with a lifetime achievement award from the Cosmetology Association of Nova Scotia, Hubbards hairstylist Mabel Robinson is still working out of her home-based hair salon.

"I love every minute of it," said Ms Robinson.

Originally from Mahone Bay, Ms Robinson was the daughter of long-time barber Selvyn Slauenwhite. She admitted to taking her father's scissors to school to give her classmates haircuts.

"I used to steal my father's scissors and take them to school and cut kids' hair in the library," she laughed, pointing out "there's only two weeks between a bad haircut and good one."

Her skills developed, and when she reached her teenage years she often cut her friends' hair.

When Ms Robinson graduated high school, the 18 year old went to Boston to study cosmetology. She returned home and started doing business in her husband's family home in Hubbards in September of 1947. When she and her husband built their home next door, she transformed a bedroom into a small salon. But she needed more space to accommodate the growing demand for her services. She had a piece built on the house and trained additional hairstyl-

ists to work for her.

In those days, a perm cost \$5. It was 75 cents for a hair-set and \$1.50 for a haircut.

"At that time, I had a big perm machine ... you had to put clamps on [the perm rods] to heat them up," remembered Ms Robinson.

The young woman worked six days a week and loved spending her days transforming women's hair in her small Hubbards shop, Pine Gables.

Those long work weeks are behind her. Mrs. Robinson only works now to keep active and social. She said she only

has about a dozen clients left and that's enough for her.

"I don't want any more than that," said Ms Robinson, noting she sees one or two clients each day for cuts, perms, colours or hair-sets.

Although Ms Robinson has had 13

surgeries in her life, today she feels great. She said as long as she's able she'll continue to work.

"I have to keep busy," said Ms Robinson, who also knits and attends community functions whenever possible. "Work gives me something to wake up to in the morning, that I have to go to work."

Ms Robinson has no plans to ever retire. She said as long as she has clients she will continue to offer her services.

"I'll keep doing this as long as I can and as long as my customers don't keep dying off," she laughed.

"I'll keep doing this as long as I can and as long as my customers don't keep dying off."

**Mabel Robinson**  
Hairstylist for 69 years

1  
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10



Greg Selig of New Germany raised four daughters and considers that his biggest accomplishment.

Ten things you didn't know about ...

Greg Selig of New Germany

1. Served in the air cadets.
2. Received a glider pilot licence from England when he was 16 years old.
3. Holds an amateur radio license.
4. Is on the Sports Wall of Fame for volleyball at his former high school in Middleton.
5. Has a small collection of old tools, including a set of sharpening tools that belonged to his father.
6. Learned to canoe when he was in Boy Scouts.
7. At one time, was an encyclopedia salesman. During his tenure, he once saw George Burns at a conference in Miami.
8. Met the Lord Mayor of London when he was an air cadet.
9. Raised four teenage girls as a single father.
10. His hardest job was being a parent. In fact, he considers raising his girls his biggest accomplishment in life.

10 Things

By PAULA LEVY  
plevy@southshorenOW.ca



**LIFESTYLES**

# Measuring a year

The feverish hunt to find the perfect calendar to mark the coming year is on.

Starting in November, calendars for the upcoming new year bombard stores. Various styles of calendar can be found. The twelve-page version, with a different photograph for each month, seems to be the most popular. Nowadays, you can buy a calendar in just about any theme, including old-time rock and roll, castles, goats and lighthouses.

Local businesses that want customers to remember their brand throughout the year often provide free calendars with contact information. Charity organizations also take advantage of the demand by selling calendars to raise money for their causes.

Crafty and techie people create their own calendars using printers and special paper, often decorating them with family photographs. Some go further and add important events such as birthdays and wedding anniversaries. I've seen a few wonderful genealogy calendars with images of ancestors decorating the months.

Calendars as we've known them have been around for hundreds of years. They contain 12 months, 52 weeks and 365 days. The leap year, which occurs every four years, has 366 days.

The calendar — or, I should say, the year — hasn't always been measured in this format. Long ago, when humans began tracking the passing of time, they counted the phases of the moon. It was easy; each full moon represented a passing segment of time. They determined that the lunar month was either

29 or 30 days long.

The more observant among them noted that the seasons could also be predicted by where in the sky the sun came up each morning. This resulted in the twelve months making a complete year. We now know that a year can't be measured by full 24-hour days, so a leap year keeps time synchronised with the solar year.

Many calendars have come and gone, but the ones genealogists should concern themselves with most are the Roman Julian and Gregorian. We currently use the Gregorian calendar, which is more accurate than the Julian. The latter measured the year as being 365.25 days in length, which was in error by being only eleven minutes and ten seconds too long.

This is not a huge miscalculation, but, as time passed, the small error grew significant. By the mid-1500s, it was 11.6 days misaligned from true astronomical time. This error prompted Pope Gregory XIII to introduce the New Style calendar, known as the Gregorian calendar, in 1582, removing ten days to re-align March 21st with Vernal Equinox. Gregory simply modified the Julian calendar to correct the error. Not everyone, however, adopted the new calendar immediately, which created confusion among dates across the globe.

*Diane Lynn McGyver Tibert, author of Fowl Summer Nights, is a freelance writer based in Central Nova Scotia. Visit her Roots to the Past blog (<https://rootstothepast.wordpress.com>) to learn more about her genealogy writing.*



**DIANE LYNN TIBERT**

*Roots to the Past*

# Where did the Northern Cardinal get its name?

I'm reading a book entitled "Why Do Bluebirds Hate Me?" by Mike O'Connor, who runs A Bird Watcher's General Store on Cape Cod. He also writes a column for the Cape Codder entitled "Ask the Bird Folks." The book centres around the responses that Mr. O'Connor has given to his readers over the years. Mr. O'Connor has written another book called "Why Don't Woodpeckers Get Headaches?" and his writing has appeared in a number of other publications. "Why Do Bluebirds Hate Me?" is a humorous book with serious answers to the questions asked.

One of the questions asked of Mike was "Where did the name of the cardinal originate?" He answered that when early pioneers first arrived in North America and they first laid eyes on cardinals, they realized that this bird was far flashier than any of the drab birds they had seen in England. They simply referred to the cardinal at the time as the "red bird." Red bird stuck until a scarlet tanager was spotted and suddenly the term red bird no longer worked. Someone suggested that the name be switched to cardinal because of the bright red outfits worn by officials in the Catholic Church. Cardinal stuck for hundreds of years after that. In 1983, scientists pointed out that South America also had several species of birds commonly called the cardinal. At that time, that the name of the northern cardinal was decided upon. Those in the southern states did not like the new name.

Ann Hughes, who is visiting from Newfoundland, reported a large group of American robins and one cedar waxwing in Mahone Bay. She also told me that there is a large gathering of long-tailed ducks in the harbour. One of the residences along the Oakland Road has three northern cardinals visiting. Shirley Robichaud spotted a great blue heron at Bayport on December 15. This is a late date for this species. I spotted a lingering belted kingfisher in Conquerall Bank along the LaHave River as of December 22. My co-workers advised me that the communal gathering of American crows has started in Bridgewater and they are stopping for the night on the outskirts

of the town. Kevin Lantz had a fox sparrow and a white-crowned sparrow at his place in Front Centre.

I've completed two more Christmas bird counts. The first one was the Shelburne count, where my team covered from Woods Harbour back to Barrington Passage. Highlights for us were a barred owl, a great blue heron, three pine siskins and two orange-crowned warblers. Many great birds were found on that count by others. At least 22 orange-crowned warblers were located. Other

good finds were an eastern phoebe, three American bitterns, snowy owls, a black-throated green warbler, a lot of other warbler species, lots of white-crowned sparrows and the list goes on. The second count that I did since the last column was Lockport. My team covered East Port L'Hebert and rarer sightings were of a winter wren, two ruby-crowned kinglets and 121 dunlin. On the Halifax and Dartmouth count they found an amazing nine warbler species.

The Nova Scotia winter list for 2014-15, as of December 22, is sitting at 183 species. The entire winter list last year, 2013-14, only produced 187 species, so we should easily surpass that, as we still have two months to go.

Across the province, a chipping sparrow visited Richard Stern in Kentville. Kier Gigeroff and Lucas Berrigan located a common yellowthroat at Wolfville. At the Lawrencetown Beach Provincial Park, Katherine Dewar discovered a Forster's tern. A warning to those who visit, do not leave valuables in your car. This is a location where many cars are broken into, and there was a recent incident. Rainbow Haven is another popular birding location in that area to be wary of.

