

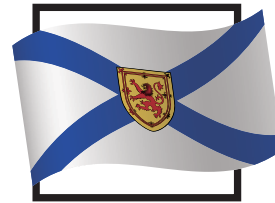
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Candidates answer questions as vote nears
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THE LUNENBURG COUNTY
Progress



Bulletin

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NOVA SCOTIA, CANADA ■ WEDNESDAY, OCTOBER 2, 2013

LCLC arena opens to public

Pool, library to open later this year, says GM

By **STACEY COLWELL**
scolwell@southshorenov.ca

BRIDGEWATER — With little hype, the new Lunenburg County Lifestyle Centre arena quietly opened to the public last weekend.

“There was no big hoopla, we just opened the doors,” said general manager Kevin Benjamin in an interview on September 30.

Still, there was a steady flow of people who came just to get a look at the facility.

“From the time we opened the doors on Saturday until the time we closed last night [Sunday], there were people in and out constantly. It was nice.”

He estimated about 400 attended a South Shore Mustangs game on Saturday night, and the Nova Scotia Major Midget Hockey League team’s players were the first to get on the ice during a morning skate that day.

“Our experience this past weekend was phenomenal,” said coach Grant Johnston.

“Our boys felt like professional athletes.”

An atom AAA hockey team played the first game at the new rink that afternoon, followed by a bantam AA practice.

The arena and galleria are expected to be open for limited hours for perhaps the next month.

“There are some minor deficiencies the trades are working away at,” said Mr. Benjamin.

“We’re trying to get those cleaned up as quickly as possible, so over the next three or four weeks we won’t be opening the doors to the public until 1 p.m. and then we’ll have ice rentals from 1 p.m. until close.”

See **ARENA, A2**



LISA BROWN PHOTO

Fire crews blast water as smoke pours from the century-old building that caught fire on the Lunenburg waterfront September 27. The Fire Marshal’s Office determined the blaze was accidental, most likely caused by an electrical problem.

Fire engulfs waterfront building

Future of century-old warehouse unclear

By **LISA BROWN**
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LUNENBURG — It’s too soon to tell what will happen with the remains of an historic building on Lunenburg’s waterfront which was ravaged by fire Friday night.

Emergency crews were called to Montague Street shortly before 7 p.m. where the century-old building was ablaze.

The building, behind the Foodland grocery store, was owned by Scotia Trawler for many years. It was later

sold to High Liner Foods and passed on to Clearwater Seafoods. It is currently owned by the Waterfront Development Corporation, a provincial Crown agency.

The corporation’s marketing and communications manager, Kelly Rose, said Monday it’s “early days” to consider the building’s future. It was not one of the waterfront buildings listed for sale.

It had one business tenant, Echo Bay Marine Limited, occupying office and storage space, but much of the three-storey building was vacant.

See **FIRE, A3**

Brothers held on robbery allegations

By **LISA BROWN**
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COUNTY — Three county residents have been charged in connection with a robbery in New Glasgow last week.

Police say a Pictou County woman was outside a drug-store there at 5:30 p.m. September 23 when two males approached and sprayed her with an irritant. They took her purse and fled in a white Ford pickup truck driven

by a woman.

New Glasgow Regional Police traced the stolen property to Bridgewater the next day.

On Tuesday evening, police here arrested three suspects on Marlboro Drive and seized a vehicle. They then searched a home on Ron Street.

Justin Arthur Piercey, 30, and Jayden Piercey, 24, both of Spectacle Lake, appeared in Bridgewater provincial court September 25.

They are charged with robbery, wearing a mask while committing an offence and possessing stolen property.

The brothers were remanded in custody to appear in court in Pictou County on Monday on the robbery and mask charges. They’re due back in Bridgewater on Wednesday to answer to the stolen property allegations.

Police released 20-year-old Rosina Ernst of Bridgewater to appear in court at a later date. She faces charges of robbery and possessing stolen property.

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STACEY COLWELL PHOTO

An ice cover was installed at the Lunenburg County Lifestyle Centre on September 30 after the arena opened to the public last weekend.

LCLC arena opens to public

ARENA from A1

Public skates will be scheduled soon. Mr. Benjamin said the library will be the next main component to open. "All the furniture and fixtures for the library should be on site by mid-October." He said the space should be ready for occupation shortly after that. Meanwhile, work continues on the aquatic centre. "We're still shooting for sometime in November to get the

pools open." The approximately \$34 million project was funded by the federal government, the province, the Town of Bridgewater and the Municipality of Lunenburg. There is also an active community fundraising campaign. The Lunenburg County Multi-Purpose Centre Corporation has the right to manage construction and operations on behalf of the town and the municipality. The site is located in the Bridgewater Business Park between Wentzell Drive and Cook Road off York Street.

Mouldy classrooms discovered at Park View

Board says problem has been addressed

By STACEY COLWELL
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BRIDGEWATER — Park View Education Centre has reportedly received a clean bill of health after two classrooms were temporarily closed due to mould growth. "Whenever we have moisture in schools, we take it very seriously," said South Shore Regional School Board director of operations Steve Prest. Patchy spots of light grey mould — reportedly a few square feet of it — had been found at the end of summer in two north-end classrooms which are partly underground. Mr. Prest said an overgrown ornamental garden outside the classrooms, high humidity and a lack of ventilation led to the problems. The board brought in a mould remediation company, which cleaned the site and used dehumidifiers and fans to circulate the air. Meanwhile, the outdoor garden was also trimmed.

Mr. Prest said the board consulted with occupational health and safety staff and the Department of Labour. "They indicated that as current resolutions to reduce the humidity causes were effective, they confirmed there was not much else we could do other than what we were already doing." He said although humidity should not be as much of an issue as the fall progresses, other precautionary measures will be taken, such as:

- The head custodian will vigilantly inspect the area.
- The ventilation system will run continuously in the area.
- Fans will operate during off-hours.
- Dehumidifiers will be brought in as necessary.
- The grounds crew will ensure there is no overgrowth outside.
- A report will be provided at the next joint occupational health and safety committee meeting.
- A staff information session will be arranged.

Man charged in dog death appears in court

By LISA BROWN
lbrown@southshorenov.ca

COUNTY — A Lunenburg man charged after his dog died this summer after being left in a hot car in Wolfville made his first court appearance last week. Jason Remail was arraigned on a charge under the Animal Protection Act September 23 in Kentville provincial court. The 36 year old asked for time to find a lawyer and the case was adjourned until October 21.

Mounties charged Mr. Remail with failing to provide an animal with reasonable protection from heat after investigating the July 21 death of his Portuguese water dog. A woman discovered the dog in a parked car in a parking lot at Acadia University, where Mr. Remail was attending a meeting. The woman alerted others in the vicinity. They broke a car window to retrieve the dog and attempted to cool it down and resuscitate it, but the animal did not survive.

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THE COURT REPORT

■ **Breached order.** Twice breaching her release conditions has earned a Conquerall Mills woman a year on probation. **Caroline Marie Plunkett**, 43, received a suspended sentence September 23 after pleading guilty to two counts of breaching release conditions by consuming alcohol, on January 1 and August 2, both times in Bridgewater. While on probation, she must stay clear of alcohol and drugs and take counselling as directed.

■ **Impaired driver fined.** Blowing two breathalyser readings of 140 milligrams of alcohol in 100 millilitres of blood after being pulled over on Highway 103 will cost a Bridgewater man \$1,265 and his licence for a year. **Terry Shawn Legge**, 45, pleaded guilty to a charge of failing the breathalyser September 25. He was stopped just outside Bridgewater on the morning of July 23 after a police officer spotted him driving erratically.

■ **Doing community service.** Thirty hours of community service is part of a suspended sentence a Bridgewater man received September 25 after pleading guilty to four charges. **Caleb William Zinck**, 25, admitted stealing four cartons of cigarettes from a secure area at a Bridgewater grocery store while working there for a maintenance company in September 2012. He also pleaded guilty to skipping court in April, as well as resisting arrest and possessing less than a gram of marijuana in May. Mr. Zinck will be on probation for 15 months. During that time, he must take counselling, pay \$250 restitution for the cigarettes and stay away from the store. He was also fined \$172.50 for the marijuana possession.

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Mahone Bay lists possible shared services

Board looking to municipal units for future direction

By **LISA BROWN**

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MAHONE BAY — Mahone Bay has identified six areas where it would like to talk about more municipal co-operation.

Town council debated the merits of making a list September 26 after receiving a request from the Municipal Joint Services Board.

That board, which currently only oversees waste management, asked the three participating municipal units for a prioritized list of services they "would like to see investigated" for possible movement.

Mahone Bay, Bridgewater and the Municipality of Lunenburg created the joint services board a year ago after a \$100,000 consultant study and a later supplemental report by Marathon Human Resource Group looked at regional governance and shared services. The consultants recommended the units use waste management as a starting point to be followed by the addition of other services.

But the request sparked discussion around the table, since officials haven't yet evaluated the success of the current model.

Deputy Mayor Dave Devenne suggested he'd first like to see how effectively the board is able to operate.

"We need to wait for the evaluation. Before we give them more to be responsible for, we have to look at how well they're discharging the duties they have now," he said.

But Councillor Lynn Hennigar, who sits on the joint services board, said the list is just a place to start discussions.

"I think there are at least two partners at that table that want to move forward with services and that you really risk some talent at that table walking away if we don't move forward with something, at least the discussion of what might be next," she said.

"Part of the issue, in my opinion, is that two partners are ready to go with whatever's next," she added. "And one partner perhaps isn't there yet and if that partner is never going to be there this board needs to figure that out really quickly."

Mayor Joe Feeney, a fellow board member, agreed it's a question of whether it will be a joint services board or just a waste management committee by another name.

Councillor Kelly Wilson, the town's third rep to the board, suggested it's possible to move forward without committing at this point. The board is preparing to hire a chief operating officer and services could impact the needed skill set.

"There's a difference between putting a list together of what's next and doing it," Councillor Wilson said.

"What's the harm in submitting, I call it a wish list," Councillor Penny Carver said. "Why not submit it and see what happens?"

Mahone Bay's list, which was passed unanimously, includes planning, policing, accounting, IT, recreation and human resources. There was no suggestion of priority.

"I'll be fascinated to see where it goes," Mayor Feeney said.

Jury to hear shooting allegations next May

By **LISA BROWN**

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COUNTY — The Gold River man accused of shooting another man in the leg in July will remain in jail until May awaiting trial.

Ronald Lorne Paul appeared in Nova Scotia Supreme Court in Bridgewater September 26 to have trial dates set in his case.

Mr. Paul, 60, previously elected to be tried by a Supreme Court judge and jury and was committed to stand trial following a preliminary hearing last month.

He initially faced five charges, including a count of aggravated assault endangering a man's life which the Crown dropped last month.

The indictment filed last week now includes six allegations.

Mr. Paul is charged with aggravated as-

sault wounding a man, discharging a firearm with intent to wound, assault with a weapon and breaching earlier release conditions by consuming alcohol.

The Crown added new charges of handling a firearm in a careless manner and storing a loaded firearm.

Police began investigating on July 13 after receiving a call from staff at South Shore Regional Hospital about a patient with a gunshot wound.

A 31-year-old man suffered an injury to his leg at Mr. Paul's home. It was not considered life-threatening, but the patient was transferred to the QEII in Halifax for further treatment.

Mr. Paul was denied bail on July 18.

In court Thursday, lawyers suggested seven or eight days will be needed for the trial. The first available dates for both Crown and defence begin May 5.

Accused pill trafficker going to trial

By **LISA BROWN**

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COUNTY — A Pinehurst man accused of having prescription medication for sale is taking his case to trial.

Gary Harold Bushen, 63, wasn't in Bridgewater provincial court September 25, but a legal aid lawyer appeared and entered not guilty pleas on his behalf.

Cathy Benton told Judge Gregory Lenehan she plans to raise Charter arguments when the case proceeds in January.

Mr. Bushen is charged with possession of hydromorphone for the purpose of trafficking and breaching release conditions on April 10.

Police arrested him that night around 9:30 p.m. after stopping a vehicle on Highway 10. At the time, officers said they seized a quantity of hydromorphocontin and Dilaudid pills.

Mr. Bushen is currently on house arrest after being sentenced in late April on two counts of trafficking in marijuana in 2011.



LISA BROWN PHOTOS

Thick, black smoke streamed from the building as firefighters worked to contain the blaze and prevent it from spreading to nearby boats and structures on Lunenburg's waterfront.



A pair of Lunenburg firefighters take a break at Friday night's fire scene. Most of the three-storey structure was vacant, but part of the first floor was rented as office and storage space.

Fire engulfs historic building

FIRE from A1

Lunenburg Fire Chief Darren Romkey said his department received the first call around 6:50 p.m. At that point, flames were visible from the harbour side of the L-shaped structure.

Sixteen fire departments responded to the blaze from as far away as Chester, Windsor and Kentville. About a dozen were dispatched to Lunenburg with others back-filling at responding fire stations.

Aerial trucks from Lunenburg and Bridgewater attacked the blaze from the two ends of the building, while other firefighting crews added water from the ground.

The RCMP cordoned off the area to keep onlookers at a safe distance. Officers indicated there were concerns that the building might contain chemicals and that fumes from the blaze could be dangerous.

Chief Romkey said firefighters were aided by the lack of wind and access to lots of water.

Crews did what they refer to as "surround and drown."

"You're basically saying the building's a writeoff so we're going to make sure nothing else goes ... and it worked," he said.

The roof was lost and the wall facing the harbour was heavily damaged, but the remaining walls are standing. The second floor sustained some damage, the chief said, but most of the damage

on the first floor was caused by water.

"I have no idea as far as rebuilding it or anything," Chief Romkey said. "I don't know structurally if they'll be able to do anything or not."

There were some tools and outboard motors stored on the first floor, along with a car and truck.

There were also two boats on land just feet from one wall of the structure. The paint blistered on the bow of a cabin cruiser, but the nearby sailboat was untouched except for water, Chief Romkey said.

Thanks to the relatively still night, the Clearwater office

building was not at risk, he added. Fire crews doused the roof of the Foodland store to prevent embers from catching and kept an eye on other nearby roofs.

There was no one inside the building when the fire broke out and there were no reported injuries.

The last fire trucks left the scene around 5:30 a.m., Chief Romkey said. One truck returned later in the day to extinguish a hot spot.

The chief said he was "very happy" with the way crews responded.

"Everything definitely did go good," he said. "It was going almost from the ground right up to the third floor before we even got there."

A deputy fire marshal visited the site Saturday and determined the fire was accidental, most likely caused by an electrical problem.

"You're basically saying the building's a writeoff so we're going to make sure nothing else goes ... and it worked."

Darren Romkey
Lunenburg fire chief

Forum questions Lunenburg West candidates about Highway 103, long-term care, finances

By KEITH CORCORAN
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BRIDGEWATER — Highway 103 twinning, long-term care and the province's financial picture were among topics covered in questions in a recent forum posed to candidates vying for the Lunenburg West legislature seat.

The three candidates in attendance, Mark Furey of the Liberals, David Mitchell of the Progressive Conservatives and New Democrat incumbent Gary Ramey, agreed the province can't alone pay for twinning projects and financial help from Ottawa is needed.

Mr. Ramey said there's a plan to install an interchange in the Ingramport area first.

"That highway over the next five years the twinning will begin from Tantallon to Hubbards," he told the forum held at Glen Allan Drive's Drumlin Hills seniors' apartment complex.

Earlier he talked about the driving habits he's encountered in his travels.

"Rarely do I drive that highway when I can see the grill of the person behind me because they're tailgating me so close," Mr. Ramey told the audience. "If I put the cruise control on ... I put it on at 110 [km/h]. Everybody passes me. Grandmothers pass me. Trucks pass me. Everybody passes me and looks at me like I'm the jerk that's going too slow. People drive too fast ..."

In his comments, Mr. Mitchell said a Tory government would try and leverage federal money soon after taking office. He said, factoring in the number of motorists commuting to and from work, Highway 103 is experiencing more traffic than anticipated.

Mr. Furey said there's no mention of monetary figure specified in the prov-



NDP candidate Gary Ramey

ince's five-year road plan pertaining to Highway 103 twinning. In the short term, the retired police staff sergeant said enforcement and engineering are key to the issue, while there also has to be public education about the dangers of cellphone use behind the wheel and distracted driving.

Responding to a question in reference to the province's books, Mr. Ramey was adamant Nova Scotia's budget is balanced. "It is balanced and there is a surplus," he affirmed.

However, his opponents say otherwise. Mr. Furey suggested government can play with numbers to suit themselves.

"It's a game. It's an accounting game," he told the audience. "We can't continue to mislead the public of Nova



Progressive Conservative candidate David Mitchell

Scotia. It's an unacceptable practice."

Mr. Mitchell, a financial adviser for a Bridgewater investment firm, said the Dexter NDP's promotion of the province getting a high praise from a bond rating agency isn't all that it's cracked up to be. He referenced the 2008 bankruptcy of a renowned New York-based financial services company and a banking collapse experienced that same year in Iceland. High bond rating scores were given in both of those cases, Mr. Mitchell said. "While it's great for them [NDP] to say on the face of it things look good, I wouldn't put all my eggs in that basket."

Mr. Furey and Mr. Mitchell went on the offensive when there was a question about long-term-care policy while Mr. Ramey suggested the Dexter government



Liberal candidate Mark Furey

is working on developing more long-term-care beds but also finding options that would allow seniors to remain in their homes longer.

Mr. Mitchell indicated the bed issue should have been dealt with years ago.

"There are 50 per cent more people waiting for long-term-care beds today than there were in 2009," the Tory candidate said.

Mr. Furey indicated that additional care facilities will be needed in the long term to meet future needs and, in the short term, programs allowing golden-agers to live at home are key.

Candidates also responded to inquiries concerning collaborative health centres, tax credits, public transit, heating costs and other matters.

The provincial election is October 8.

Nova Scotia 2013
ELECTION 



KEITH CORCORAN PHOTO

Liberal leader Stephen McNeil greets his party's Lunenburg candidate, Suzanne Lohnes-Croft, following a September 27 news conference in Lunenburg.

Liberals tout health-care plan in Lunenburg

By KEITH CORCORAN
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LUNENBURG — Using the backdrop of a hospital here that's experienced a number of emergency department closures, Liberals emphasized a plan they believe takes aim at recruiting and retaining health-care professionals.

If they become government, the McNeil Liberals intend to reach agreements with 25 doctors each year to work in what they consider under-served areas. They plan to offer tuition rebates of up to \$120,000 as part of the arrangement. The party's platform also promises to form a committee focused on physician recruitment and identifies a commitment to update the province's nursing strategy.

It's about meeting needs associated with the province's health-care system, Liberal leader Stephen McNeil told a September 27 news conference near Fishermen's Memorial Hospital.

"Many successive governments have attempted to solve this problem by making several small adjustments to various programs and delivery models but in many ways the unavailability of health-care professionals is a human resource problem," he said.

"Put simply, we need to hire more doctors and nurses and nurse practitioners in our local communities to ensure health care is available when and where we need it. The provincial government must do a better job of aligning our financial resources with the unmet health-care needs of rural communities."

New Democrats say the collaborative emergency centre concept has resulted in huge reductions in emergency department closures. They've said one of those centres is slated to be set up in Lunenburg.

"It's bad enough Stephen McNeil and the Liberals don't support collaborative emergency centres which have reduced [emergency department] closures by 92 per cent. But to bring back the health-care system that cost Nova Scotia 1,600 hospital beds and over 1,000 nurses in the 1990s is a big risk," Lunenburg NDP incumbent Pam Birdsall said in a statement released by her party.

Meanwhile, the Progressive Conservatives say in their platform that they'll "increase the number of family doctors in rural communities by providing incentives to those committing at least five years of medical practice in an under-served area."

The party also promises to work closely with the community.

"Community health boards provide valuable strategic input that goes a long way to help make good decisions in the health-care system," Lunenburg Progressive Conservative candidate Brian Pickings said in a statement released by his party. "Engaging communities and involving local decision-makers will be a key component of our plan to bring real change to the health-care system."

Chester-St. Margarets candidates square off in debate

By **PAULA LEVY**
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CHESTER GRANT — Chester-St. Margarets candidates Liberal Tim Harris, New Democrat Denise Peterson-Rafuse and Progressive Conservative Janet Irwin participated in a two-hour debate in front of students and a few members of the public at Forest Heights Community School on September 25.

In opening remarks, Mr. Harris introduced himself as a Nova Scotia businessman and father. He said he wants to serve the people of Nova Scotia.

"Today I'm asking for a job in our community, your community. It's not an easy job. But it's a very important job. The most important job I've ever applied for," he added.

He was followed by Ms Peterson-Rafuse. She said the NDP has done a lot of work in a short period of time, including investing in corporations to encourage them to come to Nova Scotia. She said Projects, a Halifax consulting firm, came from Alberta to set up in Nova Scotia bringing with it 500 high-paying jobs. She added that IBM will also be bringing 500 high-paying jobs to Nova Scotia when it sets up its first Canadian global delivery centre in Halifax.

Ms Irwin was the final candidate to take the podium. She said while working at CBC she really liked politics but never thought she'd find herself running in an election. She joined the PC party when she learned about Jamie Baillie.

"I became a journalist because I wanted to make a difference, a difference for people and a difference for our communities. Being an MLA would give me that same opportunity," she added.

Predetermined questions covered a variety of issues relating to tuition fees, employment, power rates, roads, schools and health-care system sustainability.

Ms Irwin said the PC government has pledged to stop wasteful spending, including reducing the number of district health-care authorities to three. There would be a health authority for the capital district, one for the rest of Nova Scotia and one for the IWK.

"That will reduce spending in health-care administration which we will then put back into front-line care," said Ms Irwin.

Ms Peterson-Rafuse said her government has already reduced health-care administration costs from six to three per cent over its term.

"That is a major challenge to be able to do that," said Ms Peterson-Rafuse. She asked voters to let her party continue its work with the Better Care Sooner plan developed by the NDP which includes creating collaborative health-care centres.

Mr. Harris said a Liberal government will reduce the number of CEOs and vice-



PAULA LEVY PHOTO

Chester-St. Margarets candidates, from left, Liberal Tim Harris, Progressive Conservative Janet Irwin and New Democrat Denise Peterson-Rafuse debate their party's platforms at Forest Heights Community School on September 25.

presidents of health care by reducing the number of health-care authorities from 10 to two.

He said he wanted to improve local community-based decision-making following the example set by Our Health Care Centre which is being proposed for Chester.

Following the questions from the moderators, there was little time to field questions from the audience. However, among the questions on people's minds were rock quarries, rural Nova Scotia, the environment and education.

Chester-area school board member Theresa Griffin said families need access to quality early childhood education, the

most important determinant of health and wellness. She wanted to know what each of the candidates plan to do to support early childhood education.

Ms Peterson-Rafuse said the NDP government has already laid the foundation to move the early years to Education.

"I am proud to say that we have moved the early years under the Education portfolio. There is a lot of work that needs to be done," said Ms Peterson-Rafuse. "To take the balanced approach, what we need to have is more planning. ... In reality, it's not going to happen overnight. ... But you do need a government that will make a commitment."

Mr. Harris responded that the Liberals believe that universal early child-care education is important but the province needs a federal

partner to fund such a child-care program.

"We need to look at accessibility and affordability of child care across the province," said Mr. Harris, noting his government has committed to investing \$2.6 million in early intervention programs and \$2 million in family resource centres in Nova Scotia.

Ms Irwin said a PC government has committed to invest in early learning programs across the province and will have an early learning program in place within 10 years.

In their closing remarks, Ms Peterson-Rafuse said the NDP has done a lot of work in the Chester-St. Margarets area. She said she brought in \$28 million worth of roadwork to the area, invested \$3 million in businesses and non-profit groups, played a lead role in the uranium mining band and buying back Bowater lands, improved Graves Island Provincial Park, secured \$1 million for the Ross Farm Museum's learning centre, developed the first active living bike lane, and contributed \$900,000 in renovations to Forest Heights Community School and establishing the skilled trades program, \$500,000 to the collaborate health-care centre Our Health Centre, renovations to Shoreham Village and bringing seniors' apartments to the area.

Ms Irwin simply encouraged people to get out and vote on October 8. She said the most frustrating part of going door to door is voter apathy. So, she decided to run to make a difference.

"Democracy is tough and democracy is hard work. We all have a voice and if we do our homework we can make a difference. ... Do your homework on this one. It's really important. Look carefully at the three party platforms, at the three party leaders and look carefully at three of us and make an informed decision. It's your right. It is all of our obligation to vote," she said.

Mr. Harris concluded the debate echoing Ms Irwin's comments about voting.

"Please take that opportunity to vote for the candidate of your choice," he added.

Nova Scotia 2013 ELECTION



TOWN OF LUNENBURG NOTICE

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TIDE • TABLE

OCTOBER 2 - OCTOBER 9, 2013

<p>Wed., October 2</p> <table border="0" style="width: 100%;"> <tr><td>low</td><td>2.3 ft.</td><td>12:46 a.m.</td></tr> <tr><td>high</td><td>6.6 ft.</td><td>6:55 a.m.</td></tr> <tr><td>low</td><td>2.6 ft.</td><td>1:04 p.m.</td></tr> <tr><td>high</td><td>6.6 ft.</td><td>7:07 p.m.</td></tr> </table> <p>Fri., October 4</p> <table border="0" style="width: 100%;"> <tr><td>low</td><td>2.0 ft.</td><td>2:07 a.m.</td></tr> <tr><td>high</td><td>7.2 ft.</td><td>8:07 a.m.</td></tr> <tr><td>low</td><td>1.6 ft.</td><td>2:30 p.m.</td></tr> <tr><td>high</td><td>6.9 ft.</td><td>8:30 p.m.</td></tr> </table> <p>Sun., October 6</p> <table border="0" style="width: 100%;"> <tr><td>low</td><td>1.6 ft.</td><td>3:30 a.m.</td></tr> <tr><td>high</td><td>7.5 ft.</td><td>9:27 a.m.</td></tr> <tr><td>low</td><td>1.3 ft.</td><td>4:01 p.m.</td></tr> <tr><td>high</td><td>6.9 ft.</td><td>9:57 p.m.</td></tr> </table> <p>Tues., October 8</p> <table border="0" style="width: 100%;"> <tr><td>low</td><td>2.0 ft.</td><td>4:59 a.m.</td></tr> <tr><td>high</td><td>7.2 ft.</td><td>10:54 a.m.</td></tr> <tr><td>low</td><td>1.3 ft.</td><td>5:40 p.m.</td></tr> <tr><td>high</td><td>6.6 ft.</td><td>11:29 p.m.</td></tr> </table>	low	2.3 ft.	12:46 a.m.	high	6.6 ft.	6:55 a.m.	low	2.6 ft.	1:04 p.m.	high	6.6 ft.	7:07 p.m.	low	2.0 ft.	2:07 a.m.	high	7.2 ft.	8:07 a.m.	low	1.6 ft.	2:30 p.m.	high	6.9 ft.	8:30 p.m.	low	1.6 ft.	3:30 a.m.	high	7.5 ft.	9:27 a.m.	low	1.3 ft.	4:01 p.m.	high	6.9 ft.	9:57 p.m.	low	2.0 ft.	4:59 a.m.	high	7.2 ft.	10:54 a.m.	low	1.3 ft.	5:40 p.m.	high	6.6 ft.	11:29 p.m.	<p>Thurs., October 3</p> <table border="0" style="width: 100%;"> <tr><td>low</td><td>2.3 ft.</td><td>1:27 a.m.</td></tr> <tr><td>high</td><td>6.9 ft.</td><td>7:30 a.m.</td></tr> <tr><td>low</td><td>2.0 ft.</td><td>1:46 p.m.</td></tr> <tr><td>high</td><td>6.9 ft.</td><td>7:48 p.m.</td></tr> </table> <p>Sat., October 5</p> <table border="0" style="width: 100%;"> <tr><td>low</td><td>2.0 ft.</td><td>2:48 a.m.</td></tr> <tr><td>high</td><td>7.2 ft.</td><td>8:46 a.m.</td></tr> <tr><td>low</td><td>1.3 ft.</td><td>3:15 p.m.</td></tr> <tr><td>high</td><td>6.9 ft.</td><td>9:13 p.m.</td></tr> </table> <p>Mon., October 7</p> <table border="0" style="width: 100%;"> <tr><td>low</td><td>2.0 ft.</td><td>4:13 a.m.</td></tr> <tr><td>high</td><td>7.5 ft.</td><td>10:10 a.m.</td></tr> <tr><td>low</td><td>1.3 ft.</td><td>4:49 p.m.</td></tr> <tr><td>high</td><td>6.9 ft.</td><td>10:42 p.m.</td></tr> </table> <p>Wed., October 9</p> <table border="0" style="width: 100%;"> <tr><td>low</td><td>2.3 ft.</td><td>5:50 a.m.</td></tr> <tr><td>high</td><td>7.2 ft.</td><td>11:40 a.m.</td></tr> <tr><td>low</td><td>1.6 ft.</td><td>6:35 p.m.</td></tr> </table>	low	2.3 ft.	1:27 a.m.	high	6.9 ft.	7:30 a.m.	low	2.0 ft.	1:46 p.m.	high	6.9 ft.	7:48 p.m.	low	2.0 ft.	2:48 a.m.	high	7.2 ft.	8:46 a.m.	low	1.3 ft.	3:15 p.m.	high	6.9 ft.	9:13 p.m.	low	2.0 ft.	4:13 a.m.	high	7.5 ft.	10:10 a.m.	low	1.3 ft.	4:49 p.m.	high	6.9 ft.	10:42 p.m.	low	2.3 ft.	5:50 a.m.	high	7.2 ft.	11:40 a.m.	low	1.6 ft.	6:35 p.m.
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Level of accuracy may be affected by weather patterns and circumstances.

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TOWN OF BRIDGEWATER INVITATION TO SERVE

The Town of Bridgewater is inviting applications to serve on the Bridgewater Board of Police Commissioners. An understanding of the Board's mandate can be viewed at: <http://www.bridgewater.ca/committees-of-council/committees-and-commissions-of-council.html>

The Application Form for this Board may be:

- i) *picked up* at Bridgewater Police Service (45 Exhibition Drive); or
- ii) *downloaded* from the BPS website www.bridgewaterpolice.ca; or
- iii) *e-mail request* to psleep@bridgewaterpolice.ca.

Deadline for applications is October 18th, 2013 at 4:30 p.m. We welcome Bridgewater citizens to become involved in order to improve our community.

Patty Sleep, Executive Assistant
 Commission Recording Secretary
 45 Exhibition Drive, Bridgewater, NS B4V 0A6
 (p) 543-2179 (f) 543-7935



KEITH CORCORAN PHOTO

Nova Scotia Liberal leader Stephen McNeil, left, campaigns September 27 in Chester with Chester-St. Margarets candidate Tim Harris.

Liberal leader not taking voters for granted, won't make South Shore predictions

By KEITH CORCORAN
kcorcoran@southshorenova.ca

COUNTY — Leading into the final days of the provincial campaign, the leader of the front-running Liberals isn't about to make any election predictions concerning fortunes on the South Shore.

"I'm encouraged by the support we're receiving," Stephen McNeil led off an interview with southshorenova.ca and the Lunenburg County Progress Bulletin during a campaign stop last week in Lunenburg.

"No party, no leader should ever take any riding for granted or any voter for granted."

Stephen McNeil
Nova Scotia Liberal leader

"Candidates are working extremely hard but that's the beauty of elections. Individual Nova Scotians get to cast their ballot and no party, no leader should ever take any riding for granted or any voter for granted."

Mr. McNeil, 48, is the incumbent in the riding of Annapolis.

His party's hopefuls in Lunenburg County are Tim Harris in Chester-St. Margarets, Suzanne Lohnes-Croft in

Lunenburg and Mark Furey in Lunenburg West.

"Tim, Suzanne and Mark are tremendous candidates, tremendous people," Mr. McNeil explained. "They've done us proud as a party and now it's going to be up to the voters who they want to represent them in the house."

He believes trust is the underlying theme of the election and he doesn't think the Baillie Progressive Conservatives and Dexter New Democrats have or are living up to the premise.

In the meantime, the Liberals are building enthusiasm with their campaign

and are encouraged with the support and optimism, he said.

That includes the party's policy document, chock full

of spending promises on issues including health and education. Mr. McNeil looks forward to touting the plan over the remaining days of the writ.

"We've laid out a very balanced platform," he pointed out.

"Our platform is doable. It's believable."

The Liberals held 12 seats at dissolution. The incumbent NDP government had majority status with 31 seats. The Tories were third with seven seats. Two seats were vacant.

The parties will be battling for 51 seats, not 52, thanks to the redrawn electoral map.

Nova Scotia 2013 ELECTION



Lunenburg West Liberal candidate Mark Furey speaks to a supporter during a September 25 breakfast event in Bridgewater.

KEITH CORCORAN PHOTO

Lunenburg West Liberal candidate broadens reach with social media 'town hall'

By KEITH CORCORAN
kcorcoran@southshorenova.ca

BRIDGEWATER — The Liberal hopeful in Lunenburg West is making unique use of the social tools of technology with the typical face-to-face doorstep campaigning.

Mark Furey utilized the social news and entertainment site Reddit one night last week and fielded questions in an "ask me anything" on-line forum

pertaining to a wide range of topics in an effort to engage more voters.

"That's about broadening our reach," the

52-year-old retired police officer told attendees of a Liberal breakfast event in Bridgewater. "That's about giving ... residents of Lunenburg West the opportunity to inquire and question the individuals who choose to represent you."

Mr. Furey said his campaign has expanded to bring on board a wider realm of support. He indicated it's been a lengthy journey leading up to the October 8 election, dating back to when he wanted the nomination and party leader Stephen McNeil confirmed to him that he's free to speak with the best interests of his constituents in mind.

"This is just a continuation of pub-

lic service," Mr. Furey said last week, referencing his lengthy career in the RCMP and his pursuit of elected office.

Mr. Furey was the candidate in 2009 and finished third with 25 per cent of the vote behind Carolyn Bolivar-Getson of the Progressive Conservatives and winner Gary Ramey of the NDP.

This time around he faces off against the incumbent Mr. Ramey, David Mitchell of the Progressive Conservatives and Green party hopeful Rob Pierce.

"This is just a continuation of public service."

Mark Furey
Lunenburg West Liberal candidate

During the September 25 breakfast event, Mr. Furey, in response to a question concerning education, talked about his party's plan, including the intent to cap elementary school class sizes. He also referenced, in response to another inquiry, the party's plan to speed up treatment options and provide tuition relief to 25 new doctors per year for four years, in exchange for a five-year commitment to practice in under-served communities in Nova Scotia.



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Nova Scotia 2013
ELECTION 

Lunenburg West candidate forum hears about health care

By **KEITH CORCORAN**
kcorcoran@southshorenova.ca

COOKVILLE — The health-care system, its costs and community oversight was arguably a hot-button topic on the minds of those asking questions of candidates seeking the provincial seat of Lunenburg West.

Liberal candidate Mark Furey and David Mitchell of the Progressive Conservatives suggest their parties are committed to reducing senior administration and the number of district health authorities across the province. They say a volunteer community representation will still remain. But NDP incumbent Gary Ramey believes local voices in health care will get lost in the shuffle and won't get heard.

In response to a question at a public forum sponsored by a local business group, Mr. Ramey suggested combined superboard-style health authorities will translate into a "costly mess" that previous governments have attempted. The Dexter NDP have reduced health-care administration costs by over 20 per cent and are still working on further reductions through a shared-services program, Mr. Ramey explained.

The question at the September 26 candidates' forum concerning cutting administration and its impact on the health-care system was asked by health-care worker Dianne Frittenburg, who also was sporting an NDP button supporting Mr. Ramey's candidacy.

Liberals are eyeing the consolidation due in part because Ottawa plans to reduce health transfer dollars starting next year, which means Nova Scotia will receive \$900 million less over the next 10 years, Mr. Furey said.

"We cannot continue to function as we do," he told the audience of about 200 people who gathered at a local hotel to hear the candidates.

Mr. Furey said the savings achieved through cuts in senior hospital administration and consolidation means \$13 million will go back into front-line care.

"This is about hiring more nurses so I don't hear [in the media] every weekend that the [emergency department] in Lunenburg is closed."

The Progressive Conservatives also support reducing the number of health authorities and administration costs. Mr. Mitchell said the focus has to be on care.

"We need to put patients first," the Tory said. "If there is not a payroll clerk in South Shore Regional health it does not affect the front-line care that you get, other than the fact that every dollar you pay that person is a dollar you cannot pay a nurse a doctor or someone else that's going to take care of you as a patient."

Candidates also fielded questions on topics such as school closures and education, highways, electricity rates and support for big business. Other questions from the crowd covered aquaculture, quarry development and MLA pensions.



Mark Furey of the Liberals.



Progressive Conservative David Mitchell.



NDP incumbent Gary Ramey.

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Cocaine charges set for trial

BRIDGEWATER — A Bridgewater man accused of selling cocaine to undercover police officers in the summer of 2011 will go to trial at the end of next month.

October 31 and November 1 have been set as trial dates for Matthew Manuel Faustino, who faces three counts of trafficking in cocaine from July 2011.

Mr. Faustino, 26, was arraigned in Nova Scotia Supreme Court in Bridgewater September 26 and entered not guilty pleas to the allegations.

He was one of four men charged following a police undercover operation that summer. The three-week investigation targeted the street-level drug trade of cocaine and marijuana in Bridgewater. The other three men have already been dealt with by the courts.

Graham Jarad Carr, now 26, pleaded guilty to two counts of trafficking cocaine in February 2012 and was sentenced to two years in prison.

Alan Stephen Rankin, 33, was sentenced in May of this year to serve two years and 10 months in custody on a string of charges, which included three counts of trafficking in cocaine.

Gary Harold Bushen, 64, received a year on house arrest as part of an 18-month conditional sentence handed down in April of this year. He pleaded guilty to two counts of trafficking in marijuana.



ROBERT HIRTLE PHOTO

Gordon Smith, left, and Michael Haines, consultants with CBCL Limited, have been engaged by the Town of Lunenburg to develop an active transportation strategic plan.



MUNICIPALITY OF THE DISTRICT OF LUNENBURG

PUBLIC NOTICE

EXPRESSION OF INTEREST LUNENBURG COUNTY MULTI-PURPOSE CENTRE CORPORATION – BOARD MEMBER

The Lunenburg County Multi-Purpose Centre Corporation is a Municipal Corporation owned by the Municipality of the District of Lunenburg and the Town of Bridgewater. The Corporation owns and operates the *Lunenburg County Lifestyle Centre* and is run by a Board of which each municipal unit has representation. Presently, there are two vacant positions on this Board, one for the Municipality of the District of Lunenburg and one for the Town of Bridgewater. Expressions of Interest are being sought for both of these positions.

If you are a resident of the Municipality of the District of Lunenburg and are interested in serving on the Lunenburg County Multi-Purpose Centre Corporation Board, please submit an Expression of Interest, on or before October 9, 2013 at 4:00 p.m. to:

Tammy Wilson, MURP, MCIP, Chief Administrative Officer
Municipality of the District of Lunenburg
210 Aberdeen Road, Bridgewater, Nova Scotia, B4V 4G8
e-mail: sconrad@modl.ca (please confirm receipt of e-mail)

If you are a resident of the Town of Bridgewater and are interested in serving on the Lunenburg County Multi-Purpose Centre Corporation Board, please submit an Expression of Interest, on or before October 9, 2013 at 4:00 p.m. to:

Ken Smith, C.A., Chief Administrative Officer
Town of Bridgewater
60 Pleasant Street, Bridgewater, Nova Scotia, B4V 3X9
e-mail: ashupe@bridgewater.ca

Expressions of Interest shall include a brief summary of interest and qualifications that are applicable to such a Board position.



NOTICE OF AMENDMENT In the matter of the Municipal Government Act and the Municipality of the District of Chester

TAKE NOTICE THAT, on April 25, 2013 Chester Municipal Council approved amendments to the Secondary Planning Strategy and the Land Use By-law for the Village of Chester. The purpose of these amendments is:

1. To rezone a portion of P.I.D. 60403458 and a portion of P.I.D. 60605888 to Highway Commercial in order to permit development of a medical clinic on a land assembly that includes said portions of land.
2. To remove "Parking Lots" as a permitted use in the Highway Commercial Zone.
3. To remove the undefined term "health care offices" from the list of Permitted Developments in the Land Use By-law and to substitute it with the defined term "medical clinics."
4. To delete Guideline 8, a design guideline in Schedule D-1 to be consistent with Amendment #2 (above) which removes "Parking Lots" as a permitted use.

These amendments are now in effect. The amendments may be inspected at the Chester Municipal office, 186 Central Street, Chester, during normal office hours. For further information call 275-2599.

Pam Myra,
Municipal Clerk

Moving toward better health

Lunenburg takes action on active transportation plan

By ROBERT HIRTLE
rhirtle@southshorenov.ca

LUNENBURG — It's not, as they say, rocket science.

There is undeniable evidence today that clearly proves the more active people are, the healthier they are.

And those health benefits do not just result from participating in sports and other intense recreational activities, but include many routine things we do every day including how we get around.

Recently, the Town of Lunenburg engaged the services of consultants CBCL Limited to help draft an active transportation strategy that will provide guidance to the community in determining priorities for the development of infrastructure and programs that will encourage residents to be more physically active in their day-to-day living and rely less on automobile usage.

Two evening meetings involving the general public and one luncheon gathering attended by invited stakeholders were held the week of September 23 at the Lunenburg fire hall hosted by town recreation director Robin Scott with presentations by consultants Gordon Smith and Michael Haines.

The stakeholders' meeting which was held September 24 saw a group of about 20 individuals in attendance who were deemed to have specific interests, opinions and observations over what should be included in the development of the plan.

"You've all been specifically invited primarily because of your background and your involvement in active transportation," Mr. Scott said in opening the gathering. "So you have a better feel for some of the issues that may be surrounding active transportation in and around Lunenburg."

The two-hour session included a video presentation on the health benefits of being active and in particular in walking at least 30 minutes a day, five days a week.

That was followed by a question-and-answer period and a walkabout where the group visited selected areas of town with intersections that were deemed by the consultants to be challenging from an active transportation point of view.

"It's your active transportation plan, we bring some of the ideas and knowledge that we have from other places, but you know this particular place better than we ever will," Mr. Smith said. "So there's a dialogue that we want to get happening a little bit on some of these issues, and that dialogue will continue with Robin and the town engineer and different people like that as well as we start to look at some specific things."

Mr. Haines said that active transportation is not to be confused with alternative transportation but rather involves any form of transit that is human powered.

"And of course, typically when we're thinking of that, we're thinking of walking, but it also includes cycling, in-line skating, skateboarding and wheeling ... and any other form of non-motorized transport," he said. "Whenever people think of active transportation it's very easy for them, particularly for adults, to think of it in terms of recreation ... however, we have to think of it in terms of walking to and from school ... shopping, tourism and work."

He said an active transportation plan is not only about actual physical activities, but also includes such aspects as education, programs, policies and planning.

"It's about the kinds of things needed to create a plan that provides direction for our councils, for our future governments, of where we want to go as a community," Mr. Haines said.

During discussion individual members of the group were each asked, as stakeholders, to come up with one single issue that should be addressed as a priority to make Lunenburg a more active transportation-friendly town.

Responses included more sidewalks, overcoming gaps in the town's street and trail systems, improvements to certain intersections, lack of bicycle lanes in certain areas, paving the trail system that connects old town and new town, a lack of bicycle racks and better signage and directional information for visitors.

Mr. Haines and Mr. Smith's next task is to take the data they have gathered from the public input sessions and use it to develop a course of action for council to consider.



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TURNING OUR RESOURCES AROUND

To boost or not to boost?

Council wrestles with donation request

By **ROBERT HIRTLE**
rhirtle@southshorenova.ca

LUNENBURG — In the grand scheme of things, \$500 doesn't seem like a whole lot of money to a town with a \$5.37 million operating budget.

To some members of Lunenburg council, however, that might be the case.

At their September 24 meeting, council referred a request for funding from the Bluenose Academy Seahawks Booster Club to the general government committee for consideration and recommendation.

The booster club was formed at the school this year to assist in raising money in support of extracurricular activities involving sports teams and other clubs which receive no financial support from the Department of Education.

Recently, a written request was delivered to businesses and organizations by a parent representative looking for support for the club on one of three levels — a Tall Ship Booster for a \$500 donation, a Schooner Booster for a \$200 contribution and a Dory Booster for those giving \$100.

Various incentives and levels of recognition would befall donors depending on the amount of money they have donated.

Included in that is recognition on a sign that will be displayed in the school's gymnasium for the entire school year.

During discussion Mayor Rachel Bailey told council that the Booster Club co-ordinator had run a similar fundraising initiative at Park View Education Centre for a number of years.

"He's dedicating his time and energy in working with the school to offer similar benefits to the students at Bluenose Academy," the mayor said. "It's certainly a feel-good thing ... that's the intention that you are helping students."

She said the program wasn't in the town's "grant stream" as it is a new initiative that just started this year.

"It's a matter of whether we see this as something that we should be supporting," she added.

Councillor Peter Mosher said that while contributing to the club might be good public relations, "I don't know if that's part of the job."

"We are giving taxpayers' money away, so I'm a taxpayer and I see the Town of Lunenburg sign, I say that's my donation, but then if I donate to it I'm really donating twice," he said, adding that the town does provide lots of recreation facilities for kids in the area.

Councillor Tyler Hayden said that parents are often asked to donate towards the cost of such items as uniforms or bus trips, but "a lot of kids don't have that ability."

"So, being able to set up booster club is going to be a huge advantage to making sure that kids get involved in a sport," he said, adding that "active kids are productive kids."

He thinks that students involved in sports would be less likely to get in-

involved in mischief and other destructive activities within the community.

"So if anything, this is an investment in cost savings. I guess that would be another way to look at it. As much as it is a feel good, we are investing in helping to make our community active," he said. "I see it as a great investment."

He believes that having the school-run recreation programs for youth ages five to 14 actually saves the town money because if the town had to run such programs on their own it would have to hire an assistant recreation director.

Councillor Peter Zwicker, however, agreed with Councillor Mosher in that the town currently does give money for the benefit of students.

"Basically I've given twice, Councillor Mosher has given twice, everybody around the table has given twice," he said. "It just seems like there are so many areas where we need to dedicate our money and I'm not sure a booster club is where we should be spending our money."

He suggested that the parents of the students should be carrying out fundraising events to raise money for extracurricular activities, similar to how the Lunenburg Minor Hockey program fundraises.

Councillor Thom Barclay said that the town donates to the school "on a daily basis," and while he believes the club is a great program, he feels this is a situation where businesses and private individuals should "step up and speak with their own voice and support, and have their own name on the wall."

"I've never seen a school function [with] a sign saying sponsored by the town," he said. "I personally have never seen that and that is a good reason not to do it. I sort of see this as an ask of the community at large to do it and not necessarily the town."

Mayor Bailey suggested that contributing to the club offers a chance to show some leadership "as far as initiatives that are important to the health of our community and the health in the very broadest sense."

"Having that school here is key to our economic development and having the school-run programs like this encourage healthy living and healthy engagement in the community and integration into the community," she said. "I think it's very important."



PAULA LEVY PHOTO

FAMILY SCHOOL

Murial Hubley looks through old photographs at the Wee Wisdom 50th anniversary recognition event on September 21. Ms Hubley's son and grandson are graduates of the Bridgewater nursery school. Looking over her shoulder is school board member Margie Bell.



MUNICIPALITY OF THE DISTRICT OF LUNENBURG

Miller Point Peace Park Advisory Committee

NOTICE: Annual General Meeting Wednesday, October 9, 2013 at 7:00 pm MARC, Dayspring

The public is invited to attend the annual general meeting and to provide input to the Committee concerning park improvements. Residents of the Municipality can also make application to fill 2 upcoming positions on the Committee— positions will be appointed by Council. Application may be made by written submission. Deadline is Wednesday, October 9, 2013 by 7:30 p.m.

For further information or to send application please email Trudy Payne at tpayne@modl.ca or call 541-1333.



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Municipality spends \$56,554 to install electronic records management system

By **KEITH CORCORAN**
kcorcoran@southshorenova.ca

COUNTY — The Municipality of Lunenburg has tasked a leading document authority firm to supply, install and train staff in a new electronic records management system.

The municipality will pay Ricoh Company, which has offices in Cape Breton and the Halifax Regional Municipality, \$56,554 to implement the system across all departments within the municipality.

“Records management is a key business process and with a modernized electronic system ... it will enable the municipality to ensure that it adheres to its legal, professional and ethical responsibilities ... while improving efficiency by reducing retrieval time, and space needs,” a report to council from municipal clerk April Whynot-Lohnes explained.

The electronic records management is expected to improve efficiency by reducing retrieval time and space needs, and maintains control over what is kept, how it is kept and why it is kept, the report

explained.

“The Municipality of Lunenburg has no electronic system that tracks or classifies its records that are kept and the continual mass filing and data storage both electronic and physical space are becoming overburdened.”

The municipality talked three years ago about analyzing the concept of a cost-effective, user-friendly application that would work with its computer systems. A committee of the municipality felt Ricoh would deliver a good system.

Ricoh’s “experience is reflective in the municipal sector and has a very strong

and competent understanding of the requirements of an [electronic records management system] project in a municipal setting,” the report to council explained of the committee’s conclusions.

“The committee concluded after discussing with the vendor [Rico] during their presentation that they had a strong implementation approach, and would meet all objectives.”

The new system aligns with the municipality’s goal of delivering efficient and effective municipal services.

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www.personalcarephysio.ca



STACEY COLWELL PHOTO

VIKING VOYAGE

Madison Dahl, Lindsey McGinnis and Amy Mead were among the hundreds of students who participated in Bridgewater High School’s annual Viking Voyage fundraising walkathon on September 26.

“I’m a proud member of Stephen McNeil’s Liberal Team.
On October 8th, please vote Liberal and put Nova Scotia First.”

VOTE

Mark Furey

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KEITH CORCORAN PHOTO

FEATHER FUN

Three-year-old Audrina MacDonald is intrigued by a feather held by Patricia Stephens at the annual Gold River Pow Wow. The recent public event serves as a chance to socialize, sing and honour First Nations culture.

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670 University Ave., Charlottetown
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Comparison based on best available prices for comparable plans in market as of August 30, 2013. All plan components and Unlimited features are applicable on the Eastlink Network and our Partner Network in Nova Scotia and PEI, unless otherwise stated. While travelling outside these areas roaming usage is applicable. Price shown based on a subscription, in good standing, to Eastlink's Watch, Surf & Talk bundle. Offer valid for a limited time and is subject to change without notice. Unlimited talk is applicable to local calls. Unlimited text excludes international, premium, and subscription-based messages. Visit eastlink.ca for full details.



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Credit union GM spends 24 hours atop scaffolding for charity

By STACEY COLWELL
scolwell@southshorenov.ca

BRIDGEWATER — The LaHave River Credit Union got creative with its most recent fundraiser.

“Something our credit union prides itself on is giving back to the community as much as possible. We like to participate in events and raise money as well as volunteer our time, and we wanted to do something a little different with this,” said general manager Corey Rogers after spending 24 hours atop scaffolding in front of his Bridgewater office building.

He and colleague Patrick Henry spent a chilly September 26 night perched high above North Street talking, watching a movie on a laptop, chatting to passersby and occasionally nodding off.

“We have the temperature on our sign out there, but I tried not to look at it,” laughed the 38 year old, who only took brief breaks from his spot on top of the scaffolding and was always replaced by another employee.

“If we do it again, it’ll be in the summer.”

Still, he was happy to raise money and awareness for the Harbour House transition home for women and children.

“We wanted to raise awareness about violence against women. It unfortunately is still happening, and we need to fight against that.”

The credit union hosted a fundraising barbecue at lunchtime on September 26, and after 24 hours, Mr. Rogers came back down to earth at noon the next day.



LaHave River Credit Union general manager Corey Rogers spent 24 hours outside the Bridgewater branch atop scaffolding in an effort to raise funds and awareness for the Harbour House transition home for women and children.

STACEY COLWELL PHOTO

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Trial date set in sex-for-drugs case

By LISA BROWN
lbrown@southshorenov.ca

COUNTY — A trial date has now been set for the final man charged following an investigation into alleged sex-for-drugs exchanges involving teen girls.

Twenty-three-year-old Craig Linwood Ernst of Northfield is charged with trafficking in hydromorphone, along with sexually touching a teen girl, inviting her to touch him and sexually assaulting her between June and September 2012.

His lawyer appeared in Bridgewater provincial court September 25 asking for a trial date. Alan Ferrier suggested a full day will be required to hear the case.

That has now been set for March 24. Seventy-three-year-old Barry Lawrence Veinot of Mahone Bay is slated to go to trial November 19.

He faces five charges, including trafficking in hydromorphone, unlawful confinement, sexual assault, sexual exploitation and having anal intercourse, all involving one teen girl. The allegations are dated between June 1, 2012, and April 2 of this year.

Three other men face trials in January in connection with crimes allegedly committed between June and September 2012.

Dustin Craig Collicutt, 23, of Chester Basin is charged with trafficking in hydromorphone.

Brendan Gregory Levy, 30, of Chester is charged with trafficking in hydromorphone and sexual exploitation.

Brandon Clarence Corkum, 21, of Chester Basin faces a single count of procuring a person to have sexual intercourse.