Dennis Garratt located a Baltimore oriole near the Pleasant Hill Cemetery in Lower Sackville. He had a turkey vulture in Bedford, a broad-winged hawk at Rainbow Haven, a tree swallow at McCormack's Beach, five pine warblers and a yellow-breasted chat at the Pleasant Hill Cemetery.

You may reach me at [jrhbirder@hotmail.com](mailto:jrhbirder@hotmail.com) or by phone at 902-693-2174.



**JAMES HIRTLE**

*Bird Notes*

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**Cuisinox Coffee Press 30% off**

**All Knives - 30% off**

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*Margaret Hennigar*

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There's room for everyone! Sing, play and laugh with your child at storytime. Discover new picture books, rhymes, words and songs that your child will love. The library is a great place to make friends and meet new families in the community. Storytime starts at 10:30 a.m. on Tuesdays in Lunenburg Library, Wednesdays in Bridgewater and Thursdays in Liverpool.

**Lunenburg Library 10:30am**  
Tues., Jan. 13 - Mar. 10

**Margaret Hennigar Public Library 10:30am**  
Wed., Jan. 14 - Mar. 11

**Thomas H. Raddall Library 10:30am**  
Thurs., Jan 15 - Mar. 12





# CRANIAL CRUNCHES

## CryptoQuip

This is a cryptogram puzzle. Each letter stands for another letter. The words are the same as in the original. The key is at the bottom.

Clue: Z equals Y

VOOG B VHU IMZ3GT 8G H  
 YHGIO IKWL ROHR OHY URYVNLQ  
 KBTORU. INWKY ZNW UHZ B OHY  
 H YBU:K LHVK?

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## Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an L, you get MISTLE. Do not change the order of the letters.

- |                       |   |                           |   |
|-----------------------|---|---------------------------|---|
| 1. Place a wiggle     | M | Confuse                   | R |
| 2. Green ogre of film |   | <i>The Turning of the</i> | W |
| 3. Eagerness          | D | Shady retreat             | B |
| 4. Rank employee      | E | More statuesque           | A |
| 5. Robust             |   | Fireside                  | H |
| 6. Use one's ears     |   | Boxer Sonny               | O |
| 7. Thirst quencher    | T | Be indecisive             | V |
| 8. Bend               | V | Witch's spell             | S |
| 9. Make a mess of     | O | Serving of cookies        | A |
| 10. Lyon's location   | F | Cavort                    | P |

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## Weekly SUDOKU

by Linda Thistle

	1			6			2
9			4				8
	2	5			9		
	9	7				4	3
7				5	1		
	1	6				5	
2	6	8					1
	4			9	5		
	3	2					7

Place a number in the empty boxes in such a way that each row across, each column down and each small 3-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging  
 ★★★ HOT BOY!

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## Crossword puzzle by Walter Feener

### ACROSS

- Animal which is half donkey and half horse
- Bird's perch
- Pointed end
- Of unknown name: abbr.
- Short stanza concluding a ballade
- No more than
- Main idea
- Burn with steam
- One who says what is not true
- Say repeatedly
- Mollusc with an ear-shaped shell
- Be incorrect
- Activity of creating books, as a job
- Imperfection
- Front part of a sock
- Charge for professional services
- Act like a private detective
- Printed publications, collectively

### DOWN

- Biblical wise men
- Part of ICU
- Earn less money than you spend
- Main course
- Thread beads on a new necklace
- Single occurrence
- Eggs
- Having to do with the sun
- Choice morsel
- Coal mine
- Group with a shared interest
- Informal speech
- Pile of combustibles
- Weapons and ammunition
- Sitting on
- Exclamation of exuberant joy
- Worked as
- Angle toward
- Song sung alone

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- Worked as
- Angle toward
- Song sung alone

### DOWN

- Brother
- Feeling of discomfort
- Direction of the sunrise
- Plumlike fruit
- Work with a needle and thread
- Breakfast food
- One who traitorously switches allegiance
- Hindu discipline
- Pouting look
- Exclamation of mild reprimand
- Remove from an outlet
- Brink
- An utter fool
- Go without taking
- Title of respect for female royalty
- Bottom part of a shoe
- Group of things that are alike
- Went on horseback
- Seth's son
- Bread roll

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
17					18						19				
20				21				22		23					
			24				25								
	26	27				28			29						
30					31				32		33		34	35	36
37			38			39				40		41			
42					43		44				45		46		
				47		48		49				50			
		51	52					53			54				
55									56				57	58	59
60						61		62				63			
64						65						66			
67						68						69			

## CryptoQuote

AXYDLBAAXR  
 is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, appropriate to the length and formation of the words are in bold. Each week the code letters are different.

M QGI PAA IOS NTOGGAMXQ  
 PX PTILSNN XSSKN. IOPI MN.  
 M ASPLXSK IG FLMIS  
 SXGCOO IG NMOX TGXILPTIN.  
 - OSLJMGXS OMXQGA

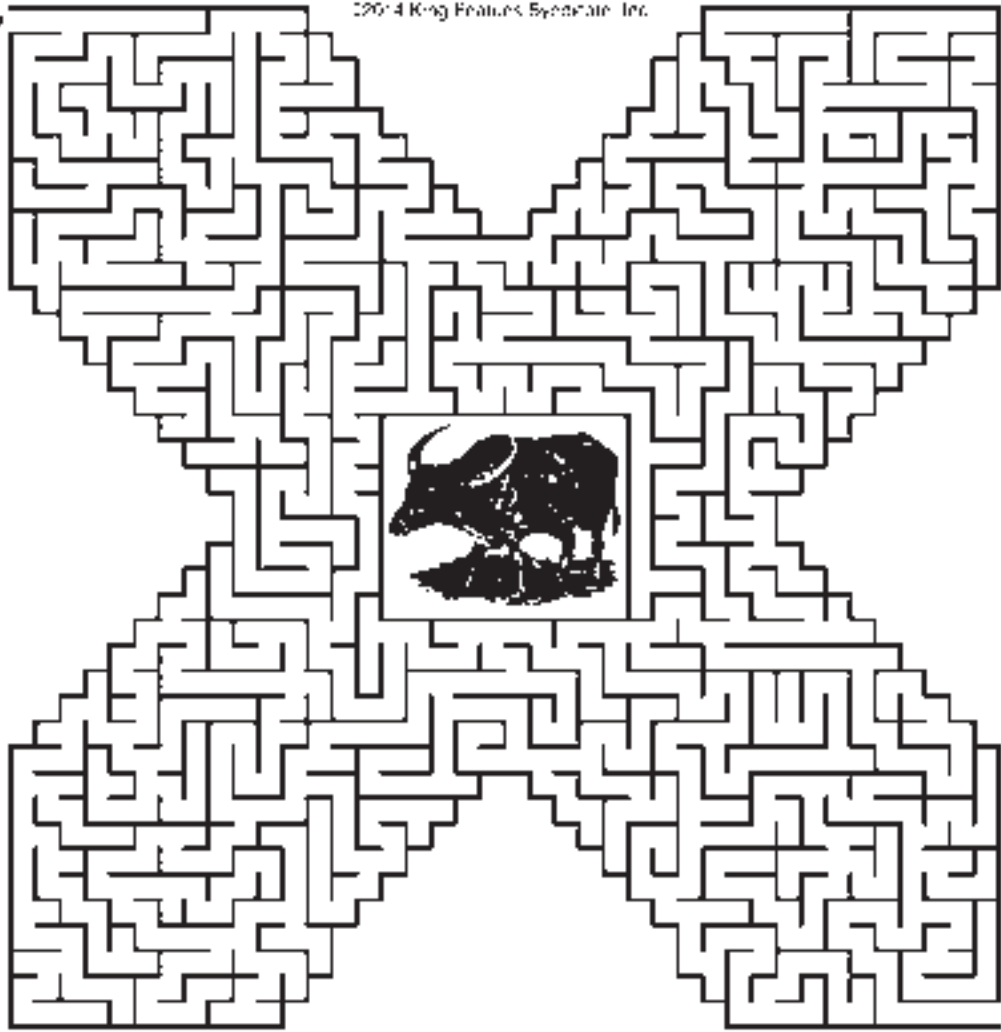
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# CRANIAL CRUNCHES

## Mega Maze

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## Puzzles4Kids

by Helene Hovanec

### RIDDLE SEARCH - SO SAD

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNLUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: **What are unhappy cranberries called?**

- ACHY
- CRYING
- DISMAL
- GROOPY
- GLOOMY
- GLUM
- GRAY
- GRIM
- LONG-FACED
- MOODY
- MOROSE
- POUTY
- SULKY
- UNCOMFORTABLE
- UNDONE
- UNHAPPY
- UNSMILING
- UPSET
- WEEPY



Riddle answer: \_\_\_\_\_

For more puzzle fun, go to [www.brainzles.com](http://www.brainzles.com)

## COLOR ME!



### HOCUS-FOCUS

BY HENRY BOLDFOOT



Find at least six differences in details between panels.