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Town of Mahone Bay	November 18	

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Town of Bridgewater	November 25 - 30 (on your regular collection day)
Town of Mahone Bay	November 4

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Town of Mahone Bay 624-8327	

Council takes next step in utility truck purchase

By **ROBERT HIRTLE**
rhirtle@southshorenov.ca

LUNENBURG — Council has asked Raymond Francis, superintendent of the town's electric utility, to prepare tender documents for the purpose of purchasing a new line truck.

Mr. Francis reported to council last week that the utility's current truck, a 1999 Freightliner, has been requiring an increasing amount of repair.

He told council in a written report that in 2012 a total of \$11,509 in truck repairs was carried out and to the end of July of this year another \$10,780 was spent.

He suggested council purchase a new unit and keep the 1999 line truck as a spare, housing it in the blue annex building on Victoria Road when it was not needed.

He said the truck was assessed by Geocon earlier this year and required \$2,000 worth of repairs to the boom in order for it to pass that company's testing.

Another \$2,000 worth of repairs were needed to replace air lines for the main brakes, install new front shocks and carry out a front-end alignment.

He said other upcoming repairs which will soon be required include new rear tires, repairing the heat-air conditioning belt and replacing a chafed hose in the main boom.

If a new truck is purchased, Mr. Francis said the old unit would be kept for setting poles and anchors, lifting transformers and assisting with primary cable changeovers.

He said by setting up a schedule to

run the truck at least once a week and keeping it undercoated, it should last another eight to 10 years.

The new truck would be under warranty for several years depending on the model purchased and would therefore not require any money spent on it for repairs.

"Purchasing a new, smaller truck will be more beneficial to use to change over our new poles as now safety standards require us to put higher poles in," Mr. Francis said. "This would allow us to change over a pole safer and easier within our own utility and not have to hire someone to assist us."

Should council approve the purchase, the truck would not be delivered until after April 2014 and therefore would be in next year's operating budget.

He said that estimates for the cost of a new truck obtained from NSPI were around \$275,000. There currently is \$143,172 in a replacement reserve fund and an additional \$425,545 is in the electric utility depreciation reserve fund and some of that money could be used to pay the balance.

He told council that a trade-in allowance for the old truck would only amount to about \$10,000.

"My feeling is it's a shame to let that truck go for \$10,000 if we can use it as a spare," he said.

It will likely take a month to properly prepare the necessary documents needed to put the purchase out to tender and another 45 to 60 days to allow for those tenders to be presented.



NEW EQUIPMENT

The Bridgewater fire department recently received a \$1,951.71 (\$4,304.45 total project cost) grant from the now finished Joint Emergency Preparedness Program (JEPP). The funds were used to purchase and install a new repeater system at the Aberdeen Road tower site. Part of the upgrade was the sharing of the repeater site with the Oakhill and district fire department. Pictured from left are Bridgewater Mayor David Walker, Chief Michael Nauss, REMO co-ordinator Heather Mackenzie-Carey, and Steve Mills, EMPO for EMO Nova Scotia. The project scope was to improve communications during an emergency between fire departments.

New program targets youth in Grades 6 to 9

By **ROBERT HIRTLE**
rhirtle@southshorenov.ca

LUNENBURG — Council has given the green light for recreation director Robin Scott to proceed with the establishment of a community-based after-school program for students in Grades 6 to 9.

In a written report to council, Mr. Scott said the priority of the program is targeting girls in those grades because they apparently have the biggest drop-off in physical activity, but there is also a desire to hold co-ed sessions so both genders can participate together.

The provincial government will cover the cost of leadership, snacks, equipment, facility rental and other expenses and are "fairly flexible" on how the program is designed.

It will be run out of the Lunenburg

community centre three afternoons per week from October through December and could be extended further into the winter if additional funding is provided.

"With the school right next door, we are in a very good position to offer such an after-school program and with the ages involved, we will not undercut the Lunenburg Day Care Centre which caters to a younger age range in their after-school care," Mr. Scott said.

He believes that leadership in the program is a key component and the right person must be found to implement it and be able to motivate the youth to not only become involved, but to stay involved.

"Once a leader is selected, we would convene focus groups in the school to get an idea from the youth as to what sort of things they would like to do," he

explained. "It could be anything from traditional sport activities to activities such as yoga, hip hop, Zumba, crafts, hiking, skating [or] curling."

He estimates the total cost of the program, which has been dubbed After the Bell, will be \$3,540, all of which will be funded through the province's Thrive

Fund.

"This is a wonderful opportunity to make a difference in the amount of physical activity we can encourage young people to engage in, especially young women in the early teen years," he said, adding he hopes to get the program up and running in early October.

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LISA BROWN PHOTO

GOOD SHOT

Seven-year-old Jack Dixon is usually a little too young to hang out at the YMCA King Street Youth Centre which offers drop-in services to kids ages 12 to 18 seven days a week, but the Conquerall Mills boy is having a blast playing air hockey against his mom September 28 when the centre hosted an open house to mark its first anniversary.

Chester returns to daytime meetings

By PAULA LEVY
plevy@southshorenov.ca

CHESTER — The Municipality of Chester has decided not to hold monthly night meetings after all. The majority of council felt the public did not seem to care one way or the other about once-a-month meetings at night.

In a poll held online, chief administrative officer Erin Beaudin said that 110 people responded to whether council should continue to hold evening meetings. She said 59 votes responded “no”; 43 votes, “yes”; and eight votes, they did not care.

Councillor Andre Veinotte said the result of the poll provided statistically useless data because not a large enough sample of the population responded.

Warden Allen Webber added, “Well there is one thing that you can gather from that — nobody cares.”

But Councillor Veinotte said that no one would care until the day came they need to come before council and having a night meeting option would be more convenient.

Deputy Warden Floyd Shatford did not agree. He said the lack of response shows that people just don’t care if council meetings are at night or not.

“We had 11,000 people that could have voted,” he noted.

Deputy Warden Shatford added that having a night meeting hinders council’s abilities because all staff are not available during meeting times. He said if council had a question during a day meeting, staff are available.

“The staff issue alone is enough, with the lack of people showing that they want evening meetings, is enough for me to keep them all in the daytime,” said Deputy Warden Shatford.

He also said it was an inconvenience to the staff that have to attend their meeting to work from 8:30 a.m. until council finished.

“They’re tired. They worked all day. ... This is an issue with having a meeting, in my opinion, at night,” he said.

“They’re tired. They worked all day. ... This is an issue with having a meeting, in my opinion, at night.”

Floyd Shatford
Deputy warden

“I really believe that if there was an outcry, then we should support it. But I haven’t seen that at all.”

Councillor Tina Connors disagreed. She asked her constituents to voice an opinion on the matter. She received 27 responses from voters who all wanted council to keep night meetings.

“It think that it’s important. I think that an evening meeting encourages opportunity for public turnout, public engagement,” she said. “Personally, it would be easier for me to come in the daytime. ... But it’s not about me. It’s about the individuals that at some point in time want to engage with their municipal unit. We are their council,” she added.

She made a motion to continue to have once-a-month night meetings. It was seconded by Councillor Andre Veinotte.

“I don’t think it’s a big deal to have one a month,” said Councillor Veinotte. “It gives people the opportunity. It’s not costing us anything really to speak of so why not?”

Warden Webber added that attendance at council is driven by issues.

“They’ll show up if they’re interested,” said Warden Webber. “If people had indicated strongly that they wanted to meet at night, if they started showing up in droves and nobody in the day, I’ll stay all day and all night for them. But I don’t see any indication that the public is interested in this debate whatsoever.”

Councillor Connors’ motion was defeated. Council will resume holding day-only council meetings.

Food drive under way for second year

By LISA BROWN
lbrown@southshorenov.ca

BRIDGEWATER — Mary Leary left the Bridgewater food bank last fall with tears

in her eyes, not for herself but for those who needed help.

“It hit really hard knowing that there are a lot of people in this town who rely on it, not due to being on social assistance, but to living on minimum wage or loss of jobs,” she says. “It could be any one of us.”

That’s when Ms Leary knew that what started as a one-time drive to gather food and

cash to help the community was going to become an annual event.

“I want to try to do it bigger every year if I can,” Ms Leary says.

It’s a big goal since last year’s food drive saw her deliver six car loads of groceries and several hundred dollars in cash to the Bridgewater Interchurch Food Bank.

However, Ms Leary says she’s up to the challenge if it means people, kids in particular, will get the assistance they need.

This year’s drive kicked off October 1. Along with the usual groceries, Ms Leary is asking people to donate items for lunch

boxes, cereals and toiletries, such things as toothpaste, toothbrushes, soap, deodorant and feminine hygiene products.

Donations can be dropped off at N&M Tattoo and Piercing at 424 King Street.

On the final drive day, November 2, there will be door prizes, a guest piercer, a cartoonist doing live caricatures and, hopefully, a fire eater.

“We’d love to have a great turnout,” Ms Leary says.



MUNICIPALITY OF THE DISTRICT OF CHESTER COUNCIL MEETINGS

Over the summer, a poll was taken on whether or not the public wants Council to meet once per month in the evening. The results indicate that people aren’t in favour. Therefore, at the September 26 meeting, Council scheduled the remainder of their meetings during the day.

Following is the schedule of Council Meetings for the remainder of 2013:

- Thursday, October 17, 2013 beginning at 8:45 a.m.
- Thursday, October 31, 2013 beginning at 8:45 a.m.
- Thursday, November 14, 2013 beginning at 8:45 a.m.
- Thursday, November 28, 2013 beginning at 8:45 a.m.
- Thursday, December 12, 2013 beginning at 8:45 a.m.

The deadline for agenda items is noon one week prior to the meeting. Please contact the Municipal Clerk if you have any questions or would like to schedule an appointment to address a Municipal matter with Council.

Pamela Myra, Municipal Clerk
Municipality of the District of Chester
PO Box 369, Chester, NS B0J 1J0
Tel (902) 275-3554
Fax (902) 275-4771
Email pmyra@chester.ca



Announcement to Residents of the MUNICIPALITY OF THE DISTRICT OF LUNENBURG

The Town of Bridgewater have advised that they are beginning construction work on Aberdeen Road, scheduled to start mid-September with a completion date of late December.

This road construction may impact your ability to gain easy access to our offices at 210 Aberdeen Road, especially during peak tax time. (Final tax bills will be mailed at the end of September with a due date at the end of October)

OUR OFFICE WILL BE OPEN REGULAR HOURS 8:30 AM TO 4:30 PM, Monday to Friday, excluding Holidays. Payments can be made at our office as usual; however, we would like to remind you that there are alternate methods of payment that you may wish to consider in light of this road construction.

As an alternative to paying your tax bill at the Municipal office on 210 Aberdeen Road, payments can be made at any Canadian Bank, by telephone banking or by internet banking (www.modl.ca). (Bank charges may apply - please check with your financial institution)

We regret any inconvenience this interruption may cause. If you have any questions please call our office at (902) 543-8181.



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COMMENT



It's time to decide

Okay, folks. No more procrastinating. As they say, it's time to get off the proverbial pot.

By this time next week, the campaigning will be over, the pontificating will be behind us, the grandstanding and jostling for the headlines will be done, the promises will have all been made and the political winds will have subsided, so to speak.

Most importantly, though, by this time next week, the votes will have been cast and counted. And, by this time next week, we'll know who won where and who lost, but before then, there's still a great deal of work to be done.

For the candidates, there are still many roads to travel, many homes to visit, many doors to knock on, many speeches to give, many questions to answer and many issues to address.

The electorate, however, has three important things to do — we have to listen, decide whom we are going to support and then get out on October 8 and vote. The last item, of course, being vital to our democracy.

We've heard a great deal of rhetoric and seen a lot of chest pounding in the past few weeks, but now, in the last waning days of this dying campaign, the responsibility shifts from the candidates to the voter. We, the people, have the power and we hold the fate of many politicians in our hands. This

is our chance to pass judgment on the previous government and to choose the next leaders of this province. Do not abdicate that responsibility.

This is an important election as Nova Scotia is at a crossroads, both economically and socially. There is a great deal riding on this election as the province is teetering on a precipice, teetering on a thin wedge from which we could either tumble into a deep crevice of economic ruin and despair or from which we could rise up and climb to greatness.

It's time to stop complaining and do something about it. You, the voter, hold the power in your hands. The outcome of this election could decide which way we fall, so it is vital that all Nova Scotians let their voices be heard.

In the past few weeks, the three parties have been trying to get your attention by rolling out their policy platforms filled with ideas, some new and some nothing more than a rehash of what's been promised in the past, although they have been repackaged and rebranded to look like new ideas.

You, as the voter, must now decide whom you believe can deliver upon those promises and who you trust to do the best job in leading this province into the future. A great deal has been said and you, as voters, will have to sort the wheat from the

chaff and pass the final judgment.

If you have been tuned out over the past three weeks or if you simply cannot decide whom you want to support, you can still catch up. With six days remaining until election day you still have time to call the candidates in your riding. Talk to them. Don't be afraid to ask tough questions. Listen to their answers and then decide if you like what they're saying.

As well, you can look elsewhere in this week's issue and find our special election feature in which we profile the candidates in the three Lunenburg County ridings. It will give you a good first-hand impression of those running for office and where they stand on the local issues.

If that's not good enough and you still can't make up your mind, then listen to what each of the provincial leaders is saying and review the parties' platforms. They're all easy to find on-line or ask your candidate for one. Find out where the parties stand on the important issues such as health care, seniors, education, economic development, the environment and rural revitalization.

The bottom line now is that the onus is on you to carefully weigh all the options and then, on October 8, get out and vote. It is one of the most important things you will do in the next six days.

— Vernon Oickle

The past 18 years

Not wanting to tempt the fates, but as of this week, I will have been writing this column uninterrupted for 18 years. That means for the past 936 weeks you've all had the pleasure of reading my words of wisdom or, I suppose, aimless ramblings, depending upon one's perspective.

I actually began writing this column on the urging of good friend, mentor and former Lighthouse managing editor Marg Hennigar. It was she who suggested that writing such a column would be an excellent vehicle through which I could explore the personal side of the issues in an effort to help people relate to relevant topics of the day.

It is with that philosophy that I continue to write each week, drawing inspiration not only from the events of the day but also from the communities in which I live and work, as well as from my colleagues, friends and family. I enjoy writing this column and if I ever find that it is becoming a chore, then I will know it's time to let it go. However, for right now, I embrace it as much today as I did back in October 1995 when the first instalment appeared in this paper.

At this juncture, I feel I should address a point that comes up fairly often when someone is commenting on the two items that appear under my name each week on this page. While it is true that both items are mostly my opinions there is one marked difference between them. Allow me to explain.

The item on the top half of the page, the editorial, is more factual and always issue driven. While an editorial writer will attempt to lead a discussion or frame a debate on whatever is the hot topic of day, he or she will never inject his or herself into the piece, or at least they shouldn't. Instead, editorial writers rely on facts to back up their arguments and to support their stand. You won't always agree with an editorial. You aren't supposed to, but if done

properly, a good editorial will encourage readers to think about the topic and engage in conversations within the community.

On the other hand, a column, such as this one, which always appears on the bottom portion of our opinion page, tends to be more personal. While in this space I may write something light or even funny, other times I will tackle an issue such as health care, education, the local economy or even a major news event. However, I will always try to bring it home, sometimes to the general community and other times to my own personal world. In doing this, I am attempting to help readers relate to the topic by using our communities or myself as an example.

Call me crazy or egotistical if you wish (trust me, I've been called a lot worse over the years), but I believe this formula works because it allows the topic to resonate with readers as they can see how it affects at least one person, family or community.

Are all the columns successful or award winners? No. I'll certainly be the first to admit they are not. Do they all achieve their objective? Not likely. I'd be a fool to think such a thing, but some of that is because, no matter what a writer puts to paper, the success of any particular item depends largely on how the reader interprets what is written. I can tell you, there were times over the past 18 years when I thought I had crafted something a certain way only to find readers have taken it another way.

But that's part of the fun and it's the part that makes this a rewarding experience for me. I embrace the feedback. It's wonderful when people tell me my words have touched them or inspired them in a positive way, but it's also gratifying when readers take me to task or tell me I was out to lunch for one of my columns because it confirms for me that people are reading.

While I often jokingly say that all my columns are pearls of wisdom that should be treated as gospel, I do so with tongue



VERNON OICKLE
Editor's Diary

The Lunenburg County Progress Bulletin was created through the merger of the Bridgewater Bulletin (est. 1887) and Lunenburg Progress Enterprise (est. 1876) in May 2011 and is a locally owned independent newspaper published every Wednesday by Lighthouse Media Group.



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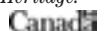
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TO THE EDITOR**Tourism forgotten in this election**

We sent this letter to the three candidates vying to be premier of Nova Scotia:

We just watched your debate on CBC (September 25). Not one of you mentioned anything about creating many, many jobs through tourism. The fact is, gentlemen, the one everlasting thing that Nova Scotia has going for it is our location by the North Atlantic and beautiful scenery.

Forestry comes and goes — paper mills come and go, mostly go — mining and oil and gas production will definitely go — shipbuilding will eventually slow down providing it ever gets going up to speed! Just remember our Conservative Harper government can change their mind on building ships in a second so hang on to your hat!

If the province were to invest a great deal of money into promoting our province through tourism this would go a long way in creating jobs. Think of it this way — if we were to hire many more workers for the Department of Transportation (DOT) we can start to get our roads and signage in order. Right now when tourists arrive here they are greeted with potholes and overgrown roadsides which, by the way, have covered directional signs and speed limit signs.

Strangers from away have a hard time traveling in new areas as it is. They don't need this kind of help! Some of the signs have been covered over by trees and shrubs that are at least five years old. There is no excuse for this.

Doesn't anyone from the DOT ride around in a pickup truck writing down things that need to be done? I am sick of hearing from my local MLA there is no money — there is money, it just depends on where the politicians want to put it.

We need the potholes filled and the roadsides brushed at least every other year, more new vistas opened up to view our beautiful scenery, more and better signage, more provincial roadside rest areas with washrooms and to increase the tourism advertising budget.

I can hear you now — oh my, it's going to cost so much money, we don't have the money.

If you take the time to look at the whole picture

People need to relax

I was in attendance for the first cross-country run held recently at Pine Grove Park in Liverpool.

As always these events are largely anticipated by eager parents, grandparents, staff and coaches ... all there to enjoy and applaud our children or students participating in the pursuit of an achievement and the undertaking of good health.

The kids love seeing us, hearing our cheers and photographing their accomplishments. So I was surprised to overhear a woman approach one of the spectators and inform him that he couldn't photograph any students and publicize the pictures without permission since this was a school event. The rude retort was delivered to him alone despite several standing around, cameras in hand, and it was the way in which she delivered the curt command.

In her defence she is a coach, therefore works for the school board and is possibly a parent of one of the youth and may have felt she was doing her job. I am also a parent of two participants and an employee for the school board. I am aware of the onus faced in ensuring our students aren't photographed, posted, published, defamed, etc., without written parental permission.

I understand the duty we all have to protect our children and keep them from being objectified. But this is an event chronicling our youth ... outdoors ... where there is little chance of syphoning through the spectators for signatures if their child was unfortunately captured in the background. It is a race so others are bound to be on one another's heels!

I spoke with the gentleman who was told not to take photos and it turns out he was on site to report. He was highly offended.

It isn't that what the woman suggested is incorrect but we have to relax. It's becoming too stringent. A professional photographer cites those in a picture but rarely in the background ... it's almost impossible to do so say at a hockey game. For all anyone knew this gentleman was a proud grandfather awaiting a classic shot, even if it were for his Facebook page. Tact and a polite explanation would have been appropriate if one is properly and professionally trying to educate another. Say cheese!

TRACY BEDGOOD
New Elm, Chelsea

this is what you end up with. You have just hired many more workers to do this work. There is a spin-off to the companies that have to supply the road materials and the building materials to do these projects. More hotels, motels and restaurants will open up and some I am sure will be year-round.

The tourists will absolutely love Nova Scotia and some of them may even decide, gee, this is where I would like to move to and open up my business or move my business to this wonderful location. You see, gentlemen, this is a win-win situation but I didn't even hear one of you mention the word tourism in tonight's debate.

It makes one wonder ...

SHARON AND RICHARD ORPIN
Lunenburg

Where is the justice?

I was listening to the radio on September 24 when I heard how the Bridgewater Police department is issuing tickets for parking at \$15. Now come on. Get with the program. Maybe they should consider doing something more constructive.

I will give you some pointers. For instance what I see should be cracked down on is more than half of so-called drivers that we have on the roads.

People who don't use signal lights. If they work, use them. If not, use hand signals that are in the driver's handbook.

People doing a left-hand turn and you have to jump on your brakes. Don't they realize they put themselves in danger? What if the person lost their brakes? There could be an accident and someone could get hurt.

People parking in fire lane zones. Now think about if there was a fire truck rolled up to a scene. In my opinion trucks should have a ram bar in front of them to push them out of the way, no questions asked.

And what really gets me is when you go in a parking lot and some so-called drivers park on an angle taking up two or more spaces. If you have a special vehicle keep it home and drive something different.

And another thing that really irks me are people who go through red lights. It is truly amazing. I watched one day on my lunch hour and in one hour in the traffic flow on LaHave Street by Tim Hortons I counted 40 cars that went through the red.

So now get with it — parking is not hurting anyone but look at the list I compiled. I could give you more but I know there is a space limit for letters.

STEPHEN CARVER
Blockhouse

Ask about education

The Nova Scotia Small Schools Initiative (NSSSI) is a non-profit, non-partisan group of parents, educators and community volunteers from across the province. We are united in our work to support small schools and advocate for "putting schools at the centre of communities."

This letter is to encourage local voters to ask your candidate their position on the topics of review, leadership and vision for Nova Scotia's education system.

School review was rampant this past year in cities, towns and rural areas. It was described by one school board member as "gut wrenching." What do you feel is the best way to review schools to understand their long-term viability in communities?

Process and decision-making for schools is overly complicated and often becomes a situation of passing the buck. If you were Education minister, how would you redistribute the responsibility for making decisions critical for schools to survive?

Education is a large responsibility, and one of government's most important jobs now and for the future. What is your vision for education in Nova Scotia?

Each party has a position on education. As the taxpayers who fund the system and as the communities that stand to benefit from a well-educated next generation of citizens, we owe it to ourselves to make education matter in this election.

LEIF HELMER
Petite Riviere, NSSSI co-chairman

Give us a break

I think it is in poor taste for the town police to be charging people to park at the meters along King Street on Saturday and Sunday. I myself never knew we had to feed the meters on the weekend; always thought it was free — my mistake!

The folks who got tickets on Saturday while shopping at the farmers' market, I'm told, don't have to pay, just a warning ticket for future.

Do we want people to shop at our farmers' market to support the local farmers, or are we trying to drive them away by collecting more money from these meters for the town? Most of the people who shop there are from outside. We should be encouraging these folks instead of discouraging them.

Come on ... give us a break! Everywhere we turn there are higher prices with someone holding out their hand for more money.

We don't have more to give with winter upon us with high prices for gas, oil, electricity and groceries; we have all we can handle without someone wanting more money.

The market has a great turnout on Saturday. We should be able to park free so we can all support our local farmers and communities.

VIRGINIA SELIG
Newcomville

Can we get some asphalt?

To the members of Bridgewater Town Council, our historical street restoration committee as well as any other individual involved in the decision to restore the section of Pleasant Street between Victoria and Empire to its original design, dirt and rocks. This demonstrates the progressive nature of our town.

Can we now look forward to Dominion Street getting the same treatment as it appears paving was not in the original plan? Any chance the fountain in the river could be sold for a few feet of asphalt? This truly deserves an LOL LOL.

TOM MAILMAN
Bridgewater

We need a better system

Read your article about people not voting, and how you understand why people are frustrated and cynical. I just thought I would pass on a few comments on the frustrated and cynical part.

We ended up with an NDP government at the last election. This I think happened out of frustration with the other two parties. That's pretty obvious.

I'm pretty sure the NDP were as surprised as we were when they got in power. It seems to me that if they had had a clue between them, all they would have had to do was a couple of good things for the province each year and they could have stayed in power forever. But no, they couldn't wait to get their fingers in the cookie jar, right up to their elbows, buying laptops, generators, big screen TVs, digital cameras and fancy furniture. After that, they raised the HST — for one of the smallest and poorest provinces in Canada, cancelled the Yarmouth ferry, and gave millions and millions of our tax dollars to big business, while ignoring education, health care, roads and the less fortunate.

If we already felt that the Liberals and PCs were no good, how should we feel about the NDP now?

If we go out and vote in the upcoming election, are we actually sending a message that none of them are doing a good job, but we'll vote for you anyway, just because we have the right?

Maybe not voting is seen as not appreciating and respecting the democracy our forefathers fought for, but, what other way is there to tell politicians that they aren't doing a good job for the people they are supposed to be serving? I think we need a way to tell politicians that getting elected is supposed to mean that they are there to work for us, and not just for themselves.

I'll vote for that.

DAVE CLEVELAND
Bridgewater

TO THE EDITOR

Think hard before you vote

With elections coming up I keep hearing people comment on not knowing who to vote for or who to trust. Some have said they will be going to the voting booth and spoiling their ballot to make a point.

A major issue, with regard to trust, is the way Nova Scotia government has lied to the public regarding the Sunday shopping issue. The action of opening stores on Sundays has seriously affected a lot of Nova Scotians and their way of life. There may be people who are for the Sunday shopping, but are they willing to have a tainted government in order to do so?

Don't people like to exercise their right to vote? Democracy over dictatorship? Nova Scotians were dictated to on this issue, is that okay when you consider voting? They started with Sunday shopping, what's next, killing babies? Confining seniors? How do you think Hitler got in power?

Dictatorship is communism, people, and this is what was committed on this issue, think about that. We have governments who break the laws and expect people to "look up" to them for leadership. Are they not supposed to be a good example, especially to young people? Do you want your children, grandchildren and unborn children to be dictated to on all issues in Nova Scotia?

Think about this. No one who is running is willing to discuss or take on the Sunday shopping issue (law breaking and dictatorship), so, what kind of people then are you about to vote for?

That's my rant and I hope my children do not

suffer from the way politicians and government are conducting themselves. We need someone honest, a fighter for rights in Nova Scotia. Think hard before you vote. Consider spoiling your ballot if you disagree with being dictated to.

PATSY RIDEOUT
Sault Ste. Marie, Ontario

Problem with the trees

I note that the Town of Lunenburg has planted some nice-looking trees along the cemetery at Starr Street and Kissing Bridge Road. My understanding is these trees were given to the town which was very nice.

There is one small problem — it would appear that some of these trees are maples, mountain ash and hackmatack. These trees grow quite large and should be planted 20 to 30 feet apart, not the four feet apart they are now planted!

It would be a shame to have this turn out to be a waste of hard labour and lovely trees!

RICHARD ORPIN
Lunenburg

Charge senators with felony fraud

It's only right that any criminal make restitution for what they stole, by paying back what they took. If it's over \$5,000 it is a federal felony.

Restitution and rehabilitation are the two front runners but a felony fraud charge also calls for a jail sentence and in the case of senators Duffy, Harb and Brazeau, they should lose any pensions also (Senate law). Senator Wallin, on the other hand, has no right to the Senate seat she occupies, as she is not a resident of the province of Saskatchewan. She should not only be sentenced for felony fraud but by still sitting in the Senate, she is daily perpetuating felony fraud on the Canadian people.

It's long past due that charges are laid by Canadians, bail set and court dates ensue. I'm disgusted with our Senate and the present minions that are ass-kissing Mr. Harper and his cronies hoping for a miracle while twiddling their thumbs. Get on with it! There is more than enough evidence to lock up these criminals and elect, hopefully, some honest senators!

NORM ROY
New Grafton

Nova Scotia 2013 ELECTION 

Coverage

Tuesday, OCTOBER 8

For results as they come in

SOUTHSHORENOW.CA

Live Streaming of

The Georgetown Conference

Rural Redefined



go to southshorenow.ca/Georgetown

To the residents of Lunenburg West,

Until the election call a few weeks ago, my time was spent working with my full time job at a local investment firm, with the municipal committees I still serve after eight years on council, and in the many sports, community and church programs for which I actively volunteer. So, while I may not have had months of daytimes to commit to knocking on every door in the riding, it's important that you know I have been on the ground, serving the community.

Now, during this four-week election period, I'm travelling all over the 955 square kilometers of Lunenburg West, meeting you and listening to your issues. I only wish I had the time to meet all of you before Election Day. I believe an MLA should keep in close contact with constituents, so as your MLA, I would host regular rotating Community Coffee House events to ensure that this is the case.

In 2004, I decided to run for Bridgewater Town Council to provide a voice for young, active families that was missing at the time. I was elected again in 2008, known largely as the "guy to get things done."

After many people asked me to serve provincially, I met with Jamie Baillie. My first meeting with him was encouraging and I knew immediately that his leadership ability, fiscal responsibility and business experience was exactly what this province needed. In consultation with our three children, Gabe, Caleb and Eden, my wife, Trina, and I decided that this was a vision we could all get behind. I made the decision not to reoffer for Council, a position I loved, in order to serve more broadly.

Those who know me, know that I believe integrity is paramount in all aspects of my life. It's why as a councillor in 2008, I asked to have my own pay reduced when I was out of province for job training. It just didn't sit well with me to accept taxpayer money during the time I wasn't even here to serve you. It's little things like this that add up to the honesty and ethical standard we all deserve in our elected officials.

It's why I agree with Jamie Baillie, that we need to lead by example. So, I fully support scrapping the current MLA pension plan that sees you contribute \$6 for every \$1 the MLA puts in. We're the only party to say it would be changed.

You see, I believe that actions speak louder than words. While I may not be able to knock on every door prior to Election Day, make no mistake, I am on the ground, side-by-side with you here in Lunenburg West. I don't just work the community, I work **for** the community.

I am a hard-working, service-minded family man. My community, business and municipal governance experience will prove to be terrific assets when serving as your MLA.

I'm as ready as ever to work for you. On October 8th, I kindly ask for your support.

With thanks,

- Bridgewater Police Board, Past Chair
- Bridgewater Parks, Recreation & Culture, Past Chair
- Public Service Commission, Past Vice-Chair
- Petite Rivière Watershed Advisory Group
- Sustainable Bridgewater Committee
- Solid Waste Management
- Planning Review Advisory Committee
- ...plus numerous short-term committees of the town
- Organizer, Support our Troops Red Rally
- Organizer, Bridgewater Farmers' Market
- Bridgewater Baptist Church, former Trustee
- Long-time Junior Church leader and youth mentor
- Inn From the Cold volunteer
- Bridgewater Community Christmas volunteer
- ... volunteer with numerous sports and community initiatives

David MITCHELL

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Peter MacPherson, right, of Mahone Bay, pictured with Lt.-Gov. J.J. Grant, was one of 17 paramedics honoured by the Province of Nova Scotia with Exemplary Service Medals during a September 23 ceremony at Government House.



COMMUNICATIONS NOVA SCOTIA

Mahone Bay paramedic honoured

By ROBERT HIRTLE
rhirtle@southshorenov.ca

MAHONE BAY — A Mahone Bay man is one of 17 paramedics in Nova Scotia to be presented with an Exemplary Service Medal by the Province of Nova Scotia.

Peter MacPherson received the accolade from Lt.-Gov. J.J. Grant during a ceremony held at Government House September 25.

Mr. MacPherson, who began his career with Mahone Funeral and Ambulance Service, has over 25 years of service with EHS.

He served during the Swiss Air disas-

ter in 1998, is currently a well-respected volunteer with the Peer and Family Support Team and is an EHS Intermediate Care Paramedic in Mahone Bay.

In his remarks, Lt.-Gov. Grant praised the paramedics as “highly skilled, caring professionals who think about others before they consider their own comfort and safety.”

“Nova Scotia is well served by the example set by those honoured today and it is my privilege, on behalf of the Crown, to recognize their outstanding service to the people of our province.”

Kevin MacNamara, deputy minister of the Department of Health and Wellness,

echoed those sentiments and thanked not only the medal recipients, but all of the province’s paramedics “for the exceptional work they do every day to keep Nova Scotians safe and healthy.”

“Paramedics are truly a vital part of our health-care system,” he added.

Paramedics must be nominated by their peers or the public to be considered for Exemplary Service Medals.

Recipients must have demonstrated exemplary service in their careers for at least 20 years, including 10 years in an emergency medical services position that involves potential risk.

Banner issue resolved

By ROBERT HIRTLE
rhirtle@southshorenov.ca

LUNENBURG — After struggling with how to make hanging banners in town safer for staff of the Lunenburg electric utility, council was told last week that the issue has been solved.

Council had been discussing the problem for several months after utility superintendent Raymond Francis voiced concerns earlier this year over safety issues his crews encounter while stringing banners across Lincoln Street to promote events.

Council looked at several options of alternate locations where banners could be hung and at one point even discussed the possible purchase of an electric sign to use as an alternative.

All those efforts now seem to have been for naught as a simple solution apparently has been found.

“We’ve been experimenting with putting the banners on Lincoln Street as that’s pretty much what everybody wants,” Mr. Francis told council. “Public works has been assisting us, we pick a time when they could come. It took us a few times to do it, but we find now that it’s best to block the intersection [for] the incoming lane and send them in Lower Street.”

He said with that arrangement, only one flag person is required to control traffic coming out Pelham Street and incoming traffic on Lincoln Street is no longer an issue.

“It seems to be working fairly well that way,” he said, adding it takes about an hour and a half to install one banner.

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Lunenburg department plays role in ceremony

By **ROBERT HIRTLE**
rhirtle@southshorenova.ca

LUNENBURG — It's been a quarter century since Doug Greek rescued the Lunenburg fire department's ceremonial trumpet from a locked cabinet and became the instrument's keeper.

But despite that passing of time, he still takes the job, and his role as unofficial ambassador for the department, very seriously.

Stamped with the words "Grand St., New York, September 11, 1877," the horn has been in the possession of the department for what is believed to be around 127 years, being present in a photo of Relief

Co. #2 dating from 1886.

Mr. Greek's first public appearance with the instrument came during the dedication of the Lunenburg firefighters' monument in 1988, but the inscription on its side and its New York connection had little significance until the destruction of the World Trade Center by terrorists on the same date in 2001.

In respect to that tragic event, September 11 also happened to be the date chosen by the Canadian Fallen Firefighters Foundation to conduct their inaugural memorial ceremony in Ottawa back in 2004 and in the ensuing years it has been held on the Sunday closest to it.

Once again this year Mr. Greek and

the horn, which is now an integral part of the memorial rite, travelled to Ottawa to participate in the September 8 ceremonies, which honour firefighters from across the country who have died in the line of duty.


Two of the over 1,100 firefighters whose names grace the Canadian Firefighters Memorial were members of the Lunenburg department.

George Dauphinee was killed in 1933 when he fell underneath a fire truck while responding to a blaze, while Arthur Etter perished in 1885 when a metal chimney cap fell during a fire and struck him on the head.

This year also marked the third time in the ceremony's 10-year history that Mr. Greek and the Lunenburg trumpet have been featured prominently on the cover of the memorial service's commemorative booklet.



Doug Greek of the Lunenburg and district fire department points to the name of George Dauphinee, one of two Lunenburg firefighters who have had their names inscribed on the Canadian Firefighters Memorial in Ottawa.

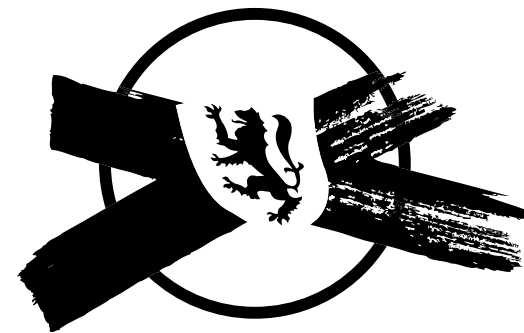


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If you are eligible to vote and do not receive your VIC by September 30, 2013, or, if you wish to correct information on the VIC you receive, please contact your returning office. To find your returning office telephone number, visit electionsnovascotia.ca or call, toll-free, 1-800-565-1504.

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Richard Temporale
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Friday, September 27, 2013



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WELCOME

Doris Cook brings her offering to a community potluck luncheon at the Mahone Bay Centre September 28 to celebrate Neighbour Day. The centre's gymnasium was packed as newcomers and longtime townsfolk came together to enjoy good food, good music and good camaraderie.



LISA BROWN PHOTO

Bridgewater seeks firm to design first steps of downtown, waterfront work

By **KEITH CORCORAN**
kcorcoran@southshorenov.ca

BRIDGEWATER — This town is seeking a firm to formulate preliminary and detailed design work associated with future reconstruction of a section of King Street, a retrofit of the Old Bridge, the development of a new riverside town square, and a downtown parking plan.

Bridgewater has committed up to \$250,000 toward the design work with \$150,000 of the total coming directly from town coffers.

The town hopes to award the request for proposals by the end of October with the job starting by November and finishing by April of next year.

The four initial projects were identified in a master plan, a 157-page blueprint completed by a Dartmouth-based consulting firm and released in April that's intended to guide urban planning in and around the town's waterfront and downtown core. The plan is designed to shape the town's future direction for up to the next 30 years and offer opinions and recommendations about how the town can harness the potential of the commercial sector and the LaHave River within town limits.

The plan also factored in results of public feedback, including surveys, workshop feedback and input from public meetings. Visual and physical connections to the LaHave River; the significance of the historic downtown on the west side and modern commercial areas on the east side, and opinions about the north and south parkades were mentioned during a previous public process that included a walking tour.

The design work is associated with four particular so-called first-step projects potentially on the horizon.

A reconstruction of the section of King Street between Old Bridge Street and Dufferin Street "would integrate improved active transportation infrastructure and amenities into the downtown," reads the request for proposals (RFP).

"Areas of existing conflict, such as the tree-lined paver-stone area between the south parkade and the road, are redeveloped to provide for an unobstructed flow of active transportation traffic.

"Traffic calming measures, such as the bump-outs, will help to slow

through-traffic, making it more comfortable for pedestrian crossings and cyclists. This focus on active transportation is further supported by the installation of dedicated and/or shared bicycle lanes, shorter pedestrian crosswalks, and general widening of pedestrian sidewalks.

"The King Street reconstruction work will also require design of essential sub-grade services, including water, sanitary sewer, storm sewer and electrical."

A new open space, called Old Bridge Landing, "shall function as a riverside 'town square' in the heart of Bridgewater's historic downtown, where people choose to gather for events and leisure during all four seasons," reads the RFP. "This new open space shall function as a continuous active transportation corridor linking the park and future plaza on the east side of the bridge."

Concerning an active transportation retrofit of the Old Bridge, "This bridge is considered narrow by current vehicular standards and dangerous by pedestrian standards," noted the RFP. "To improve the safety and functionality of the Old Bridge from an active transportation perspective, a redesign will see the expansion of one side of the pedestrian sidewalk to a [three-metre] cross section, and then retrofitted with the old rail and existing lighting. At three meters in width, the pedestrian crossing becomes a multi-use trail crossing safe for pedestrians and cyclists."

Talks with the province will be needed before this concept is designed as the Old Bridge structure is maintained by the Nova Scotia government.

Meanwhile, the RFP describes the downtown parking plan as one that "will identify locations for vehicle and bicycle parking and develop strategies that encourage effective use of new and existing public parking facilities.

"The scope of work for this design will include an exploration of opportunities to shift travel habits and increase the use of alternative transportation modes such as walking, cycling, carpooling, electric vehicles, public transit, etc. These strategies provide multiple benefits by shifting travel away from single-occupancy vehicle travel and working towards reduced parking demand."

Bridgewater appointed a number of people to an advisory committee that will provide feedback to council in the months and years ahead as work moves ahead to implement the downtown and waterfront plan.

Chamber of commerce manager Dan Hennessey, Ida Scott of the Bridgewater Development Association, South Shore Health's Lisa MacAlpine and Town Centre Development Corporation president Joanne Faulkenham were named to the volunteer panel as stakeholder representatives.

Bridgewater Mall owner Michael Levy and Jim Rofihe of Rofihe's Men's Wear are considered downtown land and business owner reps on the committee. Patrick Hirtle and Peter Oickle were named to the group as resident appointments.

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Happy birthday wishes to the following people celebrating their birthdays in the month of October: Gordon Appleby, October 4; Wallace Langille and Edward Langille, October 5; and Ronald Knickle, October 8.

Robert and Marie White will celebrate their 45th wedding anniversary on October 12. They plan to have a family celebration.

VOGLERS COVE

MARIE AULENBACK

Results from the September 16 cribbage game at the Voglers Cove community hall — lowest score of the evening, Jimmy Hebb; second lowest, James Sonnichson; high hands of 24 were achieved by Ted Barkhouse and Wesley Conrad. New players always welcome.

Marie Aulenback, Ann Scott and Gene Veinotte attended a camp-out at Rhodenzler's Friendship Park, at Lake Mush-a-Mush. This was the final camp-out for the season and they celebrated Christmas in September. The park was decorated with a beautiful lit-up Christmas tree and other decorations. On Saturday, there were 34 people gathered for Christmas dinner at a big table outside. The weather was great and everyone had a great weekend. Everyone from the park was also invited to a big Halloween celebration that was being held by four neighbours, just back the road. We had a campfire at the park but we all went back to the Halloween party and that was a fun experience as well. Just a great fun-filled weekend for the end of summer.

Marie Aulenback visited her daughter, Bonnie McKone, in Halifax, also Daniel, Carrie and baby Belle, overnight on September 17.

Tom, Laura and baby Grace Baxter, from Yarmouth, spent the weekend visiting Laura's grandparents, Randall and Jean Conrad.

Glendon, Karen and Jordan Silver, from Lower Northfield, spent Sunday afternoon visiting Marie Aulenback.

Results from the September 23 cribbage game at the Voglers Cove community hall — winner for the lowest score of the evening, Spencer Bagley; second lowest, James Sonnichson; high hands of 24 were achieved by Mildred Conrad, Gert Nickerson and Liz Hunter; 50-50 draw was won by Jimmy Hebb. Sympathy goes out to family and friends of Lee Fralic, who was a regular at the cribbage games.

Belated birthday wishes to David Porteous and Kenneth Ed-

wards, from Voglers Cove.

A successful card party was held at the United Communities fire hall on September 17 with 10 and a half tables in play. Prizes for ladies' high, Betty Wentzell; ladies' second, Verna Nodding; gents' high, Irving MacKinnon; gents' second, Cecil Fralic; 10 of spades, Cleveland Conrad; lucky tally, Betty Wentzell; 50-50 draw was won by Edith Clattenburg.

David Porteous was pleasantly surprised when his family arrived to help him celebrate his 70th birthday on September 17. Guests who came for the occasion were his brother, Danny Porteous, and his sister, Heather Porteous, from Vancouver Island; his sister, Gayle Roberts, from Vancouver; and his cousin, Margaret McCulley, from Medicine Hat, Alberta.

RHODES CORNER

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Members of St. Luke's ladies aid held their regular meeting at the hall September 9. The president, Mrs. Cheryl Nau-gler, opened the meeting with prayer and a devotional reading.

Nine members were welcomed by the president. Minutes of the previous meeting were read by the secretary, Mrs. Violet Knickle; treasurer's report, Mrs. Velma Dauphinee. Reports from various committees were heard.

Plans were discussed for the special card party to be held in October. Entertainment was provided by Miss Shirley Wilkie and Mrs. Velma Dauphinee. Prizes were won by Mrs. Janet Weagle and Mrs. Velma Dauphinee. Meeting closed with prayer.

A card party, sponsored by St. Luke's ladies aid, was held in the hall September 6. Eight tables of auction 45s were in play. Prizes were awarded to ladies' high, Mrs. Jean Graves; ladies' second, Mrs. Evelyn Wilkie; gents' high, Mr. Warren Stockman; gents' second, Mr. Mike Touesnard; lucky tally, Mrs. Shirley Joudrey; travelling prize, Mr. Mike Touesnard; 50-50 draw, Ms Gerry Hannams. The decorated basket was won by Mrs. Diane Keddy. At the close of the game delicious refreshments were served.

A card party, sponsored by St. Luke's ladies aid, was held in the hall September 20. Ten tables of auction 45s were in play. Prizes were presented to ladies' high, Mrs. Diane Fancy; ladies' second, Mrs. Rosie Touesnard; gents' high, Mr. Alvin Wentzell; gents' second, Mr. Mike Touesnard; travelling prize, Mrs. Mona Annis; 50-50 draw, Mr. Alvin Wentzell. The beautifully decorated basket was won by Mr. Mike Touesnard. At the close of the game delicious refreshments were served.



Members of the class of 1952 are, from left, Dorothy (Garber) Grantham, Greta (Hubley) Gatchell, Glenda (Hebb) Brown, Carolyn (Webber) Powell, Douglas Seamone, Elizabeth (Rafuse) Frank, Rita (Perry) Pulsifer and Averil (Meisner) Crouse.

BHS class of 1952 holds annual reunion

Many years have gone by since that happy day in June when the class of 1952 graduated from Bridgewater High School. Once again the classmates gathered to reminisce and share an afternoon of fellowship, good food and entertainment. The setting was Doug Seamone's cottage on beautiful Blysteiner Lake, Maitland. Mother Nature smiled on the class and provided a hot and sunny afternoon. Those who were present were Dorothy (Garber) and Ron Grantham, from Fairview, Nova Scotia; Glenda (Hebb) Brown, from Bridgewater; Greta (Hubley) and Bill Gatchell, from Truro; Donna (Levy) Eisner, from Middleton; Muriel (Burns) Hubley, from Bridgewater; Douglas Seamone, from Kentville; Averil (Meisner) and Albert Crouse, from Conquerall Bank; Rita (Perry) and Don Pulsifer, from Stillwater Lake; Elizabeth (Rafuse) and Robert Frank, from Masons Beach; and Carolyn (Webber) and Don Powell, from Bedford. Regrets were received from Doug and Helen Kaulback, from Kelowna, British Columbia; Russell Crowell, from Fredericton; Helen Hebb, from Calgary; Barb (Hebb) and Alan Adams, from Dartmouth; Gloria (Randall), from Cornwall, Ontario; and Shirley (Lantz), from New Glasgow.

"Honorary members" of the class of 1952 the Uke Mates provided music from the 1950s and everyone joined in to sing the songs that were so familiar and had such sentimental value for the class

members. The "leader of the band" interspersed the numbers with stories of the events and milestones of that era. Everyone gave a sigh of relief when she cautioned that no quiz would be required at the end of the lessons!

Once again "Chef Nauss" cooked up a delicious planked halibut supper, which was accompanied by the members' potluck items and the Seamones' homemade brown bread. Doug and Elizabeth cut the traditional anniversary cake.

After the meal a short business meeting was held during which time Elizabeth read letters from Terrance Graham, who received our 2012 bursary of \$400, and from Dwight Wilband, who received our 2013 bursary of \$500. He is attending Nova Scotia Community College — Lunenburg Campus taking electrical construction and industrial. Elizabeth also stated that a donation was sent to the Alzheimer Society of Nova Scotia in memory of Arthur Smiley, who died this year.

Doug's daughters, Allison and Leslie, shared hosting the reunion and Leslie surprised everyone by inviting us to take a tour of the lake on her comfortable party boat. Those who were lucky to take the tour after supper witnessed a spectacular sunset which provided a perfect ending for the day.

The 2014 reunion will be on August 21 at the home of Albert and Averil Crouse, in Conquerall Bank.

Radio group marks 35th anniversary

The Alfa Tango Radio Group celebrated its anniversary since starting in Asti, Italy, in 1978. The group has had members on the seven continents in over 340 countries and regions.

The radio group started holding their annual meetings in Nova Scotia in 1996 under the director George Wessell of East Clifford (in the Bridgewater area). This year the directorship was passed on to his

wife, fellow member and co-host Pauline, with the assistance of Paul Mair Jr. of Worcester, Massachusetts. The province's first director, John MacNutt, formerly from Westville, Nova Scotia, was present. This was the only gathering in Canada and possibly North America.

Over the weekend of August 16 to 18 there was a special event on the airwaves which was to celebrate the 35th anniversary and there were many in different countries around the world. The weekend was also filled with good company and food. A day trip was enjoyed on Sunday to scenic Blue Rocks and Stonehurst, which made our fellow member Allison Brown very homesick for her native Newfoundland, and Graves Island Provincial Park.

Members attending were from Worcester, Massachusetts; Moncton, New Brunswick; and Lake Echo, Nova Scotia.

Notes from Bridgewater Photo Club

The Bridgewater Photo Club met on September 23 when we welcomed back Wally Hayes, a 50-year professional photographer. Last season Wally gave us a presentation called "Photography Then and Now." This season his topic was judging photographs. His message was, if your photo is being taken specifically to be entered into a competition then you need to keep in mind what the judges are looking for, such as sharp focus, rule of thirds, lighting, etc., while photojournalists on the other hand have only seconds to take their photograph, which includes many unwanted images that are cropped out before the final picture is printed.

Wally reminded us that when entering photos for competition you need two things — one is a good photograph and the other is a thick skin. He also advised that if you have a photo that you love but it does not score well to keep entering it into competitions "until the

judges get it right."

After a short break Wally gave us tips on how to create an audiovisual program. His most important piece of advice was to either match the pictures to a specific piece of music and let the song become the script or to match the music to a specific set of pictures you want to show. He proceeded to demonstrate this principle while constructing a short program.

The club's first field trip was held on September 21 at Hirtles Beach and was well attended. Our next field trip is on October 19 at Victoria Park, Truro.

We meet at the MARC every second and fourth Tuesday at 7 p.m.

The club's next regular meeting is October 8. We will have a workshop on floral photography, so bring your camera.

Visit our website at <http://bridgewaterphotoclub.ca>. E-mail: bridgewaterphotosociety@gmail.com.

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LIFESTYLE & LEISURE

Pros and cons of new database hub at LAC

It's been a promise more than nine months in the making, but Library and Archives Canada (LAC) has finally delivered. Researchers can now access 15 databases from one location.

But don't get too excited. Many of these databases have been available previously on-line at LAC (<http://www.bac-lac.gc.ca>). They simply weren't organized on one page. The new format, however, appears to have created disadvantages for researchers.

On September 10, the LAC announced the news on their blog (<http://thediscoverblog.com>): "Mission Accomplished! Access to 15 Databases in One Stop!" But in fact visiting the LAC (<http://www.bac-lac.gc.ca/eng/census/Pages/census.aspx>) I discovered 16 links to Canada census returns.

The database contains records from 1825 to 1921. Amongst these are two links for 1841 (both Canada East and Canada West) and three for 1870-71 (Manitoba, Ontario and Canada). The 1921 census is available for free through Ancestry.ca.

All documents (except the 1921 census) can be searched by keyword, surname, given name, age and province. One visitor to the blog, however, pointed out that while this new capability was great, they were "disappointed that it [the new database] removed the ability to browse the census records page-by-page." They suggested the LAC reinstate this feature.

The inability to browse images page by page has caused issues with my research in the past. Oftentimes a household began on one page and continued onto the next. Getting to that next page in some databases has frequently proved time-consuming and frustrating.

Furthermore search engines are only as good as the person's ability to accurately transcribe records. If the spelling of a surname was transcribed incorrectly due to human error or horrible handwriting, then researchers may never find it unless they browse every page in a given location. Time and again

I have discovered family members simply by taking the time to search the next or previous page.

This disadvantage aside, the new database hub is like one-stop shopping. Researchers can quickly search all census returns individually without navigating to different start pages or websites. The only thing better would be to enter a name and find the results located in census records in all 16 databases at once. Perhaps that is the next step.



DIANE LYNN TIBERT
Roots to the Past

In the meantime genealogists can consult the list provided by LAC and see immediately which census records are available and which ones exist but are not presently accessible. Information includes year, location and type.

When researchers perform a search in the desired census year, the results provide information to help them decide if the person in question is relevant. They can then choose to view the associated digital image in either JPG or PDF to learn more.

Links beneath the Research Aids section provide researchers with additional sources to search for census returns and similar information, including Automated Genealogy, Family Search and Voters Lists.

The central location gives the LAC the ability to easily update the databases to keep researchers in touch with new developments concerning census records. The general public can suggest corrections to the indexes, which will — once approved — appear in the database.

It can only be assumed that future releases of Canada census records will be posted to this location, so look for details on the 1926 census in July 2018.

Diane Lynn Tibert is a writer based in Nova Scotia. She maintains her own list of links for Canada census records on her Roots to the Past website (<http://rootstothepast.wordpress.com/census>). Submit a query. It's free! 1787 Highway 2, Milford, Hants County, Nova Scotia B0N 1Y0; or e-mail tibert@live.com.

Twenty-three new bird species for 2013

I'm amazed at the number of new bird species still being discovered.

An article in Focus on Wildlife states that a new ground warbler was found in the Philippines, which is the 23rd new species for 2013. This new bird was first described in the August issue of a journal called The Condor.

Earl Meister of Garden Lots sent me an interesting report about Kathy Craig, who was visiting him from Virginia. She went kayaking off Stonehurst and a tern landed on her head and started preening. Kathy had the presence of mind to take a picture with her cellphone of the bird on her head. Her husband, who was in a kayak nearby, also observed this.

Mandy Eisenhauer reported two pileated woodpeckers and a sharp-shinned hawk at Rhodes Corner. She saw her last ruby-throated hummingbird on September 9. Cal Bambi of Shad Bay sent me an e-mail to let me know that he had eight to 10 ruby-throated hummingbirds coming to his one feeder all summer long. He even had them coming to feed out of his hand and sent a picture showing proof of this. His last sighting of one was around September 17. I was told about one of these birds on Brier Island on September 20.

At White Point Marg Millard saw two hummingbirds on September 22. Others were still seeing some elsewhere in the province as of September 23.