Answers to HOCUS-FOCUS puzzles: (1) 1. Hat, 2. Scarf, 3. Coat, 4. Sign, 5. Snow, 6. Snowflakes, 7. Snowdrift, 8. Snow on the ground, 9. Snow on the roof, 10. Snow on the trees.

### MAGIC MAZE ● CAN YOU KEEP A SECRET?

C A F C Z W I R P M E N H E C  
 Z N G I S O N S Y D E I G W  
 E U Z E N X H R A I R T I E R  
 P C I A N D E S T E N E I N I  
 P R I V A T E A I A S V R I  
 C A Y P S Y N R D U P W A O T  
 R P N Y H I I C H K I G C  
 E I M C R I E D R O W N S A P  
 B D Z M X N R W E S V R I P O  
 M I O J O I G I P I C U E R E I  
 D U B U A Y N W A I U M R O F

Riddle: A secret is hidden in the Classified section of this issue.

Agent Code	Combination	Hidden	Escape
Number	Count	Message	Secret
Code	Scene	Place	Unhappy

All answers found in the Classified section of this issue.



BUSINESS

# Shoe company happy with its fit in the marketplace

*Mahone Bay Trading Co. has wide customer base without being on-line*

By **GAYLE WILSON**  
news@lighthouseNOW.ca  
@LHNOWnews

The adage “if the shoe fits, wear it” aptly describes the success of the Mahone Bay Trading Co.

The company is now the largest independent shoe retailer in Atlantic Canada according to its owner, John Bourinot, who has managed its growth every step of the way.

The son of a Halifax hardware retailer, Mr. Bourinot moved west and operated a hardware business on Vancouver Island. In 2000, he returned to the South Shore, where his family is originally from, and bought the 7,000-square-foot premises where Bill’s Variety Store previously stood.

Like Bill’s, Mahone Bay Trading Co. operated as a variety and general store; however, there was a change in the product mix, and Mahone Bay Trading Co. focused more on housewares, cards, gift items and shoes. There were five employees in those early days, and the shoes were mostly Clarks.

“We carried a wide range of sizes, and people came from all over Nova Scotia because we had a great selection,” Mr. Bourinot recalled in an interview with LighthouseNOW.

As word got out, the demand increased even more, and Mr. Bourinot kept expanding his product line to satisfy the market. The store now carries various styles of shoes, sandals and boots produced by Geox, Ecco, Frye, Rieker, Josef Seibel, Naot, Mephisto and, of course, Clarks.

Shoes made by the Frye Company of Massachusetts are among the most

making “the best-looking, hardest-working, longest-lasting shoes and leather goods.”

“We sell fashion with comfort,” said the Mahone Bay retailer, echoing Frye’s mantra.

“Our shoes look good, and you can wear them all day. They’re made of quality materials that allow your feet to breathe.”

A pair of shoes or boots ranges from \$100 to \$600, so quality does come at a price. However, the company features clearance sales of 30 to 70 per cent off, which Mr. Bourinot believes is a large part of what attracts customers to his stores.

In keeping with the demands of today’s conscientious consumer, Mr. Bourinot pointed out that most of his brands are well respected.

“Most are family owned companies in Europe and elsewhere and are very responsible ethically, environmentally and socially.”

Denmark-based ECCO shoes, for example, tans its own leather at its own factories, he said.

The variety and quality has resonated with his customers, who come from around the world. Centrally located in Mahone Bay, the company’s flagship shop has a prime spot to take advantage of the town’s busy tourist trade.

“The town draws people from all over Canada, the U.S. and Europe. There are also summer residents who bring family and friends from all over the world,” noted the owner.

However, discerning shoppers from Halifax and the Annapolis Valley are the bread and butter of this operation, he observed. For that reason, Mr. Bourinot opened a Halifax store – two, in fact. In 2005, a store opened in Bayers Lake. Four years later, a Mahone Bay Trading Co. store opened on Halifax’s Spring Garden



BÉATRICE SCHULER PHOTO

Alison Whitehead arranges merchandise.

Road. Each is about 1,500 square feet.

Mahone Bay Trading Co. now sells tens of thousands of shoes per year, according to Mr. Bourinot. It employs approximately 20 workers throughout the three stores during the peak season.

Mr. Bourinot estimates that 80 per cent of his customers are working women of all ages, with 30 per cent of those being from the Halifax area. The company’s large supply of discounted shoes, which Mr. Bourinot personally curries between stores, is one of the attractions, he emphasized.

While many shoe retail businesses have jumped at the chance to reach an international marketplace by establishing a shopping presence on-line, Mr. Bourinot is not interested.

“Making an on-line business is like having another store where you are competing worldwide,” he said, insisting he’s going to continue in his “bricks-and-mortar stores”.

He has considered opening more stores and looked at expanding into New Brunswick and PEI. However, he believes part of the reason the company has been so successful is the personal service it of-

fers. If one size of shoe is not available in one store, it can easily be delivered from another. Normally, Mr. Bourinot is the one making the deliveries, and he says extending operations to New Brunswick and PEI would mean “too much driving.”

He’s inclined to think he’ll stick with the three stores, although he would like to expand the Halifax outlets.

So, what’s next for the Mahone Bay Trading Co.? It may be hard to believe, but it’s almost time to start putting winter boots in the discount piles and get ready for spring, he said.

“Sandals will be coming soon.”

**“The town draws people from all of Canada, the U.S. and Europe”**

**John Bourinot**  
Owner




BÉATRICE SCHULER PHOTO


Keisha Fiander carries boxes of shoes to stock shelves.



popular. John Frye started out in 1863 making footwear for factory workers in the small New England town of Marlborough. He went on to design and sell footwear for World War II soldiers and pilots. Renowned as a boot maker, the Frye Company describes its mission as



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idea  
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This page, sponsored by South Shore Opportunities offers Progress Bulletin the opportunity to highlight any business of Progress Bulletin's choice



# Young at Heart Seniors Club annual report

Young at Heart Senior Club for the United Communities fire department (UCFD), annual report for the year 2013-14: President, Margaret Campbell, Audrey Doane; treasurer, Wayne Smith; secretary, Carolyn Rhuland

Based on the program development survey, the senior club hosted a number of special events, primarily coordinated by Audrey Doane. The club is very grateful for Audrey's support. Fundraising events with

door prizes were coordinated by Mary Hubley. The club appreciates her efforts in keeping our attendance in order for each meeting and fundraising participation. Carolyn kept the club on track with her recorded minutes, and Wayne tabulated monies as they were generated. Thanks to each and every one who supported a successful year.

Young at Heart members enjoyed a number of themed potluck suppers. Along with

the Christmas lobster feast, the club posted pictures on the big-screen TV of various club activities along with live entertainment. A food bank donation was collected, which was delivered to the Liverpool food bank president. The club celebrated Prince George's birth with a collection of baby needs, which were donated to the Liverpool Salvation Army depot, in his name.

Your suggestions have been listened to. The execu-

tive works to incorporate fun events to keep everyone connected and in tune with one another.

The MODL recreation department has supported the club's senior "village" with its generous mussel bake, held midsummer, which many of us attended. The department is very helpful in providing coordination for senior outings.

Thank you for all your support during the year. We look forward to 2015!

## The winners

Mahone Bay Area Lions Club 100 Club Winners were: (Draws #1-9, \$15 each)  
 Draw #1: David DeVenne, Arthur Hamm, Abe Younis; Draw #2: Ann Marie Lacey, Rhys Uhlman, Chris Wile; Draw #3: Betty Meredith, Martha Doliver, Julia Dickison; Draw #4: Sam Ali, Judith Forbes, Bill Fritenburg; Draw #5: Chris Wile, Jackie Hartley, David DeVenne; Draw #6: Derrick Good, Betty Eisenhaur, Sam Ali; Draw #7: Steven Mosher, Dea Suynella, Joyca Partridge; Draw #8: Maureen MacNee, Judith Forbes, Don Croft; Draw #9: Gerald Trites, Arthur Hamm, George Locke; Draw #10 (\$50 each): Bob Morse, Pauline Dickison; \$500: Shirley Novossiltzeff.



Kiwanian Jean Schofield makes the presentation to Major Wilson Sutton and Major Darlene Sutton of the Salvation Army.

## Kiwanis captures Christmas spirit

In keeping with Kiwanis International's 100 years celebration, the local club captured the Christmas spirit and gathered 100 pieces of mittens, scarves, hats, socks and gloves from its members. These items were presented recently to the Salvation Army and will be distributed to local children during the Christmas season.



## NOVA SCOTIA 4-H SHOW

Hill 'n Dale 4-H Club Great Outdoors members Grant Cook, left, and Seth Freeman each recently advanced to the Nova Scotia 4-H Show. Grant won the grand champion senior great outdoors article donated in memory of Harold Latta and placed first with his char cloth display. Seth won the 4-H senior outdoorsman competition to win the Nova Scotia Hunters Club plaque.

# HONDA

# Boxing Week Smile-A-Thon

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Down Payment

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Down Payment

# \$1000<sup>¥</sup>

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INCLUDES THE \$500 HOLIDAY BONUS

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OR CHOOSE

# \$0

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*Community Recycling Centre*

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 RECYCLING CENTRE

The Lunenburg Regional Community Recycling Centre now accepts Electronic Products Recycling Association (EPRA) unwanted electronics.

You may bring your end-of-life electronics to 908 Mullock Road in Whynott's Settlement during the Community Recycling Centre's regular hours of operation, for free.

For a list of accepted items, visit the EPRA website at [www.recycleMYelectronics.ca/ns](http://www.recycleMYelectronics.ca/ns) or call 1-877-462-8907.

The Community Recycling Centre's number is (902) 543-2991.

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WEDNESDAY EVENING DECEMBER 31. Table with 12 columns (6:30-11:30) and 56 rows of program listings.

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What's on? www.tvpassport.com/southshore

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross. Grid of channel numbers for various networks like GLOBAL, ATV, CBC, etc.

THURSDAY EVENING JANUARY 1. Table with 12 columns (6:30-11:30) and 56 rows of program listings.

FRIDAY EVENING JANUARY 2. Table with 12 columns (6:30-11:30) and 56 rows of program listings.

WEEKDAY DAYTIME DECEMBER 31 TO JANUARY 6. Large table with 12 columns (7:30-6:00) and 56 rows of program listings.



SATURDAY DAYTIME JANUARY 3. Table with columns for time slots (7:30-6:00) and rows for various TV programs and events.

SUNDAY DAYTIME JANUARY 4. Table with columns for time slots (7:30-6:00) and rows for various TV programs and events.

SATURDAY EVENING JANUARY 3. Table with columns for time slots (6:30-11:30) and rows for various TV programs and events.

SUNDAY EVENING JANUARY 4. Table with columns for time slots (6:30-11:30) and rows for various TV programs and events.



MOVIES

WEDNESDAY 12/31

Evening

- 6:00 TOON "Mighty Mighty Monsters in New Fears Eve" (Animated,2013)
7:00 TOON "Dolphin Tale" (Family,2011)
7:30 GNT "The Longest Yard" (Comedy,2005)
8:00 ATN "Harry Potter and the Deathly Hallows: Part 2" (Adventure,2011)
SPACE "Universal Soldier: Day of Reckoning" (Action,2012)
APTIN "A Prairie Home Companion" (Drama,2006)
GLOBAL "Friends With Benefits" (Comedy,2011)
ASN "Almost Heaven" (Comedy,2007)
SHOW "Arctic Blast" (Sci-Fi,2010)
WTV "Red" (Action,2010)
OWN "Waiting to Exhale" (Drama,1995)
SPACE "The Expendables" (Action,2010)
APTIN "Cold Mountain" (Romance,2003)

- heads for North Carolina to reunite with the woman he loves. (18+)
11:00 CITV "Friends With Benefits" (Comedy,2011)
11:30 ATN "X-Men: First Class" (Action,2011)
TOON "X-Men" (Sci-Fi,2000)
SPACE "The Expendables 2" (Action,2012)
VIS "When Harry Met Sally" (Romance,1989)
CBC "American Pie" (Comedy,1999)
THURSDAY 01/01
Evening
7:00 TOON "Kung Fu Panda 2" (Animated,2011)
7:30 WTV "No Strings Attached" (Comedy,2011)
ASN "Proof of Life" (Action,2001)
SHOW "Mr. Bean's Holiday" (Comedy,2007)
LIFE "27 Dresses" (Comedy,2008)
OWN "Waiting to Exhale" (Drama,1995)
ASN "The Good Times Are Killing Me" (Drama,2008)
SHOW "End of the World" (Sci-Fi,2013)
APTIN "Cold Mountain" (Romance,2003)
WTV "Killers" (Action, 2010)

THURSDAY 01/01

Evening

- 7:00 TOON "Kung Fu Panda 2" (Animated,2011)
7:30 WTV "No Strings Attached" (Comedy,2011)
ASN "Proof of Life" (Action,2001)
SHOW "Mr. Bean's Holiday" (Comedy,2007)
LIFE "27 Dresses" (Comedy,2008)
OWN "Waiting to Exhale" (Drama,1995)
ASN "The Good Times Are Killing Me" (Drama,2008)
SHOW "End of the World" (Sci-Fi,2013)
APTIN "Cold Mountain" (Romance,2003)
WTV "Killers" (Action, 2010)

- Katherine Heigl. Newlyweds discover that their new neighbours are assassins hired to kill them. (PG)
LIFE "New Year's Eve" (Romance,2011)
WTV "The Proposal" (Comedy,2009)
LIFE "21 Jump Street" (Action,2012)
APTIN "Sunshine" (Adventure,2007)
SHOW "Fast Five" (Action,2011)
TOON "Disaster Movie" (Comedy,2008)
APTIN "After the Storm" (Drama,2001)
LIFE "Valentine's Day" (Comedy,2010)
FRIDAY 01/02
Evening
6:10 SPACE "Jurassic Park III" (Sci-Fi,2001)
7:00 TOON "Next Avengers: Heroes of Tomorrow" (Animated,2008)
8:00 CBC "Up" (Animated,2009)
WTV "When in Rome" (Comedy,2010)
LIFE "Grown Ups" (Comedy,2010)
SHOW "Chupacabra vs. the Alamo" (Horror,2013)
FAM "Cloud 9" (Family,2014)
TOON "Son of Batman" (Animated,2014)

FRIDAY 01/02

Evening

- 6:10 SPACE "Jurassic Park III" (Sci-Fi,2001)
7:00 TOON "Next Avengers: Heroes of Tomorrow" (Animated,2008)
8:00 CBC "Up" (Animated,2009)
WTV "When in Rome" (Comedy,2010)
LIFE "Grown Ups" (Comedy,2010)
SHOW "Chupacabra vs. the Alamo" (Horror,2013)
FAM "Cloud 9" (Family,2014)
TOON "Son of Batman" (Animated,2014)

- (Animated,2014) Batman finds out his son is being raised by the League of Assassins. (PG)
WTV "The Proposal" (Comedy,2009)
LIFE "21 Jump Street" (Action,2012)
APTIN "Sunshine" (Adventure,2007)
SHOW "Fast Five" (Action,2011)
TOON "Disaster Movie" (Comedy,2008)
APTIN "After the Storm" (Drama,2001)
LIFE "Valentine's Day" (Comedy,2010)
SATURDAY 01/03
Evening
6:00 TOON "How to Train Your Dragon" (Adventure,2010)
6:30 LIFE "How to Lose a Guy in 10 Days" (Comedy,2003)
7:30 WTV "The Proposal" (Comedy,2009)
8:00 GLOBAL "I Know What I Saw" (Mystery,2007)
TOON "Adventures of a Teenage Dragon Slayer" (Adventure,2010)