Helen Forrest still has a male northern cardinal coming every day to her feeders at Clearland. On September 20, she saw this bird and also another one at Blue Rocks. At Wentzells Lake in Back Centre Steven Hiltz saw four wood ducks, a pied-billed grebe, lots of Canada geese and a solitary sandpiper. A surprise visitor to the farm of Judith Orr at Union Square was an eastern kingbird.

At East LaHave, David Watson had a common yellowthroat. He reported that

the woods were very quiet otherwise. On Bon Portage on September 15 the banders had a blue-grey gnatcatcher and saw two turkey vultures. On September 16 a purple martin flew over the island. On September 19 two Philadelphia vireos, three turkey vultures and a good warbler movement were highlights.

I took two people out birding on September 20 and found lots of warblers about. On that day on Bon Portage Island David Bell let us know that they saw 88 species. Highlights on that day were a Philadelphia vireo, warbling vireos, a willow flycatcher, a turkey vulture, a Cooper's hawk and a prairie warbler. As of September 20 on the island 617 birds had been banded. September 21 produced a warbling vireo, September 22 an American oystercatcher and September 23 an indigo bunting.

On September 18, along Digby Neck, Andy and Kathy Bernard spotted 75 northern flickers, numerous sharp-shinned hawks, a kettle of 100 broad-winged hawks, two peregrine falcons, a Cooper's hawk and various other birds. Coming back from Brier Island on September 20, Peter and Linda Payzant reported around 1,000 northern flickers and four kettles totaling 800 broad-winged hawks. The next day I went to Brier Island with some friends and it was relatively quiet. We had very few northern flickers and saw only a few broad-winged hawks, but there was a nice migration of ospreys, sharp-shinned hawks, northern harriers, turkey vultures and lesser numbers of red-tailed hawks, merlins and American kestrels. We had a number of chipping sparrows and on Brier Island an eastern bluebird, immature dunlins and an American golden plover.

At the banding station at Glasgow Head, a blue-grey gnatcatcher and a warbling vireo were good birds reported by Bradley Woodworth.

Reach me at jrhbirder@hotmail.com or phone 530-2101.



JAMES HIRTLE
Bird Notes

Crossword Puzzle *By Walter Feener*

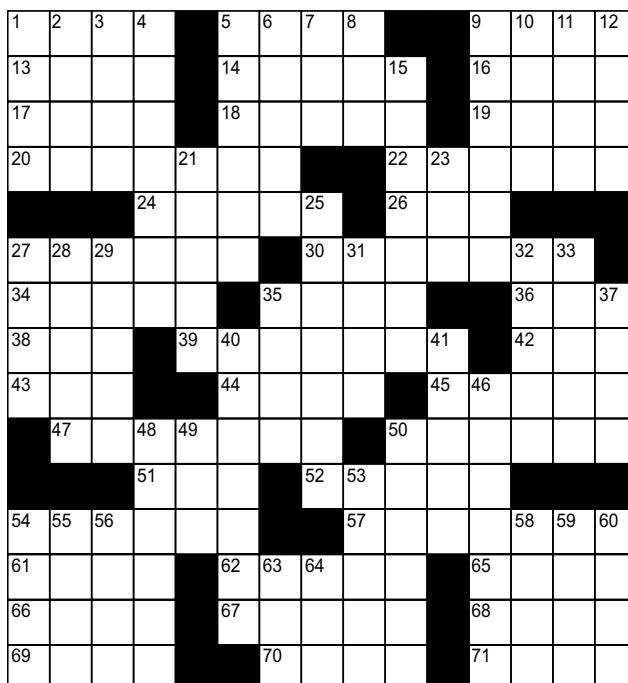
ACROSS

- 1. Enjoys a buffet
- 5. Twisted to one side
- 9. Handyman on a set
- 13. Give off light
- 14. Bowling rentals
- 16. Pilaf ingredient
- 17. Wound with a tusk
- 18. Distance across
- 19. Stove part
- 20. More precipitous
- 22. Means of entry
- 24. Fees for telephone calls
- 26. Street in French
- 27. Walk along lazily
- 30. Becoming gradually narrower
- 34. Place for sports events
- 35. Have a turn
- 36. Tell an untruth
- 38. Afternoon reception
- 39. ___ Twenties
- 42. Canadian singer Avila
- 43. Bring to a conclusion
- 44. Having produced young
- 45. Speed contests
- 47. Family of rulers
- 50. Pie crust
- 51. Curved shape
- 52. Feudal workers
- 54. Water down
- 57. Took turns
- 61. Commotions
- 62. Canadian brand of coffee
- 65. Press forward

- 66. Glutton's demand
- 67. Come out in drops
- 68. African animal
- 69. Statement in defense
- 70. Potato buds
- 71. Fling here and there

DOWN

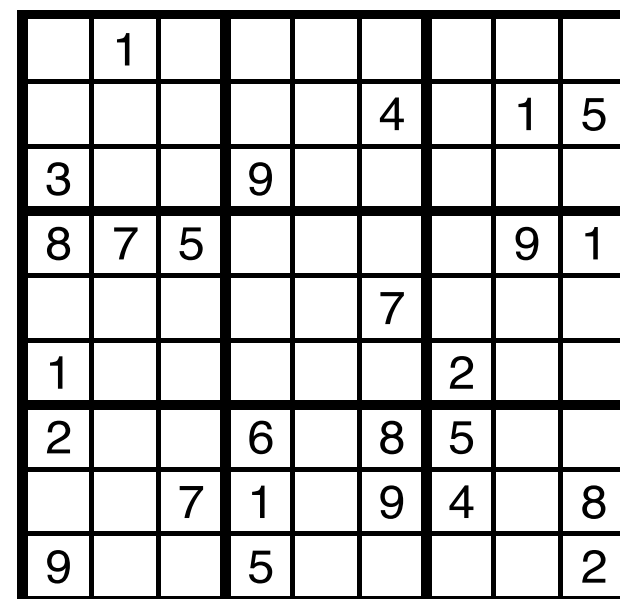
- 1. Breakfast food
- 2. Bunches and bunches
- 3. Pulled apart
- 4. Infatuated with
- 5. Also
- 6. Spin around
- 7. Thin stick
- 8. Up till now
- 9. Food merchant
- 10. Tear apart
- 11. Covers a cake
- 12. Early ones were made from quill feathers
- 15. Make a point
- 21. Utterly unlike
- 23. Signal to speak
- 25. Floors of a building
- 27. Satisfy
- 28. Prevailing style
- 29. Finished and available for use
- 31. Keen
- 32. Choose by ballot
- 33. A loon
- 35. Place of trade
- 37. Gullible
- 40. Indecent



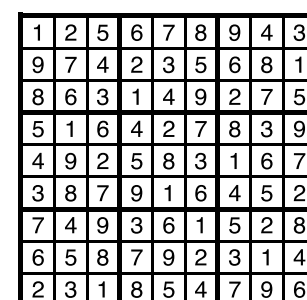
- 41. Part of a plant joined to another plant
- 46. Physical attack
- 48. Queasy feeling
- 49. Linkletter from Moose Jaw
- 50. Exploratory devices
- 53. Wear away land
- 54. Slightly wet
- 55. Object of adoration
- 56. Knowledge handed down verbally
- 58. Group of three
- 59. Personalities
- 60. Quiet retreats in some houses
- 63. Tool used in the woods
- 64. Pay money for

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



Solution to Last week's Sudoku



Solution to Last week's Crossword



Look for my first book of crosswords, *O Canada Crosswords #11*, available in bookstores now! Follow me on Twitter@WalterDFeener

October 4, 5 & 6, 2013

Mahone Bay 17th Annual GREAT SCARECROW FESTIVAL & ANTIQUE FAIR

MAKE YOUR WAY TO MAHONE BAY WHERE A FUN-FILLED FAMILY WEEKEND AWAITS YOUR ARRIVAL ... With a focus on kids and families this year, we have unique kids' activities on Saturday and Sunday afternoon. The events are sponsored by the Atlantica Hotel & Marina Oak Island and feature live entertainment and music, crafts, and a Mad Science show, all at no charge. Stroll through town to see 200 life-size scarecrows plus a special display of the scarecrows featured on "The Amazing Race Canada." (The Mahone Bay/Lunenburg episode can be viewed online at CTV.ca.) Enjoy Atlantic Canada's premier antique fair plus the ever-popular candlelit pumpkin path on Friday and Saturday night. You can be a part of this incredible event by entering your own hand-carved pumpkins in our contest. There are prizes in every category. If you live or work in Mahone Bay, try your hand at making your very own scarecrow to decorate your home or business — you may win one of our many prizes donated by local shops. Visit <http://www.mahonebay.com> for more information and festival details.



Thanks to the following businesses for their generous donations to the festival: Atlantica Hotel & Marina Oak Island, Buchanan's Music, Bank of Montreal, Cocoa Organic Spa, Encompassing Designs Rug Hooking Studio, Fluid Motion Physio, Peacock Antiques, Progress Bulletin, Mateus Bistro, Northern Sun, Responsive, Shore Cycle, Sailor Studio, Simple Things, Sweet Ride Cycling, The Quilt Shop, The Hub South Shore, The Teazer, CKBW, Lunenburg County Progress Bulletin.

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Open Friday, Saturday & Sunday
Oct. 4th-6th
Noon-4 pm
Daily Children's Activities!
Admission is always free!
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902-624-6263

Carriage House Antiques & Collectibles

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902-624-0290
7 days a week 10am - 5 pm

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Your Member of Parliament for South Shore - St. Margaret's www.geraldkeddymp.ca

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THE 2013 MAHONE BAY GREAT

ALL KIDS' ACTIVITIES & LIVE MUSIC: All kids' activities and live music will be held in front of the Gazebo on Main St. in the Bank of Montreal Parking Lot. Look for the big white tent!
Sponsored by Atlantica Hotel & Marina Oak Island

Welcome to the
**Mahone Bay 17th Annual
Great Scarecrow Festival
& Antique Fair**

Town of Mahone Bay

Saturday, October 5
12pm – 1pm Kids' crafts with Hailey
1pm – 2:45pm **The Little Ditties** — music for kids, parents, and anyone else who loves to laugh, sing, stomp, or clap their way through the day.
2pm – 2:45pm **Mad Science of the Maritimes** presents "The Dry Ice Show"
3pm – 3:45pm Live music by **The Little Ditties**

Sunday, October 6
12pm – 1pm Kids' crafts with The Makery
1pm – 2:45pm **Music by The Wilderbeats** — a children's band that performs original songs about nature for the young and young-at-heart.
2pm – 2:45pm **Mad Science of the**

Maritimes presents "The Dry Ice Show"
3pm – 3:45pm Live music by **The Wilderbeats**
MUSIC AT CECILIA'S RETREAT: 1199 Oakland Rd., Mahone Bay. Features **Men with Gloves, Sunday, 4 pm.** Come to hear an hour of music from 3 exceptional artists with refreshments and dinner to follow. \$30 - Reservations at barbara.butler@ns.sympatico.ca or 624-0505.

ANTIQUÉ FAIR: Search for a special treasure at Atlantic Canada's premier antique fair. Three halls brimming with antiques and collectibles from the most respected dealers in Atlantic Canada. The three venues are the **Anglican Church Hall, the Legion Hall, and the Mahone Bay Centre. Friday, 1pm – 6pm; Saturday, 10am – 6 pm; Sunday, 11:30am – 4 pm.** An entry fee of \$3 per person gets you into all three halls.

CANDLELIT PUMPKIN PATH: Friday, October 4 and Saturday, October 5, 7 – 9pm: This is one of the highlights of the weekend! Hundreds of hand-carved pumpkins will light up the night as you stroll along our lovely pumpkin path. Sip on hot apple cider on sale by Atlantica Hotel & Marina Oak Island with proceeds going to the festival. Enjoy live music on Friday night provided by Buchanan's Music. You can join in the fun and enter the community pumpkin-carving contest with cash and prizes awarded in several categories. Pumpkins must be entered by October 4 at 4 pm in order to qualify. Categories include: ages 4 – 7 (pumpkins in this category will be displayed at the children's venue), 8 – 13, 14 – adult, and a new **Themed Group Category** — two or more individuals may enter five or more carved pumpkins that create a single vignette. For a chance to win visit <http://www.mahonebay.com> for contest entry forms and details. Open to all. Entry forms may be downloaded or picked up

Quilt Jamboree

October 4th, 5th, 6th

- Quilting Demos

All Quilting Fabrics & Fat Quarters **\$5 off** Reg. Price
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Mahone Bay Centre

GIANT Book Sale

Friday, October 4th
1-6pm

Saturday, October 5th
10am-6pm

Sunday, October 6th
1-4pm

Great Selection of Used Books

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45 School St., Mahone Bay
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www.mahonebaycentre.com

MUSIQUE ROYALE
ST. JOHN'S ANGLICAN CHURCH, LUNENBURG

Great Music in Your Own Backyard

Symphony Nova Scotia
Friday, October 4, 7:30 pm

Carte Blanche □ Stéphane Treault
Friday, October 25, 7:30 pm

Cecilia String Quartet
Friday, November 1, 7:30 pm

We Will Remember Them
Friday, November 8, 7:30 pm

Chester Brass Band
Saturday, November 16, 7:30 pm

Opéra La Bohème
Friday, November 22, 7:30 pm

A King's Christmas
Sunday, December 8, 4:00 pm

To Bethlehem with Kings
Saturday, December 21, 7:00 pm

www.musiqueroyale.com

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The Fred Eaglesmith Travelling Steam Show

Friday, October 4, 2013
Pearl Theatre 7:30 pm doors open 6:45
Tickets: Adults \$21.50 / Youth \$11.50

Tickets Available at: Shop on the Corner & Folk Harbour Festival Office, Lunenburg; Kinburn Pharmasave, Mahone Bay; Town's End Strings & Things, Bridgewater; Rose Bay General Store, Rose Bay.

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SCARECROW FESTIVAL & ANTIQUE FAIR

at the Visitor Information Centre, Simple Things Booksellers, and the Post Office.

Friday, October 4

Gospel Sing-a-long concert led by the Gospel Band MANNA. At 7 pm, St. John's Evangelical Lutheran Church, Edgewater St. Come and sing along to your favourite old-time gospel songs or just listen and enjoy. Free-will offering to St. John's crisis fund.

Saturday, October 5

Granny's Attic Yard Sale: Collectibles and nice old things. In support of the Mahone Bay Settlers Museum. Outside the Eclectic Garage, 363 West Main St., starting at 9 am.

Sunday, October 6

Moncton Corvette Car Show: Watch for these beauties as they cruise into town, then stop by the Government Wharf to admire them at your leisure from 10 am to 1:30 pm.

ALL WEEKEND LONG:

HISTORIC GRAVEYARD TOURS:

Tour historic Bayview Cemetery with local know-it-all Bob Sayer. Learn about the history of Mahone Bay through the pioneering lives of our settlers and discover your "founding family" ancestor amongst the Hysons, Ernsts and Slaunwhites. Tour lasts about 40 minutes and costs \$3 per person. Meet at the Visitor Information Centre. Friday, 6 pm;

Saturday and Sunday, 2 pm and 6 pm.

BOOK SALE:

Book Sale in support of the Mahone Bay Centre. Great selection of good used books. Free admission. The sale is located in the Large Conference Room at the Mahone Bay Centre. Friday, 1 - 6 pm; Saturday, 10 am - 6 pm; Sunday, 1 - 5 pm.

QUILT JAMBOREE:

Enjoy the fun all weekend during Suttles & Seawinds Quilt Jamboree Weekend. Learn how to make a quilt, see how to put fabric and colours together, and try out your hand quilting. Will your stitches be toenail catchers? For more information call 624-8375.

THE LIONS CLUB WILL BE HOSTING A BBQ

at the Irving Station on Main St. during the weekend. Be sure to drop by.

SCARECROW CHALLENGE:

Scarecrow making is a terrific craft project for the entire family to enjoy. A \$250 cash prize will be awarded to the BEST NEW residential scarecrow, sponsored by The Northern Sun, and the BEST NEW business scarecrow, sponsored by Encompassing Designs, Peacock Antiques and the Quilt Shop. Honourable mention prizes sponsored by Cocoa Organic Spa and Mateus Bistro. Visit <http://www.mahonebay.com> for contest entry form and details.

FESTIVAL MAP

LEGEND

- P PARKING
- WASHROOMS
- KIDS ACTIVITIES
- ANTIQUE FAIR
- CHURCH
- REST AREA
- CAR SHOW
- PUMPKIN PATH
- SCARECROWS

KIDS ACTIVITIES Sponsored By

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VISITOR INFORMATION CENTRE
624-6151

THE GREAT SCARECROW FESTIVAL & ANTIQUE FAIR 2013
OCTOBER 4, 5 & 6

Mahone Bay
Presented By
The Mahone Bay and Area Chamber of Commerce

As seen on THE AMAZING RACE CANADA Mahone Bay Episode!



Family Fun All Weekend Long...

Over 150 life size scarecrows on display!

Atlantic Canada's Premier Antique Fair

Kids Activities & Live Music sponsored by

Atlantica Hotel and Marina, Oak Island

Candlelit Pumpkin Path on Friday and Saturday night

Car Show, Historic Graveyard Tours and much more!



MAD HATTER

Russell Smith of Lunenburg took home one of the top prizes at Elderfit's Mad Hatter's Tea Party on September 21. The group held a social and encouraged its members to be creative with their hats.



PAULA LEVY PHOTO

Failure to factor frontage charge boosts trail budget

By KEITH CORCORAN
kcorcoran@southshorenov.ca

BRIDGEWATER — The monetary amount earmarked for the primary trail that will meander through the town-owned Glen Allan Drive Generations Active Park had to be boosted by over \$14,000 after the frontage charge wasn't factored in when the original budget was calculated.

Mayor David Walker said it was an oversight.

Trail construction is included in this year's 2013-14 capital budget and the park's master plan identified the desire to have the route connected with Glen Allan Drive. The town's arm's-length economic development promoter, the Bridgewater Development Association, transferred a 10-metre connection to the town after the area was surveyed.

"It was brought to my attention the town would be required to handle the fronted charges for this 10-metre connection," a report to town council filed by recreation director Carol Pickings-Anthony said.

The calculated frontage charge of \$14,463 "was not considered when the 2013-14 capital budgets were approved," the report indicated.

A bylaw was put in place in 2006 after Glen Allan Drive was extended between Hollingsworth Drive and LaHave Street. The bylaw states the "cost of constructing this street shall be recovered from the persons who own the property which abuts on either side of the new street and those who will benefit from the construction of a collector street ..."

Town council during a recent meeting agreed to approve the budget increase of \$14,000 in the Primary Trail budget to cover the frontage charge.

Bridgewater's public works crews are able to take on the trail project, the report said, which means contracting out the work via a request for proposals won't be necessary. A federal gas tax agreement with municipalities was expected to fund most of the trail project but since the work will be done internally, that money, \$25,000, was switched to help pay for a sanitary sewer project earmarked for Haven Drive.

Generations Active Park is a seven-hectare piece of town-owned property at 543 Glen Allan Drive, where people can find the HB Studios Sports Centre. Two hectares of the site is leased to the South Shore Fieldhouse Society, which developed the sports centre that opened in 2008.

Sidewalk to be replaced

By LISA BROWN
lbrown@southshorenov.ca

MAHONE BAY — A section of sidewalk along one of Mahone Bay's busiest streets is being replaced.

Town council awarded a tender September 26 to upgrade a section of sidewalk along Edgewater Street between the monument and the Parish Street intersection.

The contract was given to Town & Country Property Improvements, which came in with the lowest bid at just under \$20,000.

Only a small section of the sidewalk is being replaced at this time, because council is awaiting engineering details for a larger-scale improvement of the section of Edgewater Street in front of the three churches. That will include sidewalk replacement.

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\$89 from
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Our Restaurant & Lounge is open to the public. Visit our website to view the full menu.

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Lunenburg's Dan Rudolf recently won the regional amateur sportbike and superbike championships at the Atlantic Motorsport Park in Shubenacadie.



DANIELLE NICKERSON PHOTOS

Dan Rudolf won a national amateur sportbike race in July.



Biker wins Atlantic championships

Dan Rudolf claims two amateur road-racing titles

By **STACEY COLWELL**
 scolwell@southshorenov.ca

Dan Rudolf isn't your prototypical motorbike racer.

"People are sometimes shocked I have a motorcycle, let alone race," laughed the 41-year-old pharmacist and father of three kids.

Since getting his first dirt bike at age 11, Mr. Rudolf always had a passion for motorcycles, but it wasn't until 2011 when he started racing competitively at the race track in Shubenacadie that he was truly hooked.

"If you love bikes, that's the place to be," said the Lunenburg resident.

"There's a lot of quick fellas on the street here, and I really wish they'd go out and give this a try."

Despite reaching top speeds of over 200 km/h, he said there's no safer place to ride than the track, given safety gear required, the pristine driving conditions and the things you learn at track school.

"I think those guys would be surprised that if they did the training, they'd be less likely to ride erratically on the street. It's just too dangerous. There are too many variables on the road," said Mr. Rudolf.

"There's no fun riding fast on the street after track school. ... For a lot of people, once they hit the

track, they're done on the street."

Last month, riding his Honda CBR 600, he capped his 2013 season by winning the Atlantic Roadracing League amateur sportbike and superbike championships following a season in which he dedicated himself to a demanding fitness regimen.

"The track is 2.5 kilometres and there are elevation changes — there's one area called the roller coaster — and 11 turns ... you do five or 10 laps, and you're just exhausted. It's a very gruelling track."

His 2013 championships earned him an all-expenses-paid trip to the Penguin Racing School in Massachusetts via Inside Motorcycles magazine, and he also won a Canadian amateur sportbike round in July.

After focusing on results this year, Mr. Rudolf is looking forward to competing as a pro next season and remembering why he got into this sport in the first place.

"It'll be against some tough competition, so it'll be different. It'll just be me going out and having fun again and not being concerned about the points."

He'll also continue to make his weekends at the track a family affair, often with his wife and three children camping on site.

"There's a great family atmosphere. That's one of the reasons I keep going back."

Forest Heights resurrects hockey program

By **STACEY COLWELL**
 scolwell@southshorenov.ca

Forest Heights Community School has revived its dormant boys' hockey team.

"They haven't had a team there for quite a few years, so we've kind of resurrected the program," said coach Spencer Westhaver.

The Falcons will play out of the 10-team Valley league and play their home games in nearby Chester.

"They made a couple attempts in recent years to get the team off the ground but they never had the full commitment of the players. They were busy playing higher levels of minor hockey," said Mr. Westhaver.

"This year the kids wanted to stay home to play hockey. They'll now get to practice out of their own rink 10 minutes from the school."

The roster should include 10 players with midget AAA experience.

"We have a good, strong core, and it'll be filled in with some Grade 10s who would be first-year midget players. ... We have experience, leadership and some young enthusiasm, and it should be a lot of fun."

Their first league game is scheduled for October 11, and Mr. Westhaver expects the Division 3 school to be competitive in Year 1 of the new program.

"I think the team is gonna be just be fine. We may shock a lot of people."

In fact, he wants to bring back the late-1970s glory years of high school hockey in the Chester area.

"There was no Division 1, 2 or 3 back then. They won it for the whole province and they won it the hard way against all the big schools ... they had a great hockey team, and hopefully we can duplicate that."

'Jacks remain winless

The Bridgewater CIBC Wood Gundy Lumberjacks remain winless on the season following a rough couple days last week.

After getting beaten 10-0 versus the Weeks Crushers in Pictou County on Thursday, the 'Jacks returned home on the next night and lost 5-2 to the Valley Wildcats.

Corey Peterson allowed seven goals on 21 shots against Pictou County, while Billy Clarke gave up three more on seven shots.

On Friday night, Mr. Clarke made 27 saves. Jesse MacInnis and Ryan Daley scored for Bridgewater.

The Lumberjacks are now winless in six games in 2013-14, with two of those losses coming in shootouts, and have been outscored 34-14 in total.

SUBMISSIONS

All sports submissions must include, if applicable: the sport, the competitors' names, league name, team names and level or division played. Also include the date and location of the game or competition. Any submissions that do not include the proper information or that are illegible cannot be published.

The deadline for submissions is 5 p.m. Thursday. Contact Lighthouse Publishing sports by e-mail at editorial@lighthouse.ns.ca, by fax at 543-2228 or phone at 543-2457.

SPORTS



DONETTE GETSON PHOTO

South Shore Mustangs goalie Colby Muise made 31 saves in a shutout during the team's first-ever game at the new Lunenburg County Lifestyle Centre on September 29.

Mustangs win opener at new rink

Colby Muise registers shutout, leads league in GAA

By STACEY COLWELL
scolwell@southshorenw.ca

The South Shore Mustangs christened their new home with a win in their first game at the Lunenburg County Lifestyle Centre.

"Our experience this past weekend was phenomenal," said coach Grant Johnston, whose Nova Scotia Major Midget Hockey League team took to the ice for a pre-game morning skate on September 28 to get a feel for the size of the rink, the ice and boards.

"Our boys felt like professional athletes."

That night, Colby Muise made 31 saves in a 3-0 shutout of the Cape Breton West Islanders, then followed that up with 48 saves in a 4-1 rematch loss on Sunday afternoon.

"The vibe in the arena on Saturday and Sunday was fantastic," said Mr. Johnston.

"You could feel the energy and excitement from the crowd not only for the new facility but for the on-ice product the South Shore Mustangs have in 2013."

Through six games, the team is 4-2, while Mr. Muise leads the league with a 1.97 goals-against average and a .950 save percentage.

"He is a first-year goalie that excludes confidence in the net and is also a fantastic kid off the ice," said Mr. Johnston.

"He is committed to being the best goalie possible, game in game out, and his work ethic to get better is second to none."

Meanwhile, rookie forward Keith Getson ranks among the top five scorers with six goals and 12 points.

Last weekend, he assisted on two of the three goals in Saturday's win, then scored the lone goal in Sunday's loss.

Following a road game in Halifax on Wednesday, this weekend the Mustangs return home for a game versus Newbridge Academy on Sunday.

The club had played in the old Bridgewater Memorial Arena for 29 years before the opening of the Lifestyle Centre rink.

"When we stepped on the ice it was with mixed emotions for us [old] timers in the Mustang family who have been involved with the team over the years," said club president Lionel Haughn in an e-mail to this newspaper.

"We would like to thank Harold Killam and his great staff for looking after us all those years and making it a pleasure to come to the rink, and for that we say a big thank-you."



STACEY COLWELL PHOTO

TERRY FOX RUN

Keagan Gillis participates in Newcombville Elementary School's annual Terry Fox run on September 20.



BOWLING

Lunenburg Bowling Alley League

Men's League, September 9: H.S., Mark Hubley, 134. H.T., George Dorey, 352.

Ladies' League, September 3: H.S., Valerie Feener, 133. H.T., Valerie Feener, 344.

Early Birds, September 4: H.S., Marilyn Ernst, 111. H.T., Marilyn Ernst, 300. H.S. no mark, Cathy Swinemar, 89.

Canxel, September 4: L.H.S., Mary Anne Corkum, 132. L.H.T., Mary Anne Corkum, 385. M.H.S., Doug Murphy, 134. M.H.T., Doug Murphy, 340.

Money League, September 5: L.S., Tosha Wellman, 119. L.T., Tosha Wellman, 338. M.S., Bernie Conrad, 137. M.T., Darryl Conrad, 344.

Lucky Strikes, September 6: L.H.S., Val Feener, 124. L.H.T., Val Feener, 312. M.H.S.,

Barry Martell, 149. M.H.T., George Dorey, 343. **Mickey Mouse, September 8:** L.H.S., Kim Veinotte, 107. L.H.T., Courtney Tremere, 296. M.H.S., Cory Carver, 124. M.H.T., Scott Doucette and Timmy Oakley, 341.

AYB stats: September 21: Tiny Tots: G.S., Kaliya Hiltz, 74. G.T.D., Ella Nodding, 127. B.S., Zachary Ernst, 76. B.D., Zachary Ernst, 151. **Peewee:** G.S., Hannah Nodding, 92. G.T., Hannah Nodding, 240. B.S., Kaiden MacDonald, 103. B.T., Kaiden MacDonald, 229. **Bantam:** G.S., Aaliyah Hayward, 106. G.T., Aaliyah Hayward, 253. B.S., Nathan Allen, 106. B.T., Nathan Allen, 260. **Juniors:** G.S., Dallas Smith, 101. G.T., Carrie Wellman, 286. B.S., Ethan Ring, 113. B.T., Ethan Ring, 286. **Seniors:** G.S., Danika Veinot, 101. G.T., Danika Veinot, 294. B.S., Mackenzie Dares, 119. B.T., Mackenzie Dares, 317.

Lutheran Church Bowling League

September 24: Team Standings: Miss A Lots, 18; Dominoes, 13; Thunder Cats, 9; Big Dipper, 8. L.S., Verlene Silver-Corkum, 128. L.T.,

Verlene Silver-Corkum, 300. M.S., Wayne Nauss, 106. M.T., Wayne Nauss, 290. L.S. no mark, Jean Schrader, 89. M.S., no mark, Arthur Veinot, 89.

Youth Bowling, Bowl-More Lanes

Results for September 21: Peewee: H.S., Austyn Mosher, 71; Riley Turple, 57; H.D., Austyn Mosher, 130; Riley Turple, 106. **Peewee:** H.S., Brooklyn Myra, 41. H.T., Brooklyn Myra, 105. **Bantam:** H.S., Hunter Loughead, 88; Hailey Deyotte, 83; Tyler Deyotte, 79. H.D., Hunter Loughead, 169; Allison Grant, 149; Lukasz Kozera, 115; Ryker Croft, 115. H.T., Hailey Deyotte, 226; Tyler Deyotte, 223; Jacob McIsaac, 202. **Junior:** H.S., Jackson Loughead, 93; Bailey Grant, 88; Bailey Mulock, 83. H.D., Olivia Grace Wall, 136. H.T., Jackson Loughead, 232; Bailey Grant, 220; Bailey Mulock, 208. **Results for September 23: Bumper:** H.S., Austyn Mosher, 71; Alex Meisner, 59; Josee Daniels, 56. H.D., Austyn Mosher, 140; Josee Daniels,

112. **Peewee:** H.S., Zoe Haughn, 65; Ashley Hannam, 45; Marissa Meisner, 37. H.D., Ashley Hannam, 75. **Bantam:** H.S., Shaylynn Carver-Lohnes, 88; Terry Hannam, 72; Isabella Meisner, 69. H.D., Terry Hannam, 128; Ashton Mosher, 124; Dakota Thompson, 115. H.T., Shaylynn Carver-Lohnes, 242; Rayann Daniels, 195; Cameron Langille, 152. **Junior:** H.S., Hayley Moors, 91; Seamus Daniels, 83; Eli Langille, 81. H.T., Hayley Moors, 254; Eli Langille, 229; Seamus Daniels, 227. **Senior:** H.S., Cody Frank, 113; Dylan Conrad, 90; Sydney Naugler, 84. H.T., Cody Frank, 314; Dylan Conrad, 258; Sydney Naugler, 238.

Registration continues and youth may join by visiting the bowling centre.

HORSE COURSE

Ann Wentzell assists her equine through a portion of the recent Branch LaHave 4-H Light Horse Fun Show at the South Shore Exhibition grounds in Bridgewater.



KEITH CORCORAN PHOTO

SPORTS

Llew Chase recently won four gold medals in track and field events at the Nova Scotia 55-plus Games in Truro.

The golden years

Sixty-one year old sprints to podium

By **STACEY COLWELL**
scolwell@southshorenov.ca

In 1998, Llew Chase was 46 years old, was out of shape and had degenerative disks in his back.

"I became, through inactivity back then, so crippled I had to go to a back surgeon to see what could be done," said the Conquerall Mills retiree as he fought back tears during a recent interview.

"He told me within two years he'd be doing surgery on my back or I'd be in a wheelchair. At my worst, I couldn't get up off the chesterfield without my wife's help."

That's when a friend of his, Dave Bell, encouraged him to get active.

"I went down and bought a membership at the YMCA," said Mr. Chase.

"Today I still have a back problem, but I've overcome it through exercise."

Within a few years of buying that gym membership, he'd started doing distance running and competing in triathlons, joking he "couldn't afford a corvette" at age 50.

By 2012, he'd won five gold medals at the Canadian 55-plus Games, and earlier this month he placed first in 50-, 100-, 200- and 400-metre sprints at the Nova Scotia 55-plus Games despite battling nagging leg problems heading into the event.

"I got through it without really feeling the injuries until the 400, which is not my race, when I could feel my legs wobbling by the end of it. Had there been another event after that, I probably wouldn't have been able to do it."

Mr. Chase typically trains year-round more than 20 hours a week preparing for competitions.

"He is a prime example of what determination, consistency and patience can

do for a person when they put their mind to achieving something," said his fitness coach, Tammy Slauenwhite.

When Mr. Chase isn't at the gym, he's often with kids young enough to be his grandchildren at the Bluenose Athletics Club.

"It is really awesome to watch the connections between him and the athletes grow throughout the season. We are all so incredibly amazed at his physical ability and so thrilled to have him connected to us as a club throughout the year," said coach Tanya Daniels, adding he's a great example of how people of all ages can stay active and healthy.

"This is the ultimate health care in my opinion, and it has also been a very strong connection for a group of youth to have such a stellar motivated adult role model."

Along with another older running mate, Mr. Chase even competes against teenagers at some open meets.

"You end up being the last ones to cross the line and there's nothing you can do about it," he laughed.

"It's going to end badly. You know that when you come out of the blocks."

Still, he keeps running, and says even if his body eventually forces him to give up sprinting, he'll remain active, fit and involved with athletic people.

"I think I have to do it the rest of my life. I'm quite certain if I stopped, I'd end up crippled again."

In the meantime, he hopes to keep inspiring others his age to stay active, and more importantly, continue to make his 10-year-old granddaughter proud.

"She takes pictures of me running to show at school," he smiled.

"I guess I'm an uncommon grandfather in her circles."

PRO Kids needs help

MODL program runs out of funds

By **STACEY COLWELL**
scolwell@southshorenov.ca

In what's becoming an annual occurrence, the Municipality of Lunenburg's non-profit PRO Kids program has run out of money with months remaining in the fiscal year.

"We're fresh out of funds," said co-ordinator Janice Rand about the program, which provides financial assistance for families in need to allow their children to participate in at least one sport, recreational or cultural activity.

"We can accept applications, but we have to tell people we don't have any money, so unless we have donations or fundraisers or get money from somewhere, then we're going to have to hold those applications."

The municipality had made similar public appeals at this time of year the previous two fiscal years, which begin in April.

For 2013-14, although funding is up

nine per cent to \$38,000, the number of applicants has increased 13 per cent to nearly 200.

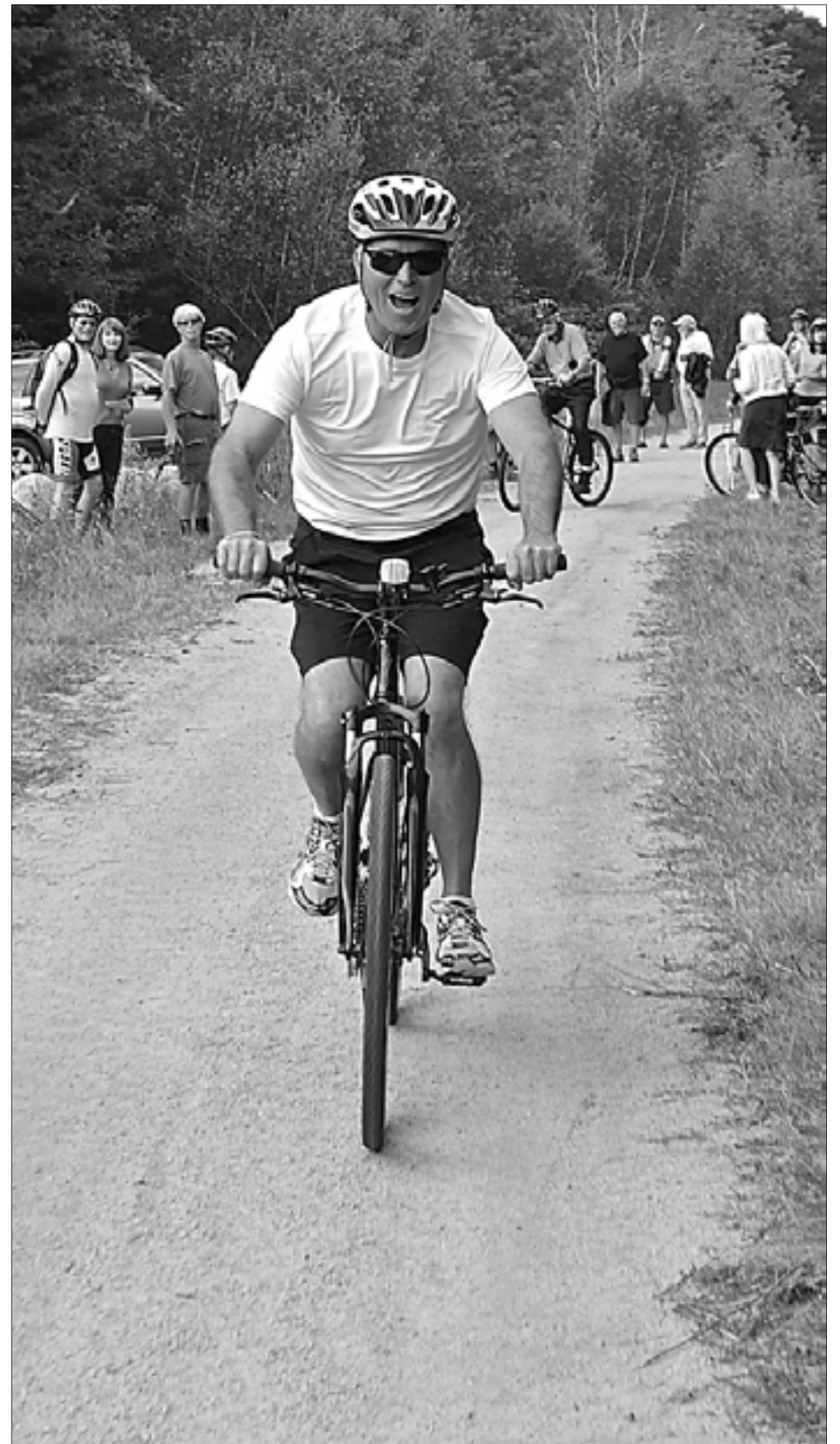
"People are still contributing, and there are fundraisers, it's just that the demand is exceeding the funds."

The bulk of the funds come from the municipality, the United Way of Lunenburg County and individual and business fundraisers.

She said the program offers numerous benefits, such as building healthy communities and lifestyles, developing friendships and social networks, promoting positive behaviours, fostering co-operation and good citizenship, and building confidence and self-esteem.

"It's a real investment in the youth of the district of Lunenburg, that's for sure, and it also builds our local organizations and clubs. It helps boost registration."

For more information, or to help, contact Ms Rand at 541-1335.



PAULA LEVY PHOTO

Badminton tourney planned

The Bridgewater junior badminton club will host a round-robin tournament on October 4 and 5.

Play begins with singles matches on Friday at 5:30. Doubles play begins at 9

a.m. on Saturday.

The event will be held at Bridgewater Elementary School, Bridgewater High School, the Lunenburg County YMCA and the Centre scolaire de la Rive-Sud.

DYNAMITE TRAIL

Municipality of Lunenburg Mayor Don Downe had the honour of officially opening the Dynamite Trail on September 21. The 10-km trail runs between the Chester Connection Trail and the Bay to Bay and Adventure Trails in the Town of Mahone Bay. Mayor Downe was the minister of Natural Resources when the trails program was launched in Nova Scotia.

CULTURE, CUISINE & COMMUNITY



LISA BROWN PHOTO

ALL IN THE FAMILY

Gary Nauss, left, shared his paintings with dozens of people, including his brother Reg and father Reginald, September 28 as Ryan Hall held an open house and art show. It was a first-time event supported by the portable art gallery Little Mobile Gallery for Seniors.

MARQUEE

New exhibit opens at nursing home

October's featured artist in the Mini Art Gallery in the Mahone Nursing Home is Sue Robinson.

Ms Robinson is an artist working in oils, watercolours and acrylics. Born and educated in Montreal and Switzerland, she works out of Bedford and continues to take classes in the Annapolis Valley, Lunenburg, Rhode Island and New York state.

Ms Robinson has been painting for 20 years and enjoys painting challenging nature, bird and maritime scenes. The Mahone Nursing Home is at 640 Main Street in Mahone Bay and Ms Robinson's show continues until October 25.

Janet Barkhouse at county libraries

Local author Janet Barkhouse offers a refreshing treat for young readers this fall when she shares her picture books, "Pit Pony: The Picture Book" and "Sable Island — Imagine!" at South Shore Public Libraries.

Learn what the horses' lives were like before they worked in the mines. These readings are sponsored by the Canada Council for the Arts and are open to ages four to 11 year olds.

Join Ms Barkhouse at Lunenburg library on November 2 at 2 p.m. and Bridgewater library on November 23 at 2 p.m.

Local Rotary Club hosting Oktoberfest

The Rotary Club of Bridgewater and District is hosting one of its largest annual fundraisers this weekend.

The theme of the organization's third annual Oktoberfest is "Get in touch with our German heritage."

The event is scheduled for the evening of October 5 at the Oakhill fire hall.

The Rotary Club is an international group dedicated to serving community needs and worldwide projects.

The local club's current project is a Rotary park on the grounds behind the DesBrisay Museum.

Author to present reading in Lunenburg

Author Alissa York will present a reading from her latest book, "Fauna," at the Lunenburg public library October 2 beginning at 2 p.m.

The event is part of this year's 12-stop "One Book Nova Scotia" tour.

Second Story Women's Centre presenting 'Let Them Howl'

"Never retreat, never apologize, never explain — get the thing done and let them howl."

Those were the words of Canadian icon Nellie McClung. On October 19 at 7:30 p.m., Second Story Women's Centre will present "Let Them Howl" at the Pearl Theatre, an evening of song, dance and merriment in celebration of Persons Day. McClung and four other Canadian activists known as "The Famous Five" fought for and achieved a legal landmark, the recognition of women as "persons" on October 18, 1929.

This year's event features a mix of outstanding performances from local musicians, poets and dancers, including:

- Alex Hickey, a West Dublin songwriter whose songs "walk a delicate line between cynicism and a passionate love for the world."

- Mary Knickle, an internationally recognized singer and composer known both for her folk music and opera.

- Shannon Moore, the owner and director of On Tap Studio in Lunenburg, performing with dancers Monika Maicherova and Traci Saunders.

- Kaylyn Turner, a self-taught, multi-talented singer-songwriter from Hebb's Cross.

- Poet Beth Munroe, winner of the Governor General Michener's Medal for Excellence in Creative Writing.

The evening will also feature a presentation of the third annual Howler Award. This award is presented to a woman or girl who is an exemplary, fearless community leader, an inspiring and hopeful champion, someone who has found their voice and used it to mobilize others to effect change on issues of concern to women.

We are thrilled to announce that our 2013 winner is Wendy Annand, a former program co-ordinator at Second Story and tireless champion of gender equality.

To learn more, visit the centre's website at <http://www.sectory.com> or call 640-3044.

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CULTURE, CUISINE & COMMUNITY



ROBERT HIRTLE PHOTO

The 17th annual Great Scarecrow Festival and Antique Fair will be held in Mahone Bay October 4 through 6.

New surprises highlight Scarecrow Festival

By **ROBERT HIRTLE**
rhirtle@southshorenov.ca

MAHONE BAY — It's a tough job to take a popular event and make it better, but that seems to be the case with the 17th annual Great Scarecrow Festival and Antique Fair which takes place in Mahone Bay October 4 through 6.

Festival spokeswoman Lara Carrigan says that this year the town will be decked out with over 200 scarecrows, including 30 new ones and some that have special "star" quality.

"The most exciting thing, of course, will be the scarecrows that were featured on 'The Amazing Race,' the scarecrows that the contestants had to come into town and build a twin. We'll have a special display of all those scarecrows," she explains. "We've got new clowns, new witches, two really great displays of hockey players, a female curling team and fishermen."

Of course, there is much more to this fun-filled festival than scarecrows. The antique fair, which has grown to be the largest of its kind in Atlantic Canada, will feature several new dealers who have not previously attended the event.

That takes place at a trio of venues, the Mahone Bay Centre, Royal Canadian Legion Branch #49 and St. James' Anglican Church hall.

"The other really big news is that we're having a children's event for two days, Saturday and Sunday, that Atlantica Hotel and Marina Oak Island is sponsoring," Ms Carrigan says. "You'll see a big tent set up in the Bank of Montreal parking lot in front of the gazebo, and

there will be live music being played, there will be people doing crafts for the kids, there's going to be the Mad Science of the Maritimes show and all sorts of other activities for the kids. And there's no charge for any of this. It's truly a community event."

For the second consecutive year the public will also be invited to participate in the Great Pumpkin Carving and Decorating Contest.

The contest will be divided into three age categories and prizes will be awarded for those entries judged the best in each group.

Judging will take place October 4 with the winners announced October 5 at 7 p.m.

The contest is open to all Nova Scotia residents and entries will be on display, and lit, Friday and Saturday evenings from 7 to 9 p.m. on the Magical Pumpkin Path near the town's three churches.

Buchanan's Music will provide entertainment and cider will be available for purchase by donation with proceeds going to support the festival.

"We hope to have at least 200 pumpkins carved by the community," Ms Carrigan adds.

Friday and Saturday evening will also see Mahone Bay historian Bob Sayer conduct graveyard tours in Bayview Cemetery and Sunday afternoon will feature a Corvette Car Show.

"The fact that we were mentioned on 'The Amazing Race' has been a big deal for us," Ms Carrigan says. "We've had more inquiries because of that show. People are excited to come and see those scarecrows."



DANCE PARTY

Ten-year-old Mina McGill is all smiles as she performs with Nova Dance Studio at the Kings Court gazebo September 28 during Bridgewater's Afterglow, which celebrated art of all varieties.

LISA BROWN PHOTOS



UNDER THE PARKADE

Amy Brandon plays under the Bridgewater parkade during the Afterglow Arts Festival, a one-night event giving people an opportunity to experience the thriving art community.

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CULTURE, CUISINE & COMMUNITY

You say potato ...

Potatoes grow well here in Nova Scotia, and of course they grow like nobody's business on nearby Prince Edward Island (a.k.a. Potatoes Everywhere Island), so they're a great pick as a base for many local food dishes. Not only are they an easy way to eat local, they are the one vegetable that even vegetable dislikers are guaranteed to eat.

Ever hear anyone say, "Ooh, I don't want a french fry — that's a vegetable!" No? I didn't think so. And if they can eat them fried, they can eat them roasted, so there you go.

The easiest way to cook a potato is simply to bake it. Preheat the oven to 375 degrees F, poke a few holes in a clean potato with a fork, and bake until tender, about an hour. Enjoy a baked potato topped with butter, pesto, chili or roasted tomatoes. If you get tired of boring old Russets, experiment with Yukon Golds, red potatoes or even some of the purple potatoes that have been cropping up in farmers' markets around the South Shore.

No matter what kind of potato you use, they shouldn't be refrigerated.

Potatoes keep best in a cool, dark, dry spot. There's little sense in freezing them, but they are a good candidate for dehydration. To dehydrate, peel if desired, slice and dry for six to 12 hours until crisp. Toss dehydrated potatoes in a bag with other dried vegetables to make a quick soup mix for cold winter nights later this year.

Garlic Roasted Potatoes

A good local potato, especially a young one, doesn't need as many bells and whistles as something shipped from far

away. Try this easy roasted potato dish for breakfast, lunch or dinner.

Ingredients

- 2 pounds new potatoes, cleaned and chopped into bite-sized chunks
- 3 tablespoons olive oil
- 4 cloves garlic, pressed or minced
- 1 tablespoon minced rosemary, thyme, sage or a combination
- 1 teaspoon salt

Directions

Position a rack in the upper third of the oven and preheat to 425 degrees F. Combine all ingredients in a mixing bowl and toss to combine. Spread potatoes out on a baking sheet. Roast until browned and cooked through, about 45 minutes, stirring once.

Curried Potato Soup

This soup includes about everything good in the garden plus curry to boot — a favourite for the first truly cool days of fall.

Ingredients

- 4 tablespoons butter
- 2 small onions, finely chopped
- 1 teaspoon salt
- 3 large carrots, peeled and sliced
- 2 pounds potatoes, peeled and chopped into bite-sized pieces

- 6 cups chicken or vegetable broth
- 2 tablespoons curry powder (mild or hot as suits your tastes)
- 2 large or 3 small tomatoes, diced
- 2 zucchini or other summer squash, chopped into bite-sized pieces

Directions

Combine butter, onion and salt in a stock pot over medium heat. Sauté, stirring occasionally, until onion begins to brown, about five minutes. Add carrots, potatoes, broth and curry powder.



ELISABETH BAILEY
Betty's Bite



Three varieties of potatoes from Wile's Lake Farm Market.

Simmer, uncovered, for 30 minutes. Add tomatoes and squash and cook for another 10 minutes or until all vegetables are cooked through. Purée about half of the soup in a blender and return to pot, leaving the other half chunky. Serve as is or garnished with chopped cilantro.

Twice Baked Potatoes

Four baked potatoes and four cups of stuff: this recipe is an economic and delicious way to use up leftovers. Some of our favourite combinations include cheddar, ham and spinach; Parmesan, tuna and tomato; and mozzarella, sausage and peppers.

Ingredients

- 4 large potatoes
- 1 cup sour cream
- 1 cup grated cheese, any kind
- 1 cup cooked beans or chopped cooked meat, any kind

- 1 cup cooked vegetables, any kind

Directions

Preheat oven to 400 degrees F. Poke each potato several times with a fork to create steam vents. Place potatoes directly on the rack and bake for 75 minutes, then allow to cool for about 30 minutes.

Slice potatoes in half lengthwise and scoop out baked insides. Combine scooped-out potato, sour cream, cheese, meat or beans, and vegetables in a mixing bowl and blend thoroughly. Fill potato skins with mixture and return to hot oven for another 40 minutes. Allow to cool for 10 minutes, then serve.

Elisabeth Bailey lives in Lunenburg where she works as a writer, educator and community organizer. Her books include "A Taste of the Maritimes" and "Maritime Fresh." When she is not cooking, gardening or writing professionally, she's cooking, gardening and writing for fun.

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with Stephanie MacLeod, Clinical and Dispensing Audiologist

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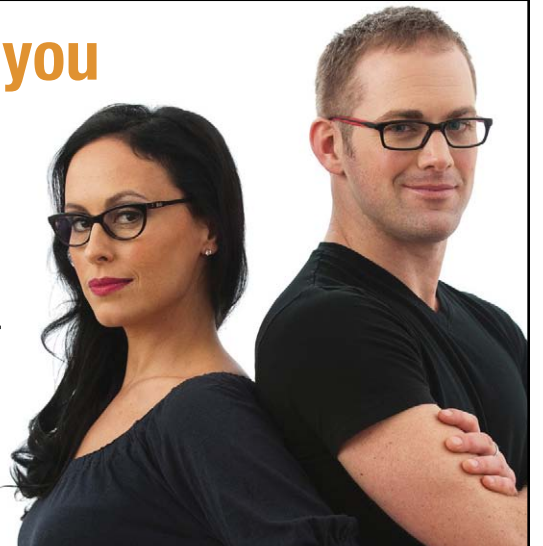
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Provincial Hearing owner receives international accolades

By PAULA LEVY

plevy@southshorenova.ca

Provincial Hearing president Annette Cross received the Hearing Review Professional Leadership Award for outstanding contributions in her field.

The award was presented at the 62nd annual meeting of the International Hearing Society (IHS) in Washington, DC, on September 14 in front of about 600 professionals. The award is presented annually to an individual whose outstanding contributions to the field have advanced the status of hearing-care professionals while providing excellent service to those who suffer from hearing loss.

Ms Cross, who is a Board Certified Hearing Instrument Specialist, said she received the award for helping to maintain the scope of practice within Nova Scotia. But since she is also the IHS Canadian representative on the international board of governors, she also gets called on to help her peers across the country.

Ms Cross started her career in the industry in 1993 as a secretary. She found helping people so rewarding that she achieved board certification in hearing instrument sciences.

In addition to IHS, Ms Cross is also involved with the provincial and Atlantic associations, and she is a board member for the national association and CHIPS (Canadian Hearing

Instrument Practitioners Society). CHIPS supports hearing instrument practitioners on a national, provincial and individual level in order to sustain, promote and develop the profession.

"We help each province as they need it," said Ms Cross, noting that each province has their own society of hearing professionals.

"For 10 years, I've been attending most of the symposiums across Canada and building our membership up in the Canadian part of the International Hearing Society," said Ms Cross. "That's very important because we can only be stronger by numbers."

As a result of Ms Cross' success, she has given back to the community and to the hard of hearing. In addition to helping people obtain a better quality of life, she has also volunteered on eight hearing missions around the world. These missions help underprivileged children discover the world of hearing. Not everyone can go on these missions but what is really unique is that for every hearing aid that is purchased a donation is made from her company and the Starkey Hearing Foundation matches it. So every patient is also helping provide hearing around the world too. She has also held several veterans' appreciation events for her patients at the four Provincial Hearing offices in Bridgewater, Truro, Kentville and Halifax.



The Hearing Review editor Karl Strom presented the leadership award to Annette Cross of Provincial Hearing at a conference in September.