SATURDAY 01/03

Evening

- 6:00 TOON "How to Train Your Dragon" (Adventure,2010)
6:30 LIFE "How to Lose a Guy in 10 Days" (Comedy,2003)
7:30 WTV "The Proposal" (Comedy,2009)
8:00 GLOBAL "I Know What I Saw" (Mystery,2007)
TOON "Adventures of a Teenage Dragon Slayer" (Adventure,2010)

- 8:55 SPACE "Transformers: Dark of the Moon" (Action,2011)
9:00 ABC "Hairspray" (Musical,2007)
TOON "Robin Hood: Men in Tights" (Comedy,1993)
SHOW "Wrath of the Titans" (Action,2011)
OWN "Slumdog Millionaire" (Drama,2008)
FAM "Den Brother" (Family,2010)
LIFE "Grown Ups" (Comedy,2010)
GLOBAL "I Know What I Saw" (Mystery,2007)
SPACE "Transformers" (Action,2007)
SUNDAY 01/04
Evening
6:00 CBC "Tarzan" (Animated,1999)

SUNDAY 01/04

Evening

- 6:00 CBC "Tarzan" (Animated,1999)

- was raised by gorillas must decide where he belongs. (P)
CITV "Seven Pounds" (Drama,2008)
LIFE "What's Your Number?" (Comedy,2011)
SPACE "To Be Announced"
GNT "Dolphin Tale" (Family,2011)
WTV "Bridesmaids" (Comedy,2011)
CBC "Pirate's Passage" (Animated,2014)
SHOW "Alien Agent" (Sci-Fi,2007)
LIFE "The Ugly Truth" (Comedy,2009)
ASN "Eight Days to Live" (Drama,2006)
GH "The Interpreter" (Drama,2005)
CNN "Life Itself" (Documentary,2014)
WTV "Wedding Crashers" (Comedy,2005)
TBS "The Family Man" (Drama,2001)
SPACE "To Be Announced"
SHOW "The Hangover Part II" (Comedy,2011)
CNN "Life Itself" (Documentary,2014)

MONDAY EVENING JANUARY 5. Table with 12 columns (6:30-11:30) and 56 rows of program listings.

TUESDAY EVENING JANUARY 6. Table with 12 columns (6:30-11:30) and 56 rows of program listings.



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### TOURNAMENTS

Crib Tournament, Sunday, January 4, Forties Community Centre, New Ross. Doors open 12 noon. Registration starts 12:30. Play starts 1 p.m., \$7-\$20.00 team. Information 689-2147. Canteen available.

### VARIETY SHOWS

Acoustic Music Jams, starting Tuesdays January 6, 2 p.m. - 4:30 p.m., Chester Basin Legion. Info 275-4321

Variety Concert, Sunday, January 4, Anglican Church hall, New Germany, 1:30 p.m. Featuring: Agnes Clinton, Kentucky Blue, The Riverside Ramblers and Valley Blue. Admission \$5.

### HALL RENTALS

Hebb's Cross Fire Hall available for rental purposes, seats 200. Contact 543-7929

### COMMUNITY

Royal Canadian Sea Cadet Corps #39 Neptune, Bottle Drive, in the Town of Lunenburg, January 10, 2015, 9 a.m.- 1:30 p.m. (snowdate January 17) For early pickup or information Brenda, 902-766-4047 or Donna 902-634-7175 Thank you for your continued support.

### BREAKFASTS

Breakfast, Hebb's Cross Fire Department, January 10, 7- 11 a.m. Homemade baked beans, eggs, hash browns, bacon, sausage, toast, tea, coffee, juice.

Chester Basin Fire Hall Country Breakfast. Next breakfast is February 7, 2015.

Church Breakfast, Saturday, January 10, 7- 11 a.m., St. Martin's Anglican Church hall, Martin's River. Scrambled eggs, hash browns, baked beans, pancakes, bacon, sausage, toasted English muffins, toast, tea, coffee, juice. Take-outs available. Adults \$7, children 5- 12 \$3, under 5 free. Proceeds St. Martin's Church.

### BREAKFASTS

January 3, Saturday, Breakfast, Italy Cross, Middlewood and District fire hall, 7- 11 a.m. Adults \$8; children (5-12) \$3.50. Proceeds for fire department.

St. Norbert's Big Breakfast, Saturday, January 3, 7:30- 11:30 a.m., Central United Church Hall, Lincoln Street, Lunenburg. Adults \$8, children \$3.50.

Breakfast, Pinehurst Hall, Saturday, January 3, 7- 11 a.m., \$8 adult, 5- 12 \$4, under 5 free.

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Bridgewater, 68 Elm Street. One bedroom, balcony, includes heat, hot and cold water, parking, coin laundry. \$650. Available now or January 1. 902-527-1539

### APTS.

Bridgewater, 153 North Street. Two bedroom on ground floor. Includes heat, hot water, fridge, stove, parking and coin-operated laundry. \$750. Completely renovated. No pets. Available now or January 1. 902-527-1539

### APTS.

Chester, bachelor apartment. Quiet building. \$475. 275-2154 or 279-0080

Lunenburg, one and two bedroom apartments with fridge, stove, coin laundry and parking. Heat and lights included. \$650/ \$750. Call Carrie 634-3492.

Mahone Bay. Two bedroom apartments. Center of town. Fridge, stove, washer, dryer, dishwasher. Starting \$850. 902-275-2154 or 902-279-0080

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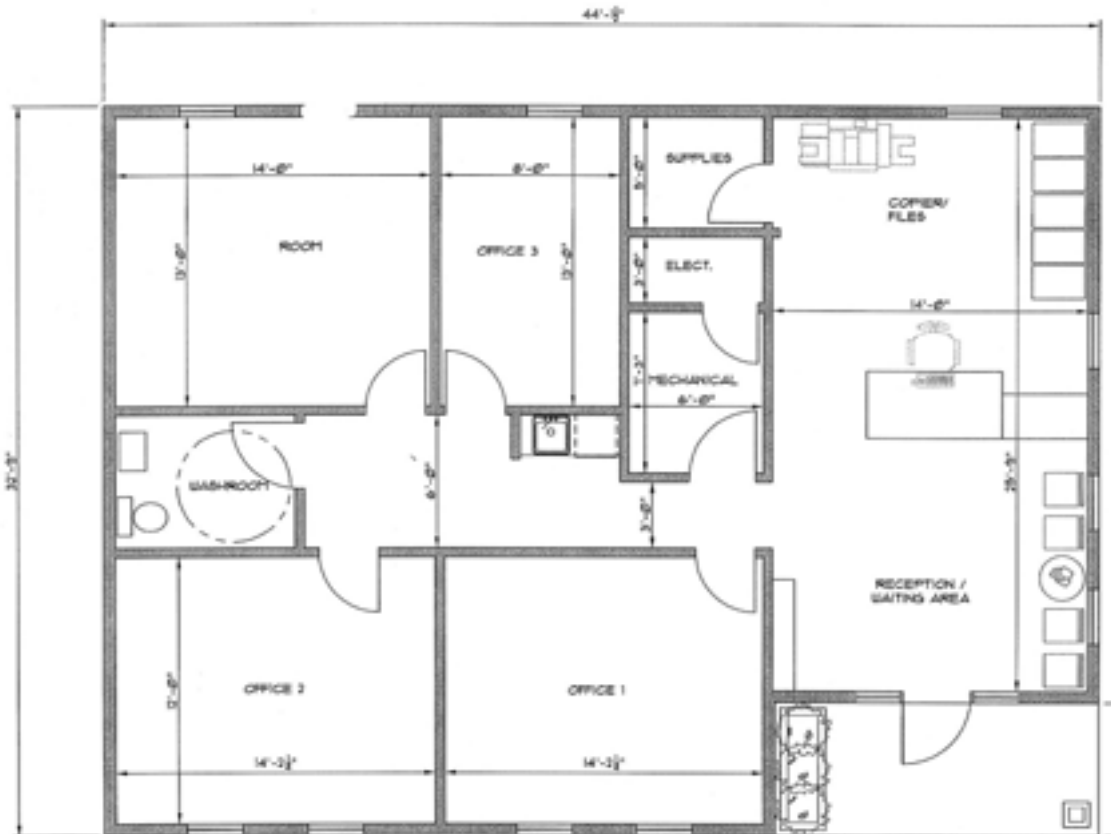
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**Closing Date & Applications** – Submit cover letter, resume, and three professional references no later than **4:00 p.m. on Monday, January 5, 2015** to the undersigned:

Pamela Myra, Municipal Clerk  
 Municipality of the District of Chester  
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 P.O. Box 369  
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 ABCO is a leading designer and manufacturer of processing equipment with proprietary products that are marketed throughout the world.

**The Position:**  
 The primary responsibility is to provide sales leadership to the Food Machinery Group at ABCO. This includes market development, sales planning, coordinating with agents, direct customer contact, estimating, proposal development, proposal presentation and contract management. Secondary duties may include project management and providing marketing and sales support to other ABCO groups. A team of very skilled engineers and mechanical designers support this position.

The position reports to the Manager, Food Machinery Group.

**The Candidate:**  
 The ideal candidate is a Professional Engineer or Engineering Technologist with a minimum 5 years of relevant technical sales experience. A background in food processing, metal fabrication and equipment design is preferred.

The successful candidate will be highly motivated, detail oriented, innovative and well organized; have strong communication, problem-solving skills and work ethic; and have a proven commitment to teamwork and customer satisfaction.

'ABCO commits to providing our Customers with the highest level of quality and value.'

Please submit your resume by January 9, 2015 to:

ABCO Industries Limited  
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 Lunenburg, NS, B0J 2C0  
 Attn: Miriam Meisner  
 Email: [miriam@abco.ca](mailto:miriam@abco.ca)  
 Tel: 902-634-8821 | Fax: 902-634-8583  
 Web: [www.abco.ca](http://www.abco.ca)



**EMPLOYMENT**

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**Crab Fishing Opportunity**

Looking for companies to catch crab quotas  
 38 quotas (500,000+ lbs)  
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Accepting proposals until February 28, 2015.

**Port Morien Crab Group**

**Contact John**  
**902-849-8163**

**Email:**  
**pollock@seascape.ns.ca**

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 Visit: [www.tealjones.com](http://www.tealjones.com)



*A place where we are proud to have family and friends stay and work.*

Noralta Lodge offers unmatched hospitality in and around Northern Alberta at all of our full-service lodges. With nine lodges strategically located throughout the Athabasca oil sands, we have the capacity to house large workforces and the flexibility to accommodate our clients' rapidly changing needs. In addition to the facilities we own and operate, Noralta Lodge also offers facilities management for client-owned workforce accommodation operations.

We are recruiting for the following seasonal positions for winter/spring 2015:

• Front Desk	• Baker	• Prep Cook
• Housekeeper	• Breakfast Cook	• Sandwich Maker
• First Cook	• Kitchen Steward	• Maintenance Worker
• Second Cook		• Maintenance Laborer

Our team members work on a 20/10 shift rotation or as assigned. Transportation via private flights is provided from Edmonton and Calgary to the lodges. Food and lodging are provided during shift rotation.

Interested individuals are invited to forward their résumé to Noralta Lodge Ltd. Human Resources Department. Please use **reference code (E2015)** in the subject line when applying.

(Email) [Careers@noraltalodge.com](mailto:Careers@noraltalodge.com) (Fax) 1-888-557-2007

It is the responsibility of the applicant to relate in clear and concise detail their qualifications, skills and experience. Noralta Lodge Ltd. is an equal opportunity employer. We thank all applicants for their interest, however, only individuals of consideration will be contacted.

EDMONTON, CALGARY, STONYPOLYMER 1-888-557-2000 2750 - 5th Street, Nisku, AB T9E 0H7 [noraltalodge.com](http://noraltalodge.com)



**HEALTH SERVICES**

**Port Hawkesbury Nursing Home**

We are accepting applications for the following:  
**Permanent LPN Position, Casual RN, LPN and CCA Positions Available.**

Please contact:  
**Peggy MacNeil**  
[peggy@macleodgroup.ca](mailto:peggy@macleodgroup.ca)  
 (902) 625-1460

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Please see our webpage for Employment Opportunities & current Scrap Metal Prices

[www.bmitd.ca](http://www.bmitd.ca)

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**DON'T FORGET**



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**GRADUATIONS**



**Alison Leigh Kinley Craser**  
 Alison, Maders Cove, graduated from Dalhousie University on May 26, 2014, with her Bachelor of Science in Therapeutic Recreation. With our love and best wishes for your continued success and upcoming adventures Down Under, parents Karen Kinley and Ian Craser, Maders Cove, and grandparents, David and Claire Craser, Sunnybrook, and Dr. C. Edwin and Sara Kinley, Halifax.

small ads **BIG** deals in the classifieds



**SPECIAL OCCASIONS**



**Englehutt - Greer**

Brenda Greer, daughter of the late Stewart and Carrie Greer, of Lower Branch, and John Englehutt, of Digby, were married on September 20, 2014, at the Best Western Plus, Cookville. They were attended by Janice Greer, sister of the bride; and Arnold Englehutt, son of the groom. Reception followed. Family and friends enjoyed a lovely buffet dinner prepared by the Best Western staff. John and Brenda are residing in Digby.

**FAMILY ALBUM**

**Happy Birthday Dana**



January 4, this blonde hair guy turns 65. The simple things in life are fine. Hard work, his Yamaha ride, a nip of dark, family and grandbabies.

Love Wendy, Julie, Haylee, Christopher, Brooke and Jackson



**Happy 89th Birthday**

Happy 89th Birthday to Ashton Reeves of the Forties, New Ross, who celebrated his birthday on December 30. Love and best wishes from his wife, Shirley, daughter, Mary Ann and Frank Turner, son, Haldon and Vienna Reeves and their families.

**MEMORIAMS**



**LOWE:** In loving memory of Wanda, who passed away January 4, 2014. Her smiling way and pleasant face Are a pleasure to recall, She had a kindly word for each And she died beloved by all. Someday we hope to meet her Someday we know not when, To clasp her hand in a better love Never to part again. Always loved and missed by David, Kevin, Jennifer and families.

**MEMORIAMS**

**RICHARD CHARLES DOREY,** May 18, 1979 - December 30, 2006. A thousand times we needed you A thousand times we cried, If love alone could have saved you You never would have died. A heart of gold stopped beating Two twinkling eyes closed to rest, God broke our hearts to prove He only takes the best. Always missed, never to be forgotten. Love Samantha, Adain, Adam, Nadine.

**STRONG:** In memory of Merrill Louis "Hardy" Strong, who died January 7, 2014. Dad and Poppy you are greatly missed in our lives, Memories sustain us. Sons, Brent and Kirby; grandson, Kyle.

**MONTGOMERY:** In loving memory of my dear wife, Elizabeth, who passed away on Boxing Day, December 26, 2013. Treasured memories keep you near. Thomas and family.

**OBITUARIES**



**Rayburn W. Dares**

**DARES,** Rayburn W. It is with great sadness that the family of Rayburn Willis Dares, 83, of Back Centre, announces his passing on Wednesday, December 24, 2014, at Fisherman's Memorial Hospital, Lunenburg.

Born in Centre, July 17, 1931, he was the son of the late Willis and Annie (Levy) Dares.

Rayburn tried his hand at many things in his early years, from working in the sawmill, to fish peddling, long lining, gas station attendant and mechanic, to finally settling on a

career in the marine industry as a diesel mechanic and later on as foreman of numerous maintenance staffs. He started at Industrial Machinery, Halifax and upon returning to the Lunenburg waterfront in the mid-60s, he quickly grew a reputation, gaining respect waterfront wide for his ability and knowledge of diesel driven trawlers. Having started with the Atlantic Ship Company Ltd., he moved on to Scotia Trawlers Ltd., Deep Sea Trawlers Ltd. and finally ABCO Industries, plying his trade. But it was his Deep Sea Trawlers days he was most proud of. As he strongly influenced the hand-picking of the original maintenance team that would be assembled, he spoke often and very proudly of "HIS MEN," long after he retired.

His passion was for Marilyn and his family, first and foremost, playing cards, his gardens, the outdoors and it's wildlife that surrounded him.

Rayburn is survived by his wife, Marilyn Joan (Tanner); daughters, Sylvia Charlton (Richard), Back Centre; Belinda Dauphinee (Paul), Liverpool; sons, Gary (Lisa), Mahone Bay; Raymond (Lee-Ann), Centre; eight grandchildren and four great-grandchildren; brother, David; and sisters, Evelyn Knickle, Barbara Mossman, Sylvia Locher and Rosalie Tousnard. He was predeceased by his parents, Willis and Annie.