Digital technology has improved hearing aids

By PAULA LEVY

plevy@southshorenova.ca

The dawning of the digital age has not left hearing aids behind. Provincial Hearing owner Annette Cross said that technology has had a positive impact on hearing aid services.

"The new technology is really, really amazing," said Ms Cross. "It literally changes a person's life."

Ms Cross said today each hearing aid is custom fitted and programmed for its user depending on the patient's needs. The digital advances mean that each hearing device is fine-tuned to suit a particular person. For instance, if a person has problems with hearing a particular vowel or consonant, the device will be programmed to meet that frequency without having to over-amplify every sound.

"They are computerized. They're digital," said Ms Cross. "Some of these devices are searching a thousand times per second for a noise signal to speech. ... It's really amazing," she said. "The newer hearing aids can shift the frequencies. If a person cannot hear the 's' sound, it can be shifted to another frequency so the wearer can now hear that sound."

The advances in technology mean that patients are now hearing and fully enjoying their lives for the first time in many years.

Provincial Hearing is always researching the latest in technology. That led to the company carrying the most advanced hearing aids including wireless devices that are designed to improve hearing in every setting. The A2 hearing aids are reliable, high-performance hearing aids designed to make people come in clearer and every environment sound better. They're also designed to enhance the way you listen to music, watch TV and talk on the phone through Bluetooth technology.

These new hearing aids feature the latest noise reduction and speech preservation system, and virtually eliminate buzzing and whistling. They are



Barrie Marshall is finally able to hear the sermon in church. He is a beneficiary of the newest digital hearing aid that uses wireless technology.

designed to deliver incredible sound clarity even in the noisiest situations. These hearing aids can also stream stereo sound from your TV, radio, computer and cellphone directly to your hearing aids. The hands-free device lets the user hear conversations and listen to TV or radio at the volume you want, while others around you can listen at the volume that's most comfortable for them.

"People do not realize how important hearing is until they don't have it," said Ms Cross, noting how having better hearing really promotes a healthier brain. "People don't realize how important it is to your brain, your cognitive skills."

Ms Cross said hearing loss is one of the leading causes of depression in seniors because

it can lead to social isolation.

"Our seniors are so active today and if they can't hear, they just sit back and they don't participate and after awhile they become isolated and depressed," said Ms Cross.

She encourages people not to wait to access hearing services because there are so many options available to suit a wide variety of needs.

She said the staff at Provincial Hearing Services are also trained to assist their clients in brain retraining to ensure they are getting the most out of their device.

"We bring the patients back in weekly and they do the training with us for six to 10 weeks. It's made a huge difference because it's helping them learn to hear again and in noise, and one on one, and watching TV. Retrain the brain has increased patient satisfaction by about 50 per cent."

"Unfortunately after all we've done and all the information that is out there, people will wait seven to 10 years once they have a hearing loss before they'll do anything about it," said Ms Cross. She said many people feel that hearing loss is a part of aging. But Ms Cross said you don't have to just accept it.

If you or a loved one are having difficulty hearing, call Provincial Hearing. Their expert staff will be glad to help.



The ownership of the Halifax office of Provincial Hearing Services has been assumed by Cole Crouse. The son of Annette Cross, Mr. Crouse is Board Certified in Hearing Instrument Sciences.

Crouse takes over Halifax office

By PAULA LEVY

plevy@southshorenova.ca

Cole Crouse has taken over ownership of the Halifax office of Provincial Hearing.

The son of Annette Cross, Mr. Crouse is Board Certified in Hearing Instrument Sciences. Before taking on operations of the Halifax office on September 1, Mr. Crouse was the vice-president and clinical manager for the four Provincial Hearing offices.

He has worked at Provincial Hearing since 2004 when he decided that he would like to work in the same industry as his mother and help people hear better. As a result, he obtained his hearing instrument specialist qualifications, and has been fully licenced now for over eight years.

Mr. Crouse achieved his BA from Dalhousie University and studied the social impacts of hearing loss. Recently he attended Mount Saint Vincent University studying advanced neuroscience. He is continuing his studies in business. His passion for helping enrich people's lives through better hearing has enriched his life as well. He has been the president of the Hearing Aid Society of Nova Scotia the past three years. He is also a member of the national and Atlantic hearing societies.

WEDNESDAY EVENING OCTOBER 2. TV schedule grid for Wednesday evening with channels 6-11 and times 6:30-11:30.

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What's on? www.tvpassport.com/southshore

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

Channel Guide table with columns for channels (GLOBAL, ATV, CBC, etc.) and rows for A, B, C, D, E regions.

THURSDAY EVENING OCTOBER 3. TV schedule grid for Thursday evening with channels 6-11 and times 6:30-11:30.

FRIDAY EVENING OCTOBER 4. TV schedule grid for Friday evening with channels 6-11 and times 6:30-11:30.

WEEKDAY DAYTIME OCTOBER 2 TO OCTOBER 8. TV schedule grid for weekday daytime with channels 6-11 and times 7:30-6:00.

MOVIES

WEDNESDAY 10/02

Evening

- 9:00 SHOW "Yesterday, Today and Tomorrow" (Drama,2011) Richard Thomas, Gary Harvey. A journalist must deal with his future when he returns home to confront his past. (PG)
10:00 BRAVO "Everything's Gone Green" (Comedy,2006) Paulo Costanzo, Steph Song. A slacker schemes to rig the lottery in order to impress a woman's wealthy parents.
1:30 TBS "The Mexican" (Crime Story,2001) Brad Pitt, Julia Roberts. A clumsy criminal is sent to Mexico to find a pistol while his girlfriend is held hostage.
2:30 CH "Our Town" (Drama,1940) A.J. Craven, William Holden. Chronicles the courtship and marriage between an editor's daughter and a doctor's son. (G)

THURSDAY 10/03

Evening

- 9:00 SHOW "Swarmed" (Sci-Fi,2005) Carol Alt, Michael Shanks. A small town's annual hamburger cook-off is interrupted by a swarm of yellow-jacket wasps. (14+)
10:00 SPACE "Decoys" (Sci-Fi,2003) Nicole Eggert, Cory Sevier. A college student suspects that some of the females on his campus may not be human. (18+)
APT "4SRPM" (Comedy,2012) Jason Thompson, Liza Burns. A teenager believes a contest on a New York radio station could be his ticket out of town.
VIS "Columbo: Fade in to Murder" (Mystery,1976) Peter Falk, William Shatner. An actor, famous for his TV role as a detective, murders his blackmailing producer.
1:00 VIS "The Madness of King George" (History,1994) Helen Mirren, Nigel Hawthorne. King George III of England struggles to retain his authority as he spirals into illness. (PG)
1:30 TBS "The Score" (Thriller,2001) Edward Norton, Robert De Niro. A career thief joins forces with a young accomplice for one last heist before retirement. (18+)
2:00 APT "4SRPM" (Comedy,2012) Jason Thompson, Liza Burns. A teenager believes a contest on a New York radio station could be his ticket out of town.

FRIDAY 10/04

Evening

- 6:00 SHOW "Riverworld" (Sci-Fi,2010) Tahmoh Penikett, Mark Deklin. Riverworld is a strange and beautiful place with a current abode of fascinating dead. (14+)

- 8:00 SHOW "Riverworld" (Sci-Fi,2010) Tahmoh Penikett, Mark Deklin. Riverworld is a strange and beautiful place with a current abode of fascinating dead. (14+)
9:00 CH "The Dish" (Comedy,2000) Kevin Harrington, Sam Neill. A town is overwhelmed when NASA uses their dish to broadcast the landing on the moon. (PG)
FAM "Girl vs. Monster" (Comedy,2012) Luke Benward, Olivia Holt. A confident fifteen-year-old girl discovers on Halloween that she is a monster hunter. (PG)
10:00 GMT "Wedding Crashers" (Comedy,2005) Owen Wilson, Vince Vaughn. Two womanizers sneak into weddings to take advantage of the romantic tinge in the air.
TOON "Batman: Under the Red Hood" (Animated,2010) A figure from the Dark Knight's past returns, forcing him to revisit events of his career. (G)
WTV "Two Weeks Notice" (Comedy,2002) Hugh Grant, Sandra Bullock. A tycoon and a lawyer can't get along, until they find they can't live without each other. (14+)
SPACE "2-Headed Shark Attack" (Sci-Fi,2012) Charlie O'Connell. A mutant two-headed shark attacks a group of college students.
APT "Runaway Jury" (Thriller,2003) Gene Hackman, John Cusack. Corruption and double-dealing run rampant at the trial of a major gun manufacturer.
11:00 FAM "Twitches" (Family,2005) Tamera Mowry, Tia Mowry. Magical twin sisters separated at birth unite and set off to save their magical homeland. (G)
12:15 SHOW "Fast & Furious" (Action,2009) Paul Walker, Vin Diesel. Dom returns to America, when Letty is killed, to find her killer and settle the score. (14+)
1:00 GMT "Wedding Crashers" (Comedy,2005) Owen Wilson, Vince Vaughn. Two womanizers sneak into weddings to take advantage of the romantic tinge in the air.
TOON "Batman: Under the Red Hood" (Animated,2010) A figure from the Dark Knight's past returns, forcing him to revisit events of his career. (G)
VIS "Memories of Me" (Comedy,1988) Alan King, Billy Crystal. A man tries to reconcile with his estranged father, which proves almost impossible. (14+)
1:30 TBS "The Time Machine" (Sci-Fi,2001) Guy Pearce, Mark Addy. A 19th century inventor creates a time machine that allows him to travel to the future. (14+)
2:00 APT "Runaway Jury" (Thriller,2003) Gene Hackman, John Cusack. Corruption and double-dealing run rampant at the trial of a major gun manufacturer.
2:30 SPACE "2-Headed Shark Attack" (Sci-Fi,2012) Charlie O'Connell. A mutant two-headed shark attacks a group of college students. (14+)

SATURDAY 10/05

Evening

- 7:30 WTV "Knight and Day" (Action,2010) Tom Cruise. A secret agent realizes he is not expected to live through his current mission. (PG)
8:00 ASN "Almost Heaven" (Comedy,2007) Bruce Allen, Linda Boyd. A Canadian television director is hired to salvage a fishing show in Scotland. (14+)
TOON "Megamind" (Animated,2010) Will Ferrell, Jonah Hill. A bored supervillain creates a new foe for the purpose of destroying the world. (PG)
9:00 SHOW "Screamers: The Hunting" (Horror,2009) Gina Holden, Jana Pallaske. After arriving on Sirius 6-B, a rescue team discovers the looming threat of 'screamers.'
10:00 HIST "Black Hawk Down" (Action,2001) Eric Bana, Josh Hartnett. An elite team of peacekeepers attempt to kidnap a crime lord's top lieutenants in Somalia. (18+)
TOON "Dumb and Dumber" (Comedy,1994) Jeff Daniels, Jim Carrey. Two pals decide to do something right by driving across the country to return a briefcase. (14+)
WTV "Red" (Action,2010) Bruce Willis, Mary-Louise Parker. A retired black-ops agent puts his team back together after being attacked in his home. (14+)
FAM "Twitches Too" (Family,2007) Tamera Mowry, Tia Mowry. The twin witches are back as they battle complete different schedules and a lurking enemy. (PG)
TBS "Transporter 3" (Action,2008) Jason Statham, Natalya Rudakova. A driver has been pressured into transporting the kidnapped daughter of an official. (14+)
SPACE "The Expendables" (Action,2010) Eric Roberts, Jet Li. A group of mercenaries travel to South America to overthrow a dictator. (18+)
APT "Fracture" (Thriller,2007) Ryan Gosling, Anthony Hopkins. An engineer and an ambitious district attorney become locked in a deadly battle of wits. (14+)
11:00 BRAVO "Robin Hood" (Adventure,2010) Cate Blanchett, Russell Crowe. A lowly archer gets more than he bargained for when he helps a dying knight. (14+)
SHOW "True Grit" (Adventure,2010) Jeff Bridges, Matt Damon. A 14-year-old girl enlists a U.S. marshal to help her capture her father's killer. (PG)
11:30 FAM "Under Wraps" (Adventure,1997) Adam Wylie, Mario Yedidia. Three friends endanger themselves when they help a mummy reunite with a lost love. (PG)
12:05 ATV "These Girls" (Comedy,2005) David Boreanaz, Amanda Walsh. Three girls on summer vacation try to blackmail an older man into having sex with them. (18+)
12:15 SPACE "Predators" (Sci-

- Fi,2010) Adrien Brody, Topher Grace. A group of elite warriors are hunted by a merciless alien race through the jungle. (18+)
12:30 WTV "Red" (Action,2010) Bruce Willis, Mary-Louise Parker. A retired black-ops agent puts his team back together after being attacked in his home. (14+)
1:00 TOON "Resident Evil" (Action,2002) Milla Jovovich, Michelle Rodriguez. The leaders of a commando team break into a secret laboratory where a deadly virus looms.
LIFE "Monster-in-Law" (Comedy,2005) Jane Fonda, Jennifer Lopez. A possessive mother is determined to ruin her son's marriage before it gets started. (PG)
COM "Meet the Parents" (Comedy,2000) Ben Stiller, Robert De Niro. A male nurse encounters his worst nightmare when he meets his girlfriend's parents. (PG)
OWN "The Joy Luck Club" (Drama,1993) Françoise Buyle, Rosalind Wiseman. The life stories of four Chinese women and their assimilated American daughters. (18+)
TBS "You, Me and Dupree" (Comedy,2006) Matt Dillon, Owen Wilson. A newlywed couple settles into a home, only to have their privacy crashed by a friend.
1:30 SHOW "Unknown" (Mystery,2011) Liam Neeson, Diane Kruger. After awakening from a coma, a man discovers that his identity was stolen. (14+)
1:55 BRAVO "First Knight" (Action,1995) Richard Gere, Sean Connery. A dangerous love triangle forms between Lady Guinevere, King Arthur and Sir Lancelot. (14+)
2:00 APT "Fracture" (Thriller,2007) Ryan Gosling, Anthony Hopkins. An engineer and an ambitious district attorney become locked in a deadly battle of wits. (14+)
2:30 SPACE "From Dusk Till Dawn" (Horror,1995) George Clooney, Quentin Tarantino. Fugitive brothers flee Texas with hostages and end up in a vampire-filled Mexican town. (18+)

SUNDAY 10/06

Evening

- 6:00 CITV "How Do You Know" (Comedy/Drama,2010) Reese Witherspoon. A softball player finds herself caught in a love triangle after being cut from the team. (PG)
7:30 LIFE "Water for Elephants" (Drama,2011) Reese Witherspoon, Robert Pattinson. After his parents are killed, a student leaves school and joins the circus as their vet. (PG)
9:00 SPACE "Killer Mountain" (Thriller,2011) Paul Campbell, Aaron Douglas. When a climbing expedition goes wrong, an experienced climber is hired to rescue the team. (14+)
9:30 CH "The Bourne Supremacy" (Suspense,2004) Franka Potente, Matt Damon. A former assassin from a top secret project is framed for a botched CIA operation. (14+)

- 10:00 WTV "Rumor Has It" (Comedy,2005) Kevin Costner, Jennifer Aniston. A recently engaged woman is determined to uncover the truth about her family's past.
BRAVO "The Wedding Planner" (Romance,2001) Jennifer Lopez, Matthew McConaughey. A workaholic wedding planner falls for the engaged doctor whose wedding she is organizing.
FAM "Don't Look Under the Bed" (Fantasy,1999) Eric Hodges, Erin Chambers. Frances McCausland is being framed by the Boogeyman for pranks that he has committed. (PG)
TBS "Sherlock Holmes" (Mystery,2010) Ben Syder, Gareth David-Lloyd. Holmes and Watson investigate monster attacks that lead them to an infamous anarchist.
APT "What Happens in Vegas" (Comedy,2008) Ashton Kutcher, Cameron Diaz. A couple sets out to make life difficult for each other after a wild time in Vegas. (PG)
11:30 FAM "The Scream Team" (Family,2002) Eric Idle, Kathy Najimy. Teenage siblings Ian and Claire accompany their father to his childhood home.
12:15 BRAVO "Maid in Manhattan" (Comedy,2002) Jennifer Lopez, Ralph Fiennes. A senatorial candidate falls for a hotel maid who is posing as a Manhattan socialite. (14+)
1:00 LIFE "Water for Elephants" (Drama,2011) Reese Witherspoon, Robert Pattinson. After his parents are killed, a student leaves school and joins the circus as their vet. (PG)
COM "There's Something About Mary" (Comedy,1998) Ben Stiller, Cameron Diaz. A sleazy private detective falls for the woman his client hired him to locate. (14+)
2:00 APT "What Happens in Vegas" (Comedy,2008) Ashton Kutcher, Cameron Diaz. A couple sets out to make life difficult for each other after a wild time in Vegas. (PG)
2:30 CH "Rhodes of Africa" (Drama,1936) Oscar Homolka, Walter Houston. The story of Cecil Rhodes, a Briton who dreamed of 'taming' Africa during imperialism. (PG)
BRAVO "Soapdish" (Comedy,1991) Kevin Kline, Sally Field. Follow the behind-the-scenes rivalries and love affairs of a cast of soap opera actors. (14+)
TBS "Beyond a Reasonable Doubt" (Mystery,2009) Michael Douglas, Jesse Metcalfe. A writer makes a plan to expose a district attorney who is corrupt. (14+)

MONDAY 10/07

Evening

- 9:00 SHOW "Fatal Performance" (Suspense,2011) Nicholle Tom, David Palffy. An aspiring actress hired to impersonate a businesswoman at a reception.

- 10:00 CH "Music and Lyrics" (Romance,2007) Hugh Grant, Zak Orth. A popular singer from the past has the chance to become famous again by a new age singer. (PG)
SPACE "Black Christmas" (Horror,1974) Keir Dullea, Olivia Hussey. A sorority house is terrorized by a serial killer during Christmas break.
APT "Ce qu'il faut pour vivre" (Drama,2006) Natar Ungalaq, Eveline Gélinas. Un père inuit atteint de tuberculose doit quitter sa famille pour être soigné au Québec. (G)
1:00 VIS "Written on the Wind" (Drama,1956) Lauren Bacall, Rock Hudson. A young woman marries into a corrupt oil family then falls for her husband's best friend. (PG)
1:30 TBS "Bedtime Stories" (Fantasy,2008) Adam Sandler, Keri Russell. A hotel handyman tells bedtime stories that start to magically come true. (PG)
2:00 APT "Ce qu'il faut pour vivre" (Drama,2006) Natar Ungalaq, Eveline Gélinas. Un père inuit atteint de tuberculose doit quitter sa famille pour être soigné au Québec. (G)
2:30 CH "At War With the Army" (Comedy,1950) Dean Martin, Jerry Lewis. Two recruits get mixed up in all kinds of wild situations at their Army base. (G)
SPACE "Black Christmas" (Horror,1974) Keir Dullea, Olivia Hussey. A sorority house is terrorized by a serial killer during Christmas break.

TUESDAY 10/08

Evening

- 9:00 SHOW "Web of Desire" (Drama,2008) Dina Meyer, Adrian Hough. An ambitious doctor succumbs to the desires of an online confidant, risking her career. (14+)
10:00 BRAVO "Johnny Mnemonic" (Sci-Fi,1995) Keanu Reeves, Ice-T. A man smuggles secret information via a computer chip in his head from Beijing to the U.S.
VIS "The Stork Derby" (True Story,2001) Megan Follows, Terry Simpson. A man leaves \$1 million to the woman who has the most babies ten years after his death. (PG)
1:00 VIS "All That Heaven Allows" (Drama,1955) Jane Wyman, Rock Hudson. A widow is forced to choose between love and convention when she falls for a gardener.
1:30 TBS "Brothers" (Drama,2004) Ulrich Thomsen, Nikolaj Lie Kaas. When his brother is captured, an ex-convict must care for his wife and family. (14+)
2:30 CH "Something to Sing About" (Musical,1936) James Cagney, Evelyn Daw. A New York bandleader journeys to Hollywood when he is offered a contract with a studio. (G)

MONDAY EVENING OCTOBER 7. Table with columns for time slots (6:30-11:30) and program titles like National, ET, Big Bang, Hostages, The Voice, etc.

TUESDAY EVENING OCTOBER 8. Table with columns for time slots (6:30-11:30) and program titles like National, ET, Big Bang, Chicago Fire, Defcon 1, etc.

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- North Queens Fire Association Ladies' Auxiliary
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- Oakhill & District Fire Department
- Western Shore & District Fire Department
- New Ross Regional Development Society
- The Rose Fund
- Bluenose Academy
- 3rd Bridgewater Scouts
- LaHave Manor Corporation

Festivals and Events: 21

- Christmas on the LaHave**
- Treasures of Mahone Bay
- Lunenburg Folk Harbour Festival**
- Mahone Bay Father Christmas Festival**
- Mahone Bay Scarecrow Festival & Antique Fair**
- Lunenburg Wooden Boat Reunion & Regatta**
- Kraft/TSN Kinsmen Field Event
- Lunenburg & District Music Festival
- Heartland Tour 2013
- Mahone Bay Pirate Festival & Regatta
- South Shore S-Video Fest
- Afterglow Bridgewater Arts Initiative
- Chester Race Week
- Lunenburg Festival of Crafts
- Bridgewater Canada Day Celebrations
- Fire Fit Challenge
- South Shore Exhibition**
- Growing Green! Sustainability Festival
- Shoreham Village Golf Tournament
- Burkholder Memorial Golf Tournament
- Fishermen's Memorial Golf Tournament

Organizations: 32

- Pro Kids, Chester
- Desbrisay Museum**
- Dr Arthur H Patterson Centre for Restorative Care
- Senior Wheels
- HB Studios Sports Centre
- Bonny Lea Farm
- Mahone Bay Swimming Pool Society
- Mahone Bay Tennis Club
- Bridgewater & Chester Relays for Life**
- United Way of Lunenburg County**
- Lunenburg Arena
- Church Memorial Park Rink
- Lunenburg/Queens Special Olympics
- Cystic Fibrosis Canada
- Mahone Bay Food Bank
- Chester Lighthouse Foodbank
- New Germany Foodbank
- Lunenburg Food Bank 4-H**
- SHAID
- SSRSB Heritage Fair
- Gold River Western Shore Elementary School
- Bridgewater Legion Branch #24 (Time to Remember)
- New Germany Health & Wellness Expo 2013
- Employment Solutions Career & Job Expo
- South Shore Family Resource Association
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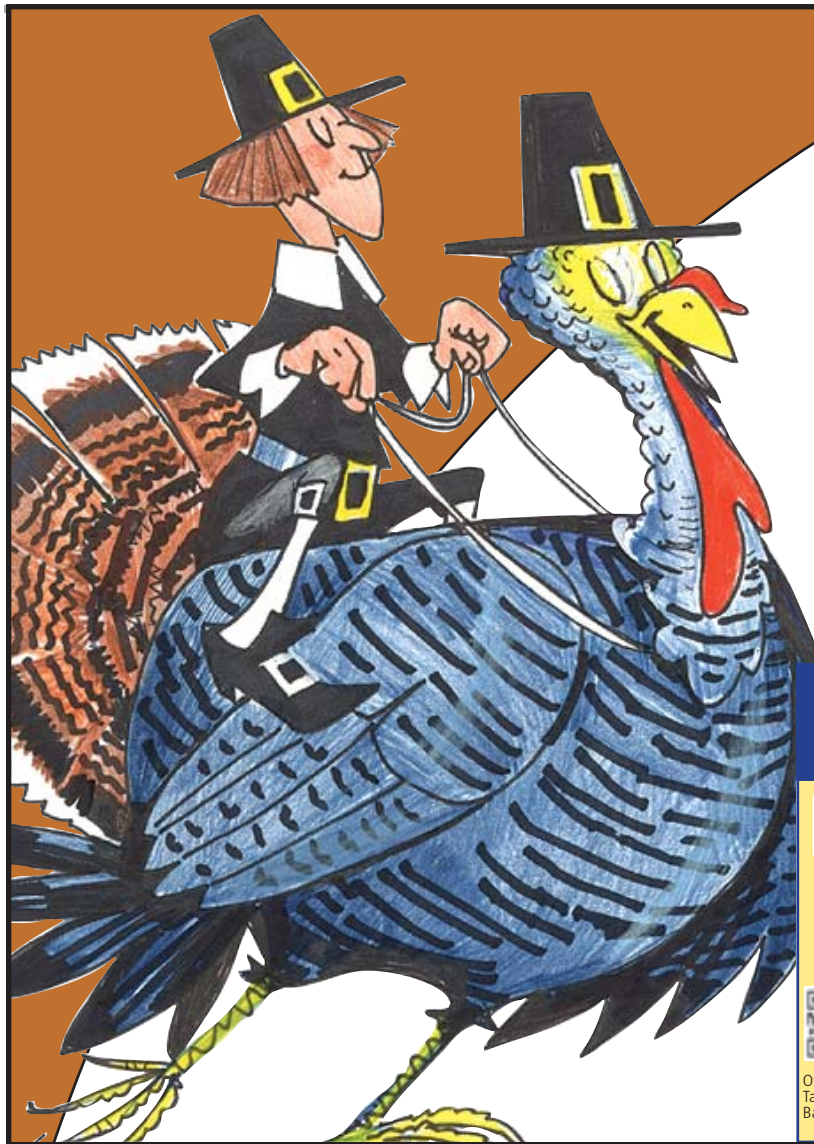
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APTS.

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Bridgewater. 68 Elm Street. We have a beautiful 2 bedroom apartment completely renovated. This property is located in a country-like setting but is in the middle of town. \$725 (with balcony) and includes heat, hot water, parking, coin-operated laundry. No pets. 527-1539

Bridgewater. Large two bedroom apartment with den and balcony, 68 Elm Street. Includes heat, hot and cold water, parking, balcony, coin-operated laundry, no pets, \$775 month. 527-1539

Bridgewater. Luxurious, 2 bedroom apartment, in LaHave View Estates at 74 Aberdeen Road. Rent \$1,095 month includes heat, hot and cold water, 5 appliances, balcony, underground parking and storage. October 1. 527-1539.

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APTS.

One bedroom loft-style apartment, centrally located, Bridgewater. Quiet building. \$650/month, plus utilities. No pets. Available October 15. For more information call 543-6026.

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Two bedroom apt., new renos, fridge, stove, \$800 for balcony. All utilities included. Small pets okay. References required. Heidi 298-0914

3 bedroom apartment, appliances, references, \$575 per month plus security deposit. 543-3958

Bridgewater. Newly renovated 2 bedroom apartment at 153 North Street, \$750 (without balcony) includes heat, hot and cold water, parking, no pets. 527-1539.

Bachelor apartment, central Chester, utilities included. Sunny, bright first floor, \$650 month. 420-1817

One bedroom apt. newly renovated building. \$600/ month plus utilities. Available immediately. 529-2692

One bedroom bachelor apartment, \$550 month plus utilities. Available October 1. Melanie 543-1849

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3 bedroom house (furnished) Blue Rocks, weekly, monthly or longer term. No smokers, no pets. References required. 634-3156

Chester, Chandler Cove. Beautiful three bedroom, three bath condo. End unit, hardwood floors, new carpet. No pets. Available immediately. 275-5452

Two bedroom duplex in Oakhill, \$600 plus utilities. Available October 1, Melanie 543-1849

Hebbsville. Newly renovated 3 bedroom house. Appliances included. \$900 plus utilities. No pets. Available November 1st. 527-2797

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YARD SALES

Garage Sale, 12960 Highway 3, Rhodes Corner, Saturday, October 5, 9-3. Something for everyone.

Granny's Attic Yard Sale Fundraiser for The Settler's Museum, Saturday, October 5, Sunday, October 6, 9 a.m. in front of the Eclectic Garage, Main Street, Mahone Bay. Something for everyone!

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\$58,000

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Cookvilla has a vacant room available, can accommodate a couple, close to washroom. Also doing respite care. 543-0308, ask for Carol.

Will look after a senior in my home. Cook meals. Beautiful country setting. Call 530-5534

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Local company looking for person to do labour work, snow plowing and shoveling. Reply to Box B23 c/o Lighthouse Media Group 353 York Street, Bridgewater, NS B4V 3K2

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Part time office position (Mondays and Tuesdays). Experience a must involving customer service, answering telephone, scheduling appointments. Applicant must be able to prioritize, multitask and be organized. A positive attitude and excellent communication skills a must. Please forward handwritten cover letter and resume to: 220 Dufferin Street, Bridgewater B4V 2G7 Wage dependent on experience.

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High Liner Foods is a leading North American processor and marketer of prepared, value-added frozen seafood. Our branded products are sold to most grocery and club stores throughout the United States, Canada and Mexico under High Liner®, Fisher Boy®, Mirabel®, Sea Cuisine® and Royal Sea® labels. We also sell High Liner®, FPI®, Viking™, Icelandic Seafood®, Samband of Iceland®, Seastar®, Seaside® and Mirabel® food service products to restaurants and institutions, and we are a major supplier of private label seafood products to North American food retailers and food service distributors. We are currently seeking an **Industrial Electrician** to join our Maintenance and Engineering Team.
The Industrial Electrician will possess the ability to work independently and as part of a dynamic maintenance team in a progressive work environment. This is a unionized position located at our plant in Lunenburg, NS.
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FAMILY ALBUM



Happy 1st Birthday

to our handsome little boy **Nolan Goldsmith** on October 1. Hugs and kisses from Momma and Dad

Assorted sizes of ends of newsprint rolls available for 75¢ per pound.

Great for packing! Great for kids' crafts!

First come, first served!



543-2457

FAMILY ALBUM



"50 NEVER looked so GOOD"

Troy Patrick Dorey will be celebrating 50 October 11. Many, many people wish him a "Rockin' Birthday." Troy is a FANTastic father, son, brother, uncle, nephew, friend, "coach," drummer, movie critic, Detroit & Mooseheads fan, electronic & computer geek, creative and "handy man"!!!

SPECIAL OCCASIONS



50th Wedding Anniversary

Their love story officially began on October 5, 1963. It goes to show: When you've found the right person, love doesn't grow old, it grows better! Congratulations Gerard & Karen Hanlon on 50 years of marriage. Love from Elizabeth, Sharon, Kimberley & family! xoxo

GRADUATIONS



Emily Paddon

Emily graduated from Memorial University of NL in August 2013, with a Bachelor of Education degree. She is currently teaching in London, England, for a one-year term position. She is the daughter of Ann (Lloyd) Parks of West Northfield, NS, and Laurie DeBaie of Eastern Passage. We are very proud of you and wish you much success and happiness in your chosen career.

THANKS

LeRoy and Lucille Naugler of Springfield would like to express their sincere appreciation for the lovely cards and phone calls received at the time of her brother Jimmie's death. Thank you and God Bless.

The family of the late Mike Smith of Northwest wish to express our sincere thanks for the support we received after Mike's passing. Thank you to neighbours, friends and family for your warm cards/donations in Mike's memory and for filling our home with so much wonderful food and love after Mike's service. Special thanks to Mike Zinck and all at Sweeney's Funeral Home and to Mary Knickle for her lovely music. Jill, Alice and Jack Smith

THANKS

The family of the late Andrew Hirtle of Oakland would like to thank everyone for their limitless support and caring during his illness. He was so appreciative of each little thing you did for him. Thank you to Dr. Wanda Hasegawa and Wanda Ferguson at the Hematology Clinic, VG Hospital. You were always there to answer calls and questions and your upfront approach was greatly appreciated. Thank you to Dr. Mada Nestel and the team of doctors and nurses of the 4th floor, South Shore Regional Hospital. The care you provided Dad was exemplary and the support you gave us will be remembered always. It meant the world to us to have Dad treated the way he always treated others. Thank you to all the EMS Paramedics who transported Dad and Mom so lovingly and safely. Gary Dares, we will always appreciate you being there at their services. Thank you to Dr. Lely Abud and the doctors at the Mahone Bay Medical Clinic who refilled prescriptions, filled out forms and saw us whenever we needed anything. Special thanks to Rev. Ruth Brown whose many visits, prayers, great sense of humour and peaceful presence helped us through the loss of both our parents, Mary and Andrew, in such a short period of time. Also, a very, very special thank-you to all our friends and family who came to visit and bring meals and run errands and help with all the things we needed help with. On the days we thought we'd never make it through, one of you always seemed to show up at just the right time with a pot of soup, a casserole, some homemade custard, a coconut cream pie or to lend a helping hand. Dad and Mom thought the world of all of you. We hope you continue to call us and drop by to visit at the house.



LOOKING FOR A REWARDING CAREER IN THE ALBERTA OIL PATCH?

MJ's Water Hauling is looking for drivers and operators for year round work in the oil-field and oil sands. Openings on water trucks, straight and semi-vacs, end dumps and loaders. MJ's Water Hauling will be holding one day recruiting fairs in:

- SYDNEY - Tuesday, October 8th at the Holiday Inn Waterfront
- HALIFAX - Wednesday, October 9th at the Four Points Sheraton Downtown
- MONCTON - Thursday, October 10th at the Delta Beauséjour Downtown
- CHARLOTTETOWN - Friday, October 11th at the Holman Grand Hotel Downtown

For more information or to RSVP check out:

mjswaterhauling.ca



EMPLOYMENT OPPORTUNITY

The Lunenburg County Lifestyle Centre is inviting applications to fill the following permanent position.

ACCOUNTANT

The Lunenburg County Multi-Purpose Centre Corporation is seeking an experienced, hands-on Accountant on a part-time basis to oversee all of the accounting and finance functions for the Lunenburg County Lifestyle Centre.

Under the direction of the General Manager, the Accountant is a member of the Lunenburg County Lifestyle Centre Management Team.

Full details of the responsibilities of this position are available on our website at www.lclc.ca. Please note that the responsibilities within the position description may vary.

Preference will be given to candidates with the following background and/or qualifications:

- Day to day accounting including Simply Accounting general ledger postings, bank reconciliations, accounts payable and accounts receivable
- Oversee accounting functions, including bi-weekly payroll processing, benefits implementation, vacation and sick time tracking
- Administration of all bank accounts
- Prepare, reconcile and remit government source deductions
- Assist with preparation of monthly/quarterly reports
- Prepare annual operating budgets and long term capital expenditure planning
- Participate in internal and external audits obtaining necessary documentations and preparatory analysis

Preference may be given to candidates with the following:

- A minimum of five years of financial business management experience in a corporation or governmental environment
- An undergraduate degree and/or a professional accounting designation or equivalent is an asset
- Must have a keen eye for details, and the ability to prioritize
- Highly motivated and ability to work independently and as part of a team

A combination of education and experience may also be considered. Please submit a resume and covering letter by email, facsimile or mail on or before **Wednesday October 9, 2013** to:

**Kevin Benjamin, General Manager
Lunenburg County Lifestyle Centre
PO Box 5, Station Main, Bridgewater, NS B4V 2W6
Fax: (902) 543-6876 Email: ileslie@lclc.ca**

While we appreciate your interest in working for the Lunenburg County Lifestyle Centre, only candidates selected for an interview will be contacted.



CONRAD

55th Wedding Anniversary

Congratulations to our parents, Gerald and Jean (Joudrey) Conrad of Bridgewater, on their 55th wedding anniversary. They were married in St. James' Anglican Church in Mahone Bay on October 4, 1958, by the late Rev. E.L. Parsons. Love and best wishes from their sons, Gary (Marsha), Michael, and grandchildren, Meredith, Gary, Ryland Conrad. We love you, Nanny and Grampie!

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WORD ADS

15 words or less, one paper, (Wednesday **OR** Friday) \$9.00*.
Additional words $\$.20^*$ each. ***Plus HST**

15 words or less, two papers, (Wednesday **AND** Friday) \$11.50*.
Additional words $\$.40^*$ each. ***Plus HST**

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75 words or less \$15.65*. Additional words $\$.20^*$ each. With photo add \$20.00
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***Plus HST See submission policy**

FAMILY ALBUM

Three sizes available:
(1 col. X 3") \$20.00*; (2 col. X 3") \$30.00*; (3 col. X 3") \$40.00*.
Additional photo \$20.00. ***Plus HST.** Progress Bulletin only.

**Announcements of 50th+ Anniversaries, & Birthdays over 100 - FREE. Progress Bulletin only. **After the event.

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Photo, head and shoulders \$30.00*. Write-up 75 words or less \$15.65*
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BIRTHS/GRADUATION IN CLASSIFIEDS

Announcement 75 words or less \$15.65*; with photo \$25.00*;
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SUBMISSION POLICY for births, graduations, memorials, weddings, anniversaries, obituaries, and cards of thanks, all must be typed when submitted. Lighthouse Media Group cannot be responsible for any errors or omissions for handwritten submissions. Deadline for above, Friday at 5 pm prior to publication date to allow for proofing by the customer.

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Picture Perfect



BERNARD A. NICKERSON PHOTO

Bluenose II in Lunenburg on September 15. Send your picture perfect images to editorial@southshorenov.ca. Please include the name of the photographer, where and when the photo was taken and include the names of anyone in the photo.

Municipality of Lunenburg not interested in participating in joint birthday celebration with Bridgewater

By KEITH CORCORAN
kcorcoran@southshorenov.ca

COUNTY — The Municipality of Lunenburg won't be part of a shared birthday party next year that would see it mark its 135th anniversary and Bridgewater's 115th milestone together.

The municipality has no intention to move ahead with formal anniversary plans in 2014 and is expected to advise the town that they won't participate in a joint celebration event. The municipality's informal committee of the whole session September 17 agreed to forward the notification to council, which is expected to have enough votes to pass the motion to make it official.

The amount of necessary preparation and staff time were factors in the decision and it's not meant to undermine the growing level of co-operation between Bridgewater and the municipality, Councillor Eric Husted indicated.

A lot of effort went into the district's 125th anniversary, said Tammy Wilson, the municipality's chief executive. The municipality's communications and public relations standing committee, which reviewed the matter, felt 135 years was a milestone that didn't carry similar weight.

"That being said, the committee did feel that it was important for the municipality to indicate to the Town of Bridgewater that we'd be more than

willing to bring greetings on behalf of council and residents of the municipality at any of their events," Ms Wilson explained.

One councillor, Lee Nauss, believed that future amalgamation could impact the municipality's efforts to reach a bigger birthday, such as the 150th, and theorized that council may be missing a "last chance" to celebrate. Deputy Mayor Don Zwicker felt his colleague was making assumptions.

Mayor Don Downe, who wasn't in attendance at last week's committee of the whole meeting, had said previously that it would be a wonderful thing to do something substantive to acknowledge each municipality's birthday.

Bridgewater Mayor David Walker's been wanting to change the bland tradition of briefly acknowledging the anniversary date of Bridgewater's incorporation, February 13, at a council meeting.

During the town's 108th birthday, the DesBrisay Museum promoted a "fun for the whole family" event with games, crafts, entertainment and cake.

Town council briefly adjourned its February 13, 2006, meeting for a reception and cake. Mayor Publicover led off that council session by reading an excerpt from a history book talking about how the town came to be.

There was a large weekend celebration to mark the town's centennial in 1999.

"It was important for the municipality to indicate to the Town of Bridgewater that we'd be more than willing to bring greetings on behalf of council and residents of the municipality at any of their events."

Tammy Wilson
Municipality of Lunenburg

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BUSINESS

Restaurant built on solid reputation

By **PAULA LEVY**

plevy@southshorenov.ca

In 1962, Lenore Cleveland's parents, Florrie and Carroll Mosher, opened a takeout in Western Shore.

This small takeout, the Island View Canteen, had a local following even before it opened. Mr. and Mrs. Mosher were well-known for their fish and chips stand at exhibitions in Lunenburg, Bridgewater, Prince Edward Island and New Brunswick.

The success of their fish and chips led the couple to open the canteen. Since Mrs. Mosher was known for her homemade food and Mr. Mosher was a cook on several boats, their combined skills made a winning combination that has carried on for over 50 years.

The canteen became a local favourite by continuing to build a solid reputation on its seafood.

Lenore began working with her parents during their exhibition days. When the couple opened the canteen, Lenore, who was raising a family on her own by this time, lived across the road and popped by when she could see that her mother was busy.

"When my father came in off the boats, then he would work here," said Lenore, noting that her mother had two employees to keep up with the demands. "But Mom worked straight time. All the time. Day and night."

"I cooked. I waitressed. I cleaned," said Lenore. "Whatever needed to be done."

Since Lenore filled in in every aspect of the business, she was in a good position to take over in 1974 when her mother no longer could work.

"My parents were up around the age where they didn't have to work," said Lenore. Her parents were in their 70s when they finally retired.

The canteen was in a great location with its view of Oak Island. Lenore recognized the potential and dreamed of adding on a restaurant where customers could sit and eat while enjoying an incredible view of Mahone Bay.

"I thought there was a demand for the restaurant.



PAULA LEVY PHOTO

Lenore Cleveland, left, built her parents' canteen into a restaurant with a view. Today her daughter, Natalie Corkum, runs the business and is the third generation of women to operate Island View in Western Shore.

We were getting a lot of tourists and we had a beautiful view," said Lenore. She took the plunge and renovated the canteen to make room for the new Island View Family Restaurant.

In 1984, Lenore added a bakery and started offering home-baked goods.

Lenore's daughter, Natalie Corkum, came into the business just as her mother did. She spent time working in the restaurant even when her grandparents still ran it.

"I always remember coming here," said Natalie. "We used to come down and fill those little ketchup cups for my grandmother on the weekends. They had a shed out back where they would peel potatoes and we used to peel potatoes with a machine."

She began taking on more roles in her teen years and eventually began waiting tables.

its deep-fried fish. Now there are sandwiches, salads and mashed potatoes on the menu.

Besides the seafood, the canteen also became known for its battered wiener.

"Out of curiosity, my mother deep fried a wiener and we've been selling them ever since," said Lenore. "They are absolutely delicious. ... She put wiener and batter on the menu and it took off like wildfire."

When Island View first opened, Mrs. Mosher and two employees pretty much handled the entire operation. Now, during the summer season, Island View employs 21 people.

"We've put a lot of people through school," said Lenore about the summer staff.

Natalie, and her brothers, were among those students who always had a summer job. Although her brothers didn't have an interest in the business, Natalie is thankful the restaurant has afforded three generations of her family a good life. However, they both agreed that they would not have been able to continue the business if it wasn't for their husbands and the scores of people who continue to return to Island View for its fish and chips.

"I think I learned how to cook when I worked with my grandfather because he was a talker and I'd go take someone's order and when I'd come back, he'd be gone. He'd be out in the parking lot talking to somebody and so then I had to cook," she laughed.

Since Natalie has spent most of her life in the restaurant, when her mother was readying to slow down a little, it was easy for her to take over. A graduate of community college, Natalie took care of the financial side of the business and has been doing the business' accounting for over 30 years.

Lenore, now 80 years old, although not involved in the business anymore, still pops in every day and even helps out when the restaurant is busy. Natalie said it's not uncommon to see her mother washing dishes or even waiting tables.

"She loves it. She loves talking to people," she said. But working together all these years has not only strengthened their mother and daughter bond, it has created a friendship.

"She's not only my daughter, she's my best friend," said Lenore.

In the last 10 years, Natalie made a few changes such as offering healthier options to

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Suzanne Lohnes-Croft

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100 years of 4-H green

Bridgewater hosts annual Nova Scotia show

By **LISA BROWN**
lbrown@southshorenov.ca

The South Shore Exhibition grounds were alive with people and farm animals of all varieties last weekend as Bridgewater hosted the annual Nova Scotia 4-H Show.

Now in its 36th year, the exhibition of-

fered something for everyone from a wide variety of livestock and life skills competitions to tractor driving and tug-of-war.

Members of 4-H from all over the province participated in the family event which ran from September 27 to 29.

This year's theme was 100 years of 4-H green in 2013 marking the anniversary of 4-H Canada.



Emily Riding of Hill 'n' Dale 4-H is trying to ready Emerald for competition, but neighbour Cora wants to say hello.



Kassidy Eisnor hangs on as she anchors the Lunenburg County tug-of-war team in a Saturday match against Colchester.

Lisa Clements of Two Bays 4-H with Cotton Ball, a six-month-old French Lop bunny.



A bird with attitude.



Right: Rachel Crouse checks out her recipe as she prepares vegetarian California sushi rolls in the bake-off competition.

Left: Shelby Crouse rides in a senior western event.



Councillors note misspelled place names

By PAULA LEVY
plevy@southshorenw.ca

COUNTY — A few signs around the Municipality of Chester have municipal councillors shaking their heads.

Deputy Warden Floyd Shatford, who represents District 2 which encompasses the Hubbards to Mill Cove area and includes Mill Cove, Fox Point, Simms Settlement, Mill Lake, The Lodge and Birchy Head, told council that a new sign on Highway 329 in Fox Point has “Blandford” spelled without a “d.”

Councillor Tina Connors said in District 6, the New Ross area including Seffernsville, New Ross, Leville, New Russell, Aldersville, Harriston, Lake Ramsay, the Forties, Franey Corner and Fraxville, “Lake Ramsay” is also spelled “Lake Ramsey” on the Forties Road.

Warden Allen Webber, who represents District 4, the Chester Basin to Chester Grant area which includes Chester Basin, Chester Grant, Borgels Point and part of Middle River, said “Borgels Point” is also spelled two different ways.



Misspelled highway signs in the Municipality of Chester such as “Blandford” instead of “Blandford” have councillors shaking their heads.

PAULA LEVY PHOTO

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Religion Directory

Services for October 6, 2013

HOLY TRINITY ANGLICAN CHURCH
 78 Alexandra Avenue
 Bridgewater, B4V 1H1
 Parish Office:
 543-3440; htbac@eastlink.ca
Sunday Services
 8:00 a.m.
 Holy Eucharist BCP service
 10:00 a.m.
 Holy Eucharist BAS or BCP



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 11:00 a.m. - Sunday Celebration Service
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 children's programs, and Bible study.
"Giving Hope Today"

St. Andrew's Presbyterian Church
 Old Town Lunenburg
Team Ministry with
 the Rev. Dr. Laurence and Marion Mawhinney
World Communion Sunday, October 6, 2013
 10:00 a.m. Coffee hour and conversation
 11:00 a.m. Morning Worship
 Sunday School meets at the same time
Topic: "These Hands"
The Sacrament of Holy Communion
 Visitors are welcome.

The Pentecostal Assemblies of Canada
EMMANUEL PENTECOSTAL TABERNACLE Pastor: Rev. Fred Carr 354-4828
 Hirtle Rd., Middlewood 2:30 p.m. Worship
CALVARY TEMPLE (P.A.O.C.)
 510 Main St., Mahone Bay 624-8253
 Pastor Rev. Robert Innes bd.innes@eastlink.ca
Wednesday, October 2, 2013
 7:00 p.m. - Bible Study & Prayer
Sunday, October 6, 2013
 11:00 a.m. - Communion Service
 11:15 a.m. - Sunday School
 7:00 p.m. - Hymn Sing
 Guest Singer: Tim Swinimar
ALL WELCOME!

Anglican Parish of St. Martin's
Western Shore
 Rector: The Reverend Peter Rafuse
 Parish Office: 275-5434 Rectory: 627-2789
SUNDAY, OCTOBER 6
 9:30 a.m. St. Mary's Church, Gold River
 11:00 a.m. St. John's Church, Chester Basin
Everyone Welcome!

Zion Evangelical Lutheran Church
 Corner of Cornwallis and Fox Street, Lunenburg
 Rev. Willis Ott, Interim Pastor
FOOD BANK SUNDAY, OCTOBER 6
PENTECOST 20
 9:45 a.m. Sunday School
 11:00 a.m. Holy Communion Service
THURSDAY, OCTOBER 10
 7:00 p.m. Council Meeting
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St. Paul's Evangelical Lutheran Church
 25 Phoenix Street, Bridgewater, 543-4106
stpaulsbwr@eastlink.ca
SUNDAY, OCTOBER 6, 2013
Pentecost 20
 8:45 a.m. Celebration & Praise (Communion)
 8:45 a.m. Sunday School & CIA
 11:00 a.m. Worship (Radio Broadcast)
 3:00 p.m. HC Service @ Hillside Pines
 5:30 p.m. ALPHA Program
 6:00 p.m. CHAOS
 Wednesday, October 2 - 5:30 p.m. - Community Café
 Saturday, October 5 - 3:30 p.m. - Wedding
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 Sunday School and Confirmation Classes - 9:30 am *(Sept. to June)*
 Bible Study - Wednesday 7 pm *(Sept. to June)*
 Choir Practice - Thursday 6:30 pm *(Sept. to June)*

Bridgewater United Church
 Corner of Hillcrest & Dominion Sts.
www.bridgewaterunited.ca
Sunday, October 6, 2013
20th After Pentecost / Creation V
World Communion Sunday
Food Bank Sunday
 11:00 a.m. Worship with Bridgewater Fire Department
 Church Parade and Holy Communion and Sunday School
"Communion"
 Minister: Rev. Eleanor L. Scarlett
 Choir and Music Director: Wendy Fraser
 Church Office open weekday mornings, 9:30 am - 1:00 pm

St. John's Anglican Church
LUNENBURG
 Archdeacon Michael H. Mitchell, Parish Office: 634-4994 www.stjohnslunenburg.org
WEDNESDAY, OCTOBER 2 - 10:00 a.m. - Holy Eucharist
SUNDAY, OCTOBER 6 - 20th After Pentecost
 8:30 a.m. - Holy Eucharist
 10:30 a.m. - Baptism with Morning Prayer,
 Sunday School at the Parish Hall
 2:00 p.m. - Blessing of the Animals in church square

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 email: lahavenewdublinpc@ns.sympatico.ca www.lahavenewdublin.org
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All are welcome to come and worship. Wheelchair Accessible.

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MAHONE BAY
 101 Edgewater St.
 Reverend Ruth Brown
 624-9287
 Trinity United
 10:50 am
 St. Paul's,
 Blue Rocks
 9:30 am

FIRE PREVENTION

Fire services have need for all skills

By **PAULA LEVY**
plevy@southshorenw.ca

COUNTY — There's a place for everyone in the fire service, said Corey Zinck of Lunenburg Regional Fire and Emergency Services. He added volunteers don't have to be able to go into burning buildings to become a valued member of a volunteer fire department.

Mr. Zinck said fire departments need so many other people with many different types of skills in order to run a successful service. He said in addition to those who are able to pull hoses and enter burning buildings, there are also positions available such as fire truck drivers, medical first responders, traffic directors, administrative positions and even fire scene photographers.

"If you've got someone in your community that wants to volunteer to be a photographer at fire scenes, and that's all you're interested in doing, great. There's a need for that," he said. There is also room for volunteer administrators.

"If you have any administrative skills ... and you want to help run the fire department, by all means. Come check us out," he said. "That's perfectly okay."

Mr. Zinck said 20 or 30 years ago firefighters had to be able to haul a hose or enter a building in order



KEITH CORCORAN PHOTO

Fire departments need many members with a variety of different skills to offer a successful fire service.

to serve. But that's not the case today. He said most departments have loosened their membership requirements to welcome all skill sets.

Today they have members who only respond to medical calls as well as firefighters who are afraid of heights so only fight ground fires. As well there are firefighters needed for support services at fire scenes whether it be for rehab or bottle exchanges.

"Generally speaking, for every person who is going into a burning building there is at least one or two people for that person for support-type functions," he added.

Mr. Zinck said potential volunteers can come visit the fire department to talk about their interests and how best they can contribute to the necessary service.

Residents encouraged to call 911 just in case

By **PAULA LEVY**
plevy@southshorenw.ca

COUNTY — Lunenburg Regional Fire and Emergency Services president Corey Zinck said there are few fire calls that fire departments consider false alarms.

He said alarms are designed to sound in the event of smoke or heat. Even if someone has burned their toast, the system is responding in the way it was designed.

"We see a huge volume of alarm calls. But there are not many that we would deem as false," said Mr. Zinck. "When the alarm is received by us, we have to respond to at least verify that it's truly burnt toast for liability reasons. ... We would rather show up for a false alarm and it be nothing or get there early, then there be no alarm in place with flames through the roof. You're always safest to let us come and check it out."

He said sometimes there are alarm system errors that can cause problems but fire departments would rather attend a scene three times for a system error than not show up for a fourth time and it be an actual fire.

In the past some departments have discussed instituting a false alarm fee. But Mr. Zinck said he would be afraid that people would not call the fire service for fear of it being a false alarm and having to pay a fee.

"People pay their fire tax and this is the service we provide," said Mr. Zinck. "Even if it's burnt toast, there is a fluke chance that your burnt toast and inside your wall could be on fire at the same time."

But Mr. Zinck added that if anyone wants to make a donation to any of the 35 volunteer fire departments that exist in Lunenburg County, they would be more than happy to accept.



MUNICIPALITY OF THE DISTRICT OF CHESTER

FIRE PREVENTION WEEK
OCTOBER 6 - 12, 2013

PREVENT KITCHEN FIRES © NFPA 2013

BE ON ALERT! NEVER LEAVE COOKING APPLIANCES UNATTENDED WHILE IN USE.

Each year there are many deaths and hundreds of injuries resulting from fires caused by careless or improper use of cooking equipment. Kitchen fires, due to cooking oil or grease igniting into flames, are among the fastest-spreading and most destructive type of residential fire.

When in the kitchen,

- Use appropriate cooking appliances. Keep them clean and in good working order.
- Use appliances that have an automatic shut-off and/or a temperature control.
- Keep your stovetop clean and clear at all times. Grease and food splatters can ignite.
- Remember to turn all pot handles inward. Keep cords out of the reach of children.
- Never throw water on an oil or grease fire. Use a pot cover to "put a lid on it" and smother the fire.
- If you have a fire in your microwave oven, do not open the door. Unplug it immediately.
- Keep an ABC dry chemical fire extinguisher in or near the kitchen. ***This information was generously provided by NFPA and Fire Prevention Canada*

This Fire Prevention message is provided by the Municipality of the District of Chester and your local Fire Departments in Blandford, Chester, Chester Basin, Hubbards, New Ross, Martin's River and Western Shore.