A memorial service will be held 2 p.m., Saturday, January 3, 2015, at St. Barnabas Anglican Church, Blue Rocks, The Very Rev. John Wright officiating. Reception to follow at the church hall. In lieu of flowers, memorial donations may be made to St. Barnabas Anglican Church, Blue Rocks; Grace Lutheran Church, First South; Heart & Stroke Foundation or Canadian Cancer Society.

The family would like to thank the Staff of Fisherman's Memorial Hospital for the excellent care they provided for him in his final weeks. Arrangements entrusted to the care of Mahone Funeral Home, P.O. Box 200, 32 Parish St., Mahone Bay, NS B0J 2E0 902-624-8241. On-line condolences may be sent to the family by visiting <http://www.mahonefuneral.ca>

**Beatrice Dorothy Wile**

**WILE,** Beatrice Dorothy - Age 87, Bridgewater, Lunenburg Co., passed away on Monday, December 22, 2014, in South Shore Regional Hospital, Bridgewater.

Born in Bridgewater, she was a daughter of the late Herbert and Margaret (Weagle) Fancy.

Surviving are her children, Gloria Cross, Conquerall Bank; Judy (Gary) Wile, Auburndale; Vance Wile, Wileville; Rose (Leary) Fraser, Auburndale; Bonnie (Wayne) Dagley, Chester; Rickey (Annette) Wile, AB; Tammy Wile (Rob Gardner), Truro; Tina (Alan) Garber, Maitland; many grandchildren, great-grandchildren and great great-grandchildren; sister, Grace Carver, Upper Northfield. She was predeceased by her husband, Gordon Stewart Wile; daughter, Barbara Veinot; sisters, Jean Larkin, Evelyn Lohnes; brother, Basil Rhodenizer; two grandchildren.

By personal request, there will be no visitation or funeral service. A private family graveside service will be held in Brookside Cemetery, Bridgewater. Rev. Dr. Brian MacArthur officiating. Family flowers only, donations may be made to the charity of choice. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater, where on-line condolences may be made by visiting <http://www.sweenysfuneralhome.com>.

**Dr. Thom Lawrence**

**LAWRENCE,** Thom - On December 26, 2014, Thom left the party to sail on to the next port of call. He loved and was loved by his family, friends and precious crew.

Dr. Thom Lawrence was predeceased by his father, Don; sister, Terri Dawn; and brother-in-law, Dave Hamilton. His life partner and best friend, Juanita, is left with many happy and cherished memories, as are his mother, Pat; step-father, Robbie; brothers, Donald and Richard (Donna); sisters and brothers-in-law, Mike and Marie Weiss, Mike and Ann



Weber, Janice Weber and Merv Mothersell, Dorothy and Gary Haelzle, Alf and Pauline Weber and Janice and Stewart Mitchell. Nieces, nephews and other family members will always have wonderful memories of sailing with Thom.

Thank you to the doctors and nurses at the QEII for their honesty, caring and compassion. Our dear Thom danced to the beat of his own drum and lived life to the fullest. His passing has left great sadness in all of our hearts. We will miss you Captain, oh Captain.

A Celebration of Life is scheduled for 3 p.m., on January 3, 2015, at the Royal Canadian Legion, Everett Branch #88, located at #25, Highway 3, Chester Basin, with a party to follow. All are welcome. In lieu of flowers, please send donations to Our Health Centre in the Municipality of Chester, either on-line at <http://www.ourhealthcentre.ca>, by phone at 902.279.0500, by mail at Box 74, Chester, NS B0J 1J0 or through the funeral home.

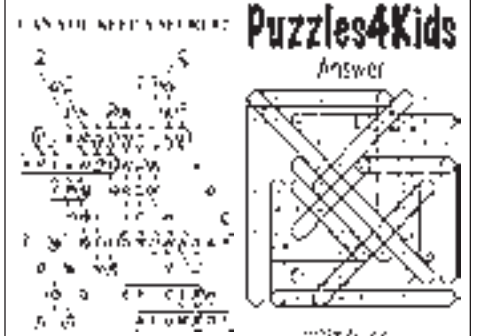
Arrangements entrusted to Sweeny's Funeral Home, Bridgewater, where on-line condolences may be made by visiting <http://www.sweenysfuneralhome.com>.

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**Dalhousie Medical Research Foundation**
  
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[mollyappeal.ca](http://mollyappeal.ca)

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December 31, 2014

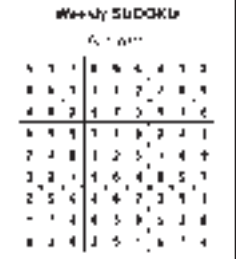
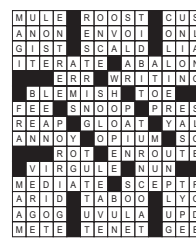
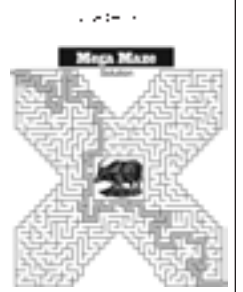


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4. Teller, Taller
5. Hearty, Hearth
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9. Botch, Batch
10. France, Prance

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 Call our experienced advertising department for competitive rates on display classifieds 543-2457.

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 Pick up for \$3.50\*     Mail out for \$8.00\*

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 Reach over 650,000 readers each week. \$179.00\* - 25 words or less in 41 community newspapers throughout Atlantic Canada, additional words \$5.00 each. Display ads \$200.00 per column inch, min. 2 col. inches, maximum 8 col. inches.

**PREPAID ADS**  
 Out of province ads, card of thanks, memoriams, obituaries, weddings, anniversaries, graduations, happy ads / Family Album, births, personals, blanket classified ads must be prepaid and cannot be taken over the telephone.

**MEETINGS**  
 15 words or less, one insertion, per month, both papers, FREE. Non-profit. No dues, registration, free will offerings or fees being charged.

**FAMILY ALBUM**  
 Announce births, weddings, anniversaries, graduations, open houses, happy ads, birthdays & engagements. Three sizes are available: (1 col. X 3") \$20.00\*; (2 col. X 3") \$30.00\*; (3 col. X 3") \$40.00\*. Additional photo \$20.00. **\*Plus HST** Progress Bulletin only.

\*\*Announcements of 50th+ Anniversaries, & Birthdays over 100 - FREE. Progress Bulletin only. **\*\*After the event.**

**OBITUARIES**  
 75 words or less \$15.65\*. Additional words 4.20\* each. With photo add \$20.00. Progress Bulletin only. LIGHTHOUSENOW reserves the right to typeset and lay out your copy to fit space provided. **\*Plus HST** See submission policy

**CARD OF THANKS, MEMORIAMS, POETRY CORNER**  
 All three the same: 75 words or less \$20.00\*. Additional words 4.20\* each. With photo add \$20.00. Progress Bulletin only. **See submission policy. \*Plus HST**

**WEDDINGS, ANNIVERSARIES ENGAGEMENTS**  
 Photo, head & shoulders \$30.00\*. Write-up 75 words or less \$15.65\* additional words 4.20\* each; additional photo \$30.00. Progress Bulletin only. **See submission policy \*Plus HST**

**BIRTHS/GRADUATION**  
 IN CLASSIFIEDS  
 Announcement 75 words or less \$15.65\*; with photo \$25.00\*; additional words 4.20\* each. Additional photo \$30.00. Progress Bulletin only. **See submission policy. \*Plus HST**

**FOUND ADS**  
 15 words or less, one insertion, both papers, FREE.

**SUBMISSION POLICY** for births, graduations, memoriams, weddings, anniversaries, obituaries, and cards of thanks, all must be typed when submitted. LIGHTHOUSENOW cannot be responsible for any errors or omissions for handwritten submissions. Deadline for above, Friday at 4 pm prior to publication date to allow for proofing by the customer.

**DEADLINES:**  
**DISPLAY & WORD ADS:** Progress Bulletin - 10 AM MONDAY The Log - 10 AM TUESDAY  
**SPECIAL OCCASIONS:** Deadline for Family Album, Weddings, Obituaries, Anniversaries, Engagements, Births, Graduations FRIDAY, 4 PM PRIOR TO PUBLICATION

**BLANKET CLASSIFIEDS:**  
 Six business days prior to publication for word ads; display ads 10 business days before publication.

**PUBLICATION POLICY:**  
 To ensure the best response to your ad, please take time to read your ad the first time it appears in the classifieds. If you see an error call 543-2457 for correction. LIGHTHOUSENOW will not be responsible for more than one incorrect insertion.

**EDITING:** All ads are subject to the approval of LIGHTHOUSENOW, which reserves the right to edit, reject or properly classify any ad.



# Looking up

## Rotary Club provides nursing home improvements

Early last year, members of the Rotary Club of Lunenburg were in discussions regarding the many worthy needs of the local community for which government funding was likely to be in a shortfall.

This soon led them to Harbour View Haven Home for Special Care (HVH) in Lunenburg and discussion with members of that facility's administration about how the club could enhance the daily lives of the residents.

As it turned out, HVH did have some long-standing plans to enhance its facilities that could not be implemented within its operating budget.

Further meetings with HVH personnel determined their priorities to be a new sound system for the main dining room, a large-screen TV for the residents' lounge and new furniture for the Garden Park Lounge.

Members of the Lunenburg Rotary Club then set to work to raise funds through functions such as a gala evening held on Heck-

man's Island and the Rotary flea market as well as from the generous donations from local residents and food basket raffles.

The project came to its conclusion December 17 with the formal reopening of the Garden Park Lounge on the main floor of the facility, which featured fresh paint and brand-new furniture provided by the club.

The Lunenburg Rotary Club formed in 2001, and since that time, has provided help and assistance to numerous local causes and events such as the VON transportation service, the Lunenburg food bank, Meals on Wheels, the annual Santa Claus Parade, discretionary school funds, the Park Bench Program and the Lunenburg Flower Basket Program.

They have also provided help internationally through the potable water project in Mexico, Haitian earthquake relief and the ongoing program to eradicate polio worldwide.



ROBERT HIRTLE PHOTO

From left, Meghan Walsh, therapeutic services director at Harbour View Haven Home for Special Care in Lunenburg, joins Lunenburg Rotary Club Sgt.-at-Arms Suzanne Spare and resident Veronica Johnson in the facility's newly refurbished Garden Park Lounge.

# RELIGION DIRECTORY

## Services for January 4, 2015

We welcome you to worship with us at  
**Northwest United Baptist Church**  
 1609 Big Lots Road  
 Corner of Northwest Road (Hwy 324) & Big Lots Road  
 Founded 1809; Built 1818-1820  
 Registered Provincial and Municipal Heritage Property



Pastor: Rev. Richard Moore  
 Tel: 902-543-9663  
 Organist & Choir Director: Evangeline Whynot  
 Tel: 902-634-3202

**9:30 am - Sunday Worship**  
**10:45 am - Children & Adult Sunday School**

**ST. JOHN'S ANGLICAN CHURCH**  
 LUNENBURG  
 HERITAGE, FAITH, VISION SINCE 1753



Sunday, January 4  
 Holy Eucharist (BCP) 8:30 am  
**No Service at 10:30 am**  
 Combined Anglican-Lutheran Service 11:00 am  
 Zion Evangelical Lutheran Church

Holy Eucharist every Wednesday at 10:00 am

Archdeacon Michael H. Mitchell, Parish Office 634-4994 / www.stjohnslunenburg.org

**West Side United Church - Pentz of The LaHave New Dublin Pastoral Charge**  
 2702 Highway 331, Pentz B0R 1G0  
 Office 688-2926; Minister's Residence: 688-1580  
 email: westsideunitedchurch@gmail.com www.westsideunitedchurch.ca



**SUNDAY, JANUARY 4**  
**Second Sunday of Christmas**  
 10:30 a.m. Worship and Sunday School  
**First Sunday of each month is Food Bank Sunday**  
*All are welcome to come and worship. Wheelchair Accessible.*

**St. Paul's Evangelical Lutheran Church**  
 25 Phoenix Street, Bridgewater, 543-4106  
 stpaulsbwr@eastlink.ca



**SUNDAY, JANUARY 4, 2015**  
**2nd Sunday after Christmas**  
 8:45 a.m. Celebration & Praise (Communion)  
 10:00 a.m. Worship (Radio Broadcast)  
 3:00 p.m. HC Service @ Hillside Pines

**Wednesday, January 7**  
**1:00 pm Adult Choir**  
**5:30 pm Community Café**

"May the Peace of Christ Jesus be with you today and always"



Pastor Paul Jensen — Organist: David G. Zwicker

**ANGLICAN PARISHES OF PETITE RIVIERE & NEW DUBLIN**  
 E-mail: oro@eastlink.ca Phone: (902) 634-8589 www.prnd.ca

**SUNDAY, JANUARY 4**

**Second Sunday after Christmas – Rev. Oliver Osmond**

**9:00 a.m.** St. Michael's, Petite Riviere Holy Communion  
**11:00 a.m.** St. Peter's, West LaHave Holy Communion

All services according to the Book of Common Prayer  
*"O worship the Lord in the beauty of holiness"*

**Bridgewater United Church**  
 87 Hillcrest Street, Bridgewater, 543-4833  
 www.bridgewaterunited.ca  
 buc@tallships.ca



**SUNDAY, JANUARY 4, 2015**  
**EPIPHANY SUNDAY**  
**FOOD BANK SUNDAY**  
 11:00 am Worship and Sunday School  
 Nursery is available for small children

Minister: Rev. David E. Campbell  
 Organist and Choir Director: Wendy Fraser  
 Church Office open weekday mornings, 9:30 am - 1:00 pm

**The Pentecostal Assemblies of Canada**  
**EMMANUEL PENTECOSTAL TABERNACLE** Pastor: Rev. Fred Carr 902-354-4828  
 Hirtle Rd., Middlewood 2:30 p.m. Worship

**CALVARY TEMPLE (P.A.O.C.)** 

510 Main St., Mahone Bay 902-624-8253

**Sunday, January 4, 2015**  
 11:00 a.m. Ken Scott  
 7:00 pm Hymn Sing  
**ALL WELCOME!**

**Central United Church**  
 136 Cumberland St., Lunenburg




**Reverend Grace Caines-Corkum**  
 634-4035

**10:30 a.m. Service**  
**Sunday School during service**  
*Everyone Welcome*

**Zion Evangelical Lutheran Church**  
 Pastor Rick Pryce  
 Corner of Cornwallis and Fox Street, Lunenburg

**SUNDAY, JANUARY 4, 2015**  
 9:45 am Sunday School; 11:00 am Morning Service  
 TUESDAY - Quilters Group at 9:00 am  
 Jr. Choir at 6:15 pm, Sr. Choir at 7:00 pm  
 THURSDAY - Finance & Property Meeting at 7:00 pm  
 ~ WHEELCHAIR ACCESSIBLE ~ WE WELCOME YOU ~  
**Canada's Oldest Lutheran Congregation - Celebrating 241 Years!**

**HOLY TRINITY ANGLICAN CHURCH**  
 78 Alexandra Avenue  
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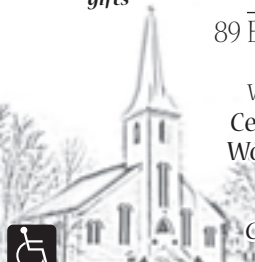


Parish Office: 543-3440; htbac@eastlink.ca  
 Sunday Services 8:00 a.m.  
 Holy Eucharist BCP service 10:00 a.m.  
 Holy Eucharist BAS or BCP

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*A worshipping, loving & welcoming community, joyfully sharing God's gifts*

**ST. JOHN'S EVANGELICAL LUTHERAN CHURCH**  
 Pastor Adam Snook



89 Edgewater Street, Mahone Bay 624-9660  
 www.stjohnsmahonebay.ca  
 Celebrating 150 years ~ 1864 - 2014  
 Worship Services - Sundays 11 a.m.  
 Bible Study - Tuesday 3 pm (Sept. to June)  
 Choir Practice - Thursday 6:30 pm (Sept. to June)

**St. Andrew's Presbyterian Church**  
 Old Town Lunenburg  
 Team Ministry with  
 The Rev. Dr. Laurence Mawhinney and Marion Mawhinney  
 David Findlay - Organist and Choir Director

**SUNDAY, JANUARY 4TH**  
 Morning Worship at 11:00 a.m.  
 The Sacrament of Holy Communion  
 Meditation: "Buying Into The Game Plan"  
*Visitors are always welcome.*





We  
would  
like to  
thank all  
our readers,  
our advertisers &  
our team for making  
this such a special year.

LIGHTHOUSE  
**NOW**

shining a light on the progress of our south shore