Please visit our Emergency Services Web Site at www.chesterfire.ca for important Fire Prevention and Safety information.

Fire fighting and medical first response can be the most fulfilling volunteer decisions you can make. There are volunteer positions currently available for firefighting personnel, medical responders and other support positions. It takes a team! Contact the Municipal Fire Services Coordinator at 902-275-2599 or your local Fire Department for more information on how you can help your community.



Once again, Fire Prevention Week is upon us. This is one tradition the Bridgewater Fire Department takes pride in upholding. The week of October 6th – 12th will be observed.

This tradition has been followed since the early 1920's in remembrance of the Great Chicago Fire that took place on October 9th, 1871. It is believed the fire had started while Mrs. O'Leary was in her barn that evening milking her cow and that the cow had kicked over the oil lamp and caught the barn on fire. A great deal of infrastructure was lost during that fire as well as life.

This year's fire prevention message is "PREVENT KITCHEN FIRES AND GET COOKIN' WITH FIRE SAFETY"

Fire Prevention Week Schedule

- | | |
|------------------------|---|
| Sunday, October 6th | Church Parade (10:45 am, meet at 10:00 am)
Bridgewater United Church |
| Monday, October 7th | Executive Meeting |
| Tuesday, October 8th | Fire Drills, Schools, etc. (by request) (meet at 9:00 am) |
| Wednesday, October 9th | Mutual Aid Parade (meet at 6:00 pm)
Lunenburg |
| Thursday, October 10th | Open |
| Friday, October 11th | TBA |
| Saturday, October 12th | Annual Banquet (6:00 pm) Bridgewater Legion |



I would also request that all homeowners ensure that your smoke detectors are working and that the batteries are changed. This is also a good time to practice your safety plan with your family.

Remember fire safety should not only be practiced during this week but all year round.

In Fire Safety,

Michael Nauss
Fire Chief

FIRE PREVENTION



Two out of every three home fires begin in the kitchen. It doesn't take long for a kitchen fire, especially one that involves oil, to get out of control.

Stay attentive when cooking to prevent kitchen fires

By **PAULA LEVY**
plevy@southshorenova.ca

During the annual Fire Prevention Week, each year the 35 fire departments in Lunenburg County join their counterparts across North America to bring attention to a strong message about fire prevention.

This year's theme is Prevent Kitchen Fires, as the kitchen is the place where two out of every three home fires begin.

"The biggest thing is to pay attention and don't leave anything unattended," said Corey Zinck of Lunenburg Regional Fire and Emergency Services. "Generally speaking, where most kitchen fires come from is people not paying attention and leaving something on top of their ranges."

When there are children in the home, Mr. Zinck said to keep children at least three feet away from cooking surfaces. And, he added, keep the handles on cookware turned in.

"If you see stuff start to smoke, the next thing is it's going to flash and catch on fire," said Mr. Zinck. He said to remove the pot from the stove. If a fire begins, put a lid on the pot.

"Please don't use hot fat in a pot for deep frying," he added, noting that most people have gotten the message that deep-fat frying on a range is never a good idea.

He said, however, it is a good idea to have a fire extinguisher available but if a fire gets out of control, do not spend a lot of time trying to put it out. It's best to get out and wait for the fire department to do their job.

"If you can't put it out with an extinguisher or you can't cover it, your next move is to call 911 and get out the door," he added. "We've got the tools. We've got the training. We've got the equipment. Make that call."

Cooking brings family and friends together, provides an outlet for creativity and can be relaxing. But did you know that cooking fires are the number 1 cause of home fires and home injuries? By following a few safety tips you can prevent these fires.

- Stay in the kitchen when you are frying, grilling, broiling or boiling food.

- If you must leave the room, even for a short period of time, turn off the stove.

- When you are simmering, baking or roasting food, check it regularly, stay in the home and use a timer to remind you.

- If you have young children, use the stove's back burners whenever possible. Keep children and pets at least three feet away from the stove.

- When you cook, wear clothing with tight-fitting sleeves.

- Keep potholders, oven mitts, wooden utensils, paper and plastic bags, towels and anything else that can burn away from your stovetop.

- Clean up food and grease from burners and stovetops.

(source: <http://www.firepreventionweek.org>)

Municipality of the District of Chester
FIRE PREVENTION WEEK 2013

Fire Department Community Meet & Greet



- Meet Your Volunteer Firefighters, Show Your Support
- See The Fire Apparatus And Equipment Up Close
- Hands On Fire Prevention For Kids And Adults
- Learn About Fire Prevention In Your Home
- Enjoy A BBQ And Refreshments



Chester Shore Mall, Highway 3, Chester
Sunday, October 6, 2013
11:00 AM to 2:00 PM

In case of rain, join us at the Chester Fire Hall, 149 Central Street, Chester.

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be saved
if you
can't be
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Oakhill & District Fire Department

Open House

Thursday, October 10 – 6-8pm

Demonstrations,

Prizes for adults & children,

Face Painting and a Free BBQ

Oakhill Firefighters will be visiting homes in the community to distribute Fire Prevention literature during Fire Prevention Week.



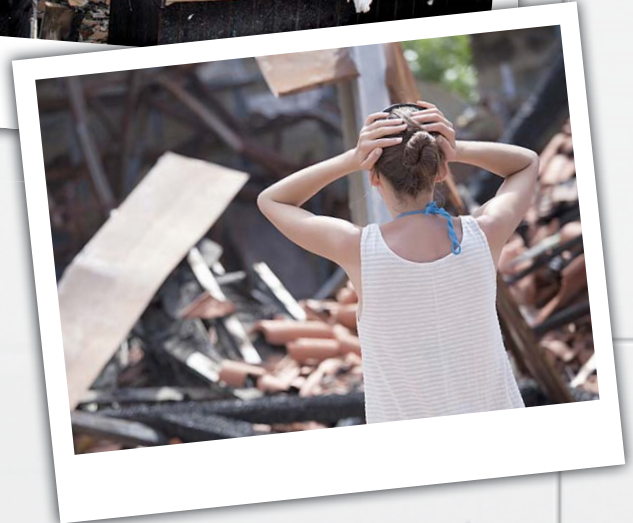
**Kitchen Fires
Can Be Prevented**

FIRE PREVENTION 2013

October 6 to 12, 2013

KITCHEN FIRES

The Top Cause of Home Fires



Don't let this or worse ... happen to you

- Never leave cooking food unattended
- Keep pot covers close by
- Do not drink while cooking
- Remove all flammables & combustibles from stove area
- Keep a fire extinguisher in the kitchen & know how to use it
- Keep batteries replaced in smoke detectors



WE ARE PART OF YOUR COMMUNITY

A message from your local volunteer fire departments

www.lrfes.com



MEMBERS OF LRFES

Big Tancook Island Emergency Response Association
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 Bridgewater Fire Department
 Conquerall Bank Fire Department
 Cornwall & District Fire Department
 Dayspring & District Fire Department
 Hebb's Cross Fire Department

Hebville Fire Department
 Hemford & District Fire Department
 Indian Point Fire Department
 Italy Cross/Middlewood and District Fire Department
 LaHave Fire Department
 Lapland and District Fire Department
 Lunenburg & District Fire Department

Mahone Bay Fire Department
 Martin's River Volunteer Fire Department
 Midville and District Fire Department
 New Germany Volunteer Fire Department
 Northfield District Fire Department
 Oakhill & District Fire Department
 Petite Riviere Fire Department

Pleasantville & District Fire Department
 Riverport Fire Department
 Tri-District & Fire Emergency Services
 United Communities Fire Department
 Walden Volunteer Fire Department
 Wileville Fire Department

Some safety advice for a safe and cosy fire-free fall

As temperatures drop and the annual hibernation routine begins, we start using heating appliances such as the furnace, fireplace, and space heaters for the first time in months. To avoid potential hazards, check every autumn that these are still in good condition and follow precautions for proper use.

Furnace:

- Have a qualified heating contractor perform a yearly maintenance check of your furnace and venting system.
- Clean or replace your furnace filter frequently during the heating season.
- Keep the immediate area free of obstructions to ensure free air flow.
- Never use gasoline or other flammable liquids near your gas furnace.
- Don't store combustible materials such as paper, chemicals, paint, rags and cleaning products close to your gas furnace.

Gas fireplace:

- Check that the glass panel is intact. Do not use your gas fireplace if the glass panel is removed, cracked or broken. Glass panels and frame assemblies should only be replaced by a qualified service person.

Space heaters:

- Check for wear on the electrical cord. If it's damaged, replace the entire unit or have the cord replaced by a qualified repair person.
- Keep it clean by dusting or vacuuming it regularly. Always turn the unit off first.
- Keep the heater clear of furniture, rugs and drapes to allow free air movement and avoid overheating.



- Turn the heater down or off before going to sleep and keep it out of pathways and well away from bedding and clothes. Turn it off when leaving the house.
- Install a smoke alarm in the room with the space heater.
- Have working smoke and carbon monoxide alarms installed throughout the home.

FIRE PREVENTION WEEK October 9 - 15, 2013

BRIDGEWATER **EASTSIDE**
MALL PLAZA
www.bridgewatermall.ca

Fire Prevention Week
Oct. 6-12

DMR FINANCIAL SERVICES
201 Main St., Mahone Bay
Tel. 624-1555
info@dmrfinancial.ca

We're so grateful to all our communities' Fire Departments and the dedicated volunteers who put in countless hours to keep us safe.

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108 Montague Street, Lunenburg, NS B0J 2G0 634-8863
Chester 1-902-275-5143
e-mail: mail@southshorenov.ca www.southshorenov.ca

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PharmaChoice
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Fire Prevention Week
Oct. 6 - 13

Penney's Insurance Ltd.
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Cooking is the leading cause of home fires - if you must leave the room, turn off the stove.

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Bridgewater

Please Practice Fire Safety Every Week

Municipality of the District of Chester

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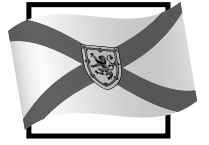
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Nova Scotia 2013 ELECTION



Riding — Chester-St. Margarets



Liberal candidate Tim Harris



Progressive Conservative candidate Janet Irwin



NDP incumbent Denise Peterson-Rafuse

Interviews have been edited for clarity and length.

CANDIDATES:

Janet Irwin, Progressive Conservative. Website: <http://janetirwin.blogspot.ca/>

Tim Harris, Liberal. Website: <http://timharrisliberal.ca/>

Denise Peterson-Rafuse, NDP (incumbent). Website: <http://nsndp.ca/people/denise-peterson-rafuse>

Question: As an MLA, what's going to make you different and stand out from your competitors?

Janet Irwin (JI): "I think what will make me different and stand out comes from what I learned as a journalist. When I was a journalist I felt that I gave voice to people who needed help and I feel that being a good MLA for Chester-St. Margarets, you do exactly the same thing. I have heard from a lot of people who not only need help, they are afraid. They're afraid that they can't pay their power bills. They're afraid that they're not going to be able to heat their homes this winter and I'm seeing a lot of people who're having to make decisions they should never have to make and I feel that I can give them a voice to help their lives."

Tim Harris (TH): "I've been in small business for 25 years. I've been very successful. I think that's the first standout piece about me. I think how I'm going to stand out is how I approach the job. I'm extremely serious about rebuilding our riding as a vibrant business area. I believe in [Liberal leader] Stephen McNeil's platform in small business incentives. I think we as a party and myself as an MLA are going to shine in our ability to help bring the South Shore back."

Denise Peterson-Rafuse (DPR): "What I believe will make a difference this election is the past four and a half years and all of the work that I have done for the constituency. There's been many things that have been implemented here that have not been done in the past. I've been able to get senior housing. I've been able to get, for the first time in all of the province, an active stone bridge with a historical designation, \$28 million worth of road improvements and I know that's very important within the rural constituency. I also took a lead role with the provincial government in the buy-back Bowaters. That was critical. If we wouldn't have taken that initiative there's no question that those lands now would probably be in the hands of the Chinese government because they were looking at purchasing them. I'm hoping that people will, when they go to vote, that they'll sit down and think about all the work that Denise Peterson-Rafuse has done in four and a half years and a lot of it is visual work too that they can see."

Q: Fewer and fewer eligible voters bother to vote at election time. To a degree it's cynicism. What's your message to people who've lost their faith in politics and politicians?

Ji: "I've met a lot of people at the door who have lost faith. I got into journalism because I wanted to make a difference. I got into this for the same thing. I want to make a difference. If you don't get involved nothing's ever going to change. We can't make any difference if we don't have people involved and with fewer and fewer people voting it's just going to get worse and worse."

TH: "Just the other day I heard on the doorstep an individual said, 'I'm going to vote but I'm considering spoiling my ballot as a protest to the way things are.' The reason that she was going to vote was because many people lost their lives to give us freedom and give us the

opportunity of democracy and the ability to vote. I think the biggest thing that anybody looking at our democracy and considering not voting is it's an insult to all those people that have gone before us to ensure that we have a democratic society and we have the opportunity to vote. So, I think if anybody approached me to ask me why they should vote it's because of our legacy from our veterans from people before us including my father that fought in the war, fought for freedom and fought for the vote."

DPR: "It's so important to vote and along with that it's very important to get the right information. There's a great deal of misinformation. The opposition is doing their job to make it look like when you're in government, you're not doing the right things and plus it depends on who's writing a story what their political background may be. When you look at a story and read it in the media or you hear it, ask yourself if you're hearing both sides. I know that people feel that there's a disappointment because of the many years of disappointments. We have many firsts. There's over 50 accomplishments with over half of them being firsts for this province so you have to question why those were not done in the past. When I go to the door, I encourage people to think about that and to give us an opportunity to take the next step further."

Q: To which side do you show your allegiance, party or constituency, and explain why?

Ji: "Both. Because I think that a lot of the problems that we have in our constituency are the same problems that we have in this province. They are even and I think we can do both jobs at the same time."

TH: "That's the first time I've been asked that question. I'm going to shoot right from the hip. It's constituency. I'm in this for guys just like myself. I am a business person. It is about everybody that is going to vote for me. Luckily I think that the party behind me is a small business party, is a constituency party, is a rural party, not a metro-based party. I feel I'm going to be answering to my constituents, not to my party."

DPR: "I show my side to constituency. When Premier Dexter asked me to run the very first time I had a meeting with him and I made it very clear to Mr. Dexter that if there was an issue that was very relevant to the majority of the constituency and the party had an opposing view, I told him that I would be working with the constituents. My approach is in a restorative manner so I would be trying to make sure the constituents would understand the party position but yet at the end of the day my stance would be with the constituency. I was very delighted in that conversation with Premier Dexter because he said, 'I understand that very much' and so it was important to him that he had a candidate that felt so strongly about its constituents."

Q: How are you going to respond to your constituents if your party fails to live up to any or all election promises?

Ji: "First of all I think that Jamie has thought things through very, very carefully in constructing his platform. He's a really careful guy. He's a really smart guy and that's one of the reasons why I'm with him and this party. I believe that he is going to live up to all of the promises he's put in that platform."

TH: "I feel my job is an advocate for everybody in my riding. If my party is letting me down or letting my constituents down it's my job to fight to make it right."

I've been around for awhile. Every situation is different. That's a tough question to give a blanket answer to because there's going to be, these days the way technology changes, the way the world changes, every day is different and a lot of times you don't know in the morning what the end of the day is going to be like and what challenges you're going to face. It's very hard to tell you carte blanche how it's going to be handled but I'll do my best."

DPR: "We lived up to all of our promises. If you go back and look at the platform that we introduced we followed all those. The only one we did not follow was with respect to the increase in the HST. We did not have the opportunity to see the books of the province at the time and we were under the impression they were balanced books. The previous government had estimated offshore oil reserves of being much much higher than what they were and there was also a lot of pre-election spending. When we got in what we saw was the fact that there was a real problem in terms of the debt in this province. We're at a balanced budget. We made a commitment to Nova Scotians that we will reduce the HST and that will happen in 2014, it goes down a percentage, and then next year another percentage and then we'll be back to the percentage it was when we came into power."

Q: Of all the issues facing your riding what one do you see as ranking the highest in importance and what do you propose should be done to deal with it?

Ji: "I think the lack of jobs is probably the biggest one in this constituency so what I've been doing as I go door to door over the past year is I've been asking people who own small and medium sized businesses ... I've been saying to them is, 'Look, if there are two things that a PC government could do for you to help you survive and thrive, what would they be?' and most of them are saying, 'Pull our taxes down a bit and get rid of a lot of this red tape because we're drowning in it,' and we have promised as a party that when we form government we will take the small business tax to zero and we will streamline the red tape."

TH: "I haven't prioritized each item as which is more important than the other. When I'm on the doorstep talking to people each individual they have a certain issue that is high. If I was forced to pick I would say it's the economic underpinnings of the community, of the riding. We have to support small business. That's what we need to build on, is people that are starting out in business are successful that we can give them a hand up, not a hand out ... Top is the local business and support of local business."

DPR: "It's the whole rural component and the struggle in rural communities. We have the oldest population in all of Canada. We have the oldest housing stock and that's why we created under Community Services the first housing strategy in the history of the province. It's about rural Nova Scotia and what we have to do in terms of all of those issues that fit under rural Nova Scotia. We do have a panel travelling the province and we'll soon get that report of what do we need to do differently in rural Nova Scotia to make it sustainable. I'm seeing success already in terms of work we've done for rural Nova Scotia, reducing the business tax by 40 per cent since we've been in helps the local economy. The ships contract ... that's going to have a major trickling effect in rural Nova Scotia. I think that we've already started to lay a strong foundation to move rural Nova Scotia into being more sustainable and successful."

Nova Scotia 2013 ELECTION



Riding — Lunenburg



NDP incumbent Pam Birdsall



Liberal candidate Suzanne Lohnes-Croft



Progressive Conservative candidate Brian Pickings

Interviews have been edited for clarity and length.

CANDIDATES:

Pam Birdsall, NDP (incumbent). Website: <http://www.pambirdsallndp.ca/>

Suzanne Lohnes-Croft, Liberal. Website: <http://suzannelohnescroft.com/>

Brian Pickings, Progressive Conservative. Website: <http://voteforbrian.wordpress.com/>

Question: As an MLA, what's going to make you different and stand out from your competitors?

Pam Birdsall (PB): "I think what will make me stand out is that I've already had four years' experience being the MLA. It's a job. Like any job, the first year the learning curve is not steep, it's straight up. It's a very difficult job to learn. There's no handbook. I'm connected. I know who to deal with and how to deal with them and I know how to connect with my constituents because I've done that all over Lunenburg constituency. ... An MLA really needs to be out there talking to people and being 'on the ground.' One of the best things is being in a campaign because you talk to everybody all the time and yet I've been knocking on doors for four years and I've been talking to people and hearing their concerns and being able to take that to the caucus table. I've listened to people. I've helped solve problems and I'm an approachable person. So I think I've done a good job and I hope to be able to continue to do a good job."

Suzanne Lohnes-Croft (SLC): "I think as an MLA I will reach out to the people and I will consult with people over issues that are important to them. I want to stay constantly in contact with people and I'll do that by going to events and visiting communities ..."

Brian Pickings (BP): "I would have to say that I believe I come from, what I like to call, the real world. I'm a working man. I believe people should be on top. I think they've been on the bottom for far too long and being a strong advocate for all of the constituents regardless of political stripe is what I'd like to do. I think that people deserve better representation and I think they deserve to be told more like it is rather than a political answer. If you make a mistake they want to know you made a mistake. If somebody else is doing a good job they deserve to hear it. I think people are ready for that sort of change."

Q: Fewer and fewer eligible voters bother to vote at election time. To a degree it's cynicism. What's your message to people who've lost their faith in politics and politicians?

PB: "It's a very difficult thing. It's true. Especially in recent times we're looking at federal politics and senators and people are just shaking their head very cynically and saying why should I bother. Well, I say you should bother because we live in a democracy and your vote counts and if you don't get out and vote and really put your voice out there on election day it's really hard afterwards to complain and say, 'You didn't do this, you didn't do that,' if you didn't get out and vote. So when I'm on the doorstep talking to people, when I'm on the phone talking to people ... the last thing I always say is just get out and vote. I guess by who you are, how you deal with things, you show by example that you might be someone worthy of their vote."

SLC: "I get that question a lot on the doorstep. Why

would you even go into politics is one of the number 1 questions and I say it's because I have hope for our communities and I have hope that small changes can add up to big changes. People who are really cynical I ask them the same question, 'Have you offered yourself up to public service and do you think if you did you could make changes?' It sort of stops the conversation."

BP: "I've listened to a lot of them tell me that. I encourage them to go out and vote ... I can't blame them for being cynics because I think our elected officials have done that to themselves. You need people in there that are going to treat people with more respect and treat them as if they're more intelligent than they are. I think for too long people have been doing this for the wrong reasons, maybe their own self-motivation, I don't know. But, for me, this will always be about the people."

Q: To which side do you show your allegiance, party or constituency, and explain why?

PB: "As the MLA my job is to listen to my constituents and be their voice at the caucus table. There's never been a situation that I've experienced, as representative of government, am I doing something totally against the wishes of constituents because there's so many people and so many opinions. It's never black and white. It's never that sort of thing. I have to say one of the things I'm really proud of is the fact that our government has been so consultative. There have been many, many consultations on many issues around the province. ... It sounds like I'm giving you a non-answer and yet it's a difficult question because my allegiance is to my constituents and I also represent the direction of the government. I think my role is to disseminate information so people understand exactly why decisions are made."

SLC: "I think at first you have to look at your constituency. Those are the people that put you in power. Those are the people you are representing. I do understand you have to follow the rules of caucus. I've been told that. I understand those rules. But I still think that as the MLA you need to take the concerns of your constituents to your caucus and lobby for your constituents so that you can provide them with the best representation possible."

BP: "Our leader, Jamie Baillie, when he first sat down with a lot of the candidates, he spelled out our duties and the number 1 duty is to our constituents. We should always be strong advocates for constituents because those are the people we're representing."

Q: How are you going to respond to your constituents if your party fails to live up to any or all election promises?

PB: "I guess I would have to explain reasons why. Of our campaign platform last time in 2009 everything we said we would do, we did. The one thing of course that you hear is you said you weren't going to raise the HST and you did. ... Our coming in, in 2009, one year after a world economic meltdown — the worst depression since the Great Depression — New Democrats were lucky enough to inherit all that and inherit pretty empty coffers. Now that we are back to balance and we are on a stronger foothold there is in legislation that we put forward that the next fiscal year one point will come off the HST and the following year the other point. That is legislation. That is what we're doing."

SLC: "I have faith in [Liberal leader] Stephen McNeil and our Nova Scotia First program. It's supposed to be for the people and not for the political party. I intend to be there in good times and bad for our constituents. We've had some disappointing news employment-wise in Lunenburg constituency in the past couple of years and we didn't have a voice. We didn't hear anything from our MLA."

BP: "I would be sorely disappointed if we couldn't live up to them ... but I would like to believe that everything that our leader is saying and everything that our party is saying is very sincere. I would be disappointed myself and explaining that to a constituent would be very hard because really how can we say that we didn't do what we said we were going to do. That makes it the same as everybody else. That makes me the same as everybody else. I'm not the same as everybody else and our party's not the same. I'm hoping that's not going to happen and if it does happen I hope there's an actual reason and not an excuse."

Q: Of all the issues facing your riding what one do you see as ranking the highest in importance and what do you propose should be done to deal with it?

PB: "I don't think I can answer that question. I can't say one thing is calling my attention or the government's attention. There are a number of things that are all on the same level, I would say. I would say health care, roads and education are all important. We're dealing with a lot of difficult issues. Nothing ever comes down to one question, one answer. It's very complex as everything is, which is why any government is juggling a lot of balls in the air all the time."

SLC: "Depending what community you're in and what age level you are addressing, I'm hearing two big issues. The Fishermen's Memorial Hospital, keeping it open, the emergency room, health care in general, having doctors; but the ferry has been a really hot issue on the doorstep. Tourism is an industry we can grow in Nova Scotia and shutting down that ferry has devastated some local businesses and some have just barely hung on but some have had to close their doors."

BP: "It's obvious to me that it's the employment in the area. We need more sustainable jobs. The private sector pays all the bills. If we want to support our social structure we need the economic foundation to do so. I believe that our party understands that this area has been built on small business and our platform clearly states that's what we want to do is kick-start that small business and the best way to serve your constituents in any capacity is by having the funding to do so."



Nova Scotia 2013 ELECTION

Riding — Lunenburg West



Liberal candidate Mark Furey



Progressive Conservative candidate David Mitchell



NDP incumbent Gary Ramey

Interviews have been edited for clarity and length.

EDITOR'S NOTE: An interview with the Green party candidate couldn't be confirmed before press time.

CANDIDATES:

Mark Furey, Liberal. Website: <http://www.markfurey.ca>

David Mitchell, Progressive Conservative. Website: <http://pcdavidmitchell.com/>

Rob Pierce, Green. Website: <http://greenparty.ns.ca/>

Gary Ramey, NDP (incumbent). Website: <http://nsndp.ca/people/gary-ramey>

Question: As an MLA, what's going to make you different and stand out from your competitors?

Mark Furey (MF): "It goes back to my experience in the community and knowing the community through my previous profession. I was engaged with the community at the education level, at the recreation level and got to know the community in a different way and it wasn't about politics. It was really about relationships and I felt quite comfortable with that and those experiences have really come forward to today, that the relationships are well established and it's resulted in some pretty significant support."

David Mitchell (DM): "I come with eight years of municipal political experience and what's great about that is you're absolutely responsible to your constituents. As a councillor you're fully independent and I know that when you step up provincially there is that party politics that comes into play. But I truly believe and my leader believes that it's constituents first. I believe that I'll return integrity to politics."

Gary Ramey (GR): "I think there are a number of things ... I guess the first one would be super boards. I think ... the other candidates believe that we should try and centralize health care in Halifax with a giant bureaucracy. I think it's a bad idea because I think it will cost a fortune and it would cause chaos in the health-care field. The biggest one I guess of all is the way we look at the finances. We have lowered the business tax but we'd never lower it to zero because we didn't think that's prudent. We are committed to the shipbuilding project. We are growing the economy. We're building more long-term-care beds."

Q: Fewer and fewer eligible voters bother to vote at election time. To a degree it's cynicism. What's your message to people who've lost their faith in politics and politicians?

MF: "That was probably the most frequent discussion on the doorsteps. But I understood and I shared that with them that their positions were justified based on past experience and I think, again, it comes back to communication and understanding that people have higher expectations of their elected officials. I felt the same in policing and that's where I came from in my work environment, knowing that people had a higher expectation of me. And I think in these circumstances that bodes well to any future role I may play as an elected official should the public support me."

DM: "I'm hearing that far too often at the door, that people have given up on the political system. I get where they're coming from but removing themselves from the democratic process doesn't make things better. It means

that your choice has been removed and you're not likely to get the person that really should be representing you as your MLA."

GR: "I think there's lots of good reasons that people have become disenchanted or disappointed with elected members. Practically as soon as I got elected there was that whole kerfuffle with MLAs that went back a number of years before I got elected but still it taints everybody. What bothers me is that maybe good quality people who care about their families and care about their own reputations might be a little gun-shy to get into politics because they do get stereotyped and branded with those kinds of accusations. Young people would have a very significant amount of political power should they decide to exercise their franchise. Policies made by government do have ... and will have a profound effect upon them."

Q: To which side do you show your allegiance, party or constituency, and explain why?

MF: "First and foremost it's about the constituency. I had that discussion with Stephen McNeil and when I posed the question to him about those opportunities where he and I would differ he point blank said to me you have to speak with the best interests of your constituents in mind and I valued that. It was the single factor that was most important to me in my decision to first seek the nomination in 2009 and I've carried through with that in my participating in the community. It was all about the residents of Lunenburg West."

DM: "Constituents first. The very first question I asked Jamie Baillie when I met him was am I going to be allowed to vote against the party if it's in the best interest of my constituents and his answer was absolutely. All of the PC candidates have been given that assurance from the leader that you represent the people before you represent the party."

GR: "Constituency. The constituents elected me and they expect me to represent them and what they have to say. Having said that I wouldn't be part of a party that I felt wasn't interested in the issues that concerned them. I hope they think that they have been in the past served well."

Q: How are you going to respond to your constituents if your party fails to live up to any or all election promises?

MF: "Those are going to be future challenges. For me it's about committing to do the best I can. Adhering to the commitments that we make to the public at large. That's very important to me. I can have some influence in that environment to ensure that the commitments that the leader and the party has made will be carried through to the best of our ability."

DM: "I would be very, very disappointed if we failed to live up to all of our election promises. I can't see a scenario where we aren't able to fulfil a four-year mandate with that platform and I would be fighting for my constituents to make sure that we did."

GR: "We haven't made a lot of election promises this time that aren't part of the program we already started four years ago. There are things getting done. We need to do a lot more and we will be fulfilling the promises we made. I want the best outcome not only for my constituents but for all Nova Scotians."

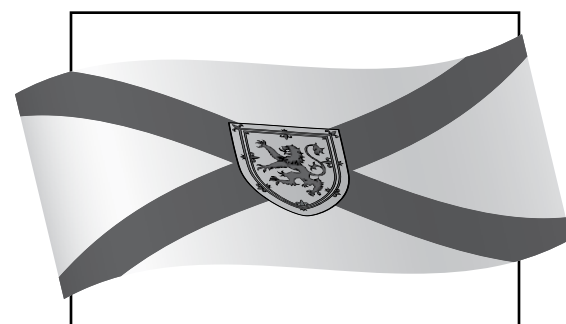
Q: Of all the issues facing your riding what one do you see as ranking the highest in importance and what do you propose should be done to deal with it?

MF: "Depending on where you are in the community, there's different issues and different priorities. When I think of the seniors population, the cost of living and their fixed income circumstances were most important to them as was health care. When I talk to young families with children, with them approaching school age or in school, education was most important to them. But in the collective discussion rural economic development and the opportunity to create employment would be the top issue, the number 1 issue in Lunenburg West."

DM: "Right now it's jobs and the economy. We have far too many people in this area unemployed. The rural economic engine has stalled and it's due to high power rates, high taxation. Health care and education are up there but you need a strong economy in order to pay for those services and until we get that going everything else is going to suffer."

GR: "It's health care on a couple of different levels. I need more doctors. The other side of that is long-term-care beds. And then we have to have supports in place to allow people who want to stay at home for the maximum amount of time. If you were to pick something that's on everybody's mind almost daily that they want looked after too it would be rural roads. Paving, chip sealing, ditching, cutting the bushes, new culverts, new bridges. Anything related to maintaining and doing upkeep on roads."

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democratic
right by
casting your vote**



Liberal, PC health plans threatens NDP progress on health care



NDP candidates Pam Birdsall, Gary Ramey, Denise Peterson-Rafuse and Sterling Belliveau are speaking up against the Liberal and Conservative plans to eliminate health boards in rural communities and centralize decision-making in Halifax.

“Cutting our district health authority is bad news for health care on the South Shore,” says Pam Birdsall, NDP candidate in Lunenburg. “We have our own priorities and our own needs, and we need to be able to make our own decisions about how health care is delivered here.”

“The Liberals and the PCs don’t understand our health care needs,” says Lunenburg West candidate Gary Ramey. “These are our families and our futures they’re talking about. This central bureaucracy would mean closed beds and ERs, nurses leaving and services cut. It’s not worth the risk.”

The last Liberal government cut 1600 hospital beds, and drove 1000 nurses out of the profession. Under the

Conservatives, ER closures were becoming a crisis by 2008.

“I’m proud of the steps forward the NDP has taken on health care,” says Denise Peterson-Rafuse, running in Chester-St. Margaret’s. “We’re building new clinics to attract doctors to Liverpool and Bridgewater, opening the Fisherman’s Memorial collaborative emergency centre, and we’ve hired 400 more doctors across the province.”

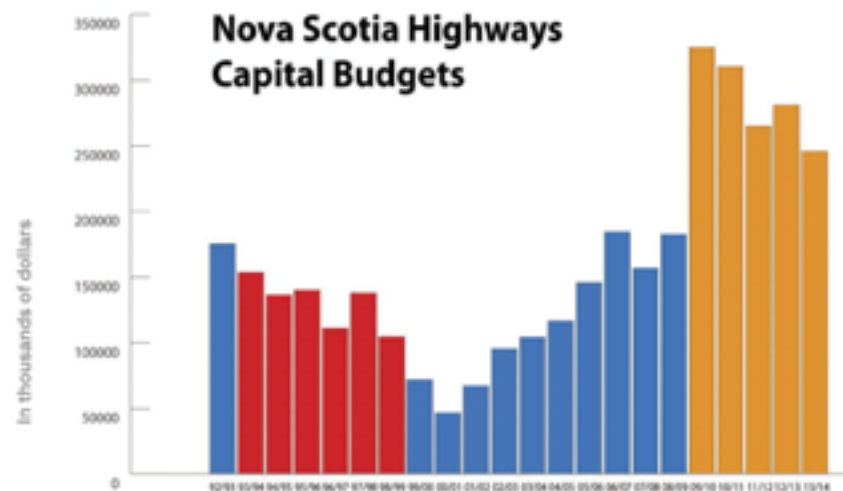
This investment has been mirrored in spending on seniors’ care, with 1000 long-term care beds added since 2009, and a commitment for 1100 more.

“The NDP has worked hard in the past four years to make things better for seniors,” says Sterling Belliveau, candidate for Queens-Shelburne. “We’ve committed to improving and expanding long-term care on the South Shore, by building new and replacement beds, to make sure that seniors have access to the best possible care.”

NDP paving tops previous governments

Significant funding increases by the NDP government have begun to undo the damage of decades of under-investment in Nova Scotia’s roads and highways. The government says its investment in paving proves its commitment to making Nova Scotia families safer.

The five-year paving plan added tens of millions of dollars in additional funding over previous years. Many roads across the South Shore have been paved or repaired, including major improvements to Highway 103.



Investment in jobs spurring growth on the South Shore

The NDP government’s policy of direct investment in the province’s regions has led to significant job growth here on the South Shore.

Chester-St. Margaret’s NDP candidate Denise Peterson-Rafuse says that investments in Cedar Bay Grilling Company, SchoolHouse Gluten Free Gourmet, Jellet Rapid Testing and Nautel have created good local jobs on the South Shore.

“In addition” she says, “investments in Acadia

University and the Acadia Centre for Rural Innovation have protected good-paying jobs and helped lay the foundation for growth in the knowledge economy.”

Coupled with a 40 per cent reduction in the small business tax rate—the first time the tax rate has been reduced in twenty years—these investments have South Shore residents looking at a bright future.



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A BETTER FUTURE *for* TODAY'S FAMILIES



What's on?

ON - LINE EDITION

October 2 to 10, 2013



PIX CREDIT: PAUL DRINKWATER/NBC

THE BIGGEST LOSER

Tuesday, October 8, 2013

NBC

"The Biggest Loser" is taking some of its own advice and slimming down from two-hour to one-hour episodes. With the trainers wielding more power than ever, and famous contestants such as Ruben Studdard joining the ranks, Season 15 is shaping up to be the biggest, most exciting season to date. Watch the season premiere Tuesday, Oct. 8, on NBC.

WEEKDAY MORNING													OCTOBER 2 TO OCTOBER 8			
	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30				
GLOBAL 6	6:00 Morning News				Bake With Anna Olson	Chuck's Day Off	The Morning Show	100 Huntley Street	The Doctors			Sarah's House	Ent. Tonight Canada			
ATV 8	Canada AM						Live! With Kelly and Michael		Bethenny		The View					
CBC 11	Daniel Tiger	MathSqd/.45 Animal	.55 Fuzzy/Bo on Go!	.25 Big Block / Busytown	Super WHY!	.25 WillJams- /CatHat	Various	Doodle/Do-odle	.55 See the Sea / The Nature of Things			CBC News Now				
SRC 2	Variées	Variées	Variées	Toc toc toc	Téléjournal RDI	Les docteurs		Alors on jase!			Ricardo	Téléjournal Midi				
PBS 4	Clifford the Big Red Dog	Sid/ Kratts	Arthur	Martha Speaks	Curious George	The Cat in the Hat	Super/ Peg Cat	Dinosaur Train	Sesame Street		Daniel Tiger	Arthur/ Super				
A 7	CTV Morning Live				Corner Gas	Corner Gas	Degrassi	eTalk	Dr. Phil		CTV News	The Bold and the Beautiful				
ABC 9	NewsCenter 5 Eyeopener		Good Morning America				Live! With Kelly and Michael		The Steve Harvey Show		The View					
NBC 12	6:00 7 News Today in New England		Today Show				7 News Today in New England		Today Show II		Today Show III					
SPIKE 14	Paid Program		Paid Program		Paid Program		Various		Various		Various					
A&E 16	Info-Documentary	Info-Documentary	Bounty Hunter	Bounty Hunter	Bounty Hunter	Wed Bounty Hunter	Criminal Minds / Fri Beyond Scared Straight		Criminal Minds / Fri Beyond Scared Straight		CSI: Miami / Fri Beyond Scared Straight					
CMT 17	CMT Morning		CMT Morning		CMT Morning		#1's / Thu Chevy Top 20		CMT Music		CMT Music					
CNN 18	New Day						CNN Newsroom			Legal View						
HIST 19	Various		Canadian Pickers		Various		Various		Various		Canadian Pickers					
E! 20	Morning Live								News Now AM							
CITV 21	Mon Paid / .05 Off Air	Voice of Victory	Early Morning News		Morning News						The Morning Show	100 Huntley Street				
YTV 22	Kid vs. Kat	Rescue Hero	Penguins	TuffPup	Pokémon	Beyblade	Rescue Hero	Mike the Kni	Little Bear	Berenstain	Timothy	Sc. Squirrel				
TOON 23	Spiez	Jimmy	Johnny Test	Various	Looney/ Bots	Jimmy	Jimmy	.50 Wayside	.15 Johnny	.40 Johnny	.05 Spiez	Matt Hatter				
TREE 24	Zigby/Zigby	Toopy & B	Max & Ruby	Thomas	Mike the Kni	Sesame St.	Care-a-Lot	Guppies	Mike the Kni	Big Friend	Max & Ruby	Zigby/Zigby				
W 28	My House Your Money	Colour Confidential	Colour Confidential	Candice Tells All	Candice Tells All	My House Your Money	Various		Fri Love It or List It / Mon Love It or List It		Various	Various				
NEWS 29	CBC News Now						CBC News Now									
MM 31	Top 10 / Mon New Music		New Music Videos		Conan		New Music Videos		New Music Videos		Top10/ VTRial Mon VTRial					
CBS 32	WBZ News		CBS This Morning				The Queen Latifah Show		Let's Make a Deal		The Price Is Right					
BRAVO 33	Nikita		Cold Squad		Flashpoint		The Listener / Fri Missing		Nikita		Cold Squad / Fri Cold Justice					
TLC 34	Wed TBA / 19 Kids & Count	Thu Fri Tue 19 Kids	Baby's First Day	Make Room for Multiples	A Baby Story	A Baby Story	A Baby Story	A Baby Story	My Teen's Pregnant	Mon Tue Pregnant	Four Weddings					
DISC 35	Mighty Ships / Fri Mayday		Daily Planet		Various		Various		Various		Various					
FOX 36	FOX 25 Morning News		FOX 25 Morning News				FOX 25 Morning News		TMZ	Dish Nation	Bethenny					
SHOW 37	ReGenesis		Lost Girl		Rookie Blue		Wed Movie / Thu Movie / Fri Movie / Mon Movie / Tue Movie				Various					
SLICE 38	Wed Fri Mon 4 Weddings / Thu Tue Four Houses		Til Debt Do Us Part	Princess	Property Virgins	Property Virgins	Princess	Ent. Tonight Canada	Til Debt Do Us Part	Princess	Wed Fri Mon 4 Weddings / Thu Tue Four Houses					
COM 39	Laughs/Mon Red Green	Mon The Red Green Show	The Red Green Show	The Red Green Show	Corner Gas	For Laughs: Gags	Cash Cab	Cash Cab	Just for Laughs		The Red Green Show	The Red Green Show				
OWN 41	Grocery Bag	He Said, She Said	Various	Various	Divine Design	Grocery Bag	Various	Various	Various	Various	Oprah's Next Chapter					
BNN 42	Market Call Tonight		The Street				Business Day				Comm					
FAM 43	.10 Stella and Sam	.35 Phineas and Ferb	Shake It Up	.25 A.N.T. / .50 Jessie	.20 Wizards	.45 Tickety Toc	Tickety Toc / .10 Einsteins	.40 Handy Manny	Jake and the Never L	Sofia the First	Phineas and Ferb	A.N.T. Farm				
TBS 44	Rules of Engagement	My Name Is Earl	Married With Children	Married With Children	Married With Children	There Yet? / Fri Married	Payne/Fri There Yet?	Browns/Fri House Payne	Fresh P./Fri The Browns	Fresh Prince / Fri Seinf'ld	Fresh P./ Seinf'ld	Various				
HGTV 46	Property Virgins	Property Virgins	Disaster DIY	Income Property	Holmes Inspection		Disaster DIY	Leave It to Bryan	Various	Mon Property Virgins	Various	Catastr./ Virgins				
SPACE 47	Stargate Atlantis		Universe / Fri Fanboy	Fri Ink: Alter Egos	Star Trek: The Next Generation		Star Trek: Voyager		Stargate: SG-1		Stargate Atlantis					
MMM 48	VideoFlow		VideoFlow		VideoFlow		VideoFlow		M3Top20.ca							
OLN 49	Departures		Survivorman		Various	Mon RCTV / Tue Paid	Descending		Departures		Python Hunters					
RSE 50	Sportsnet Connected		Sportsnet Connected		Sportsnet Connected		Sportsnet Connected		Sportsnet Connected		Sportsnet Connected					
SN360 51	Morning Highlights		Morning Highlights		Morning Highlights		Morning Highlights		Morning Highlights		Morning Highlights					
GOLF 52	Fri Presidents C / Mon Live From / Tue Golf Central		Morning Drive				Golf/ M. Drive	Wed Morning Drive				Mon Tue Morn. Drive	Thu Fri Presidents C			
TSN 53	SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre		SportsCentre					
STAR 54	eTalk	Celebri	Inside Box	Inside Box	The Marilyn Denis Show		Kardash/ K&KMia.		The Social		Inside Box	Celebri				
APTN 55	APTN News / Mon Nord 60e		Bear/ Bizou	Bizou/ Bizou	Various	Various	Tiga/ Mouki	Bizou/ Inuk	Tiga/ Raven	Various	Cowboy	Beachcomb.				
VISION 56	Beautiful Little Classics		Quick Study	Various	Daily Mass	Various	Life Today	K. Copeland	Joyce Meyer	P. Youngren	700Club Can.	My New Day				

WEEKDAY AFTERNOON

OCTOBER 2 TO OCTOBER 8

	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
GLOBAL 6	Chef at Home	'Til Debt Do Us Part	Days of Our Lives		The Talk		The Young and the Restless		The Queen Latifah Show		Evening News	Global National
ATV 8	The Ellen DeGeneres Show		The Social		The Marilyn Denis Show		Dr. Phil		CTV News at Five		CTV News	
CBC 11	Republic of Doyle		Steven and Chris		Best Recipes Ever	In the Kitchen	Dragons' Den		CBC News: Nova Scotia	CBC News: Halifax	CBC News: Nova Scotia	Rick Mercer Report
SRC 2	12:30 Téléjournal	Pour le plaisir			Quelle histoire! / Ven Cinéma		Terre humaine	Terre humaine	Entrée principale		Le Téléjournal Acadie	
PBS 4	Caillou/ Sid	Thomas & Friends	Peep/ D.Tiger	D.Tiger/ Caillou	Super/ DinoT	Speaks/ Peg Cat	George/ CatHat	Kratts/ Speaks	Cyberch./ George	WordG/ Cyberch.	Company/ WordG	Wild Kratts
A 7	The Marilyn Denis Show		The Dr. Oz Show		Bethenny		The Social		The Ellen DeGeneres Show		Daily Planet	
ABC 9	NewsCenter 5 at Midday	..Be a Millionaire?	The Chew		General Hospital		Katie		The Ellen DeGeneres Show		NewsCenter 5 at 5 p.m.	NewsCenter 5 at 5:30 p.m.
NBC 12	7 News at Noon		Days of Our Lives		The Doctors		Family Feud	Family Feud	7 News First at 4:00 p.m.	7 News at 4:30 p.m.	7 News at 5:00 p.m.	7 News at 5:30 p.m.
SPIKE 14	Various		Various		Various		Various	Fri 1000 Ways to Die	Various	Thu Fri Jail	Various	Thu Fri Jail
A&E 16	CSI: Miami / Fri Beyond Scared Straight		Wed Thu Mon Tue Minds/Thu Minds/Fri Scared		Criminal Minds / Fri Beyond Scared Straight		The First 48 / Fri Beyond Scared Straight		The First 48 / Fri Beyond Scared Straight		The First 48 / Fri Beyond Scared Straight	
CMT 17	CMT Spotlight		WideOpen/ CMTRewd		CMT Social Hour		CMT Music		Music/Tue Chevy Top 20		CMT Music	
CNN 18	Around the World		CNN Newsroom				CNN Newsroom		The Lead With Jake Tapper		The Situation Room	
HIST 19	M*A*S*H	M*A*S*H	Various	Wed Pawn Stars	Various	Fri Secret Life of...	Various	Thu Hatfields and McCoys	Various	Various	M*A*S*H	M*A*S*H
E! 20	News Now Midday		News Now PM								Sportsline	Square Off
CITV 21	The Doctors		Bake With Anna Olson	'Til Debt Do Us Part	Noon News Hour		Days of Our Lives		The Talk		The Queen Latifah Show	
YTV 22	Parents	Sidekick	Rated A	Monster Club	LeagueEvil	Sidekick	Squirrel	Tuff Puppy	SpongeBob	Various	Odd Parents	SpongeBob
TOON 23	Johnny Test	Jimmy	George	Wayside	Jimmy	Stoked	Mystery	Looney	Jimmy	Various	Johnny Test	Johnny
TREE 24	Various	Toopy & B	Caillou	Cat/ Hat	Angelina	.45 Chuggingt.	Thomas	Various	The Wiggles	Dora	Big Friend	Guppies
W 28	Property Brothers		Love It or List It / Mon Love It or List It Vancouver		Various		Mon Undercover Boss Canada		Undercover Boss Canada / Thu Cedar Cove		Property Brothers	
NEWS 29	CBC News Now				CBC News Now				Power and Politics			
MM 31	Video onTrial	Video onTrial	New Music Videos		New Music Videos		Fresh Prince	Fresh Prince	Simpsons	Cleveland	Late Night J. Fallon	
CBS 32	WBZ News	The Young and the Restless		The Bold and the Beautiful	The Talk		Dr. Phil		Judge Judy	Judge Judy	WBZ News	WBZ News
BRAVO 33	Flashpoint		Blue Bloods / Fri Missing		Nikita		Cold Squad		Criminal Minds / Fri Cold Justice		Criminal Minds	
TLC 34	What Not to Wear		Life/ Table12	Various	Various	Medium/ Say Yes	Not-Wear/Fri Say Yes to the Dress	Fri Say Yes to the Dress	Weddings/Fri Say Yes to the Dress	Fri Say Yes to the Dress	Say Yes/ Say Yes	Say Yes/ Say Yes
DISC 35	Various		How It's Made	How It's Made	Various	How It's Made/Auction	Various		Various		Various	Thu Porter Ridge
FOX 36	The Wendy Williams Show		The Dr. Oz Show		Judge Alex	Alex/ Divorce	Divorce/ Dr. Oz	Wed Thu Fri Divorce	TMZ Live!		Wed Thu Fri Dr. Oz Show / Mon Tue FOX 25 News	
SHOW 37	Various Movies		Various Movies				Broadchurch		Sea Patrol		NCIS / Fri Movie	
SLICE 38	Property Virgins	Property Virgins	'Til Debt Do Us Part	'Til Debt Do Us Part	48 Hours Mystery		Kitchen Nightmares / Fri Surviving Evil		World's Dumbest... / Fri Murder in Paradise		48 Hours Mystery	
COM 39	The Big Bang Theory	Community	Match Game	For Laughs: Gags	Just for Laughs		Seinfeld	Seinfeld	Corner Gas	Community	Parks and Recreation	The Big Bang Theory
OWN 41	The Oprah Winfrey Show		Ghostly Encounters	Ghostly Encounters	Various	Wed Psychic Investigators	Various	Mon The Locator	Various	Wed The Locator	Various	Various
BNN 42	The Business News		Market Call		Business Day			The Close		Market	Headline	
FAM 43	Wingin' It	Wizards	Wizards	Good Luck Charlie	Shake It Up	A.N.T. Farm	Jessie	Austin and Ally	Various	Various	Various	Various
TBS 44	Various	AmerD/ Fam.G	Various	Various	AmerD/ Fam.G	Fam.G/ Seinf'ld	Various	Various	Various	Seinf'ld/ Pre-Game	Wed Family G. / Baseball	Wed Family Guy
HGTV 46	Disaster DIY	Leave It to Bryan	House Hunters	House Hunters Int'l	Holmes Inspection		Various	Thu Live/Tue Leave It	Various	Fri House Hunters RV	House Hunters	House Hunters
SPACE 47	Universe / Fri Fanboy	Fri Ink: Alter Egos	Stargate: SG-1		Stargate Atlantis		Castle		Star Trek: The Next Generation		Star Trek: Voyager	
MMM 48	VideoFlow		M3Top20.ca				AngerM.	M&M	Supernatural		Gilmore Girls	
OLN 49	Mantracker		Man v. Food Nation	Operation Repo	Duck Dynasty	Duck Commander	Baggage Battles	Baggage Battles	Various	Various	Storage Wars	Storage Wars
RSE 50	Hockeycentral	Mon MLB Pre-game	Various	P.World/ Football	SoccerC./ Poker	Wed Soccer	Thu Soccer / Tue Poker		Various	Overtime/ Pre-game	Various	Wed Thu Prime Sports
SN360 51	Games of the Night		Tim & Sid			Wed Soccer	Thu Soccer / Tue WWE Raw		Fri UFC Wired / Mon UFC		Poker/ U.Fight/ WWE	
GOLF 52	Wed Presidents Cup / Thu Big Break Mexico		Thu Fri Big Break / Mon Feherty / Tue The Golf Fix		Thu Fri Big Break Mexico / Mon Feherty / Tue Open H/L		Thu Fri Big Break / Mon Feherty / Tue Wales Sr. H/L		Various		Various	Tue Golf Academy
TSN 53	SportsCentre / Thu Golf		Various	Tue Lumberjacks	Wed Presidents Cup / Tue NHL on TSN		Wed SportsNation		Various	Wed Hockey 2 Nite	Wed Mon Tue Off Record	Interrupt/ Interrupt
STAR 54	Bethenny		The Marilyn Denis Show		Hot In/ Soup eTalk		Inside Box	Inside Box	Kardash/ K&KMia.		TMZ	Dish/ Movie
APTN 55	News/Riders/Mon Nord 60e		Various	Various	Various	Various	Various	Various	Various	Beachcomb.	News/Riders/Mon Nord 60e	
VISION 56	Daily Mass	Various	Tribal Trails	Various	Wind at My Back		Heartland		Touched By An Angel		The Waltons	

WEDNESDAY EVENING

OCTOBER 2

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
GLOBAL 6	Entertainment Tonight	Ent. Tonight Canada	Ironside "Pilot" (P) Brent Sexton, Blair Underwood. (N)		Survivor: Blood vs. Water "Opening Pandora's Box" (N)		Sean Saves "Pilot" (P) (N)	Michael J Fox "Art" (N)	News Final	Ent. Tonight Canada	The Test "A Burning Love Triangle" (N)		
ATV 8	eTalk	The Big Bang Theory	CSI: Crime "Take the Money and Run" Ted Danson. (N)		Arrow: Year One (N)		Criminal Minds "The Inspired" Joe Mantega. (N)		CTV National News	CTV News	:05 The Daily Show (N)	:35 Conan (N)	
CBC 11	Stroumbouloupoulos (N)	Coronation Street	Dragons' Den (SP) Bruce Croxon, Dave Chilton. (N)		Republic of Doyle "501: Bon Cop, Bueno Cop" (SP) (N)		CBC News: The National		CBC News: Maritimes	Stroumbouloupoulos (R)	22 Minutes (R)	Coronation Street (R)	
SRC 2	On mange soupe? (N)	L'Union fait la force (N)	30 vies (N)	L'Épicerie (N)	Les enfants de la télé (N)		Les pêcheurs (N)	La vie parfaite (N)	Le Téléjournal	:45 Nouvelles sports	:05 Alors on jase! (R)		
PBS 4	PBS NewsHour		Greater Boston	Rick Steves' Europe	Nature "Earthflight: Asia and Australia" (N)		Nova "Inside the Megastorm" (R)		Quest for the Lost Maya (R)		Charlie Rose (N)		
A 7	CTV News		The Big Bang Theory	eTalk	The X Factor "The Four-Chair Lovato, Kelly Rowland, Simon Cowell. (N)		Challenge Round 1" Demi		Mike & Molly	Hot/ Cleave. "I Love Lucci"	CTV News	:35 Tonight Show (N)	
ABC 9	NewsCenter 5 at 6 p.m.	ABC World News	Inside Edition	Chronicle	The Middle (N)	Back in the Game (N)	Modern Family (N)	Super Fun Night (P) (N)	Nashville "Never No More" (N)		NewsCenter 5 Late	:35 Jimmy Kimmel Live	
NBC 12	7 News at 6:00 p.m.	NBC Nightly News	Access Hollywood	Extra	Revolution "There Will Be Blood" Billy Burke. (N)		Law & Order: S.V.U. "American Tragedy" (N)		Ironside "Pilot" (P) Brent Sexton, Blair Underwood. (N)		7 News at 11 p.m. :35 Tonight Show (N)		
SPIKE 14	Bar Rescue "A Horse Walks Into a Bar" (R)		Bar Rescue "Play. Some. Janet. Jackson!" (R)		Bar Rescue "Two Flew Over the Handlebars" (R)		Bar Rescue "Corking the Hole" (R)		Bar Rescue "Barely Above Water" (R)		Bar Rescue "Karaoke Katastrophe" (R)		
A&E 16	The First 48 "Night Out/ One Gram" (R)		Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty (N)	Bad Ink	Bad Ink	Bad Ink	
CMT 17	JFL: Gags	JFL: Gags	Undercover Boss Canada		Deal With It	Deal With It	Rules of Eng	Rules of Eng	Funniest Home Videos		Fear Factor		
CNN 18	6:00 Situation	Crossfire	OutFront		Anderson Cooper 360		Piers Morgan Live		AC360 Later		OutFront		
HIST 19	Mountain Men "Bloody Sunday" (R)		Pawn Stars	Pawn Stars	American Restoration	American Restoration	Ice Road Truckers "Hail to the King"		Hatfields and McCoys	Hatfields and McCoys	Yukon Gold "Never Say Die" (R)		
E! 20	Evening News at 6:00 p.m.		Wheel of Fortune	Jeopardy!	Spin Off	Millionaire (R)	Bones John Francis Daley, David Boreanaz.		Amazon (R)		Evening News at 11:00 p.m.		
CITV 21	The Young and the Restless		Early News	Global National	News Hour		Ent. Tonight Canada	Entertainment Tonight	Ironside "Pilot" (P) Brent Sexton, Blair Underwood. (N)		Survivor: Blood vs. Water "Opening Pandora's Box" (N)		
YTV 22	Sam & Cat	Victorious (R)	iCarly (R)	iCarly (R)	Wipeout		Funniest Home Videos		The Middle	Mr. Young (R)	Life Boys (R)	Splatlot (R)	
TOON 23	Finn	Gumball (R)	Dragons	Johnny Test	Detention (R)	Finn	Futurama (R)	FamilyG (R)	Amer. Dad (R)	Robot/Robot	Archer (R)	Fugget (R)	
TREE 24	Octonauts (R)	Mike the Kni	Backyard (R)	Toopy & B (R)	Big Friend (R)	Cat/ Hat (R)	Caillou (R)	Mike the Kni	Toopy & B (R)	Zigby/Zigby	Big Friend (R)	Max & Ruby	
W 28	Love It or List It "Sarena and Flare" (R)		Candice Tells All (N)	Love It or List It	Love It or List It "Di Palma Family" (R)		Love It or List It Vancouver "Tessa and Jay" (R)		Property Brothers "Kari and Boris" (R)		Candice Tells All	My House Your Money	
NEWS 29	6:00 Power and Politics		The Lang and O'Leary Exchange	CBC News Now		CBC News: The National		CBC News Now		CBC News: The National			
MM 31	Today's Top 10 (R)		Video Trial	Video Trial	Simpsons (R)	Cleveland (R)	Today's Top 10 (R)		South Park	South Park	Conan (R)		
CBS 32	WBZ News	CBS Evening News	Wheel of Fortune	Jeopardy!	Survivor: Blood vs. Water "Opening Pandora's Box" (N)		Criminal Minds "The Inspired" Joe Mantega. (N)		CSI: Crime "Take the Money and Run" Ted Danson. (N)		WBZ News	:35 Letterman (N)	
BRAVO 33	Listener "Some Kinda Love" Colm Feore, Craig Olejnik. (R)		Flashpoint "Lawmen" (R)		Blue Bloods "To Tell the Truth" Tom Selleck.		★★★ "Everything's Gone Green" (Comedy,2006) Steph Song, J.R. Bourne, Paulo Costanzo.				Listener "Some Kinda Love" Colm Feore, Craig Olejnik. (R)		
TLC 34	Toddlers & Tiaras "Circle City Stars and Cars" (R)		Toddlers & Tiaras "Puttin' on the Glitz Pageant" (R)		Toddlers & Tiaras "If I Were a Rich Girl Pageant" (N)		Cheer Perfection "Watch Your Step" (N)		Breaking Amish: LA "Redemption" (R)		Toddlers & Tiaras "If I Were a Rich Girl Pageant" (R)		
DISC 35	Mighty Planes "Antonov 124" (R)		Daily Planet (N)		Moonshiners "A Shiner's Last Stand" (R)		High Tech Rednecks "Landcruiser Build"		Tickle "Drunk As a Fish" (N)	Porter Ridge (N)	Highway Hell "Sometimes the Patient Dies" (R)		
FOX 36	FOX 25 News at 6 p.m.	FOX 25 News at 6:30 p.m.	TMZ	Dish Nation	The X Factor "The Four-Chair Challenge Round 1" Demi Lovato, Kelly Rowland, Simon Cowell. (N)				FOX 25 News at 10 p.m.		FOX 25 News at 11 p.m.	TMZ	
SHOW 37	NCIS "Stakeout" Michael Weatherly, Mark Harmon. (R)		Lost Girl "Can't See the Face" (R)		"Yesterday, Today and Tomorrow" (Drama,2011) Richard Thomas, Christine Chatelain, Gary Harvey.				Covert Affairs "Space (I Believe In)"		NCIS "Tribes" Michael Weatherly, Mark Harmon. (R)		
SLICE 38	Ex-Wives of Rock	Ex-Wives of Rock	Friends	Friends	Princess (R)	Princess (R)	I'm Having Their Baby "Alyssa/ Jenine"		My Big Fat Revenge "Megan/ Brooke"		Princess (R)	Princess (R)	
COM 39	Match Game (R)	Corner Gas	Just for Laughs (R)		For Laughs: Gags (R)	Match Game	Bounty Hunters	Community	The Big Bang Theory	Parks and Recreation	The Daily Show (N)	The Colbert Report (N)	
OWN 41	Ghostly Encounters	Grocery Bag	Oprah: Where Are They Now?		Our America With Lisa Ling "Holy Matrimonies" (R)		Final 24 "Hunter S. Thompson" (R)		Cold Blood "In Plain Sight" (R)		The Devil You Know "Civil War Serial Killer" (R)		
BNN 42	Market Call Tonight		Money Talk	Commodities	Headline (R)		Market	App Central	Market Call (R)		Money Talk	Commodities	
FAM 43	Dog With a Blog	Dog With a Blog	Shake It Up "Ty It Up" (R)	Good Luck ... "Kwikki Chick" (R)	GoodLk "Bad Luck Teddy"	A.N.T. Farm	Wingin' It	Really Me	GoodLk "Bad Luck Teddy"	Jessie	Wizards "Halloween"	Princess "Feud" (R)	
TBS 44	Big Bang Theory "Pilot"	The Big Bang Theory	MLB Postseason Pre-Game		Baseball American League Wild Card MLB (L)							Postseason Show (R)	
HGTV 46	Holmes Inspection "Moisture Madness" (R)		Holmes Makes It Right "Below Board" (R)		House Hunters Int'l	House Hunters	Live Here, Buy This	Live Here, Buy This	Million Dollar Listing Los Angeles "Third Degree Burn"		House Hunters Int'l	House Hunters	
SPACE 47	InnerSpace (R)	Hacking the Planet (N)	Castle "Till Death Do Us Part" Nathan Fillion.		Stargate: SG-1 "Orpheus" Richard Dean Anderson.		Paranormal Witness "The Coven" (N)		Ghost Mine (N)		InnerSpace (R)	Castle	
MMM 48	VideoFlow (R)		Anger M.	Mike & Molly	The Mentalist "Red Tide"		Mentalist "Ladies in Red"		M3Top20.ca (R)				
OLN 49	Mantracker "Mark and Taylor" (R)		Storage Hunt "Men at War"	Storage Wars Texas	Storage Wars	Storage Wars	Dog and Beth: On the Hunt "A New Beginning" (R)					Storage Wars	Storage Wars
RSE 50	Sportsnet Connected		Touch'em All, Joe: The 1993 Blue Jays (R)		MLB Playoff Pre-game (L)	Baseball American League Wild Card MLB (L)						Sportsnet Connected	
SN360 51	Prime Time Sports		UFCPrime	UFC Central	UFC Wired			UFC Unleashed	The Ultimate Fighter		Submissions	Games-Night	
GOLF 52	Grey Goose 19th Hole (L)		Live From the Presidents Cup (L)					Live From the Presidents Cup (R)					
TSN 53	SportsCentre		NHL on TSN Pre-game (L)	Hockey NHL Toronto Maple Leafs vs. Philadelphia Flyers Site: Wells Fargo Center Philadelphia, Pa. (L)					SportsCentre		Hockey 2 Nite (L)		
STAR 54	eTalk (R)	C. Lately (R)	The Social		TMZ Live! (R)			eTalk (R)	Hot/ Cleave.	The Soup (R)	Hello Ross	C. Lately (N)	eTalk (R)
APTN 55	APTN National News		Arctic Air "New North" (R)	Samaqan (R)	Relations (N)	Blackstone (N)		Candy Show	Contain Nuts	B. Bannock	APTN News		
VISION 56	Road to Avonlea		Murder, She Wrote		EastEnders	Fawltly Tower	Call the Midwife (R)		Prisoner's Wives		Enigma "Masonic Leaders"		

THURSDAY EVENING												OCTOBER 3	
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
GLOBAL 6	Entertainment Tonight	Ent. Tonight Canada	Elementary "Solve for X" Jonny Lee Miller. (N)	Welcome-Famil (P) (N)	The Millers "Pilot" (P) (N)	Glee "Tina in the Sky With Diamonds" (N)	News Final	Ent. Tonight Canada	The Test "Two Babies, One Daddy?" (N)				
ATV 8	eTalk	The Big Bang Theory	Played "Drugs" (P) Chandra West, Vincent Walsh. (N)	Big Bang Theory (N)	Two and a Half Men (N)	Grey's A. "Everybody's Crying Mercy" (N)	CTV National News	CTV News	:05 The Daily Show (N)	:35 Conan (N)			
CBC 11	Stroumbouloupoulos (N)	Coronation Street	The Nature of Things "Carpe Diem" (SP) (N)	Doc Zone "Zoo Revolution" (SP) (N)	CBC News: The National	CBC News: Maritimes	Stroumbouloupoulos (R)	At the Table	Coronation Street (R)				
SRC 2	On mange soupe? (N)	L'Union fait la force (N)	30 vies (N)	Infoman (N)	Un air de famille (N)	Enquête (N)	Le Téléjournal	:45 Nouvelles sports	:05 Alors on jase! (R)				
PBS 4	PBS NewsHour	Greater Boston	Steves' Euro "Vienna" (R)	Secrets of the Dead "Bones of the Buddha" (R)	Three Faiths (R)	Three Faiths (R)	Charlie Rose (N)						
A 7	CTV News	The Big Bang Theory	eTalk	The X Factor (N)	Next Top Model "The Guys and Girls Get Flirty" (R)	Mike & Molly	Hot/ Cleave. "I Love Lucci"	CTV News	:35 Tonight Show (N)				
ABC 9	NewsCenter 5 at 6 p.m.	ABC World News	Inside Edition	Chronicle	Scandal "The Secret Is Out" (N)	Grey's A. "Everybody's Crying Mercy" (N)	Scandal "It's Handled" (SP) (N)	NewsCenter 5 Late	:35 Jimmy Kimmel Live				
NBC 12	7 News at 6:00 p.m.	NBC Nightly News	Access Hollywood	Extra	Parks and Rec (N)	Welcome-Famil (P) (N)	Sean Saves Michael J Fox "Art" (N)	Parenthood "All Aboard Who's Coming Aboard" (N)	7 News at 11 p.m.	:35 Tonight Show (N)			
SPIKE 14	Cops "Coast to Coast" (R)	Cops "Mardi Gras 2004" (R)	Cops	Cops "Odd Arrests 2" (R)	Cops	Cops	Impact Wrestling (N)	This Is Glory (N)	Tattoo "Disco Love" (R)				
A&E 16	The First 48 "Bad Attitude/ Collateral Damage" (R)	The First 48 "Update Special: Bad Attitude" (R)	The First 48 "Update Special: Bad Attitude" (R)	The First 48 "Killer Debt/ House of Rage" (R)	The First 48 "When a Stranger Calls/ Sweet 16" (N)	Beyond Scared Straight (N)	Scared Straight "Hampton Roads, VA: Girls Fight Back"						
CMT 17	JFL: Gags	JFL: Gags	Undercover Boss Canada	Deal With It	Deal With It	Rules of Eng	Rules of Eng	Funniest Home Videos	Fear Factor				
CNN 18	6:00 Situation	Crossfire	OutFront	Anderson Cooper 360	Piers Morgan Live	AC360 Later	OutFront						
HIST 19	Hatfields and McCoy's	Hatfields and McCoy's	American Restoration	American Restoration	Ice Road Truckers "Hail to the King" (R)	American Pickers "The Doctor Is In"	God, Guns and Autos	God, Guns and Autos	Outlaw Bikers "The Last Spartan" (R)				
E! 20	Evening News at 6:00 p.m.	Wheel of Fortune	Jeopardy!	Supernatural Jensen Ackles, Jared Padalecki.	The Originals "Always and Forever" (P) (N)	The Watchlist	The Watchlist	Evening News at 11:00 p.m.					
CITV 21	The Young and the Restless	Early News	Global National	News Hour	Ent. Tonight Canada	Entertainment Tonight	Elementary "Solve for X" Jonny Lee Miller. (N)	Welcome-Famil (P) (N)	The Millers "Pilot" (P) (N)				
YTV 22	iCarly (R)	Victorious (R)	iCarly (R)	iCarly (R)	Wipeout	Funniest Home Videos	The Middle	Mr. Young (R)	Life Boys (R)	Splatalot (R)			
TOON 23	Finn	Camp	Grojband	Detentionaire	Just Kid. (R)	Finn	Futurama	FamilyG (R)	Robot/Robot	Archer	Fugget	Undergrads	
TREE 24	Octonauts (R)	Mike the Kni	Backyard (R)	Toopy & B (R)	Big Friend (R)	Cat/ Hat	Caillou (R)	Mike the Kni	Toopy/ Binoo	Zigby/Zigby	Big Friend (R)	Max & Ruby	
W 28	Love It or List It "Aline and Colin" (R)	Property Brothers "Katherine and Jordan" (R)	Undercover Boss "PostNet"	Undercover Boss "Liberty Entertainment Group" (N)	Love It or List It Vancouver "Tessa and Jay" (R)	Property Brothers "Katherine and Jordan" (R)							
NEWS 29	6:00 Power and Politics	The Lang and O'Leary Exchange	CBC News Now	CBC News Now	CBC News: The National	CBC News Now	CBC News: The National						
MM 31	Today's Top 10 (R)	Video Trial	Video Trial	Simpsons (R)	Cleveland (R)	Today's Top 10 (R)	CraziestFool	CraziestFool	Conan (R)				
CBS 32	WBZ News	CBS Evening News	Wheel of Fortune	Jeopardy!	Big Bang Theory (N)	The Millers "Pilot" (P) (N)	The Crazy Ones (N)	Two and a Half Men (N)	Elementary "Solve for X" Jonny Lee Miller. (N)	WBZ News	:35 David Letterman		
BRAVO 33	The Listener "Lisa Says" Colm Feore, Craig Olejnik. (R)	Flashpoint "Fit for Duty" (R)	Blue Bloods "Model Behaviour" Tom Selleck.	White Collar "Shoot the Moon" Matthew Bomer.	White Collar "The Original" Tim Dekay, Matthew Bomer.	The Listener "Lisa Says" Colm Feore, Craig Olejnik. (R)							
TLC 34	Toddlers/Tiara "Universal Royalty Grand Nationals" (R)	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Four Weddings: Unveiled ".and Two Flower-Men" (N)	Something Borrowed	Something Borrowed	Four Weddings: Unveiled ".and Two Flower-Men" (R)				
DISC 35	How It's Made (N)	How It's Made (N)	Daily Planet (N)	Fast N' Loud "Cool Customline" (R)	Fast N' Loud "Dodge Hodge Podge Part 1" '65 Mustang"	Overhauled "Rustang"	How It's Made: Cars	How It's Made: Cars					
FOX 36	FOX 25 News at 6 p.m.	FOX 25 News at 6:30 p.m.	TMZ	Dish Nation	The X Factor (N)	Glee "Tina in the Sky With Diamonds" (N)	FOX 25 News at 10 p.m.	FOX 25 News at 11 p.m.	TMZ				
SHOW 37	NCIS "Internal Affairs" Mark Harmon.	Lost Girl "Masks" (R)	* "Swarmed" (Sci-Fi,2005) Michael Shanks.	Carol Alt, Richard Chevolleau, Michael Shanks.	Royal Pains "Can of Worms"	NCIS "Dog Tags" Michael Weatherly, Mark Harmon. (R)							
SLICE 38	Four Houses "Cynthia, Scott, Charlene, Barbara" (R)	Friends	Friends	Walk the Walk	Walk the Walk	Walk the Walk	Walk the Walk	Walk the Walk	Walk the Walk	Walk the Walk	Walk the Walk	Walk the Walk	
COM 39	Match Game (R)	Corner Gas "Rock Stars"	Just for Laughs (R)	For Laughs: Gags (R)	Match Game	Key & Peele	Community "Pilot" (R)	The Big Bang Theory	Parks and Recreation	The Daily Show (N)	The Colbert Report (N)		
OWN 41	Life Story Project	Grocery Bag	The Locator	The Locator	Abducted "Pilot" (N)	Addicted to (P) (N)	Ghostly Encounters	The Devil You Know "Civil War Serial Killer" (R)	Motives & Murders "Not Again" (N)				
BNN 42	Market Call Tonight	Market	Commodities	Headline (R)	Motor Cars	Car/Business	Market Call (R)	Motor Cars	Commodities				
FAM 43	Shake Up "In the Bag it Up"	Shake It Up "Brain It Up"	Shake It Up	Next Step "Help" (R)	Good Luck Charlie	A.N.T. Farm	Wingin' It	Really Me "Cuffed Up"	Good Luck Charlie	Jessie "101 Lizards" (R)	Wizards	The Elephant Princess	
TBS 44	6:00 Baseball American League Division Series MLB (L)	Baseball American League Division Series MLB (L)											
HGTV 46	Holmes Inspection "Through the Roof" (R)	Income Property "Marissa and Bryan"	House Hunters Int'l	House Hunters	Real Potential	Real Potential	Income Property "Marissa and Bryan" (R)	House Hunters Int'l	House Hunters				
SPACE 47	InnerSpace (R)	Earth Secret "Gravity" (N)	Castle "Dial M for Mayor" Stana Katic, Nathan Fillion.	Stargate: SG-1 "Revisions" (R)	* "Decoys" (Sci-Fi,2003) Nicole Eggert, Kim Poirier, Cory Sevier.	InnerSpace (R)	Castle "Dial M for Mayor"						
MMM 48	VideoFlow (R)	Anger M.	Mike & Molly	The Vampire Diaries (R)	The Mentalist "Redwood"	M3Top20.ca (R)							
OLN 49	Mantracker "Buck and RJ" (R)	Storage Hunters	Storage Wars Texas	Storage Wars	Storage Wars	Storage Wars Canada	Ky. Bidders "The Rival" (R)	Storage Hunters	Storage Wars Texas	Storage Wars	Storage Wars		
RSE 50	Sportsnet Connected	Fox Football Daily	Football NFL Buffalo Bills vs. Cleveland Browns Site: Firstenergy Stadium Cleveland, Ohio (L)	Sportsnet Connected									
SN360 51	Prime Time Sports	UFC Central	Football NCAA (L)	The Final Score									
GOLF 52	Live From the Presidents Cup (L)	Big Break Mexico "Once Upon a Time in Mexico" (R)	Big Break Mexico "It Takes Two" (R)	Big Break Mexico "All Good Things in 3s" (R)	Big Break "United We Stand, Divided We Fall" (R)								
TSN 53	SportsCentre	Hockey NHL Calgary Flames vs. Washington Capitals Site: Verizon Center Washington, D.C. (L)	NHL on TSN Pre-game (L)	Hockey NHL Vancouver Canucks vs. San Jose Sharks Site: HP Pavilion San Jose, Calif. (L)									
STAR 54	eTalk (R)	C. Lately (R)	The Social	TMZ Live! (R)	eTalk (R)	Hot/ Cleave.	Tia/ Tamera "Dine at the Y"	C. Lately (N)	eTalk (R)				
APTN 55	APTN National News	Dene: A Journey	Watchers (N)	Hit the Ice (R)	*** "45RPM" ('12) Jason Thompson, Liza Burns.	By Rapids (R)	APTN News						
VISION 56	Avonlea "Conversions" (R)	Murder, She Wrote	EastEnders	God's Hits	"Columbo: Fade in to Murder" ('76)	Miranda	Enigma						

FRIDAY EVENING												OCTOBER 4	
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
GLOBAL 6	Entertainment Tonight	Ent. Tonight Canada	Bomb Girls "Bringing Up Bombshell" (R)	Parenthood "All Aboard Who's Coming Aboard" (N)	Hawaii Five-0 "A'ale Ma'a Wau" Alex O'Loughlin. (N)	News Final	Ent. Tonight Canada	The Test "So Many Lies, So Little Time" (N)					
ATV 8	eTalk	The Big Bang Theory	Blue Bloods "The City That Never Sleeps" (N)	Masterchef Joe Bastianich, Gordon Ramsay. (N)	Orphan Black "Entangled Bank" Tatianna Maslany.	CTV National News	CTV News	:05 The Big Bang Theory	:35 The Mentalist (R)				
CBC 11	Stroumbouloupoulos (N)	Coronation Street	Marketplace (SP) (N)	Rick Mercer Report (R)	the fifth estate "The Secrets of Sugar" (SP) (N)	CBC News: The National	CBC News: Maritimes	Stroumbouloupoulos (R)	MusicBackstage (N)	Coronation Street (R)			
SRC 2	On mange soupe? (N)	L'Union fait la force (N)	Paquet voleur (N)	Le choc Bianca Gervais, Ève Landry, Olivier Dion. (N)	Brian Mulroney "Le réconciliateur" (N)	Le Téléjournal	:45 Nouvelles sports	:05 Sherlock "Un scandale à Buckingham" (R)					
PBS 4	PBS NewsHour	Greater Boston	Basic Black "Live" (R)	Just Seen It	Open Studio	Great Performances "The Hollow Crown: Henry IV, Part 2"	Follow Prince Hal's path to reconciliation with his father; his ascension to the throne. (N)	Charlie Rose					
A 7	CTV News	The Big Bang Theory	eTalk	Undercover Boss "Loehmann's" (N)	Shark Tank Mark Cuban, Barbara Corcoran. (N)	Mike & Molly	Hot in Cleveland	CTV News	:35 Tonight Show (N)				
ABC 9	NewsCenter 5 at 6 p.m.	ABC World News	Inside Edition	Chronicle	Last Man St "Pledging" (N)	Neighbors (N)	Shark Tank Mark Cuban, Barbara Corcoran. (N)	20/20	NewsCenter 5 Late	:35 Jimmy Kimmel Live			
NBC 12	7 News at 6:00 p.m.	NBC Nightly News	Access Hollywood	Extra	Michael J Fox "Art"	Sean Saves World "Pilot"	Dateline NBC	7 News at 11 p.m.	:35 Tonight Show (N)				
SPIKE 14	Cops	Cops "Stupid Criminals" (R)	Cops	Cops	Cops "Stupid Behavior #4"	Cops "Coast to Coast" (R)	Bellator MMA (N)	Bellator MMA (R)					
A&E 16	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars			
CMT 17	JFL: Gags	JFL: Gags	Burger Wars	Taco Wars (R)	Funniest Home Videos	★★★ "Wedding Crashers" (Com; '05) Vince Vaughn, Rachel McAdams, Owen Wilson.							
CNN 18	6:00 Situation	Crossfire	OutFront	Anderson Cooper 360	Piers Morgan Live	Anderson Cooper	A. Bourdain "New Mexico"						
HIST 19	God, Guns and Autos	God, Guns and Autos	American Pickers "The Doctor Is In" (R)	Treasures Decoded "Jesus' Wife" (R)	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars "Air Mail" (R)	Treasures Decoded "Jesus' Wife" (R)				
E! 20	Evening News at 6:00 p.m.	Wheel of Fortune	Jeopardy!	★★★ "The Dish" (Comedy,2000) Kevin Harrington, Patrick Warburton, Sam Neill.	20/20	Evening News at 11:00 p.m.							
CITV 21	The Young and the Restless	Early News	Global National	News Hour	Ent. Tonight Canada	Entertainment Tonight	Bomb Girls "Bringing Up Bombshell" (R)	Parenthood "All Aboard Who's Coming Aboard" (N)					
YTV 22	SpongeBob	SpongeBob	SpongeBob	SpongeBob	★★ "Looney Tunes: Back in Action" ('03)	Life Boys (R)	Mr. Young (R)	Life Boys (R)	Splatatol (R)				
TOON 23	StarWars	TeenTita	Transfor	Spider-Man	Avengers A.	Avengers A.	"Batman: Under the Red Hood" (Ani; '10)	:50 Avengers	Fugget (R)	Canyon			
TREE 24	Octonauts (R)	Mike the Kni	Backyard (R)	Toopy & B (R)	Big Friend (R)	Cat/ Hat	Caillou (R)	Mike the Kni	Toopy & B (R)	Zigby/Zigby	Big Friend (R)	Max & Ruby	
W 28	Love It or List It "Krista and Dave" (R)	Undercover Boss "Liberty Entertainment Group" (R)	The Good Wife "Don't Haze Me, Bro" Julianna Margulies.	★★★ "Two Weeks Notice" ('02) A tycoon and a lawyer can't get along, until they find they can't live without each other. Hugh Grant, Sandra Bullock.	The Closer (R)								
NEWS 29	6:00 Power and Politics	The Lang and O'Leary Exchange	CBC News Now	CBC News: The National	CBC News Now	CBC News: The National							
MM 31	Today's Top 10 (R)	Video Trial	Video Trial	Simpsons (R)	Cleveland (R)	Video Trial	Video Trial	★★★ "Harold and Kumar Go to White Castle" ('04)					
CBS 32	WBZ News	CBS Evening News	Patriots All Access	Undercover Boss "Loehmann's" (N)	Hawaii Five-0 "A'ale Ma'a Wau" Alex O'Loughlin. (N)	Blue Bloods "The City That Never Sleeps" (N)	WBZ News	:35 Letterman (N)					
BRAVO 33	Missing "Puzzle Box" (R)	Flashpoint "Keep the Peace" Pt. 1 of 2 (R)	Missing "Pop Star Story" (R)	Criminal Minds "The Inspired" Joe Mantega. (N)	Person of Interest "Nothing to Hide" Jim Caviezel. (N)	Missing "Puzzle Box" (R)							
TLC 34	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Cure: Lori's Fight Updated (N)	Say Yes to the Dress (N)	Say Yes to the Dress	What Not to Wear "Jennifer W." (N)	Say Yes to the Dress	Say Yes to the Dress			
DISC 35	How It's Made (R)	How It's Made (R)	Daily Planet (N)	To Be Announced	Highway Hell "Sometimes the Patient Dies" (R)	Mayday "Alarming Silence" (R)	Mayday "Dead Tired" (R)						
FOX 36	FOX 25 News at 6 p.m.	FOX 25 News at 6:30 p.m.	TMZ	Dish Nation	Masterchef Joe Bastianich, Gordon Ramsay. (N)	Sleepy Hollow "For the Triumph of Evil" Tom Mison.	FOX 25 News at 10 p.m.	FOX 25 News at 11 p.m.	TMZ				
SHOW 37	6:00 "Riverworld" ('10) Mark Deklin, Tahmoh Penikett.	"Riverworld" (Sci-Fi,2010) Mark Deklin, Peter Wingfield, Tahmoh Penikett.	Copper "A Morning Song" (R)	Thrones "The Old Gods and the New" Peter Dinklage.	:15 ★★★ "Fast & Furious" ('09) Paul Walker, Vin Diesel.								
SLICE 38	4 Weddings "Huria, Rafela, Jessica, Samantha" (R)	Friends	Friends	48 Hours Mystery "Mystery on Twin Peaks Drive"	48 Hours Mystery "Death Wish"	Surviving Evil "Wolves At the Door" (R)	Brainwashed "Predator Prophet" (R)						
COM 39	Match Game (R)	Corner Gas	Just for Laughs (R)	For Laughs: Gags (R)	Match Game	Just for Laughs (R)	Community "Spanish 101"	The Big Bang Theory	Parks/Rec "The Possum"	Just for Laughs: All Access			
OWN 41	Remedy Me!	Grocery Bag	Oprah: Where Are They Now?	Oprah's Next Chapter "Jane Fonda and Mary Williams" (R)	Oprah's Next Chapter "Tina Turner" (R)	Trouble Next Door "Five Times the Trouble" (R)	Oprah: Where Are They Now?						
BNN 42	Market Call Tonight	Weekly	Commodities	Headline (R)	Commodities	App Central	Market Call (R)	Weekly	Commodities				
FAM 43	GoodLk "Le Halloween" (R)	Austin and Ally	Next Step "Forget You"	Jessie	"Girl vs. Monster" (Comedy,2012) Luke Benward, Kerris Lilla Dorsey, Olivia Holt.	Gravity Falls	★★ "Twitches" (Family,2005) Tamera Mowry, Kristen Wilson, Tia Mowry.	Princess "Unmasked"					
TBS 44	6:00 Baseball American League Division Series MLB (L)	Baseball American League Division Series MLB (L)											
HGTV 46	Holmes Inspection "Stacked Against Us" (R)	Real Potential	Real Potential	House Hunters Int'l	House Hunters	Live in What? "Caboose, Fuselage, Gas Station" (R)	Extreme Homes "Yoga, Ocean Liner, Fossils" (R)	House Hunters Int'l	House Hunters				
SPACE 47	InnerSpace (R)	Scare Tactics	Castle "An Embarrassment of Bitches" Nathan Fillion.	Stargate: SG-1 "Lifeboat" (R)	"2-Headed Shark Attack" (Sci-Fi,2012) Charlie O'Connell, Brooke Hogan,	InnerSpace (R)	Castle						
MMM 48	Mr. Box (R)	Mr. Box (R)	Supernatural	Arrow	Stephen Amell.	True Blood	:15 M3Top20.ca (R)						
OLN 49	Mantracker "Josh and Kyle" (R)	Storage Hunters	Storage Wars Texas	Storage Wars	Storage Wars	Ghost Hunters "All Ghosts on Deck" (R)	Storage Hunters	Storage Wars Texas	Storage Wars	Storage Wars			
RSE 50	Sportsnet Connected	Hockey NHL Ottawa Senators vs. Buffalo Sabres Site: First Niagara Center Buffalo, N.Y. (L)	Baseball MLB	Baseball American League Division Series MLB (L)									
SN360 51	Prime Time Sports	WWE Vintage	Friday Night Smackdown	Drafted	Games-Night	The Final Score							
GOLF 52	Live From the Presidents Cup (L)	Big Break Mexico "The More the Merrier" (N)	Big Break Mexico "Little Strokes Fell Great Oaks" (R)	Big Break Mexico "Playing With Fire Is Dangerous" (R)	Big Break Mexico "Choose the Lesser Evil" (R)								
TSN 53	SportsCentre	Football CFL Hamilton Tiger-Cats vs. Toronto Argonauts Site: Rogers Centre Toronto, Ont. (L)	Football CFL Saskatchewan vs B.C. Site: B.C. Place Stadium (L)										
STAR 54	eTalk (R)	C. Lately (R)	The Social	TMZ Live! (R)	eTalk (R)	The Soup (R)	Fashion Police (R)	Hello Ross	Movie Night				
APTN 55	APTN News	APTN Invest,	Hundred Years Café (N)	Crystal (R)	Solstice Co.	★★ "Runaway Jury" ('03) Gene Hackman, Dustin Hoffman, John Cusack.	APTN News						
VISION 56	Road to Avonlea	Murder, She Wrote	EastEnders	Yes Minister	Gaither Gospel Hour	Gospel to Go	Time to Sing	Beautiful Little Classics					

SATURDAY MORNING

OCTOBER 5

	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	
GLOBAL 6	Re-Inventors "Ice Boat"	In a Name? "Hockey" (R)	Real Fishing Show	Fish'n Canada	Adventures North	Fishful Thinking	The Best Years "Duluth, Minnesota" (R)		Powerboat Television	Driving Television	House "The Confession" Hugh Laurie.		
ATV 8	6:00 Juicebox		Canada AM Weekend		The Marilyn Denis Show		SOS Village	Paid Program	It Is Written	Paid Program	Junk Raiders (R)		
CBC 11	MonsterMath Sq/Bookaboo	Busytown Mysteries	AnimalMech. /:15 Pirates	Super WHY! /:45 Jack	Doodlebops	Country Fun Hunt	Artzooka	My Goldfish Is Evil	Edible Incredible	Cat/ Hat Martin Short.	Yam Roll / :05 Edible I.	Yam Roll / :35 Edible I.	
SRC 2	Ben et ses amis/:15 Babar	Monstres-maths/Zénon	A.Brocoli.../:15 Toupie	Bookaboo (R)	Les Roltronic	Chasseurs de mstres	Brigade animo	Magi-Nation	1001 nuits	Avent.Tintin "Le lotus bleu"	Ricardo (R)	L'Épicerie (R)	
PBS 4	Bob the Builder	Thomas "Let It Snow" (R)	Curious George	The Cat in the Hat	Super WHY! "Pinocchio" (R)	Daniel Tiger	Curious George	WildK "Honey Seekers" (R)	WordGirl	Martha Speaks	Martha "Eggs" (R)	Martha Bakes	
A 7	Kingdom Adventure	Frisky Business (R)	Frisky Business	Paid Program	Instant Star "We Belong"	Instant Star	Degrassi	Degrassi	World Vision		Oil Change "Deadline" (R)		
ABC 9	NewsCenter 5 Eyeopener		Good Morning America Saturday		NewsCenter 5 Eyeopener		Wild Countdown	Ocean Mysteries	Born to Explore	Sea Rescue	The Wildlife Docs	Expedition Wild	
NBC 12	7 News Today in New England				Golf President's Cup PGA Round 3 Site: Muirfield Village Golf Club Dublin, Ohio (L)								
SPIKE 14	Paid Program		Paid Program		Paid Program		Xtreme 4x4 (N)	Horsepower TV (N)	Trucks! (N)	Search and Restore (N)	Ink Master "Baby Don't Go" (R)		
A&E 16	Info-Documentary	Info-Documentary	Criminal Minds "There's No Place Like Home"		Criminal Minds "Hope"		Criminal Minds "Self-Fulfilling Prophecy"		Flip This House "Rancho Montelongo" (R)		Flip This House "Flip 101" (R)		
CMT 17	Old School		Old School		CMT Music		#1's		CMT Music		CMT Music		
CNN 18	New Day							Your Money	Saturday Morning New		CNN Newsroom		
HIST 19	Museum Secrets		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Pawn Stars	Pawn Stars "Bugs Money"	Canadian Pickers "Going Hollywood" (R)		
E! 20	Paid Program			Can. Sportfishing	Paid Program								
CITV 21	:05 Paid Program		Paid Program	Paid Program	Adventures North	Fishful Thinking	Saturday Morning News						
YTV 22	Sidekick (R)	LeagueEvil	Sidekick (R)	Sc. Squirrel	Oh No Alien	KungFu P (R)	SpongeBob	Monsters (R)	SanjayCraig	The Legend of Korra	BeyShogun		
TOON 23	Matt Hatter	Spiez	Scooby-Doo!	Looney	Gumball (R)	Finn	Chima	Dragons (R)	"Scooby-Doo! Camp Scare" (Ani.:10)		:40 Jimmy (R)		
TREE 24	Zigby/Zigby	Toopy & B (R)	Max & Ruby	Thomas	Lalaloopsy	Scarlett (R)	Octonauts (R)	Guppies (R)	Peppa Pig (R)	Little Pony	Mike the Kni	Umizoomi (R)	
W 28	Love It or List It Vancouver "Tessa and Jay" (R)		Love It or List It "Niru and Alok" (R)		Will & Grace (R)	Will & Grace (R)	Will & Grace (R)	Will & Grace (R)	★★ "Two Weeks Notice" (Comedy,2002) Hugh Grant, Alicia Witt, Sandra Bullock.				
NEWS 29	CBC News Now								CBC News Now				
MM 31	New Music Videos (R)		New Music Videos (R)		New Music Videos (R)		New Music Videos (R)		New Music Videos (R)		Fresh Prince	Fresh Prince	
CBS 32	WBZ News				CBS This Morning Saturday				Lucky Dog	Dr. Chris Pet Vet	Recipe Rehab	Football AirF./Navy	
BRAVO 33	Twice in a Lifetime "O'er the Ramparts We Watched" (R)		Missing "Basic Training" (R)		Cold Squad "Michelle Dorn" (R)		Twice in a Lifetime "O'er the Ramparts We Watched" (R)		Missing "Basic Training" (R)		Criminal Minds "The Inspired" Joe Mantega.		
TLC 34	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	P. Ladder "Java Jockey's Craftsman Catastrophe" (R)		Property Ladder "La Familia DIY Drama" (R)		Property Ladder "I am Woman...Watch Me Flip" (R)		
DISC 35	Mayday "Lockerbie Disaster" (R)		Cash Cab (R)	Auction Kings	To Be Announced		Highway Hell "Sometimes the Patient Dies" (R)		Ice Cold Gold "Discord, Deer and Discovery" (R)		Mayday "Alarming Silence" (R)		
FOX 36	Paid Program	Paid Program	Awesome Adventures	Wild About Animals	Pets.TV	Dog Tales	The Young Icons	Live Life and Win!	Weekend Marketplace				
SHOW 37	Copper "A Morning Song" (R)		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	B.&Beast "Never Turn Back" Jay Ryan, Kristin Kreuk. (R)		★★★ "Live Free or Die Hard" ('07) Bruce Willis.		
SLICE 38	"Til Debt Do Us Part	"Til Debt Do Us Part	Princess (R)	Princess (R)	Paid Program	Paid Program	Murder in Paradise "Anthony Ashley-Cooper" (R)		Surviving Evil "Wolves At the Door" (R)		48 Hours Mystery "Mystery on Twin Peaks Drive" (R)		
COM 39	Cash Cab (R)	Cash Cab (R)	Match Game (R)	Match Game (R)	Seinfeld "The Tape" (R)	Seinfeld "The Nose Job" (R)	Community	Parks and Recreation	Corner Gas	Corner Gas "Demolition"	Jeff Dunham: Controlled Chaos (R)		
OWN 41	Grocery Bag	He/She Said "Lemons" (R)	Life Story Project	Life Story Project	The Locator	The Locator	Grocery Bag "Food Trucks"	Grocery Bag	Nothing "Tara and Jason vs. Eric and Shannon" (R)		The Locator "Desperate Mothers" (R)		
BNN 42	Market Call Tonight (R)		Paid	Headline (R)	Paid		Berman (R)	Car Business	Paid	Market Call Tonight (R)	Paid		
FAM 43	Slugterra	Wingin' It	Gravity Falls	Phineas and Ferb	Phineas and Ferb	Dog With a Blog	Good Luck ... "Charlie Is 2!"	Liv and Maddie	A.N.T. Farm	Jessie	Austin and Ally	Shake It Up	
TBS 44	Married With Children	Married With Children	Fresh Prince of Bel Air	Fresh Prince "I, Clownius"	House of Payne	Meet the Browns	Are We There Yet?	The King of Queens	The King of Queens	★★ "Lara Croft: Tomb Raider" (Adv.:01) Jon Voight, Iain Glen, Angelina Jolie.			
HGTV 46	Leave It to Bryan	Leave It to Bryan	Paid Program	Paid Program	Paid Program	Paid Program	Extreme Homes "Alien, Egg, Tattoo" (R)		Extreme Homes "Space Age, Caves, Rubber Roof" (R)		Extreme Homes "Rotating, Carnival, Bones" (R)		
SPACE 47	Fanboy "The Furry Edition"	Ink: Alter Egos	InnerSpace (R)	Scare Tactics	Sanctuary "Penance" (R)		Sanctuary "Sleepers" (R)		Panic Button "Bound By Fear" (R)	Fangasm "A Date With a Supermodel" (R)			
MMM 48	VideoFlow (R)		VideoFlow (R)		VideoFlow (R)		VideoFlow (R)		Gilmore Girl "The Break-Up"		Gilmore Girls		
OLN 49	Departures "Canada: Pushing North" (R)		Survivorman "Temagami Hunting" (R)		Dirt Trax TV RCTV "The Future of RC"		Canada in the Rough	Paid Program	Spruce Meadows Presents		Paid Program	Paid Program	
RSE 50	6:00 Tennis China Open WTA (L)		Sportsnet Connected		Sportsnet Connected		Prem.L.W.-orld	Soccer EPL	Crystal Palace vs. Liverpool Site: Anfield Road Liverpool, England (L)				
SN360 51	Morning Highlights		Morning Highlights		Games-Night	Facts/ Fish.	College Gameday						
GOLF 52	6:00 Live From the Presidents Cup (R)		Morning Drive (L)		Golf Seve Trophy EPGA Round 3 Site: Saint-Nom-La-Breteche Paris, France								
TSN 53	SportsCentre (R)		Premier League (L)	Soccer EPL Everton vs. Manchester City Site: Etihad Stadium Manchester, England (L)				Pre-game Show (L)	Soccer EPL Stoke City vs. Fulham Site: Craven Cottage London, England (L)				
STAR 54	Movie Night	Inside Box (R)	Inside Box (R)	Inside Box (R)	Inside Box (R)	Movie Night	Just Shoot	Just Shoot	My Boys	Hot/ Cleve.	The Kardashians		
APTN 55	APTN News	APTN Invest.	Little Bear (R)	Bizou	Takuginai (R)	Inuk (R)	Tiga Talk! (R)	WaposBay	Anash	Turtle Isl. (R)	Planet Echo	Kingstar	
VISION 56	Beautiful Little Classics		Ref. Islam	Invasion	Daily Mass	Kalaam (R)	SA Vision (R)	Anmol Virsa	Aaj Kal (R)	Gurbani	Watno Dur		

SATURDAY AFTERNOON

OCTOBER 5

	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30	
GLOBAL 6	Junk Brothers	The Simpsons	The Simpsons	Simps. "Bart Gets an 'F'"	★★★ "Angels and Demons" (Mystery,2009) A professor is called upon to help prevent an attack on the Vatican and solve a murder. Ewan McGregor, Ayelet Zurer, Tom Hanks.						Evening News	Global National	
ATV 8	Canada's Worst Driver "Round and Round" (R)		The Social		Cash Cab (R)	Celebrity Style (R)	Celebrity Style (R)	Movie Night	eTalk (R)	App Central	CTV News		
CBC 11	Absolutely Maritimes "The Boy Who Was Bullied" (R)		Nat. Things "Darwin's Brave New World" cont'd Oct 12 (R)		the fifth estate "The Secrets of Sugar" (R)		Best Recipes Ever	In the Kitchen	The Lang and O'Leary Exchange		Dragons' Den (R)		
SRC 2	Téléjournal Midi	La Facture (R)	Football SIC Université de Montréal c. Vert & Or de Sherbrooke						Animo (R)	Téléjournal Acadie	La Semaine verte		
PBS 4	The Mind of a Chef "Corn"	Weeknight Meals	Moveable Feast	Lidia's Italy in America	Simply Ming "Thickening"	Chef's Life	Amer. Test Kitchen	Cook's Country	Neighborhood Kitchens	Woodwork "Serving Cart"	This Old House	Ask This Old House	
A 7	The Marilyn Denis Show		ER (R)		"Turn the Beat Around" (Drama,2010) Jacqueline MacInnes Wood, David Giuntoli, Brooklyn Sudano				★★ "Luna: Spirit of the Whale" (Drama,2007) Graham Greene, Tantoo Cardinal, Adam Beach.				
ABC 9	Raw Travel	Paid Program	Paid Program	HollyScoop	Paid Program	Live From Daryl's	NCAA Countdown	Football NCAA (L)					
NBC 12	9:00 Golf President's Cup PGA Round 3 Site: Muirfield Village Golf Club Dublin, Ohio (L)												
SPIKE 14	Ink Master "Skulls and Villains" (R)		Ink Master "Eyes of the Beholder" (R)		Ink Master "Heroes and Heads" (R)		Ink Master "Enduring the Pain" (R)		Cops	Cops	Cops "Liar, Liar #6" (R)	Cops	
A&E 16	Flip This House "The Money Pit" (R)		Flip This House "Flip in Trouble" (R)		★★ "The Bucket List" (Adventure,2007) Morgan Freeman, Sean Hayes, Jack Nicholson.				Shipping Wars	Shipping Wars	Shipping Wars	Shipping Wars	
CMT 17	Chevy Top 20 Countdown				Taco Wars (R)	Taco Wars (R)	Pick a Puppy	Pick a Puppy	Pet Heroes	Pet Heroes	ER Vets	ER Vets (R)	
CNN 18	CNN Newsroom		CNN Newsroom		Your Money	The Next List	CNN Newsroom		Newsroom	Sanjay Gupta	CNN Newsroom		
HIST 19	Restoration Garage "The Italian Job" (R)		★★ "Tears of the Sun" ('03) A career soldier is forced to choose between following orders and saving lives. Monica Bellucci, Bruce Willis.				Pawn Stars "Peacemaker"		American Pickers "What Happens in Sturgis" (R)		Pawn Stars	Pawn Stars "Bugs Money"	
E! 20	9:00 Paid Program		The Watchlist	The Watchlist	★★★ "Babe: Pig in the City" (Family,1998) Cromwell, Mary Stein, Magda Szubanski.				★★★ "The Last Mimzy" (Family,2007) Chris O'Neil, Rhiannon Leigh Wryn.				
CITV 21	Fish'n Canada	Real Fishing Show	Powerboat Television	Driving Television	House "The Confession" Hugh Laurie.		The Simpsons	The Simpsons	Simps. "Bart Gets an 'F'"	★★★ "Angels and Demons" (Mystery,'09) Ewan McGregor, Ayelet Zurer, Tom Hanks.			
YTV 22	Pokémon	Mega	Yu-Gi-Oh	B-Daman	KungFu P (R)	KungFu P (R)	KungFu P (R)	KungFu P (R)	★★ "Looney Tunes: Back in Action" ('03)				
TOON 23	Scooby-Doo!	Grojband (R)	Johnny Test	Rocket	Scooby-Doo!	Scooby-Doo!	Scooby-Doo!	Scooby-Doo!	Scooby-Doo!	Scooby-Doo!	★★★ "Despicable Me" ('10)		
TREE 24	Max & Ruby	Big Friend (R)	Angelina (R)	Franklin (R)	Babar	Mike the Kni	Thomas (R)	Scarlett (R)	The Wiggles	Peter Rabbit	Care-a-Lot (R)	Guppies (R)	
W 28	11: "Two Weeks Not..."	My House Your Money	Undercover Boss "Liberty Entertainment Group" (R)		Magic Beyond Words: The JK Rowling Story (R)				★★ "Ella Enchanted" (Fantasy,2004) Cary Elwes, Hugh Dancy, Anne Hathaway.				
NEWS 29	11:00 CBC News Now			CBC News Now						CBC News: The National		At Issue	
MM 31	Today's Top 10 (R)		Video Trial	Video Trial	★★ "Basketball" ('98) Matt Stone, Trey Parker.				★★★ "Harold and Kumar Go to White Castle" ('04)				
CBS 32	12:30 Football NCAA Air Force vs. Navy (L)						College Football (L)	Football NCAA (L)					
BRAVO 33	Lovespring International	★★★ "First Knight" ('95) A dangerous love triangle forms between Lady Guinevere, King Arthur and Sir Lancelot. Richard Gere, Sean Connery.				★★★ "Robin Hood" (Adventure,2010) A lowly archer gets more than he bargained for when he helps a dying knight. Cate Blanchett, Mark Strong, Russell Crowe.							
TLC 34	P. Ladder "Sweet Candy and Her Flippin' Ex's" (R)		Say Yes "It's Just Money"	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes "The Blowout Sale"	Say Yes to the Dress	Say Yes to the Dress	Say Yes "Picky Brides"	Say Yes to the Dress	Say Yes to the Dress	
DISC 35	Canada's Greatest Know it All (R)		Mayday "Dead Tired" (R)		Yukon Men "Eeling and Dealing" (R)		Jungle Gold "Armed Robbery" (R)		To Be Announced		Highway Hell "Sometimes the Patient Dies" (R)		
FOX 36	Paid Program	Paid Program	Paid Program	Paid Program	The Closer "In Custody" (R)		The Closer "Layover" (R)		Bones "The Couple in the Cave" Emily Deschanel.		Burn Notice "Rough Seas" (R)		
SHOW 37	12:00 ★★★ "Live Free or Die Hard" (Action,2007) Justin Long, Timothy Olyphant, Bruce Willis.				★★ "Unknown" (Myst,'11) After awakening from a coma, a man discovers that his identity was stolen. Diane Kruger, January Jones, Liam Neeson.				★★★ "True Grit" (Adventure,2010) Matt Damon, Hailee Steinfeld, Jeff Bridges.				
SLICE 38	48 Hours Mystery "Death Wish" (R)		Princesses: Long Island "Coco Loco" (R)		Housewives/NewJersey "Drinking With the Enemy" (R)		Mob Wives "The Gathering Storm"		My Big Fat Revenge "Megan/ Brooke" (R)		I'm Having Their Baby "Alyssa/ Jenine" (R)		
COM 39	Match Game (R)	Match Game (R)	Seinfeld "The Tape" (R)	Seinfeld "The Nose Job" (R)	Community	Parks and Recreation	Jeff Dunham: Controlled Chaos (R)	Community	Corner Gas	Corner Gas "Demolition"	Parks and Recreation		
OWN 41	Motives & Murders "Relative Suspects" (R)		Cold Blood "Nightmare in Nashville" (R)		Final 24 "Hunter S. Thompson" (R)		Addicted to "Jemeker" (R)		Abducted "Pilot" (R)		The Locator	The Locator	
BNN 42	Market Call Tonight (R)		Paid	App Central	Commodities	Paid	Market	Weekly	Paid	Headline (R)	MoneyTalk		
FAM 43	★ "HalloweenTown" (Comedy,1998) Judith Hoag, Kimberly J. Brown, Debbie Reynolds.		Phineas & Ferb/Wander		Gravity Falls	A.N.T. Farm "ClairvoyANT"	Good Luck Charlie	Next Step "Help" (R)	Jessie	Dog With a Blog	Shake U. "Oui Oui It Up" (R)	Austin and Ally	
TBS 44	11:30 "Lara Croft: To..."	Loves Ray "The Sitter" (R)	Friends	Friends	Friends	The Big Bang Theory	The Big Bang Theory	The Big Bang Theory	MLB Postseason Pre-Game Baseball American League Division Series MLB (L)				
HGTV 46	Professional Grade	Professional Grade	Professional Grade	Professional Grade	House Hunters	House Hunters	Extreme Homes "Yoga, Ocean Liner, Fossils" (R)		Power Brokers "How Suite It Is for a Family of Four" (R)		Leave It to Bryan	Leave It to Bryan	
SPACE 47	Ghost Mine (R)		Paranormal Witness "The Coven" (R)		Face Off "Cosmic Circus" (R)		InnerSpace (R)	InnerSpace	"2-Headed Shark Attack" (Sci-Fi,2012) Charlie O'Connell, Brooke Hogan.				
MMM 48	NwsRadio (R)	NwsRadio (R)	Mr. Box (R)	Mr. Box (R)	NwsRadio (R)	NwsRadio (R)	NwsRadio (R)	NwsRadio (R)	Gilmore Girl "The Break-Up"		Gilmore Girls		
OLN 49	Survivorman "Sierra Nevada" (R)		Survivorman "Colorado Rockies" (R)		Survivorman "Arctic Tundra" (R)		Survivorman "Temagami Hunting" (R)		Survivorman "Australian Outback" (R)		Survivorman "Papua New Guinea" (R)		
RSE 50	Soccer EPL Manchester United vs. Sunderland Site: Stadium of Light Sunderland, England (L)				EPL Matchday	Montreal Connected	Soccer EPL (R)					MLB Playoff Pre-game (L)	
SN360 51	Poker European Tour		Football CIS Carleton Ravens vs. Ottawa GeeGee's (L)						Drafted	The Ultimate Fighter			
GOLF 52	9:00 Golf Seve Trophy EPGA Round 3 Site: Saint-Nom-La-Breteche Paris, France						Golf Reignwood Pine Valley Classic LPGA Round 3 Site: Pine Valley Golf Resort and Country Club Beijing, China						
TSN 53	Motoring (R)	E:60 (R)	Poker World Series of Poker				CFL On TSN "Pre-Game"	Football CFL Montreal Alouettes vs. Edmonton Eskimos Site: Commonwealth Stadium Edmonton, Alta. (L)					
STAR 54	Kourtney	Kourtney	Kourtney	Kourtney	Kourtney	Kourtney	Kourtney	Kourtney	Kourtney	Kourtney	Khloe & (R)	Khloe & (R)	
APTN 55	Warriors (R)	Working (R)	Fit First (R)	U=US (R)	★★ "Runaway Jury" ('03) Gene Hackman, Dustin Hoffman, John Cusack.			Double T (R)	Young Riders "Hard Times"				
VISION 56	Punjabi Virsa	Punjab	Punjab	Lamia Vatan	Virasat (R)	Quran Speak	WorldPeace	Word/ Peace	Mehak	Fursat Mein	Tehka	Sardari	

SATURDAY EVENING

OCTOBER 5

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
GLOBAL 6	16x9		Living Dolls: The Making of a Child Beauty Queen		To Be Announced (R)		Durham County "Life in the Doll House" (R)		News Final	Tube Tales	JR Digs	Sat. Night Live (N)	
ATV 8	W5		The Big Bang Theory	Anger Management (R)	Billy Gardell.	The Neighbors (R)	Played "Drugs" Chandra West, Vincent Walsh. (R)		CTV National News	CTV News	:05 ★★ "These Girls" (05) David Boreanaz.		
CBC 11	CBC News: Maritimes	HNIC: Tonight	Hockey NHL Ottawa Senators vs. Toronto Maple Leafs Site: Air Canada Centre Toronto, Ont. (L)				Hockey NHL Edmonton Oilers vs. Vancouver Canucks Site: Rogers Arena Vancouver, B.C. (L)						
SRC 2	6:30 Semaine Verte (R)	Makusham (R)	En direct de l'univers (N)		Les galas du grand rire 2013 (N)		Dre Grey, leçons "Souviens-toi" (N)		Le Téléjournal	NouvellesSports/Infoman	:10 ★★ "Elle s'appelait Sarah" (10)		
PBS 4	Masterpiece Mystery! "Foyle's War: Sunflower" (R)		Keeping Up Appearances		Elton John in Concert			Vicar Dibley "Autumn" (R)	:15 Antiques Roadshow "Hartford (Hour One)" (R)	:10 Basic Black "Live"	:40 Ask This Old House		
A 7	Corner Gas	App Central	★★★ "Almost Heaven" (Comedy,2007) Linda Boyd, Joely Collins, Bruce Allen.			W5 "In Deadly Care" (N)		Castle "Swan Song" Stana Katic, Nathan Fillion. (R)	CTV News	eTalk (R)			
ABC 9	4:30 Football NCAA (L)	College Post-game	NewsCenter 5	Inside Edition	SNF Pre Game (L) :05 Football NCAA Ohio State vs. Northwestern (L)							:20 College Post-game	NewsCenter 5
NBC 12	7 News at 6:00 p.m.	NBC Nightly News	Paid Program	Football NCAA Arizona State vs. Notre Dame (L)								7 News at 11 p.m.	Sat. Night Live (N)
SPIKE 14	Cops "Dead Man Flushing"	Cops	Cops "Taken Into Custody"	Cops	Cops (N)	Cops "Liar Liar #4" (R)	★★★ "The Bourne Identity" (Act, 02) An amnesiac tries to piece together his mysterious past while eluding unknown assassins. Franka Potente, Brian Cox, Matt Damon.						
A&E 16	Shipping Wars	Shipping Wars	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	
CMT 17	Undercover Boss Canada		Wipeout Canada		Taco Wars (R)	Taco Wars (R)	My Big Redneck Vacation	My Big Redneck Vacation	Swamp Pawn "Buck Wild" (R)				
CNN 18	The Situation Room		CNN Newsroom		Anderson Cooper			A. Bourdain "New Mexico"	A. Bourdain "New Mexico"	Stroumbouloupoulos (R)			
HIST 19	Treasures Decoded "The Sphinx" (R)		Restoration Garage "The Italian Job" (R)		Canadian Pickers "Going Hollywood" (R)			★★ "Black Hawk Down" (Action,2001) An elite team of peacekeepers attempt to kidnap a crime lord's top lieutenants in Somalia. Eric Bana, Ewan McGregor, Josh Hartnett.					
E! 20	Evening News at 6:00 p.m.		Wheel of Fortune	Jeopardy!	How William Shatner Changed the World (R)				48 Hours Mystery		Evening News at 11:00 p.m.		
CITV 21	5:30 ★★ "Angels and Demons" (Myst, 09) Ewan McGregor, Ayelet Zurer, Tom Hanks.	Global National		News Hour		16x9		Living Dolls: The Making of a Child Beauty Queen		To Be Announced (R)			
YTV 22	Sam & Cat (R)	Victorious (R)	Funniest Home Videos (R)		★★★★ "The Wizard of Oz" ('39) Judy Garland.				:15 Sponge	Mr. Young (R)	Life Boys (R)	Splatlot (R)	
TOON 23	6:00 "Despicable Me" ('10)	★★ "Megamind" (Ani, '10) Jonah Hill, Brad Pitt, Will Ferrell.			★★ "Dumb and Dumber" (94) Jeff Daniels, Lauren Holly, Jim Carrey.			Fugget (R)					
TREE 24	Octonauts (R)	Mike the Kni	Scarlett (R)	Toopy & B (R)	Big Friend (R)	Cat/ Hat	Caillou (R)	Mike the Kni	Toopy & B (R)	Zigby/Zigby	Big Friend (R)	Max & Ruby	
W 28	Property Brother (N)	★★ "Knight and Day" (Action,2010) A secret agent realizes he is not expected to live through his current mission. Tom Cruise, Cameron Diaz,						★★★★ "Red" ('10) A retired black-ops agent puts his team back together after being attacked in his home. Mary-Louise Parker, Bruce Willis.			★★★★ "Red" ('10)		
NEWS 29	CBC News: The National	Mansbridge One (R)	Carpe Diem: A Fishy Deal (R)		the fifth estate "The Secrets of Sugar" (R)			CBC News: The National	Marketplace "Barking Mad"	Siege in the Sahara	Zoo Revolution		
MM 31	Today's Top 10 (R)		MuchMusic Countdown (R)				Simpsons (R)	Out There	"Harold & Kumar Escape From Guantanamo Bay" ('08)				
CBS 32	4:30 Football NCAA (L)	Wheel of Fortune	Jeopardy! Weekend	Comedy Time (R)	Comedy Time (R)	Crimetime Saturday (R)		48 Hours		WBZ News	:35 OMG! Insider		
BRAVO 33	Cold Squad "Michelle Dorn" (R)	Missing "Basic Training" (R)		Castle (R)			The Mentalist Robin Tunney, Tim Kang, Simon Baker. (R)	★★★★ "Robin Hood" (Adventure,2010) Cate Blanchett, Mark Strong, Russell Crowe.					
TLC 34	Say Yes to the Dress	Say Yes to the Dress	Under Boss "Checkers and Rally's Drive-In Restaurants"		Undercover Boss "O'Neill Clothing"		Under Boss "Kampgrounds of America (KOA)"	Undercover Boss "Pacific Monarch Resorts" (N)	Undercover Boss "O'Neill Clothing" (R)				
DISC 35	How It's Made (R)	How It's Made (R)	How It's Made (R)	How It's Made (R)	Gold Rush: South America "Ends of the Earth" (R)		Alaska: The Last Frontier "Cattle Drive"	Alaska: The Last Frontier "Range Riding"	Street Outlaws "Stand Your Ground" (N)				
FOX 36	FOX 25 News at 6 p.m.	Football Pre-game	Football NCAA TCU vs. Oklahoma (L)						FOX 25 News at 10 p.m.	Axe Cop/:15 High School	Axe Cop/:45 High School		
SHOW 37	5:30 ★★ "True Grit" ('10) Matt Damon, Jeff Bridges.	B.&Beast "Never Turn Back" Jay Ryan, Kristin Kreuk. (R)		★ "Screamers: The Hunting" (Horror,2009) Jana Pallaske, Lance Henriksen, Gina Holden.			★★★★ "True Grit" (Adventure,2010) Matt Damon, Hailee Steinfeld, Jeff Bridges.						
SLICE 38	Ex-Wives of Rock	Ex-Wives of Rock	Extreme Collectors	Extreme Collectors	Lost, Sold "Flyin' High"	Lost and Sold	Mob Wives "The Gathering Storm" (R)	House Miami "A Cause for Concern" Adriana De Moura.	Ex-Wives of Rock	Ex-Wives of Rock			
COM 39	Match Game (R)	Match Game (R)	Cash Cab (R)	Cash Cab (R)	Corner Gas	Corner Gas "Demolition"	John Oliver's New York Stand-Up Show	Jeff Dunham: Controlled Chaos (R)	Corner Gas	Corner Gas "Demolition"			
OWN 41	Motives & Murders "Relative Suspects" (R)	Final 24 "Marvin Gaye" (N)		Addicted to "Jemeker" (R)		Ghostly Encounters	The Devil You Know "Secret Agent Dada" (N)	Motives & Murders "Not Again" (R)	Final 24 "Marvin Gaye" (R)				
BNN 42	Market Call Tonight (R)	Headline (R)		App Central		Motor Cars	Paid	MoneyTalk	Market Call Tonight (R)	Paid	App Central		
FAM 43	GoodLk "Le Halloween" (R)	Wingin' It	Wizards "Halloween"	A.N.T. Farm	Shake It Up "Camp It Up"	Austin and Ally	★★★★ "Twitches Too" (Family, '07) Tamera Mowry, Jayne Eastwood, Tia Mowry.		★★ "Under Wraps" (Adventure,1997) Mario Yediddia, Clara Bryant, Adam Wylie.				
TBS 44	6:00 Baseball American League Division Series MLB (L)						Baseball American League Division Series MLB (L)						
HGTV 46	Holmes Inspection "Moisture Madness" (R)		House Hunters	House Hunters	House Hunters Int'l	House Hunters Int'l	Income Property "Marissa and Bryan" (R)	Leave It to Bryan	Leave It to Bryan	Live Here, Buy This	Live Here, Buy This		
SPACE 47	Panic Button "Bound By Fear" (R)	Paranormal Witness "The Covenant" (R)		Ghost Mine (R)		★★ "The Expendables" (Action,2010) Eric Roberts, Steve Austin, Jet Li.						:15 "Predators" ('10) Topher Grace, Adrien Brody.	
MMM 48	MuchMoreMusic Countdown (R)				Pretty Little Liars				NwsRadio (R)	NwsRadio (R)	MuchMoreMusic Countdown (R)		
OLN 49	Liquidator "The Flip" (R)	The Liquidator	The Liquidator	Storage Wars Canada	Mantracker "Carla and Amanda" (R)		The Liquidator	Storage Wars Canada	Liquidator "The Flip" (R)	The Liquidator	Mantracker "Carla and Amanda" (R)		
RSE 50	Baseball American League Division Series MLB (L)						Sportsnet Connected	Baseball American League Division Series MLB (L)					
SN360 51	Tim & Sid (R)	Gameday	SN360	Drafted	WWE Vintage		Submissions	Gameday	Games-Night	The Final Score	Final Score		
GOLF 52	Live From the Presidents Cup (L)				Feherty "Jack Welch" (R)			Feherty "Bobby Knight" (R)	Feherty "Billy Casper" (R)	Feherty "Nick Faldo" (R)			
TSN 53	4:30 Football Mtl./Edm.	Football CFL Winnipeg Blue Bombers vs. Calgary Stampeders Site: McMahon Stadium Calgary, Alta. (L)						SportsCentre		Sportscentre Top 10	SportsCentre	SEC Storied	
STAR 54	Movie Night	Inside Box (R)	Movie Night	TMZ	Bev.HillPaw		Bev.HillPaw	The Kardashians		Inside Box (R)	Inside Box (R)		
APTN 55	Indians (R)	Exhibit A (R)	Animism (R)	By Rapids (R)	Deerskins (R)	Health Nutz	★★ "Fracture" ('07) Ryan Gosling, David Strathairn, Anthony Hopkins.				Blackstone		
VISION 56	Gaunda	Dharkan	S. Punjab	Masti	Mulaquat	Made/Punjab	Des Pardes		Aikam	Taur Punjab	Lashkara		

SUNDAY MORNING

OCTOBER 6

	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	
GLOBAL 6	100 Huntley Street	Tube Tales	What Happened?	Operation Smile	Fishful Thinking	Context With Lorna Dueck	Joel Osteen	Dr. David Jeremiah	16x9		The West Block	Junk Brothers	
ATV 8	Cash Cab (R)	The Social	App Central	eTalk (R)	Operation Smile		Dan for Mayor	Tribal Trails	Corner Gas (R)	Hiccups	Question Period		
CBC 11	AnimalM./Sa veUm/ThereY	Artzooka	Coronation Street (R)	Coronation Street (R)	Coronation Street (R)	Coronation Street (R)	Coronation Street (R)	Marketplace "Barking Mad"	Steven and Chris (R)			LandandSea "Sea Junk" (R)	Mansbridge One (R)
SRC 2	Ben et ses amis/:15Babar	Monstres-maths/Zénon	A.Brocoli.../:15Toupie	Bookaboo / :45 Jack	Les Roltronics	Gawayn	Zooville (R):15Walter	Mission: Mayday	Le Jour du Seigneur			Les coulisses du pouvoir	
PBS 4	Daniel Tiger	Dinosaur Train	The Cat in the Hat	Curious George	Peep & the Big World	Daniel Tiger	Angelina Ballerina	Anne Green Gable	Fetch! "Finale" (R)	WordGirl	Open Studio	Rick Steves' "Israel" (R)	
A 7	6:30 Juicebox (R)			Paid Program	Canada AM Weekend (R)			Degrassi	Operation Smile (R)		Church of Rock (R)	Oil Change "The Push" (R)	
ABC 9	NewsCenter 5 Eyeopener		Good Morning America Sunday		NewsCenter 5 Eyeopener				This Week With George Stephanopoulos (N)		On the Record	Chronicle	
NBC 12	Asian Focus	Paid Program	Make Way for Noddy	7 News Today	Sunday Today (N)		7 News Today in New England			Meet the Press		Urban Update	
SPIKE 14	Paid Program		Paid Program		Paid Program		Xtreme 4x4	Horsepower TV	Trucks!	Search and Restore	Bar Rescue "A Bar Full of Bull" (R)		
A&E 16	Info-Documentary	Info-Documentary	Criminal Minds "Hope" (R)		Criminal Minds "Self-Fulfilling Prophecy" (R)		Criminal Minds "The Bittersweet Science"			★★ "The Bucket List" (Adventure,2007) Morgan Freeman, Sean Hayes, Jack Nicholson.			
CMT 17	Old School		Old School		Chevy Top 20 Countdown				CMT Music		CMT Music		
CNN 18	New Day						State of the Union			Fareed Zakaria GPS		Reliable Sources	
HIST 19	Museum Secrets		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Pawn Stars	Pawn Stars	American Pickers "The Doctor Is In" (R)		
E! 20	6:00 Paid Program					Tomorrow's World	Paid Program	Listed	Paid Program		Can. Sportfishing	Key of David	
CITV 21	:05 Paid Program		Paid Program	Paid Program	In a Name? "Hockey" (R)	Operation Smile	Sunday Morning News						
YTV 22	Sidekick (R)	LeagueEvil	Sc. Squirrel	Littlest Pet	Littlest Pet	Tuff Puppy	SpongeBob	SpongeBob	Odd Parents	Monsters (R)	The Legend of Korra (R)		
TOON 23	Matt Hatter	Spiez	Kaijudo (R)	Tenkai Knight	Max Steel	Dragons (R)	★★★ "Despicable Me" ('10)		Jason Segel, Steve Carell.		★★ "Megamind" ('10)		
TREE 24	Zigby/Zigby	Toopy & B (R)	Max & Ruby	Thomas	Peter Rabbit	Scarlett (R)	Octonauts (R)	Guppies (R)	Peppa Pig (R)	Little Pony	Mike the Kni	Umizoomi (R)	
W 28	Property Brothers "Kari and Boris" (R)		Cedar Cove	Storm Front" (R)	Will & Grace (R)	Will & Grace (R)	Will & Grace (R)	Will & Grace (R)	★★ "Knight and Day" (Action,2010) Tom Cruise, Cameron Diaz.				
NEWS 29	CBC News Now (R)								CBC News Now				
MM 31	New Music Videos (R)		New Music Videos (R)		New Music Videos (R)		New Music Videos (R)		NewMusic (R)	The Wedge	Fresh Prince	Fresh Prince	
CBS 32	WBZ News				All in With Laila Ali	Game Changers	CBS Sunday Morning			Face the Nation		Patriots Game Day	
BRAVO 33	Twice in a Lifetime "A Match Made in Heaven" (R)		Missing "Father Figure" (R)		Cold Squad "Rita Brice" (R)		Twice in a Lifetime "A Match Made in Heaven" (R)		Missing "Father Figure" (R)		Castle (R)		
TLC 34	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes "Red She Said" (R)	Say Yes to the Dress	
DISC 35	Mighty Ships "USS New York" (R)		Mighty Planes "C-5M Super Galaxy" (R)		Dangerous Flights "Dark Skies" (R)		Bering Sea Gold "Go Big or Go Home" (R)		Swimming With Monsters: Steve Backshall "Sharks" (R)		Swimming With Monsters: Steve Backshall "Squids" (R)		
FOX 36	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Jubilee Church	Fox News Sunday			Paid Program	Paid Program	Paid Program	
SHOW 37	B.&Beast "Never Turn Back" Jay Ryan, Kristin Kreuk. (R)		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	★★★ "Just Go With It" (Comedy,2011) Jennifer Aniston, Brooklyn Decker, Adam Sandler.				
SLICE 38	Extreme Collectors	Extreme Collectors	Money Moron	Money Moron	Paid Program	Paid Program	Lost, Sold "Flyin' High"	Lost and Sold	Extreme Collectors	Extreme Collectors	Brides of Beverly Hills	Brides of Beverly Hills	
COM 39	Cash Cab (R)	Cash Cab (R)	Match Game (R)	Match Game (R)	Seinfeld "The Stranded" (R)	Seinfeld	Community	Parks and Recreation	The Big Bang Theory	The Big Bang Theory	John Oliver's New York Stand-Up Show (R)		
OWN 41	Grocery Bag "Bite Me" (R)	He/She Said "Garlic" (R)	Season 25: Oprah "Camping Craziiness" (R)		Oprah Presents Master Class "Jane Fonda" (R)		Grocery Bag	Grocery Bag "My Pizza" (R)	buy.o.logic "Rhoid Rage"	Life Story Project	Next Chapter "Sonia Sotomayor/ Sheryl Sandberg"		
BNN 42	Market Call Tonight (R)		Paid	Headline (R)			Paid	Commodities	App Central	Paid	Market Call Tonight (R)	Paid	
FAM 43	Slugterra	Wingin' It	Gravity Falls	Phineas and Ferb	PhineasFerb/:15Wander	Dog With a Blog	Good Luck Charlie	Liv and Maddie	A.N.T. Farm	Jessie "Used Karma"	Austin and Ally	Shake It Up	
TBS 44	Married With Children	Married With Children	Married "High I.Q." (R)	Married With Children	Friends	Friends	Friends	Friends	★★ "The Librarian: Quest for the Spear" (Action,2004) Kelly Hu, Kyle MacLachlan, Noah Wyle.				
HGTV 46	Income Property "Marissa and Bryan" (R)		Paid Program	Paid Program	Paid Program	Paid Program	Live Here, Buy This	Live Here, Buy This	Live Here, Buy This	Live Here, Buy This	Live Here, Buy This	Live Here, Buy This	
SPACE 47	Panic Button "Bound By Fear" (R)		InnerSpace	InnerSpace	"Killer Mountain" (Thriller,2011) Paul Campbell, Curtis Caravaggio, Aaron Douglas.			Doctor Who "The Last of the Time Lords" David Tennant.		:10 Doctor Who "Voyage of the Damned" David Tennant.			
MMM 48	VideoFlow (R)		VideoFlow (R)		VideoFlow (R)		VideoFlow (R)		Gilmore Girls		Gilmore Girls "P.S. I Love..."		
OLN 49	Departures "Morocco" (R)		Survivorman "Sierra Nevada" (R)		Anglers and Hunters	Canadian Tradition	Dirt Trax TV	Spruce Meadows Presents (R)	Paid Program		Spruce Meadows Presents (R)		
RSE 50	Sportsnet Connected		Sportsnet Connected		Sportsnet Connected		Sportsnet Connected		Sportsnet Connected		Sportsnet Connected		
SN360 51	Morning Highlights		Morning Highlights		Facts/ Fish.	Gameday	Games-Night	Highlights	Morning Highlights		Highlights	Games-Night	
GOLF 52	Live From the Presidents Cup (R)		Morning Drive (L)				Live From the Presidents Cup (L)						
TSN 53	SportsCentre (R)		SportsCentre (R)		Premier League (L)	Soccer EPL Chelsea vs. Norwich Site: Carrow Road Norwich, England (L)				SportsCentre (R)	Score Golf TV "Year End Review"		
STAR 54	Celeb Style	Inside Box (R)	Inside Box (R)	Inside Box (R)	Inside Box (R)	Celeb Style	Just Shoot	Just Shoot	My Boys	Hot/ Cleve.	Bev.HillPawn	Bev.HillPawn	
APTN 55	Au Nord du 60e		Bizou monde		Bizou monde		Garderie	Mouki (R)	Inuk (R)	Raven Tales	Wapos Bay	Animisme	Pas normal
VISION 56	Beautiful Little Classics		In Touch Ministries		Supernatural	M. Youssef	Creflo Dollar	JewishJesus	K. Copeland	Facts	Refl. Islam	Hour-Power	

SUNDAY AFTERNOON											OCTOBER 6	
	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
GLOBAL 6	Massive Moves	The Simpsons	The Simpsons	The Simpsons	The Simpsons	★★ "How Do You Know" ('10) A softball player finds herself caught in a love triangle after being cut from the team. Reese Witherspoon, Paul Rudd,					Evening News	Global National
ATV 8	SportsCentre		Football NFL (L)					SportsCentre		CTV News		
CBC 11	Q With Jian Ghomeshi (N)		Nature of Things "Broken Tail's Last Journey" (R)		Battle of the Blades "Performance 1 - Theme: Rock" Kurt Browning, P.J. Stock, Jamie Salé. (R)		★★ "Mars Needs Moms" (Animated,2011) Joan Cusack, Dan Fogler, Seth Green.					
SRC 2	Téléjournal Midi	La Semaine verte (R)		Second Regard	★★ "Twilight: La Fascination" ('08) Robert Pattinson, Kristen Stewart.			Mr. Bean	Téléjournal Acadie	Découverte (N)		
PBS 4	Neighborhood Kitchens	Start Up	Basic Black "Live" (R)	Ask This Old House	Nature "Earthflight: Asia and Australia" (R)		Genealogy Roadshow "Detroit"		Latino Americans "Prejudice and Pride" (R)		Latino Americans "Peril and Promise"	
A 7	Question Period		The Marilyn Denis Show		★★ "Luna: Spirit of the Whale" (Drama,2007) Graham Greene, Tantoo Cardinal, Adam Beach.			Celebrity Style (R)	Celebrity Style (R)	The Social	Movie Night	
ABC 9	CityLine	Teen Kids News	One Hand (N)		Paid Program	L McKenzie Traveler	Paid Program	EP Daily Weekend	Extreme Weight Loss "Meredith" (R)			
NBC 12	Golf President's Cup PGA Final Round Site: Muirfield Village Golf Club Dublin, Ohio (L)											
SPIKE 14	Bar Rescue "Downey's and Out" (R)		Bar Rescue "Bottomless Pit" (R)		Bar Rescue "Chumps" (R)		Bar Rescue "Broke Black Sheep" (R)		Bar Rescue "Shabby Abby" (R)		Bar Rescue "Bar Fight" (R)	
A&E 16	Barter Kings "Tazed and Confused" (R)		Barter Kings "Puppy Love" (R)		Barter Kings "Trading or Bust" (R)		Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars Texas	Storage Wars	Storage Wars
CMT 17	Taco Wars (R)	Taco Wars (R)	JFL: Gags	JFL: Gags	Chevy Top 20 Countdown			Undercover Boss Canada		Deal With It	Deal With It	
CNN 18	State of the Union		Fareed Zakaria GPS		CNN Newsroom		Your Money		CNN Newsroom		CNN Newsroom	
HIST 19	Counting Cars	Counting Cars	Ancient Aliens "Aliens and Deadly Cults" (R)		Ancient Aliens "Aliens and the Creation of Man" (R)		Ancient Aliens "Aliens and the Founding Fathers" (R)		Counting Cars	Counting Cars	Pawn Stars	Pawn Stars
E! 20	Paid Program		★★★ "McLintock!" ('63) Maureen O'Hara, John Wayne.					★★★ "Peter Pan" ('03) Children follow Peter Pan on an adventure that includes a battle with Captain Hook. Olivia Williams, Jason Isaacs.				
CITV 21	The West Block	Context With Lorna Dueck	Joel Osteen	Dr. David Jeremiah	16x9		Massive Moves	The Simpsons	The Simpsons	The Simpsons	★★ "How Do You Know" ('10) Reese Witherspoon,	
YTV 22	Sam & Cat (R)	Big Time (R)	Mr. Young (R)	★★★ "Inkheart" (Adv,'08) Sienna Guillory, Eliza Bennett, Brendan Fraser.				★★ "Journey to the Center of the Earth" ('08)				
TOON 23	12:00 ★★ "Megamind" ('10)	Game of Life		Skatoony (R)	TeenTita	TeenTita	TeenTita	TeenTita	TeenTita	Johnny Test	Camp (R)	Rocket
TREE 24	Max & Ruby	Big Friend (R)	Angelina (R)	Franklin	Babar	Mike the Kni	Thomas (R)	Scarlett (R)	Franklin (R)	Peter Rabbit	Care-a-Lot (R)	Guppies (R)
W 28	11:00 "Knight and Day"	Love It or List It	Come Dine With Me	Come Dine With Me	Come Dine With Me	Come Dine With Me	Come Dine With Me	Property Brothers C.	★★★★ "Red" (Action,2010) Mary-Louise Parker, John Malkovich, Bruce Willis.			
NEWS 29	11:00 CBC News Now			CBC News Now								Marketplace "Barking Mad"
MM 31	Video Trial	Video Trial	MuchMusic Countdown (R)				Today's Top 10 (R)		★★ "A Night at the Roxbury" ('98)		Movie	
CBS 32	The NFL Today (L)		Football NFL New England Patriots vs. Cincinnati Bengals Site: Paul Brown Stadium Cincinnati, Ohio (L)									2:25 Football NFL Denver vs Dallas Site: AT&T Stadium (L)
BRAVO 33	★★ "Speechless" (Comedy,1994) Michael Keaton, Christopher Reeve, Geena Davis.				★★ "Maid in Manhattan" (Comedy,2002) Ralph Fiennes, Tyler Garcia Posey, Jennifer Lopez.			★★ "The Wedding Planner" (Romance,2001) Matthew McConaughey, Bridgette Wilson, Jennifer Lopez.				
TLC 34	Say Yes "Sister, Sister"	Say Yes "Bling It On!"	Long Island Medium	Long Island Medium	Medium "The Patient" (R)	Medium "The Pincushion"	Long Island Medium	Medium "Louie's Lost"	Long Island Medium	Medium "The Gambler" (R)	Medium "Why Me" (R)	Long Island Medium
DISC 35	Moonshiners "Prophecy Fulfilled" (R)	Highway Thru Hell "No Tears in Towing" (R)		Bering Sea Gold "And No More Shall We Part" (R)		Don't Drive Here... "Lima" (R)		River Monsters "Jungle Killer" (R)	Backyard Oil		Backyard Oil "Milkshakin"	
FOX 36	Fox NFL Sunday (L)		TMZ		Whacked Out Sports	Driven: A Race Without Boundaries		To Be Announced	Football NFL Carolina Panthers vs. Arizona Cardinals Site: University of Phoenix Stadium Glendale, Ariz. (L)			
SHOW 37	11:00 "Just Go With It" ('11)	★★ "Glee The 3D Concert Movie" (Musical,2011)				★★ "Grown Ups" (Comedy,2010) Kevin James, Chris Rock, Adam Sandler.			★★★ "Just Go With It" (Com,'11) Jennifer Aniston, Brooklyn Decker, Adam Sandler.			
SLICE 38	Brides of Beverly Hills	Brides of Beverly Hills	Brides of Beverly Hills	Brides of Beverly Hills	Brides of Beverly Hills	★★ "Wedding Daze" (Comedy,2006) Isla Fisher, Michael Weston, Jason Biggs.		★★★ "Monster-in-Law" (Comedy,2005) Jane Fonda, Michael Vartan, Jennifer Lopez.				
COM 39	Match Game (R)	Match Game (R)	Seinfeld "The Stranded" (R)	Seinfeld	Community	Parks and Recreation	John Oliver's New York Stand-Up Show (R)		Community	The Big Bang Theory	The Big Bang Theory	Parks and Recreation
OWN 41	Welcome to Sweetie Pie's "Do the Sweetie Pie!" (N)		Six Little McGhees	Six Little McGhees	★★★ "The Duchess" ('08) Ralph Fiennes, Keira Knightley.			Ghostly Encounters				
BNN 42	Market Call Tonight (R)		Paid	Headline (R)		Paid	App Central	Commodities	Money Talk	Berman (R)	Commodities	Paid
FAM 43	★ "Halloweentown 2: Kalabar's Revenge" ('01) Kimberly J. Brown, Debbie Reynolds.			"Teen Beach Movie" (Family,2013) Maia Mitchell, Ross Lynch.			2:05 Good Luck Charlie	Next Step "Forget You"	Jessie	Dog With a Blog	Shake It Up	Austin and Ally
TBS 44	★★★ "The Librarian: Return to King Solomon's Mines" (Fantasy,2006) Lisa Brenner, Jane Curtin, Noah Wyle.				★★★ "The Librarian: Curse of the Judas Chalice" (Action,2008) Bob Newhart, Noah Wyle.				MLB Postseason Pre-Game			
HGTV 46	Holmes Makes It Right "Below Board" (R)		Million Dollar List "Third Degree Burn" (R)		House Hunters	House Hunters Int'l	Live Here, Buy This	Live Here, Buy This	Income Property "Marissa and Bryan" (R)		Real Potential	Real Potential
SPACE 47	12:10 Doctor Who	2:45 Doctor Who "Crime" David Tennant. (R)	3:50 Doctor Who "Partners in Crime" David Tennant. (R)		5:00 Doctor Who "The Fires of Pompeii" David Tennant. (R)		5:55 Doctor Who "Planet of the Ood" David Tennant. (R)		5:55 Doctor Who "The Sontaran Stratagem"		5:55 Doctor Who "The Poison Sky" David Tennant. (R)	
MMM 48	The Voice "The Blind Auditions Part 3" (N)				The Voice "The Blind Auditions, Part 4" (N)				Gilmore Girls		Gilmore Girls "P.S. I Love..."	
OLN 49	Survivorman "Colorado Rockies" (R)		Survivorman "Arctic Tundra" (R)		Survivorman "Temagami Hunting" (R)		Survivorman "Australian Outback" (R)		Survivorman "Papua New Guinea" (R)		Survivorman "Sierra Nevada" (R)	
RSE 50	Indy Lights "Reliant Park"		Auto Racing Grand Prix of Houston		IndyCar IndyCar Series Site: Reliant Park Houston,			Football NFL (L)				
SN360 51	WWE NXT		Tim & Sid (R)	Drafted	UFC Unleashed		UFC Wired		Soccer NASL Carolina Rail Hawks vs. FC Edmonton (L)			
GOLF 52	Golf Seve Trophy EPGA Final Round Site: Saint-Nom-La-Breteche Paris, France						Golf Reignwood Pine Valley Country Club Beijing, China		Classic LPGA Final Round Site: Pine Valley Golf Resort and Country Club			
TSN 53	Golf Presidents Cup PGA Singles Site: Muirfield Village Golf Club Dublin, Ohio (L)											
STAR 54	Below Deck (R)		Bel.Deck "Naughty Yachties"		Below Deck		BelowD "Land Ahoy...Finally"		Below Deck "Reunion"		BelowD "The Crew Tells All"	
APTN 55	Au Nord du 60e		Arctic Air "New North" (R)		★★ "Fracture" ('07) Ryan Gosling, David Strathairn, Anthony Hopkins.				Maddigan (R)		The Young Riders	
VISION 56	12:30 Hr. Power	Lorna Dueck	Living Truth		Faith Live	Food for Life	Quick Study	ICEJ (R)	Jewish	Key of David	Arise!	Tomor.World

SUNDAY EVENING												OCTOBER 6	
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
GLOBAL 6	Border Security (R)	We Are Men (N)	Good Wife "The Bit Bucket" Julianna Margulies. (N)	The Simpsons (N)	Bob's Burgers (N)	Family Guy (N)	American D. "Poltergasm"	News Final	The West Block	Paid Program	This Is PGA Tour Canada		
ATV 8	Once Upon a Time "Lost Girl" (N)	The Mentalist "Black-Winged Redbird" Simon Baker. (N)	The Amazing Race "Zip It, Bingo" (N)	Castle "Need to Know" Stana Katic, Nathan Fillion. (N)	CTV National News	CTV News	Mentalist Robin Tunney, Tim Kang, Simon Baker. (R)						
CBC 11	Heartland "Picking Up the Pieces" (SP) (N)	BattleBlades "Performance 2 - Theme: Suit and Tie" (N)	Dragons' Den Bruce Croxon, Dave Chilton. (R)	CBC News: The National	CBCNews:M aritimes/Ron	the fifth estate of Sugar" (R)	The Secrets Canadian Reflections						
SRC 2	6:30 Découverte	Pour l'amour du country	Laflaque (N)	Tout le monde en parle (N)	15 Le Téléjournal	40 Nouvelles sports	55 Un soir seulement (R)	25 "Vous allez rencontrer..."					
PBS 4	Nature "Earthflight: Asia and Australia" (R)	Windows to the Wild	Rick Steves' Europe	Last Tango in Halifax	Masterpiece Classic "The Paradise"	Masterpiece Classic "The Paradise" (R)							
A 7	Corner Gas	eTalk (R)	The Big Bang Theory	Satisfaction (N)	The Vampire Diaries (SP) (N)	Criminal Minds "The Good Earth" Joe Mantegna.	Mike & Molly "Mike's Feet"	Hot in Cleveland	CTV News	Comedy Now "Al Rae" (R)			
ABC 9	NewsCenter 5 at 6 p.m.	ABC World News	Once Upon "The Heart of the Truest Believer" (R)	Once Upon a Time "Lost Girl" (N)	Revenge "Sin" Madeleine Stowe, Emily VanCamp. (N)	Betrayal "Except When a Bear Is Chasing You" (N)	NewsCenter 5 Late	Sportscenter 5 OT					
NBC 12	7 News at 6:00 p.m.	NBC Nightly News	Football Night in America	20 Football NFL Houston Texans vs. San Francisco 49ers Site: Candlestick Park San Francisco, Calif. (L)	7 News								
SPIKE 14	Bar Rescue "Don't Mess With Taffer's Wife" (R)	Bar Rescue "Turtle on It's Back" (R)	Bar Rescue "Bro's Got to Geaux!" (R)	Bar Rescue "Characters Assassination" (R)	Bar Rescue "Crappy Cantina" (N)	Tattoo Rescue "Pewee's Biz Adventure" (N)							
A&E 16	Storage Wars	Storage Wars	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty					
CMT 17	Burger Wars	Taco Wars (R)	JFL: Gags	JFL: Gags	Undercover Boss "Tervita"	Fear Factor	Fear Factor "Las Vegas 1"	Fear Factor "Las Vegas 2"					
CNN 18	CNN Newsroom	CNN Newsroom	A. Bourdain "New Mexico"	Anthony Bourdain (N)	Inside Man	A. Bourdain "New Mexico"							
HIST 19	American Restoration	American Restoration	Ice Road Truckers "Hail to the King" (R)	Mountain Men "Bloody Sunday" (R)	Secret Access "UFOS on the Record" (R)	Counting Cars	Counting Cars						
E! 20	Evening News at 6:00 p.m.	60 Minutes	The Watchlist	★★★ "The Bourne Supremacy" ('04) Franka Potente, Matt Damon.	Evening News at 11:00 p.m.								
CITV 21	6:00 ★★★ "How Do You Know" (Com/Dra,'10) Reese Witherspoon, Paul Rudd,	Global National	News Hour	Border Security (R)	We Are Men (N)	Good Wife "The Bit Bucket" Julianna Margulies. (N)	The Simpsons (N)	Bob's Burgers (N)					
YTV 22	★★★ "The Last Mimzy" (Family,'07) Chris O'Neil, Rhiannon Leigh Wryn.	Zoink'd (R)	Splatalot (R)	Xsitting (R)	Life Boys (R)	Mr. Young (R)	Life Boys (R)	Splatalot (R)					
TOON 23	Grojband (R)	Johnny Test	Dragons (R)	Just Kid. (R)	Haunting	Haunting	Futura (R)	FamilyG (R)	Amer. Dad (R)	Robot/Robot	Archer (R)	Fugget (R)	
TREE 24	Octonauts (R)	Mike the Kni	Scarlett (R)	Toopy & B (R)	Big Friend (R)	Cat/ Hat	Caillou (R)	Mike the Kni	Toopy & B (R)	Zigby/Zigby	Big Friend (R)	Max & Ruby	
W 28	5:00 ★★★★★ "Red" ('10)	Candice Tells All	Love It or List It Vancouver "Tessa and Jay" (R)	Pumpkin Wars	★★ "Rumor Has It" (Comedy,2005) Jennifer Aniston, Mark Ruffalo, Kevin Costner.	Property Brothers "Kate and Dave" (R)							
NEWS 29	Zoo Revolution	the fifth estate "The Secrets of Sugar"	Siege in the Sahara	CBC News: The National	Putin's Road to Sochi	Marketplace "Barking Mad"							
MM 31	6:45 "Harold & Kumar Escape From Guantanamo Bay"	Video Trial	Video Trial	Simpsons (R)	Ugly	MuchMusic Countdown (R)							
CBS 32	5:25 Football NFL Denver vs Dallas Site: AT&T Stadium (L)	60 Minutes	The Amazing Race "Zip It, Bingo" (N)	Good Wife "The Bit Bucket" Julianna Margulies. (N)	The Mentalist "Black-Winged Redbird" Simon Baker. (N)	WBZ News							
BRAVO 33	Cold Squad "Rita Brice" (R)	Missing "Father Figure" (R)	Motive "Public Enemy" Louis Ferreira, Kristen Lehman.	★★ "The Wedding Planner" (Romance,2001) Matthew McConaughey, Bridgette Wilson, Jennifer Lopez.	15 ★★ "Maid in Manhattan" ('02) Jennifer Lopez.								
TLC 34	Medium "The Royal Flush"	Long Island Medium	Medium "Sandy Spirit"	Long Island Medium	Long Island Medium	Long Island Medium on the Road "Philadelphia" (N)	Alaskan Women Look "The Odds Are Good..." (N)	Long Island Medium on the Road "Philadelphia" (R)					
DISC 35	Cash Cab (R)	Cash Cab (R)	Daily Planet (R)	To Be Announced	To Be Announced	Naked and Afraid "Beware the Bayou" (N)	To Be Announced						
FOX 36	5:00 Football NFL Carolina vs Arizona	The Simpsons	The Simpsons	The Simpsons (N)	Bob's Burgers (N)	Family Guy (N)	American D. "Poltergasm"	FOX 25 News at 10	FOX 25 News at 11	Whacked Out Sports (R)			
SHOW 37	5:30 ★★★★★ "Just Go With It" ('11) Adam Sandler.	Rookie Blue "Poison Pill" Missy Peregym.	B. & Beast "Who Am I?" Kristin Kreuk, Jay Ryan. (N)	Copper "To One Shortly to Die"	Rizzoli & Isles "Money Maker"	Covert Affairs "Space (I Believe In)" (R)							
SLICE 38	5:30 "Monster-in-Law"	★★ "Water for Elephants" ('11) Reese Witherspoon, Robert Pattinson.	House Miami "A Cause for Concern" Adriana De Moura.	Extreme Animal Obsessions	Money Moron	Money Moron							
COM 39	Match Game (R)	Match Game (R)	Cash Cab (R)	Cash Cab (R)	The Big Bang Theory	The Big Bang Theory	Just for Laughs: All Access	Just for Laughs (R)	Corner Gas "Jail House"	Corner Gas "I, Witness" (R)			
OWN 41	Addicted to "Jemeker" (R)	Life Story Project	Motives & Murders "Not Again" (R)	Six Little McGhees	Six Little McGhees	Oprah's Lifeclass (N)	Oprah: Where Are They Now?	Addicted to "Jemeker" (R)	Ghostly Encounters				
BNN 42	Market Call Tonight (R)	Weekly	Motor Cars	Market	App Central	Paid	MoneyTalk	Market Call Tonight (R)	Paid	Car/Business			
FAM 43	Good Luck ... "Rock Enroll"	Wingin' It	Wizards	A.N.T. Farm	Shake It Up "Apply It Up"	Austin and Ally	★★ "Don't Look Under the Bed" (Fant,'99) Eric Hodges, Robin Riker, Erin Chambers.	★ "The Scream Team" (Family,2002) Kathy Najimy, Tommy Davidson, Eric Idle.					
TBS 44	6:00 Baseball American League Division Series MLB (L)	Baseball American League Division Series MLB (L)											
HGTV 46	Holmes Makes It Right "Below Board" (R)	House Hunters	House Hunters	House Hunters Int'l	House Hunters Int'l	Real Potential	Real Potential	HH: Where Are They	HH: Where Are They	Holmes Makes It Right "Below Board" (R)			
SPACE 47	55 Doctor Who "The Doctor's Daughter" David Tennant. (R)	Doctor Who "The Unicorn and the Wasp"	"Killer Mountain" (Thriller,2011) Paul Campbell, Curtis Caravaggio, Aaron Douglas.	Being Human "Get Outta My Dreams, Get Into My Mouth"	Paranormal Witness								
MMM 48	★★ "The A-Team" (Act,'10) Bradley Cooper, Jessica Biel, Liam Neeson.	MuchMoreMusic Countdown (R)	★★ "The A-Team" ('10) Liam Neeson.										
OLN 49	Liquidator "Turn Over"	The Liquidator	Storage Wars Canada	The Liquidator	Mantracker "Jennifer and Amiee" (R)	Storage Wars Canada	The Liquidator	Liquidator "Turn Over"	The Liquidator	Mantracker "Jennifer and Amiee" (R)			
RSE 50	5:00 Football NFL (L)	Sportsnet Connected	Touch'em All, Joe: The 1993 Blue Jays (R)	Baseball National League Division Series MLB (L)									
SN360 51	Soccer Central	The WWE Experience	The Ultimate Fighter	Poker European Tour	Submissions	Drafted	The Final Score						
GOLF 52	Live From the Presidents Cup (L)	Feherty "Stacy Lewis" (R)	Feherty "Tom Lehman" (R)	Feherty "Ben Crenshaw" (R)	Feherty "Raymond Floyd" (R)								
TSN 53	SportsCentre	NFL Football Night in America (L)	15 Football NFL Houston Texans vs. San Francisco 49ers Site: Candlestick Park San Francisco, Calif. (L)	SportsCentre									
STAR 54	Celeb Style	Inside Box (R)	Inside Box (R)	Celeb Style	E! News Weekend (R)	The Kardashians	Eric&Jessie	Movie Night	Inside Box (R)	Inside Box (R)			
APTN 55	APTN Invest,	Exhibit A (R)	Heartland	Arctic Air "New North" (R)	★★ "What Happens in Vegas" ('08) Cameron Diaz.	Contain Nuts	Relations (R)						
VISION 56	J. Prince	Door of Hope	Day Disc.	J. Van Impe	Turning Pt.	Facts	Cornerstone	Joyce Meyer	Joel Osteen	Beyond Day	Can.Times	P. Popoff	

MONDAY EVENING

OCTOBER 7

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
GLOBAL 6	Entertainment Tonight	Ent. Tonight Canada	The Blacklist "No 84: Wujang" James Spader. (N)		Bones "The Sense in the Sacrifice" (N)		Sleepy Hollow "The Lesser Key of Solomon" (N)		News Final	Ent. Tonight Canada	The Test		
ATV 8	eTalk	The Big Bang Theory	Hostages "Power of Persuasion" Toni Collette. (N)		The Voice "The Blind Auditions, Part 5" Cee Lo Green, Adam Levine, Christina Aguilera. (N)			CTV National News	CTV News	:05 The Daily Show (N)	:35 Conan		
CBC 11	Stroumbouloupoulos	Coronation Street	Murdoch "Tour de Murdoch" Yannick Bisson. (N)		Cracked "The Price" Luisa D'Oliveira, David Sutcliffe. (N)		CBC News: The National		CBC News: Maritimes	Stroumbouloupoulos (R)	22 Minutes (R)	Coronation Street (R)	
SRC 2	On mange soupe? (N)	L'Union fait la force (N)	30 vies (N)	Les Parent (N)	Auberge chien noir "Ah, les enfants, les enfants..." (N)		La galère (N)		Le Téléjournal	:45 Nouvelles sports	:05 Alors on jase! (R)		
PBS 4	PBS NewsHour		Greater Boston	Rick Steves' Europe	Antiques Roadshow "Vintage San Francisco" (R)		Genealogy Roadshow "San Francisco" (N)		POV "Brooklyn Castle"			Charlie Rose (N)	
A 7	CTV News		The Big Bang Theory	eTalk	Dancing With the Stars Bruno Tonioli, Carrie Ann Inaba, Len Goodman. (N)			Mike & Molly Billy Gardell.	Hot/ Cleve. Betty White.	CTV News		:35 Tonight Show	
ABC 9	NewsCenter 5 at 6 p.m.	ABC World News	Inside Edition	Chronicle	Dancing With the Stars Bruno Tonioli, Carrie Ann Inaba, Len Goodman. (N)			Castle "Need to Know" Stana Katic, Nathan Fillion. (N)		NewsCenter 5 Late	:35 Jimmy Kimmel Live		
NBC 12	7 News at 6:00 p.m.	NBC Nightly News	Access Hollywood	Extra	The Voice "The Blind Auditions, Part 5" Cee Lo Green, Adam Levine, Christina Aguilera. (N)			The Blacklist "No 84: Wujang" James Spader. (N)		7 News at 11 p.m.	:35 Tonight Show		
SPIKE 14	Ink Master "Monumental Mistakes" (R)		Ink Master "Baby Don't Go" (R)		Ink Master "Skulls and Villains" (R)		Ink Master "Eyes of the Beholder" (R)		Ink Master "Heroes and Heads" (R)		Ink Master "Enduring the Pain" (R)		
A&E 16	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	Bad Ink	
CMT 17	JFL: Gags	JFL: Gags	Taco Wars	Taco Wars (R)	Funniest Home Videos		Funniest Home Videos		Funniest Home Videos		Taco Wars	Taco Wars (R)	
CNN 18	6:00 The Situation Room		OutFront			Anderson Cooper 360		Piers Morgan Live		AC360 Later		OutFront	
HIST 19	Museum Secrets "Chateau Versailles (Versailles)" (R)		Canadian Pickers "All in the Family" (R)		Canadian Pickers			Restoration Garage "Wheeling and Dealing" (N)	CountCars "Van Haulin"	Counting Cars	Canadian Pickers "Pinball Wizard"		
E! 20	Evening News at 6:00 p.m.		Wheel of Fortune	Jeopardy!	Hart/ Dixie "Who Say's You Can't Go Home" (SP) (N)		★ ★ "Music and Lyrics" (Romance,2007) Zak Orth, Drew Barrymore, Hugh Grant.					Evening News at 11:00 p.m.	
CITV 21	The Young and the Restless		Early News	Global National	News Hour		Ent. Tonight Canada	Entertainment Tonight	The Blacklist "No 84: Wujang" James Spader. (N)		Bones "The Sense in the Sacrifice" (N)		
YTV 22	Sam & Cat	Sam & Cat	Hathaway	Big Time (R)	Wipeout		WendellVinn	WendellVinn	The Middle	Mr. Young (R)	Life Boys (R)	Splatalot (R)	
TOON 23	Adv.Time (R)	Gumball (R)	Dragons (R)	Johnny Test	Detention (R)	Adv.Time	Futura (R)	FamilyG (R)	Amer. Dad (R)	Robot/Robot	Archer (R)	Fugget (R)	
TREE 24	Octonauts (R)	Mike the Kni	Backyard (R)	Toopy & B (R)	Big Friend (R)	Cat/ Hat	Caillou (R)	Mike the Kni	Toopy & B (R)	Zigby/Zigby	Big Friend (R)	Max & Ruby	
W 28	Love It or List It "Wendie and Dave" (R)		Come Dine With Me (N)	Come Dine With Me (N)	Come Dine With Me (N)	Come Dine With Me (N)	Come Dine With Me (N)	Property Brother (N)	Love It or List It Vancouver "Theresa and David" (N)		Love It or List It "The Coughlin Family" (R)		
NEWS 29	6:00 Power and Politics		The Lang and O'Leary Exchange		CBC News Now		CBC News: The National		CBC News Now		CBC News: The National		
MM 31	Video Trial	Video Trial	Video Trial	Video Trial	Simpsons (R)	Cleveland (R)	Today's Top 10 (R)		ComBang	Bunk	Conan (R)		
CBS 32	WBZ News	CBS Evening News	Wheel of Fortune	Jeopardy!	Met Your Mother (N)	We Are Men (N)	2 Broke Girls (N)	Mom (N)	Hostages "Power of Persuasion" Toni Collette. (N)		WBZ News	:35 Letterman (N)	
BRAVO 33	The Listener "Foggy Notion" Colm Feore, Craig Olejnik. (R)		Flashpoint "Keep the Peace" Pt. 2 of 2 (R)		Blue Bloods "All That Glitters" Tom Selleck.		Franklin & Bash "Freck" (N)		Cold Justice "Hit and Run" (N)		The Listener "Foggy Notion" Colm Feore, Craig Olejnik. (R)		
TLC 34	Toddlers & Tiaras "Rumble in the Jungle" (R)		The Man With Half a Body (R)		The Man Who Lost His Face "Extended Episode" (R)		The Man With the 132-lb Scrotum (R)		The Man With the 200 lb Tumor (R)		The Man With the 132-lb Scrotum (R)		
DISC 35	Canada's Worst Driver (R)		Daily Planet "Adrenaline Junkies Week - Day 1" (N)		Airplane Repo "Alone in Alaska" (N)		Amish Mafia: The Devil's Cut "Paradise" (N)		Amish Mafia "Brother's Keeper" (N)		Airplane Repo "Alone in Alaska" (R)		
FOX 36	FOX 25 News at 6 p.m.	FOX 25 News at 6:30 p.m.	TMZ	Dish Nation	Bones "The Sense in the Sacrifice" (N)		Sleepy Hollow "The Lesser Key of Solomon" (N)		FOX 25 News at 10 p.m.		FOX 25 News at 11 p.m.	TMZ	
SHOW 37	NCIS "Recoil" (R)		Lost Girl "Midnight Lamp" (R)		"Fatal Performance" (Suspense,2011) David Palffy, Nicholle Tom.			Elementary "A Giant Gun, Filled With Drugs"			Elementary "Details" Lucy Liu, Jonny Lee Miller.		
SLICE 38	Extreme Collectors	Extreme Collectors	Friends	Friends	Money Moron	Money Moron	Extreme Collectors	Extreme Collectors	Lost and Sold	Lost and Sold	Money Moron	Money Moron	
COM 39	Match Game (R)	Corner Gas	Just for Laughs (R)		For Laughs: Gags (R)	Match Game	Just for Laughs (R)	Community	The Big Bang Theory	Parks/Rec "Park Safety"	The Daily Show (N)	The Colbert Report (N)	
OWN 41	Ghostly Encounters	Grocery Bag	Next Chapter "Black Women in Hollywood" (R)		Iyanla, Fix My Life "Fix My Raging Spouse" (R)		Six Little McGhees (N)	Six Little McGhees (N)	Life Story Project	Grocery Bag "Morocco" (R)	Unfaithful "Jan and Matt / Peggy and Winston" (R)		
BNN 42	Market Call Tonight		Market	Berman (R)	Headline (R)		Undercover Boss		Market Call (R)		Market	Berman (R)	
FAM 43	Jessie	Jessie	Shake It Up "Clean It Up"	GoodLk "Le Halloween" (R)	Good Luck ... "Dress Mess"	A.N.T. Farm	Wingin' It	Really Me	Good Luck ... "Dress Mess"	Jessie	Wizards	The Elephant Princess	
TBS 44	6:00 Baseball American League Division Series MLB (L)					Baseball American League Division Series (L)							
HGTV 46	Holmes Inspection "Attic Dealbreaker" (R)		Property "RJ and Marissa"	Property Virgins	House Hunters Int'l	House Hunters	Power Brokers		Leave It to Bryan	Leave It to Bryan	House Hunters Int'l	House Hunters	
SPACE 47	InnerSpace (R)	Space Weather (N)	Castle "The Blue Butterfly" Stana Katic, Nathan Fillion.		Stargate: SG-1 "Enemy Mine" (R)		★ ★ ★ "Black Christmas" (Horror,1974) Keir Dullea, Margot Kidder, Olivia Hussey.					InnerSpace (R)	Castle "The Blue Butterfly"
MMM 48	VideoFlow (R)		Anger M.	Mike & Molly	The Mentalist "Red-Handed"		The Mentalist "Seeing Red"		M3Top20.ca (R)				
OLN 49	Mantracker "Kaleigh and Alana" (R)		Storage Hunters	Storage Wars Texas	Storage Wars	Storage Wars	Storage Wars Texas	Storage Wars	The Project: Guatemala "Bus Troubles"		Storage Wars	Storage Wars	
RSE 50	5:00 Baseball National League Division Series MLB (L)		Sportsnet Connected		Baseball American League Division Series MLB (L)								
SN360 51	Prime Time Sports		The WWE Experience		WWE Monday Night Raw						Games of the Night		
GOLF 52	Golf Central (N)		The Golf Fix (L)		Feherty "Jack Nicklaus" (R)		Feherty "Sergio Garcia" (R)		Feherty "Graeme McDowell" (R)		Playing Lessons	Golf Central (R)	
TSN 53	SportsCentre	NFL Monday Night Countdown				To Be Announced						SportsCentre	
STAR 54	eTalk (R)	Movie Night	The Social		TMZ Live! (R)		eTalk (R)	Hot/ Cleve.	The Kardashians (R)		C. Lately (N)	eTalk (R)	
APTN 55	APTN National News		Makusham	TAM (R)	Siouf-Bacon	Shaputuan	★ ★ ★ "Ce qu'il faut pour vivre" ('06) Natar Ungalaaq.			Pas normal			
VISION 56	Road to Avonlea		Murder, She Wrote		EastEnders	Appearances	The Zoomer		Who Killed Gandhi? (R)		Enigma		

TUESDAY EVENING

OCTOBER 8

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
GLOBAL 6	Entertainment Tonight	Ent. Tonight Canada	Chicago Fire "Defcon 1" Jesse Spencer. (N)	NCIS "Under the Radar" Mark Harmon. (N)	NCIS: LA "Omni" LL Cool J, Chris O'Donnell. (N)	News Final	Ent. Tonight Canada	The Test				
ATV 8	eTalk	The Big Bang Theory	Nova Scotia Provincial Election (L)				CTV National News	CTV News	:05 The Daily Show (N)	:35 Conan		
CBC 11	Stroumbouloupoulos	Coronation Street	Rick Mercer (SP) (N)	22 Minutes (SP) (N)	Crossing Lines "Pilot" (P) William Fichtner. (N)	CBC News: The National	CBC News: Maritimes	Stroumbouloupoulos (R)	22 Minutes (R)	Coronation Street (R)		
SRC 2	30 vies (N)	La Facture (N)	Elections en Nouvelle-Ecosse				Unité 9 Paul Doucet, Guylaine Tremblay. (N)	Mémoires vives (N)	Le Téléjournal	:45 Nouvelles Sports		
PBS 4	PBS NewsHour		Greater Boston	Rick Steves' Europe	Perform White House "Fiesta Latina" (R)		Frontline "League of Denial: The NFL's Concussion Crisis" (N)			Charlie Rose (N)		
A 7	CTV News		The Big Bang Theory	eTalk	Anger Management (R)	Hot/ Cleave. Betty White.	The Voice "Best of the Blind Auditions" (N)	Mike & Molly Billy Gardell.	Hot/ Cleave. Betty White.	CTV News	:35 Tonight Show	
ABC 9	NewsCenter 5 at 6 p.m.	ABC World News	Inside Edition	Chronicle	Agent SHIELD "The Asset" Brett Dalton, Clark Gregg. (N)	Goldberg (N)	Trophy Wife (N)	Lucky 7 "Cable Guy" Matt Long, Whitlock Jr. Isaiah. (N)	NewsCenter 5 Late	:35 Jimmy Kimmel Live		
NBC 12	7 News at 6:00 p.m.	NBC Nightly News	Access Hollywood	Extra	Biggest Loser (SP) Jillian Michaels, Bob Harper. (N)	The Voice "Best of the Blind Auditions" (N)	Chicago Fire "Defcon 1" Jesse Spencer. (N)	7 News at 11 p.m.	:35 Tonight Show			
SPIKE 14	Ink Master "Eyes of the Beholder" (R)		Ink Master "Heroes and Heads" (R)		Ink Master "Enduring the Pain" (R)		Ink Master "The Epic Finale"			Criss Angel: Believe "Sneak Peek" (N)		
A&E 16	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars
CMT 17	JFL: Gags	JFL: Gags	Undercover Boss Canada		Deal With It	Deal With It	Rules of Eng	Rules of Eng	Funniest Home Videos	Fear Factor		
CNN 18	6:00 The Situation Room		OutFront		Anderson Cooper 360		Piers Morgan Live		AC360 Later		OutFront	
HIST 19	Canadian Pickers "Pinball Wizard" (R)		Restoration Garage "Wheeling and Dealing" (R)		CountCars "Van Haulin"	Counting Cars	Pawn Stars	Pawn Stars "Comic Con"	Mountain Men "No Way Out"	Restoration Garage "Wheeling and Dealing" (R)		
E! 20	Evening News at 6:00 p.m.		Wheel of Fortune	Jeopardy!	The Originals "House of the Rising Son" Claire Holt. (N)		Supernatural "I Think I'm Gonna Like it Here" (SP) (N)	CSI: Miami Emily Procter, David Caruso. (R)	Evening News at 11:00 p.m.			
CITV 21	The Young and the Restless		Early News	Global National	News Hour		Ent. Tonight Canada	Entertainment Tonight	Chicago Fire "Defcon 1" Jesse Spencer. (N)	NCIS "Under the Radar" Mark Harmon. (N)		
YTV 22	Hathaway	Victorious (R)	iCarly (R)	iCarly (R)	Wipeout		Funniest Home Videos		The Middle	Mr. Young (R)	Life Boys (R)	Splatatol (R)
TOON 23	Adv.Time (R)	Gumball (R)	Dragons (R)	Johnny Test	Detention (R)	Adv.Time	Futurama (R)	FamilyG (R)	Amer. Dad (R)	Robot/Robot	Archer (R)	Fugget (R)
TREE 24	Octonauts (R)	Mike the Kni	Backyard (R)	Toopy & B (R)	Big Friend (R)	Cat/ Hat	Caillou (R)	Mike the Kni	Toopy & B (R)	Zigby/Zigby	Big Friend (R)	Max & Ruby
W 28	Love It or List It "Stephanie and Peter" (R)		Property Brothers "Sarah and Mar" (R)		Property Brothers "Stephane and Karina" (N)		Good Wife "Waiting for the Knock" Julianna Margulies.	Undercover Boss "Liberty Entertainment Group" (R)	Be the Boss Canada "Quiznos" (R)			
NEWS 29	6:00 Power and Politics		The Lang and O'Leary Exchange		CBC News Now		CBC News: The National		CBC News Now		CBC News: The National	
MM 31	Today's Top 10 (R)		Video Trial	Video Trial	Simpsons (R)	Cleveland (R)	Today's Top 10 (R)		Tosh.O	Tosh.O	Conan (R)	
CBS 32	WBZ News	CBS Evening News	Wheel of Fortune	Jeopardy!	NCIS "Under the Radar" Mark Harmon. (N)	NCIS: LA "Omni" LL Cool J, Chris O'Donnell. (N)	Interest "Lady Killer" Michael Emerson, Jim Caviezel. (N)	WBZ News	:35 Letterman (N)			
BRAVO 33	The Listener "Iris" Colm Feore, Craig Olejnik. (R)		Flashpoint "Scorpio" (R)		Blue Bloods "Cellar Boy" Tom Selleck.		★ "Johnny Mnemonic" (Sci-Fi, 1995) Ice-T, Dina Meyer, Keanu Reeves.			The Listener "Iris" Colm Feore, Craig Olejnik. (R)		
TLC 34	Toddlers & Tiaras "Precious Moments Pageant" (R)		The Little Couple	The Little Couple	19 Kids "A Big Idea" (R)	19 Kids and Counting	19 Kids "Anniversaries to Remember!" (N)	The Little Couple (N)	Little C. "Will on Wheels" (R)	19 Kids "Anniversaries to Remember!" (R)		
DISC 35	Mighty Ships "Becrux" (R)		Daily Planet "Adrenaline Junkies Week - Day 2" (N)		To Be Announced		To Be Announced		Highway Thru Hell "Still Got It" (N)	How It's Made (R)	How It's Made (R)	
FOX 36	FOX 25 News at 6 p.m.	FOX 25 News at 6:30 p.m.	TMZ	Dish Nation	Dads (N)	Brooklyn Nine-Nine (N)	New Girl "The Captain" (N)	The Mindy Project (N)	FOX 25 News at 10 p.m.	FOX 25 News at 11 p.m.	TMZ	
SHOW 37	NCIS "Judgement Day" Mark Harmon.		Lost Girl "Table for Fae" (R)		"Web of Desire" (Drama, 2008) Adrian Hough, Claudette Mink, Dina Meyer.			King & Maxwell "Family Business"		NCIS "About Face" (R)		
SLICE 38	Lost and Sold	Lost and Sold	Friends	Friends	Ex-Wives of Rock	Ex-Wives "Heaven"	Princesses: Long Island "Who Are You, the Pope?"	Housewives/New Jersey "When Joes Collide"	Ex-Wives of Rock	Ex-Wives "Heaven" (R)		
COM 39	Match Game (R)	Corner Gas	Just for Laughs (R)		For Laughs: Gags (R)	Match Game	Comedy Now	Community	The Big Bang Theory	Parks and Recreation	The Daily Show (N)	The Colbert Report (N)
OWN 41	Life Story Project	Grocery Bag	Oprah Winfrey "Dr. Oz and the Ultimate Checklist" (R)		Grocery Bag	Grocery Bag	Oprah: Where Are They Now?	20/20 on OWN "The Power of Forgiveness" (N)	Oprah Presents Master Class "Goldie Hawn" (R)			
BNN 42	Market Call Tonight		Market	Commodities	Headline (R)		Shark Tank		Market Call (R)	Market	Commodities	
FAM 43	Phineas & Ferb/Wander	Phineas and Ferb	Shake It Up "I Do It Up" (R)	Good Luck Charlie	Good Luck Charlie	A.N.T. Farm	Wingin' It	Really Me	Good Luck Charlie	Jessie	Wizards	Princess "Out of Control" (R)
TBS 44	6:00 Baseball American League Division Series MLB (L)						Baseball American League Division Series (L)					
HGTV 46	Holmes Inspection "Bigger Not Better" (R)		Leave It to Bryan	Leave It to Bryan	House Hunters Int'l	House Hunters	Years Old	Five Years Old	Catastrophe Inc.	Catastrophe Inc.	House Hunters Int'l	House Hunters
SPACE 47	InnerSpace (R)	Forecast/End "Tsunami" (N)	Castle "Pandora" Stana Katic, Nathan Fillion. (R)		Stargate: SG-1 "Space Race" (R)		Face Off "Mortal Sins" (N)		Fangasm "Take Me to Your Lee-der" (N)	InnerSpace (R)	Castle "Pandora"	
MMM 48	VideoFlow (R)		Anger M.	Mike & Molly	America's Next Top Model		Pretty Little Liars		M3Top20.ca (R)			
OLN 49	Mantracker "Billy and the Rev" (R)		Storage Hunters	Storage Wars Texas	Storage Wars	Storage Wars	Duck Dynasty	Duck Dynasty	Storage Hunters	Storage Wars Texas	Storage Wars	Storage Wars
RSE 50	6:00 Baseball American League Division Series MLB (L)				Sportsnet Connected	Baseball American League Division Series MLB (L)						
SN360 51	Prime Time Sports		Aftermath	UFC Central	WWE Vintage		Poker European Tour		The Final Score		Games-Night	UFC Central
GOLF 52	Golf Central (L)	Inside the PGA Tour (N)	Golf Channel Academy (N)	Learning Center (N)	Big Break NFL "Meet the Players" (R)		Big Break NFL "Combine" (N)		Big Break NFL "Combine" (R)		Golf Central (R)	Big Break Academy (N)
TSN 53	SportsCentre		That's Hockey	24/7	To Be Announced				SportsCentre			
STAR 54	eTalk (R)	C. Lately (R)	The Social		TMZ Live! (R)		eTalk (R)	Hot/ Cleave.	Bev.HillPaw	Bev.HillPaw	C. Lately (R)	eTalk (R)
APTN 55	APTN National News		Heartland "Holding Fast"		Down2Earth	Gourmet (N)	Fit First (N)	U=US (N)	Indians (N)	Reel In "Saving Luna" (R)	APTN News	
VISION 56	Road to Avonlea		Murder, She Wrote		EastEnders	Fool Horse	★ "The Stork Derby" ("01) Megan Follows.				Enigma "Blavatsky" (R)	

MOVIES

WEDNESDAY 10/02

Morning

- 10:00 (W) **"Too Young to Marry"** (Romance,2007) *Polly Draper, Trevor Blumas*. A teenage couple decide to get married right before heading off to college. (PG)
(SHOW) **"Captive Hearts"** (Thriller,2005) *Tracey Gold, Chris Kramer*. Terrorists kidnap an executive and request that his company stop dealing with Europe. (14+)

Afternoon

- 12:00 (SHOW) **"Yesterday, Today and Tomorrow"** (Drama,2011) *Richard Thomas, Gary Harvey*. A journalist must deal with his future when he returns home to confront his past. (PG)
2:00 (SHOW) **"Captive Hearts"** (Thriller,2005) *Tracey Gold, Chris Kramer*. Terrorists kidnap an executive and request that his company stop dealing with Europe. (14+)
3:00 (W) **"A Decent Proposal"** (Drama,2007) *Andrew Airlie, Jessica Tuck*. After a pregnant woman's lover dies, she marries her billionaire boss. (PG)

Evening

- 9:00 (SHOW) **"Yesterday, Today and Tomorrow"** (Drama,2011) *Richard Thomas, Gary Harvey*. A journalist must deal with his future when he returns home to confront his past. (PG)
10:00 (BRAVO) **"Everything's Gone Green"** (Comedy,2006) *Paulo Costanzo, Steph Song*. A slacker schemes to rig the lottery in order to impress a woman's wealthy parents. (14+)

Late Night

- 2:30 (E) **"Our Town"** (Drama,1940) *A.J. Craven, William Holden*. Chronicles the courtship and marriage between an editor's daughter and a doctor's son. (G)
3:00 (W) **"Fly Away Home"** (Drama,1996) *Anna Paquin, Jeff Daniels*. A girl tries to teach a group of geese hatchlings how to migrate south for the winter. (PG)
(BRAVO) **"Everything's Gone Green"** (Comedy,2006) *Paulo Costanzo, Steph Song*. A slacker schemes to rig the lottery in order to impress a woman's wealthy parents. (14+)

THURSDAY 10/03

Morning

- 10:00 (W) **"A Decent Proposal"** (Drama,2007) *Andrew Airlie, Jessica Tuck*. After a pregnant woman's lover dies, she marries her billionaire boss. (PG)
(SHOW) **"Concrete Canyons"** (Crime Story,2009) *Scott Patterson*. A mountain man travels to Chicago to find his son who has gone into hiding.

Afternoon

- 12:00 (SHOW) **"Swarmed"** (Sci-Fi,2005) *Carol Alt, Michael Shanks*. A small town's annual hamburger cook-off is interrupted by a swarm of yellow-jacket wasps. (14+)
2:00 (SHOW) **"Concrete Canyons"** (Crime Story,2009) *Scott Patterson*. A mountain man travels to Chicago to find his son who has gone into hiding. (PG)
3:00 (W) **"Confined"** (Thriller,2010) *David James Elliott, Emma Caulfield*. A woman fears her neighbour may be confining someone in his basement under duress. (14+)

Evening

- 9:00 (SHOW) **"Swarmed"** (Sci-Fi,2005) *Carol Alt, Michael Shanks*. A small town's annual hamburger cook-off is interrupted by a swarm of yellow-jacket wasps. (14+)
10:00 (SPACE) **"Decoys"** (Sci-Fi,2003) *Nicole Eggert, Cory Sevier*. A college student suspects that some of the females on his campus may not be human. (18+)
(APTN) **"45RPM"** (Comedy,2012) *Jason Thompson, Liza Burns*. A teenager believes a contest on a New York radio station could be his ticket out of town.
(VISION) **"Columbo: Fade in to Murder"** (Mystery,1976) *Peter Falk, William Shatner*. An actor, famous for his TV role as a detective, murders his blackmailing producer. (PG)

Late Night

- 1:00 (VISION) **"The Madness of King George"** (History,1994) *Helen Mirren, Nigel Hawthorne*. King George III of England struggles to retain his authority as he spirals into illness. (PG)
2:00 (APTN) **"45RPM"** (Comedy,2012) *Jason Thompson, Liza Burns*. A teenager believes a contest on a New York radio station could be his ticket out of town.
2:30 (E) **"Abilene Town"** (Western,1946) *Ann Dvorak, Randolph Scott*. A patient sheriff tries to straighten out a homestead conflict after the Civil War. (G)
(SPACE) **"Decoys"** (Sci-Fi,2003) *Nicole Eggert, Cory Sevier*. A college student suspects that some of the females on his campus may not be human. (18+)
3:00 (W) **"Two Weeks Notice"** (Comedy,2002) *Hugh Grant, Sandra Bullock*. A tycoon and a lawyer can't get along, until they find they can't live without each other. (14+)

FRIDAY 10/04

Morning

- 10:00 (SHOW) **"Riverworld"** (Sci-Fi,2010) *Tahmoh Penikett, Mark Deklin*. Riverworld is a strange and beautiful place with a current abode of fascinating dead. (14+)

Afternoon

- 12:00 (SHOW) **"Riverworld"** (Sci-Fi,2010) *Tahmoh Penikett, Mark Deklin*. Riverworld is a strange and beautiful place with a current abode of fascinating dead. (14+)
2:00 (SHOW) **"Riverworld"** (Sci-Fi,2010) *Tahmoh Penikett, Mark Deklin*. Riverworld is a strange and beautiful place with a current abode of fascinating dead. (14+)
3:00 (W) **"Why I Wore Lipstick to My Mastectomy"** (Drama,2006) *Patti LaBelle, Sarah Chalke*. Geryluc Lucas has to make the biggest decision of her life; story of self-acceptance. (14+)

Evening

- 6:00 (SHOW) **"Riverworld"** (Sci-Fi,2010) *Tahmoh Penikett, Mark Deklin*. Riverworld is a strange and beautiful place with a current abode of fascinating dead. (14+)
8:00 (SHOW) **"Riverworld"** (Sci-Fi,2010) *Tahmoh Penikett, Mark Deklin*. Riverworld is a strange and beautiful place with a current abode of fascinating dead. (14+)
9:00 (E) **"The Dish"** (Comedy,2000) *Kevin Harrington, Sam Neill*. A town is overwhelmed when NASA uses their dish to broadcast the landing on the moon. (PG)
(FAM) **"Girl vs. Monster"** (Comedy,2012) *Luke Benward, Olivia Holt*. A confident fifteen-year-old girl discovers on Halloween that she is a monster hunter. (PG)
10:00 (CMT) **"Wedding Crashers"** (Comedy,2005) *Owen Wilson, Vince Vaughn*. Two womanizers sneak into weddings to take advantage of the romantic tinge in the air. (14+)
(TOON) **"Batman: Under the Red Hood"** (Animated,2010) A figure from the Dark Knight's past returns, forcing him to revisit events of his career. (G)
(W) **"Two Weeks Notice"** (Comedy,2002) *Hugh Grant, Sandra Bullock*. A tycoon and a lawyer can't get along, until they find they can't live without each other. (14+)
(SPACE) **"2-Headed Shark Attack"** (Sci-Fi,2012) *Charlie O'Connell*. A mutant two-headed shark attacks a group of college students. (14+)
(APTN) **"Runaway Jury"** (Thriller,2003) *Gene Hackman, John Cusack*. Corruption and double-dealing run rampant at the trial of a major gun manufacturer. (14+)
11:00 (FAM) **"Twitches"** (Family,2005) *Tamera Mowry, Tia Mowry*. Magical twin sisters separated at birth unite and set off to save their magical homeland. (G)

Late Night

- 12:15 (SHOW) **"Fast & Furious"** (Action,2009) *Paul Walker, Vin Diesel*. Dom returns to America, when Letty is killed, to find her killer and settle the score. (14+)
1:00 (CMT) **"Wedding Crashers"** (Comedy,2005) *Owen Wilson,*

Vince Vaughn. Two womanizers sneak into weddings to take advantage of the romantic tinge in the air. (14+)

(TOON) **"Batman: Under the Red Hood"** (Animated,2010) A figure from the Dark Knight's past returns, forcing him to revisit events of his career. (G)
(VISION) **"Memories of Me"** (Comedy,1988) *Alan King, Billy Crystal*. A man tries to reconcile with his estranged father, which proves almost impossible. (14+)

- 2:00 (APTN) **"Runaway Jury"** (Thriller,2003) *Gene Hackman, John Cusack*. Corruption and double-dealing run rampant at the trial of a major gun manufacturer. (14+)
2:30 (SPACE) **"2-Headed Shark Attack"** (Sci-Fi,2012) *Charlie O'Connell*. A mutant two-headed shark attacks a group of college students. (14+)
3:00 (W) **"Rumor Has It"** (Comedy,2005) *Kevin Costner, Jennifer Aniston*. A recently engaged woman is determined to uncover the truth about her family's past. (PG)
3:30 (SHOW) **"Unknown"** (Mystery,2011) *Liam Neeson, Diane Kruger*. After awakening from a coma, a man discovers that his identity was stolen. (14+)
4:00 (CMT) **"Wedding Crashers"** (Comedy,2005) *Owen Wilson, Vince Vaughn*. Two womanizers sneak into weddings to take advantage of the romantic tinge in the air. (14+)
(E) **"Happy Go Lovely"** (Musical,1951) *Lloyd Niven, Vera Ellen*. A girl wins a role in a play when the producer believes that her boyfriend is rich. (PG)

SATURDAY 10/05

Morning

- 11:00 (TOON) **"Scooby-Doo! Camp Scare"** (Animated,2010) Welcome to Camp Little Moose -- where the counselors are friendly. (G)
(W) **"Two Weeks Notice"** (Comedy,2002) *Hugh Grant, Sandra Bullock*. A tycoon and a lawyer can't get along, until they find they can't live without each other. (14+)
11:30 (TBS) **"Lara Croft: Tomb Raider"** (Adventure,2001) *Angelina Jolie, Jon Voight*. A wealthy adventurer must prevent an organization from obtaining a powerful relic. (14+)

Afternoon

- 12:00 (SHOW) **"Live Free or Die Hard"** (Action,2007) *Bruce Willis, Justin Long*. John McClane takes on a group of terrorists who are hacking into government files. (14+)
1:00 (FAM) **"Halloweentown"** (Comedy,1998) *Debbie Reynolds, Judith Hoag*. A girl, after learning she is a witch, must help her family save Halloweentown from evil. (PG)
1:30 (BRAVO) **"First Knight"** (Action,1995) *Richard Gere, Sean Connery*. A dangerous love triangle forms between Lady Guinevere, King Arthur and Sir

Lancelot. (14+)

2:00 **(HIST)** **"Tears of the Sun"** (Action,2003) *Bruce Willis, Monica Bellucci*. A career soldier is forced to choose between following orders and saving lives. (18+)

3:00 **(Global)** **"Angels and Demons"** (Mystery,2009) *Ewan McGregor, Tom Hanks*. A professor is called upon to help prevent an attack on the Vatican and solve a murder. (14+)

(A) **"Turn the Beat Around"** (Drama,2010) *Brooklyn Sudano, Jacqueline MacInnes Wood*. A struggling dancer and a young club promoter try to bring Disco back in Los Angeles. (PG)

(A&E) **"The Bucket List"** (Adventure,2007) *Jack Nicholson, Morgan Freeman*. Two men leave their deathbed to take a road trip and do things they have always wanted. (14+)

(E) **"Babe: Pig in the City"** (Family,1998) *James Cromwell, Magda Szubanski*. Babe travels to the big city to help farmer Hoggett save the farm from bankruptcy. (PG)

(SHOW) **"Unknown"** (Mystery,2011) *Liam Neeson, Diane Kruger*. After awakening from a coma, a man discovers that his identity was stolen.

(APTN) **"Runaway Jury"** (Thriller,2003) *Gene Hackman, John Cusack*. Corruption and double-dealing run rampant at the trial of a major gun manufacturer. (14+)

4:00 **(BRAVO)** **"Robin Hood"** (Adventure,2010) *Cate Blanchett, Russell Crowe*. A lowly archer gets more than he bargained for when he helps a dying knight. (14+)

5:00 **(A)** **"Luna: Spirit of the Whale"** (Drama,2007) *Adam Beach, Graham Greene*. A dramatization of a lone orca whale and a man searching for his place in the world. (G)

(E) **"The Last Mimzy"** (Family,2007) *Chris O'Neil, Rhiannon Leigh Wryn*. When two children discover a strange box of toys, they are transformed into geniuses. (PG)

(W) **"Ella Enchanted"** (Fantasy,2004) *Anne Hathaway, Cary Elwes*. A young woman who has been cursed to be completely obedient falls for a prince. (PG)

(SPACE) **"2-Headed Shark Attack"** (Sci-Fi,2012) *Charlie O'Connell*. A mutant two-headed shark attacks a group of college students. (14+)

5:30 **(CITY)** **"Angels and Demons"** (Mystery,2009) *Ewan McGregor, Tom Hanks*. A professor is called upon to help prevent an attack on the Vatican and solve a murder. (14+)

(SHOW) **"True Grit"** (Adventure,2010) *Jeff Bridges, Matt Damon*. A 14-year-old girl enlists a U.S. marshal to help her capture her father's killer.)

Evening

6:00 **(TOON)** **"Despicable Me"** (Animated,2010) *Steve Carell, Jason Segel*. A criminal mastermind uses three orphans in his grand scheme to steal the moon. (PG)

7:30 **(W)** **"Knight and Day"** (Action,2010) *Tom Cruise*. A secret agent realizes he is not expected to live through his current mission. (PG)

8:00 **(A)** **"Almost Heaven"** (Comedy,2007) *Bruce Allen, Linda Boyd*. A Canadian television director is hired to salvage a fishing show in Scotland. (14+)

(TOON) **"Megamind"** (Animated,2010) *Will Ferrell, Jonah Hill*. A bored supervillain creates a new foe for the purpose of destroying the world. (PG)

9:00 **(SHOW)** **"Screamers: The Hunting"** (Horror,2009) *Gina Holden, Jana Pallaske*. After arriving on Sirius 6-B, a rescue team discovers the looming threat of 'screamers.' (14+)

10:00 **(HIST)** **"Black Hawk Down"** (Action,2001) *Eric Bana, Josh Hartnett*. An elite team of peacekeepers attempt to kidnap a crime lord's top lieutenants in Somalia. (18+)

(TOON) **"Dumb and Dumber"** (Comedy,1994) *Jeff Daniels, Jim Carrey*. Two pals decide to do something right by driving across the country to return a briefcase. (14+)

(W) **"Red"** (Action,2010) *Bruce Willis, Mary-Louise Parker*. A retired black-ops agent puts his team back together after being attacked in his home. (14+)

(FAM) **"Twitches Too"** (Family,2007) *Tamera Mowry, Tia Mowry*. The twin witches are back as they battle complete different schedules and a lurking enemy. (PG)

(SPACE) **"The Expendables"** (Action,2010) *Eric Roberts, Jet Li*. A group of mercenaries travel to South America to overthrow a dictator. (18+)

(APTN) **"Fracture"** (Thriller,2007) *Ryan Gosling, Anthony Hopkins*. An engineer and an ambitious district attorney become locked in a deadly battle of wits. (14+)

11:00 **(BRAVO)** **"Robin Hood"** (Adventure,2010) *Cate Blanchett, Russell Crowe*. A lowly archer gets more than he bargained for when he helps a dying knight. (14+)

(SHOW) **"True Grit"** (Adventure,2010) *Jeff Bridges, Matt Damon*. A 14-year-old girl enlists a U.S. marshal to help her capture her father's killer.

11:30 **(FAM)** **"Under Wraps"** (Adventure,1997) *Adam Wylie, Mario Yedidia*. Three friends endanger themselves when they help a mummy reunite with a lost love. (PG)

Late Night

12:05 **(ATV)** **"These Girls"** (Comedy,2005) *David Boreanaz, Amanda Walsh*. Three girls on summer vacation try to blackmail an older man into having sex with them.

12:15 **(SPACE)** **"Predators"** (Sci-Fi,2010) *Adrien Brody, Topher Grace*. A group of elite warriors are hunted by a merciless alien race through the jungle. (18+)

12:30 **(W)** **"Red"** (Action,2010) *Bruce Willis, Mary-Louise Parker*. A retired black-ops

agent puts his team back together after being attacked in his home. (14+)

1:00 **(TOON)** **"Resident Evil"** (Action,2002) *Milla Jovovich, Michelle Rodriguez*. The leaders of a commando team break into a secret laboratory where a deadly virus looms.

(SLICE) **"Monster-in-Law"** (Comedy,2005) *Jane Fonda, Jennifer Lopez*. A possessive mother is determined to ruin her son's marriage before it gets started. (PG)

(COM) **"Meet the Parents"** (Comedy,2000) *Ben Stiller, Robert De Niro*. A male nurse encounters his worst nightmare when he meets his girlfriend's parents. (PG)

(OWN) **"The Joy Luck Club"** (Drama,1993) *France Buyen, Rosalind Rao*. The life stories of four Chinese women and their assimilated American daughters. (18+)

1:30 **(SHOW)** **"Unknown"** (Mystery,2011) *Liam Neeson, Diane Kruger*. After awakening from a coma, a man discovers that his identity was stolen.

(TBS) **"Men in Black II"** (Sci-Fi,2002) *Tommy Lee Jones, Will Smith*. Two secret agents are called in to battle an alien disguised as a lingerie model. (14+)

1:55 **(BRAVO)** **"First Knight"** (Action,1995) *Richard Gere, Sean Connery*. A dangerous love triangle forms between Lady Guinevere, King Arthur and Sir Lancelot. (14+)

2:00 **(APTN)** **"Fracture"** (Thriller,2007) *Ryan Gosling, Anthony Hopkins*. An engineer and an ambitious district attorney become locked in a deadly battle of wits. (14+)

2:30 **(SPACE)** **"From Dusk Till Dawn"** (Horror,1995) *George Clooney, Quentin Tarantino*. Fugitive brothers flee Texas with hostages and end up in a vampire-filled Mexican town.

3:00 **(E)** **"McLintock!"** (Western,1963) *John Wayne, Maureen O'Hara*. A cattle baron deals with troublesome government agents and an unhappy home life. (PG)

(SLICE) **"Wedding Daze"** (Comedy,2006) *Jason Biggs, Isla Fisher*. On a dare, a depressed young man proposes to a waitress and unexpectedly finds love. (14+)

3:15 **(COM)** **"Analyze This"** (Comedy,1999) *Billy Crystal, Robert De Niro*. A powerful gangster uses a psychiatrist to help him overcome his anxiety attacks. (14+)

4:00 **(SHOW)** **"True Grit"** (Adventure,2010) *Jeff Bridges, Matt Damon*. A 14-year-old girl enlists a U.S. marshal to help her capture her father's killer. (PG)

4:40 **(BRAVO)** **"Legend"** (Drama,1986) *Mia Sara, Tom Cruise*. A hero must stop the Lord of Darkness from destroying daylight and marrying his beloved. (PG)

4:45 **(SPACE)** **"The Expendables"** (Action,2010) *Eric Roberts, Jet Li*. A group of mercenaries travel to South America to

overthrow a dictator. (18+)

SUNDAY 10/06

Morning

9:00 **(SPACE)** **"Killer Mountain"** (Thriller,2011) *Paul Campbell, Aaron Douglas*. When a climbing expedition goes wrong, an experienced climber is hired to rescue the team.

10:00 **(TOON)** **"Despicable Me"** (Animated,2010) *Steve Carell, Jason Segel*. A criminal mastermind uses three orphans in his grand scheme to steal the moon. (PG)

11:00 **(A&E)** **"The Bucket List"** (Adventure,2007) *Jack Nicholson, Morgan Freeman*. Two men leave their deathbed to take a road trip and do things they have always wanted. (14+)

(W) **"Knight and Day"** (Action,2010) *Tom Cruise*. A secret agent realizes he is not expected to live through his current mission. (PG)

(SHOW) **"Just Go With It"** (Comedy,2011) *Adam Sandler, Jennifer Aniston*. A plastic surgeon convinces his assistant to pose as his soon-to-be ex-wife. (14+)

(TBS) **"The Librarian: Quest for the Spear"** (Action,2004) *Noah Wyle, Kelly Hu*. A librarian sets out to ensure the return of a magical artifact stolen from the library. (PG)

Afternoon

12:00 **(TOON)** **"Megamind"** (Animated,2010) *Will Ferrell, Jonah Hill*. A bored supervillain creates a new foe for the purpose of destroying the world. (PG)

1:00 **(BRAVO)** **"Speechless"** (Comedy,1994) *Geena Davis, Michael Keaton*. Two speechwriters working for opposing political candidates meet and fall in love. (14+)

(FAM) **"Halloweentown 2: Kalabar's Revenge"** (Fantasy,2001) *Debbie Reynolds, Kimberly J. Brown*. Marnie tries to stop a Warlock who wants to turn everyone into their Halloween costume.

(TBS) **"The Librarian: Return to King Solomon's Mines"** (Fantasy,2006) *Noah Wyle, Lisa Brenner*. After finding a map, a librarian-turned-adventurer sets out to find King Solomon's mines.

1:30 **(SHOW)** **"Glee The 3D Concert Movie"** (Musical,2011) Documentary following the musical exploits of the Glee cast as they perform in concert.

2:00 **(E)** **"McLintock!"** (Western,1963) *John Wayne, Maureen O'Hara*. A cattle baron deals with troublesome government agents and an unhappy home life. (PG)

2:30 **(FAM)** **"Teen Beach Movie"** (Family,2013) *Ross Lynch, Maia Mitchell*. Brady and McKenzie try to return to present day; their lives may be changed forever. (PG)

3:00 **(A)** **"Luna: Spirit of the Whale"** (Drama,2007) *Adam Beach, Graham Greene*. A dramatization of a lone orca whale and a man searching for

his place in the world. (G)
(BRAVO) "Maid in Manhattan" (Comedy,2002) *Jennifer Lopez, Ralph Fiennes*. A senatorial candidate falls for a hotel maid who is posing as a Manhattan socialite. (14+)
(OWN) "The Duchess" (Drama,2008) *Keira Knightley, Ralph Fiennes*. A young duchess gets pleasure from integrating herself into social and political circles. (14+)
(TBS) "The Librarian: Curse of the Judas Chalice" (Action,2008) *Bob Newhart, Noah Wyle*. A librarian must protect the Judas Chalice, one of the world's most sacred artifacts. (PG)
(APTN) "Fracture" (Thriller,2007) *Ryan Gosling, Anthony Hopkins*. An engineer and an ambitious district attorney become locked in a deadly battle of wits. (14+)
3:30 **(Global)** "How Do You Know" (Comedy/Drama,2010) *Reese Witherspoon*. A softball player finds herself caught in a love triangle after being cut from the team. (PG)
(SHOW) "Grown Ups" (Comedy,2010) *Adam Sandler, Kevin James*. Five good friends and former teammates reunite after their basketball coach passes away. (PG)
(SLICE) "Wedding Daze" (Comedy,2006) *Jason Biggs, Isla Fisher*. On a dare, a depressed young man proposes to a waitress and unexpectedly finds love. (14+)
4:30 **(E)** "Peter Pan" (Fantasy,2003) *Jason Isaacs, Olivia Williams*. Children follow Peter Pan on an adventure that includes a battle with Captain Hook. (PG)
5:00 **(CBC)** "Mars Needs Moms" (Animated,2011) *Joan Cusack, Seth Green*. A young boy learns to appreciate his mother after she is abducted by aliens. (PG)
(W) "Red" (Action,2010) *Bruce Willis, Mary-Louise Parker*. A retired black-ops agent puts his team back together after being attacked in his home. (14+)
(BRAVO) "The Wedding Planner" (Romance,2001) *Jennifer Lopez, Matthew McConaughey*. A workaholic wedding planner falls for the engaged doctor whose wedding she is organizing. (PG)
5:30 **(SHOW)** "Just Go With It" (Comedy,2011) *Adam Sandler, Jennifer Aniston*. A plastic surgeon convinces his assistant to pose as his soon-to-be ex-wife. (14+)
(SLICE) "Monster-in-Law" (Comedy,2005) *Jane Fonda, Jennifer Lopez*. A possessive mother is determined to ruin her son's marriage before it gets started. (PG)

Evening

6:00 **(CITY)** "How Do You Know" (Comedy/Drama,2010) *Reese Witherspoon*. A softball player finds herself caught in a love triangle after being cut from the team. (PG)
7:30 **(SLICE)** "Water for Elephants" (Drama,2011) *Reese Witherspoon, Robert*

Pattinson. After his parents are killed, a student leaves school and joins the circus as their vet. (PG)
9:00 **(SPACE)** "Killer Mountain" (Thriller,2011) *Paul Campbell, Aaron Douglas*. When a climbing expedition goes wrong, an experienced climber is hired to rescue the team. (14+)
9:30 **(E)** "The Bourne Supremacy" (Suspense,2004) *Franka Potente, Matt Damon*. A former assassin from a top secret project is framed for a botched CIA operation. (14+)
10:00 **(W)** "Rumor Has It" (Comedy,2005) *Kevin Costner, Jennifer Aniston*. A recently engaged woman is determined to uncover the truth about her family's past. (PG)
(BRAVO) "The Wedding Planner" (Romance,2001) *Jennifer Lopez, Matthew McConaughey*. A workaholic wedding planner falls for the engaged doctor whose wedding she is organizing. (PG)
(FAM) "Don't Look Under the Bed" (Fantasy,1999) *Eric Hodges, Erin Chambers*. Frances McCausland is being framed by the Boogeyman for pranks that he has committed. (PG)
(APTN) "What Happens in Vegas" (Comedy,2008) *Ashton Kutcher, Cameron Diaz*. A couple sets out to make life difficult for each other after a wild time in Vegas. (PG)
11:30 **(FAM)** "The Scream Team" (Family,2002) *Eric Idle, Kathy Najimy*. Teenage siblings Ian and Claire accompany their father to his childhood home. (G)

Late Night

12:15 **(BRAVO)** "Maid in Manhattan" (Comedy,2002) *Jennifer Lopez, Ralph Fiennes*. A senatorial candidate falls for a hotel maid who is posing as a Manhattan socialite. (14+)
1:00 **(SLICE)** "Water for Elephants" (Drama,2011) *Reese Witherspoon, Robert Pattinson*. After his parents are killed, a student leaves school and joins the circus as their vet. (PG)
(COM) "There's Something About Mary" (Comedy,1998) *Ben Stiller, Cameron Diaz*. A sleazy private detective falls for the woman his client hired him to locate. (14+)
1:30 **(TBS)** "Fast & Furious" (Action,2009) *Paul Walker, Vin Diesel*. Dom returns to America, when Letty is killed, to find her killer and settle the score. (14+)
2:00 **(APTN)** "What Happens in Vegas" (Comedy,2008) *Ashton Kutcher, Cameron Diaz*. A couple sets out to make life difficult for each other after a wild time in Vegas. (PG)
2:30 **(E)** "Rhodes of Africa" (Drama,1936) *Oscar Homolka, Walter Houston*. The story of Cecil Rhodes, a Briton who dreamed of 'taming' Africa during imperialism. (PG)
(BRAVO) "Soapdish" (Comedy,1991) *Kevin Kline, Sally Field*. Follow the behind-

the-scenes rivalries and love affairs of a cast of soap opera actors. (14+)
3:00 **(SHOW)** "Grown Ups" (Comedy,2010) *Adam Sandler, Kevin James*. Five good friends and former teammates reunite after their basketball coach passes away. (PG)
3:30 **(COM)** "Austin Powers: International Man of Mystery" (Comedy,1997) *Elizabeth Hurley, Mike Myers*. A '60s secret agent is brought out of cryofreeze to take on his nemesis in the '90s. (14+)
4:45 **(BRAVO)** "Speechless" (Comedy,1994) *Geena Davis, Michael Keaton*. Two speechwriters working for opposing political candidates meet and fall in love. (14+)
5:00 **(SHOW)** "Glee The 3D Concert Movie" (Musical,2011) *Documentary* following the musical exploits of the Glee cast as they perform in concert. (PG)

MONDAY 10/07

Morning

10:00 **(SHOW)** "Fatal Performance" (Suspense,2011) *Nicholle Tom, David Palffy*. An aspiring actress hired to impersonate a businesswoman at a reception. (14+)

Afternoon

12:00 **(SHOW)** "Dear Mr. Gacy" (Drama,2010) *William Forsythe, Richard Harmon*. A college student earns the trust and friendship of serial killer, John Gacy. (18+)
2:00 **(SHOW)** "Fatal Performance" (Suspense,2011) *Nicholle Tom, David Palffy*. An aspiring actress hired to impersonate a businesswoman at a reception.

Evening

9:00 **(SHOW)** "Fatal Performance" (Suspense,2011) *Nicholle Tom, David Palffy*. An aspiring actress hired to impersonate a businesswoman at a reception. (14+)
10:00 **(E)** "Music and Lyrics" (Romance,2007) *Hugh Grant, Zak Orth*. A popular singer from the past has the chance to become famous again by a new age singer. (PG)
(SPACE) "Black Christmas" (Horror,1974) *Keir Dullea, Olivia Hussey*. A sorority house is terrorized by a serial killer during Christmas break. (18+)
(APTN) "Ce qu'il faut pour vivre" (Drama,2006) *Natar Ungalaq, Eveline Gélinas*. Un père inuit atteint de tuberculose doit quitter sa famille pour être soigné au Québec. (G)

Late Night

1:00 **(VISION)** "Written on the Wind" (Drama,1956) *Lauren Bacall, Rock Hudson*. A young woman marries into a corrupt oil family then falls for her husband's best friend. (PG)
2:00 **(APTN)** "Ce qu'il faut pour vivre" (Drama,2006) *Natar Ungalaq, Eveline Gélinas*. Un père inuit atteint de tuberculose doit quitter sa famille pour être

soigné au Québec. (G)
2:30 **(E)** "At War With the Army" (Comedy,1950) *Dean Martin, Jerry Lewis*. Two recruits get mixed up in all kinds of wild situations at their Army base. **(SPACE)** "Black Christmas" (Horror,1974) *Keir Dullea, Olivia Hussey*. A sorority house is terrorized by a serial killer during Christmas break. (18+)

TUESDAY 10/08

Morning

10:00 **(W)** "Why I Wore Lipstick to My Mastectomy" (Drama,2006) *Patti LaBelle, Sarah Chalke*. GERALYN Lucas has to make the biggest decision of her life; story of self-acceptance. (14+)
(SHOW) "Web of Desire" (Drama,2008) *Dina Meyer, Adrian Hough*. An ambitious doctor succumbs to the desires of an online confidant, risking her career. (14+)

Afternoon

12:00 **(SHOW)** "Sight Unseen" (Thriller,2008) *Tracey Gold, Andrew Francis*. A detective unknowingly gets involved in a murder plot after befriending a suspects wife. (PG)
2:00 **(SHOW)** "Web of Desire" (Drama,2008) *Dina Meyer, Adrian Hough*. An ambitious doctor succumbs to the desires of an online confidant, risking her career. (14+)
3:00 **(W)** "Love Thy Neighbor" (Comedy,1984) *John Ritter, Penny Marshall*. A suburban couple with differing personalities and habits are drawn into an affair. (PG)

Evening

9:00 **(SHOW)** "Web of Desire" (Drama,2008) *Dina Meyer, Adrian Hough*. An ambitious doctor succumbs to the desires of an online confidant, risking her career. (14+)
10:00 **(BRAVO)** "Johnny Mnemonic" (Sci-Fi,1995) *Keanu Reeves, Ice-T*. A man smuggles secret information via a computer chip in his head from Beijing to the U.S. (18+)
(VISION) "The Stork Derby" (True Story,2001) *Megan Follows, Terry Simpson*. A man leaves \$1 million to the woman who has the most babies ten years after his death. (PG)

Late Night

1:00 **(VISION)** "All That Heaven Allows" (Drama,1955) *Jane Wyman, Rock Hudson*. A widow is forced to choose between love and convention when she falls for a gardener. (PG)
2:30 **(E)** "Something to Sing About" (Musical,1936) *James Cagney, Evelyn Daw*. A New York bandleader journeys to Hollywood when he is offered a contract with a studio. (G)
3:00 **(BRAVO)** "Johnny Mnemonic" (Sci-Fi,1995) *Keanu Reeves, Ice-T*. A man smuggles secret information via a computer chip in his head from Beijing to the U.S. (18+)

SPORTS

WEDNESDAY 10/02

Afternoon

- 3:30 **(RSE)** Soccer Bayern Munich vs. Manchester City UEFA Champions League *LIVE*
(SN360) Soccer Galatasaray CC vs. Juventus UEFA Champions League *LIVE*

Evening

- 6:00 **(SN360)** Poker WPT Best Of
 8:30 **(TSN)** Hockey Toronto Maple Leafs vs. Philadelphia Flyers NHL Wells Fargo Center Philadelphia, Pa. *LIVE*
 9:00 **(TBS)** Baseball MLB American League Wild Card *LIVE*
 9:30 **(RSE)** Baseball MLB American League Wild Card *LIVE*

THURSDAY 10/03

Morning

- 10:00 **(GOLF)** Golf EPGA Seve Trophy Saint-Nom-La-Breteche Paris, France Round 1 *LIVE*

Afternoon

- 1:00 **(TSN)** Golf PGA Presidents Cup Muirfield Village Golf Club Dublin, Ohio Four-Ball Matches
 2:00 **(RSE)** Soccer UEFA Europa League *LIVE*
 4:00 **(RSE)** **(SN360)** Soccer UEFA Europa League *LIVE*

Evening

- 6:00 **(TBS)** Baseball MLB American League Division Series *LIVE*
(TSN) Hockey Calgary Flames vs. Washington Capitals NHL Verizon Center Washington, D.C.
 8:00 **(SN360)** Football NCAA *LIVE*
(RSE) Football Buffalo Bills vs. Cleveland Browns NFL Firstenergy Stadium Cleveland, Ohio *LIVE*
 9:30 **(TBS)** Baseball MLB American League Division Series *LIVE*
 11:00 **(TSN)** Hockey Vancouver Canucks vs. San Jose Sharks NHL HP Pavillion San Jose, Calif. *LIVE*

FRIDAY 10/04

Morning

- 10:00 **(GOLF)** Golf EPGA Seve

Trophy Saint-Nom-La-Breteche Paris, France Round 2 *LIVE*

Afternoon

- 2:00 **(RSE)** Baseball MLB National League Division Series *LIVE*
(TSN) Golf PGA Presidents Cup Muirfield Village Golf Club Dublin, Ohio Foursome Matches *LIVE*
 2:30 **(TBS)** Baseball MLB American League Division Series *LIVE*

EVENING

- 6:00 **(TBS)** Baseball MLB American League Division Series *LIVE*
(RSE) Hockey Ottawa Senators vs. Buffalo Sabres NHL First Niagara Center Buffalo, N.Y.
(TSN) Football Hamilton Tiger-Cats vs. Toronto Argonauts CFL Rogers Centre Toronto, Ont. *LIVE*
 9:30 **(TBS)** Baseball MLB American League Division Series *LIVE*
(RSE) Baseball MLB American League Division Series *LIVE*
(TSN) Football Saskatchewan Roughriders vs. British Columbia Lions CFL B.C. Place Stadium Vancouver, B.C. *LIVE*

SATURDAY 10/05

Morning

- 8:30 **(TSN)** Soccer Everton vs. Manchester City EPL Etihad Stadium Manchester, England *LIVE*
 9:00 **(NBC)** Golf PGA President's Cup Muirfield Village Golf Club Dublin, Ohio Round 3 *LIVE*
(GOLF) Golf EPGA Seve Trophy Saint-Nom-La-Breteche Paris, France Round 3
 10:30 **(RSE)** Soccer Crystal Palace vs. Liverpool EPL Anfield Road Liverpool, England *LIVE*
 11:00 **(TSN)** Soccer Stoke City vs. Fulham EPL Craven Cottage London, England *LIVE*

Afternoon

- 12:30 **(CBS)** Football Air Force vs. Navy NCAA *LIVE*
 1:00 **(RSE)** Soccer Manchester United vs. Sunderland EPL Stadium of Light Sunderland, England *LIVE*
(SN360) Poker European Tour
 2:00 **(SRC)** Football Université de Montréal c. Vert & Or de Sherbrooke SIC
(SN360) Football Carleton Ravens vs. Ottawa GeeGee's CIS *LIVE*

- 2:30 **(TSN)** Poker World Series of Poker
 4:00 **(GOLF)** Golf LPGA Reignwood Pine Valley Classic Pine Valley Golf Resort and Country Club Beijing, China Round 3
 4:30 **(ABC)** **(CBS)** Football NCAA *LIVE*
(RSE) Soccer EPL
(TSN) Football Montreal Alouettes vs. Edmonton Eskimos CFL Commonwealth Stadium Edmonton, Alta. *LIVE*

Evening

- 6:00 **(TBS)** Baseball MLB American League Division Series *LIVE*
(RSE) Baseball MLB American League Division Series *LIVE*
 7:30 **(TSN)** Football Winnipeg Blue Bombers vs. Calgary Stampeders CFL McMahon Stadium Calgary, Alta. *LIVE*
 8:00 **(CBC)** Hockey Ottawa Senators vs. Toronto Maple Leafs NHL Air Canada Centre Toronto, Ont. *LIVE*
(FOX) Football TCU vs. Oklahoma NCAA *LIVE*
 8:30 **(NBC)** Football Arizona State vs. Notre Dame NCAA *LIVE*
 9:05 **(ABC)** Football Ohio State vs. Northwestern NCAA *LIVE*
 9:30 **(TBS)** Baseball MLB American League Division Series *LIVE*
(RSE) Baseball MLB American League Division Series *LIVE*
 10:30 **(RSE)** Baseball MLB American League Division Series *LIVE*
 11:00 **(CBC)** Hockey Edmonton Oilers vs. Vancouver Canucks NHL Rogers Arena Vancouver, B.C. *LIVE*

SUNDAY 10/06

Morning

- 9:30 **(TSN)** Soccer Chelsea vs. Norwich EPL Carrow Road Norwich, England *LIVE*

Afternoon

- 1:00 **(NBC)** Golf PGA President's Cup Muirfield Village Golf Club Dublin, Ohio Final Round *LIVE*
(GOLF) Golf EPGA Seve Trophy Saint-Nom-La-Breteche Paris, France Final Round
(TSN) Golf PGA Presidents Cup Muirfield Village Golf Club Dublin, Ohio Singles *LIVE*
 2:00 **(ATV)** Football NFL *LIVE*
(CBS) Football New England Patriots vs. Cincinnati Bengals NFL Paul Brown Stadium Cincinnati, Ohio *LIVE*
(RSE) Auto Racing INDYCAR Grand Prix of Houston Reliant Park Houston, Texas IndyCar Series *LIVE*

- 4:00 **(GOLF)** Golf LPGA Reignwood Pine Valley Classic Pine Valley Golf Resort and Country Club Beijing, China Final Round
 5:00 **(FOX)** Football Carolina Panthers vs. Arizona Cardinals NFL University of Phoenix Stadium Glendale, Ariz. *LIVE*
(RSE) Football NFL *LIVE*
(SN360) Soccer Carolina Rail Hawks vs. FC Edmonton NASL *LIVE*
 5:25 **(CBS)** Football Denver Broncos vs. Dallas Cowboys NFL AT&T Stadium Arlington, Texas *LIVE*

Evening

- 6:00 **(TBS)** Baseball MLB American League Division Series *LIVE*
(TSN) Football Houston Texans vs. San Francisco 49ers NFL Candlestick Park San Francisco, Calif. *LIVE*
 9:20 **(NBC)** Football Houston Texans vs. San Francisco 49ers NFL Candlestick Park San Francisco, Calif. *LIVE*
 9:30 **(TBS)** Baseball MLB American League Division Series *LIVE*
 10:00 **(SN360)** Poker European Tour
 10:30 **(RSE)** Baseball MLB National League Division Series *LIVE*

MONDAY 10/07

Afternoon

- 2:00 **(RSE)** Baseball MLB National League Division Series *LIVE*
 5:00 **(RSE)** Baseball MLB National League Division Series *LIVE*

Evening

- 6:00 **(TBS)** Baseball MLB American League Division Series *LIVE*
(SN360) Poker WPT Best Of
 8:30 **(RSE)** Baseball MLB American League Division Series *LIVE*
(TBS) Baseball American League Division Series *LIVE*
 11:30 **(RSE)** Baseball MLB Division Series *LIVE*

TUESDAY 10/08

Afternoon

- 4:00 **(RSE)** Poker WPT

Evening

- 6:00 **(TBS)** **(RSE)** Baseball MLB American League Division Series *LIVE*
 9:30 **(TBS)** Baseball American League Division Series *LIVE*
(RSE) Baseball MLB American League Division Series *LIVE*
 10:00 **(SN360)** Poker European Tour



Lucky 7

Tuesday, October 1, 2013; ABC Citytv

The lottery winners continue to deal with both the positive and negative aspects of their recent windfall in a new episode of "Lucky 7," airing Tuesday, Oct. 1, on ABC and Citytv. Seven gas station employees suddenly find their lives turned upside down when their weekly lottery pool hits the jackpot in this new drama.